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2005 MIDDLE SCHOOL YOUTH RISK BEHAVIOR SURVEY

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2005
MIDDLE SCHOOL

YOUTH RISK BEHAVIOR SURVEY

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STATE AND LOCAL MIDDLE SCHOOL YOUTH RISK BEHAVIOR SURVEY COORDINATORS

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INTRODUCTION

In the United States, nearly two-thirds of all deaths among young people aged 10–14 years result from only five causes: motor-vehicle crashes (23.4%), other unintentional injuries (15.7%), cancer (12.5%), suicide (7.2%), and homicide (5.2%).[1] Substantial morbidity and social problems also result from the approximately 20,000 pregnancies and 7,000 live births that occur annually among girls younger than aged 15 years and the approximately 500,000 new cases of sexually transmitted diseases (STDs) reported among youth aged 10–19.[2,3] Among adults aged 25 or older, 58% of all deaths in the United States result from cardiovascular diseases (34%) and cancer (24%).[4]

Across all age groups in the United States, the leading causes of illness and death are related to the following behaviors:

- Risk behaviors that contribute to unintentional injuries and violence.
- Tobacco use.
- Alcohol and other drug use.
- Sexual behaviors that contribute to unintended pregnancy and STDs, including human immunodeficiency virus (HIV) infection.
- Unhealthy dietary behaviors.
- Physical inactivity (and overweight).

These behaviors are frequently interrelated and are often established during youth and persist into adulthood.

To monitor priority health-risk behaviors among adolescents and young adults in each of these six categories, the Centers for Disease Control and Prevention (CDC) established the Youth Risk Behavior Surveillance System (YRBSS).[5] The YRBSS includes national, state, and local school-based surveys of high school students in grades 9–12. In addition, some states and cities conduct a school-based Youth Risk Behavior Survey (YRBS) among middle school students. In 2005, 10 states and 11 cities conducted a middle school YRBS.

This report summarizes results from five state and eight local middle school surveys with weighted data in 2005. With the exception of one local survey (San Francisco) conducted during fall 2004, all weighted surveys were conducted during spring 2005. Data from the five state and two local school-based surveys with unweighted data are not included in this report.

METHODOLOGY

QUESTIONNAIRE DEVELOPMENT

The middle school YRBS questionnaire is modeled on the high school YRBS questionnaire and is designed to determine the prevalence of health-risk behaviors among middle school students. The topics covered on the middle school questionnaire include student demographics, body mass index (BMI) (calculated using self-reported height and weight), risk behaviors related to unintentional injury and violence, suicide ideation and attempts, tobacco use, drug and alcohol use, sexual risk behaviors, weight control behavior, and physical activity (see Appendix). Questions about fruit, vegetable, and milk consumption, which are included on the high school questionnaire, are not included on the middle school questionnaire because of the complexity of the response options. Given the low prevalence of most risk behaviors among middle school students, the time frame used to measure behaviors related to unintentional injuries and violence, suicide ideation and attempts, alcohol and other drug use, and sexual behaviors is limited to lifetime rather than past 12 months or past 30 days. To meet their needs, sites may modify this questionnaire by adding or deleting questions. CDC provides each site with a camera-ready copy of the questionnaire along with computer-scannable answer sheets.

SAMPLING

In 2005, each state and local school-based middle school YRBS employed a two-stage cluster sample design to produce representative samples of students in middle schools in its jurisdiction. Three states (Georgia, South Carolina, and Wyoming) and seven cities (District of Columbia, Hillsborough County, Memphis, Miami, Milwaukee, San Bernardino, and San Francisco) conducted a YRBS in grades 6, 7, and 8. Two states (Maine and North Dakota) conducted a YRBS in grades 7 and 8. One city (Dallas) conducted a YRBS only in grade 8.

In five states (Georgia, Maine, North Dakota, South Carolina, and Wyoming) and two cities (Memphis and Milwaukee), schools were selected with probability proportional to school enrollment size. In the six other cities (Dallas, District of Columbia, Hillsborough County, Miami, San Bernardino, and San Francisco), all schools with any of the appropriate middle school grades were selected. At the second sampling stage, intact classes of a required subject (e.g., English) or intact classes during a required period (e.g., second period) were selected randomly in all sites. All students in selected classes were eligible to participate in the survey.

In 2005, the student sample sizes for the weighted state and local middle school YRBS ranged from 1,079 to 2,906. School response rates ranged from 73% to 100%, student response rates ranged from 76% to 92%, and overall response rates ranged from 63% to 86% (Table 1). The school response rate multiplied by student response rate produces the overall response rate for each site. The five state and eight local surveys included in this report had an overall response rate of 60% or more, as well as appropriate documentation to allow the data to be weighted. Thus, the data are considered representative of students in specified grades in each jurisdiction.

DATA COLLECTION

Survey procedures for the state and local surveys were designed to protect students' privacy by allowing for anonymous and voluntary participation. Students

completed the self-administered questionnaire during a single class period and recorded their responses directly on a computer-scannable answer sheet. The core questionnaire contained 49 multiple-choice questions. To meet state or local data needs, five states (Georgia, Maine, North Dakota, South Carolina, and Wyoming) and five cities (Dallas, Hillsborough County, Memphis, Milwaukee, and San Francisco) added or deleted some questions. Before the survey was administered, local parental permission procedures were followed.

DATA ANALYSIS

Each data set was cleaned and edited for inconsistencies. Missing data were not statistically imputed. The number of completed questionnaires that failed quality-control* checks and were excluded from state and local survey analysis ranged from 0 to 54 across states (median: 3) and from 2 to 15 across cities (median: 7).

*A questionnaire that fails quality control has <20 remaining responses after editing or has the same answer to ≥15 questions in a row.

Respondents were classified as being at risk for becoming overweight or being overweight on the basis of self-reported height and weight data, using reference data from CDC growth charts.[6] At risk for becoming overweight was defined as having a BMI of ≥85th percentile and <95th percentile for age and sex. Overweight was defined as having a BMI of ≥95th percentile for age and sex. A BMI of ≥95th percentile for age and sex among young people is approximately equivalent to a BMI ≥30 among adults. For an adult, a BMI of 30 is approximately 30 pounds overweight.

SAS® and SUDAAN® software were used to compute prevalence estimates and confidence intervals for all variables and all data sets.[7,8] Medians and ranges are presented for states and cities by grade.

RESULTS

BEHAVIORS THAT CONTRIBUTE TO UNINTENTIONAL INJURIES

Seat Belt Use

Across states, the percentage of students who rarely or never wore a seat belt when riding in a car ranged as follows:

- 6th grade: 9.2% to 11.6% (median: 10.6%) (Tables 2a, 2d, 2e)
- 7th grade: 6.9% to 12.5% (median: 10.1%) (Tables 2a–2e)
- 8th grade: 9.5% to 16.7% (median: 11.4%) (Tables 2a–2e)

Across cities, the percentage of students who rarely or never wore a seat belt when riding in a car ranged as follows:

- 6th grade: 3.3% to 18.6% (median: 9.7%) (Tables 2g–2m)
- 7th grade: 6.7% to 18.1% (median: 13.0%) (Tables 2g–2m)
- 8th grade: 8.9% to 26.5% (median: 13.4%) (Tables 2f–2m)

Rode with a Driver Who Had Been Drinking Alcohol

Across states, the percentage of students who ever rode in a car driven by someone who had been drinking alcohol ranged as follows:

- 6th grade: 25.3% to 28.3% (median: 26.8%) (Tables 2a, 2d, 2e)
- 7th grade: 27.8% to 35.2% (median: 31.6%) (Tables 2a, 2b, 2d, 2e)
- 8th grade: 33.1% to 42.8% (median: 40.0%) (Tables 2a, 2b, 2d, 2e)

Across cities, the percentage of students who ever rode in a car driven by someone who had been drinking alcohol ranged as follows:

- 6th grade: 11.9% to 28.2% (median: 24.1%) (Tables 2g–2m)
- 7th grade: 18.9% to 37.7% (median: 29.6%) (Tables 2g–2m)
- 8th grade: 26.1% to 54.5% (median: 37.2%) (Tables 2f–2m)

Bicycle Helmet Use

Across states, among students who rode bicycles, the percentage who rarely or never wore a bicycle helmet ranged as follows:

- 6th grade: 65.7% to 79.2% (median: 69.6%) (Tables 3a, 3d, 3e)
- 7th grade: 46.4% to 86.1% (median: 77.8%) (Tables 3a–3e)
- 8th grade: 54.2% to 89.6% (median: 78.0%) (Tables 3a–3e)

Across cities, among students who rode bicycles, the percentage who rarely or never wore a bicycle helmet ranged as follows:

- 6th grade: 39.8% to 85.1% (median: 75.3%) (Tables 3g–3m)
- 7th grade: 53.3% to 92.1% (median: 82.1%) (Tables 3g–3m)
- 8th grade: 61.2% to 96.0% (median: 87.8%) (Tables 3f–3m)

Rollerblade or Skateboard Helmet Use

Across states, among students who rollerbladed or rode a skateboard, the percentage who rarely or never wore a helmet ranged as follows:

- 6th grade: 66.8% to 73.4% (median: 68.5%) (Tables 3a, 3d, 3e)
- 7th grade: 57.2% to 82.3% (median: 75.7%) (Tables 3a, 3b, 3d, 3e)
- 8th grade: 69.2% to 84.9% (median: 77.2%) (Tables 3a, 3b, 3d, 3e)

Across cities, among students who rollerbladed or rode a skateboard, the percentage who rarely or never wore a helmet ranged as follows:

- 6th grade: 35.6% to 89.3% (median: 72.7%) (Tables 3g–3m)
- 7th grade: 55.2% to 91.3% (median: 82.8%) (Tables 3g–3m)
- 8th grade: 60.4% to 93.3% (median: 88.7%) (Tables 3f–3m)

BEHAVIORS THAT CONTRIBUTE TO VIOLENCE

Carried a Weapon

Across states, the percentage of students who ever carried a weapon (e.g., a gun, knife, or club) ranged as follows:

- 6th grade: 30.3% to 49.6% (median: 33.2%) (Tables 4a, 4d, 4e)
- 7th grade: 32.7% to 48.1% (median: 36.8%) (Tables 4a, 4b, 4d, 4e)
- 8th grade: 39.4% to 54.3% (median: 42.6%) (Tables 4a, 4b, 4d, 4e)

Across cities, the percentage of students who ever carried a weapon (e.g., a gun, knife, or club) ranged as follows:

- 6th grade: 18.0% to 29.1% (median: 24.1%) (Tables 4g–4l)
- 7th grade: 20.6% to 35.8% (median: 32.3%) (Tables 4g–4l)
- 8th grade: 27.2% to 43.9% (median: 37.8%) (Tables 4f–4l)

In a Physical Fight

Across states, the percentage of students who ever were in a physical fight ranged as follows:

- 6th grade: 48.2% to 57.4% (median: 56.5%) (Tables 4a, 4d, 4e)
- 7th grade: 50.4% to 62.8% (median: 57.2%) (Tables 4a, 4b, 4d, 4e)
- 8th grade: 56.4% to 69.0% (median: 60.7%) (Tables 4a, 4b, 4d, 4e)

Across cities, the percentage of students who ever were in a physical fight ranged as follows:

- 6th grade: 47.4% to 73.1% (median: 56.0%) (Tables 4g–4l)
- 7th grade: 54.9% to 74.4% (median: 65.5%) (Tables 4g–4l)
- 8th grade: 63.3% to 80.6% (median: 71.1%) (Tables 4f–4l)

Hurt in a Physical Fight

Across states, the percentage of students who ever were hurt in a physical fight and had to be treated by a doctor or nurse ranged as follows:

- 6th grade: 5.3% to 8.0% (median: 6.9%) (Tables 4a, 4d, 4e)
- 7th grade: 6.9% to 8.1% (median: 7.6%) (Tables 4a, 4b, 4d, 4e)
- 8th grade: 6.2% to 9.7% (median: 7.1%) (Tables 4a, 4b, 4d, 4e)

Across cities, the percentage of students who ever were hurt in a physical fight and had to be treated by a doctor or nurse ranged as follows:

- 6th grade: 5.3% to 7.9% (median: 6.6%) (Tables 4g–4m)
- 7th grade: 2.6% to 9.8% (median: 6.7%) (Tables 4g–4m)
- 8th grade: 5.2% to 11.2% (median: 7.5%) (Tables 4f–4m)

Seriously Thought About Killing Themselves

Across states, the percentage of students who ever seriously thought about killing themselves ranged as follows:

- 6th grade: 14.9% to 22.7% (median: 16.5%) (Tables 5a, 5d, 5e)
- 7th grade: 16.0% to 23.7% (median: 22.1%) (Tables 5a, 5b, 5d, 5e)
- 8th grade: 22.3% to 26.0% (median: 23.4%) (Tables 5a, 5b, 5d, 5e)

Across cities, the percentage of students who ever seriously thought about killing themselves ranged as follows:

- 6th grade: 14.0% to 23.5% (median: 20.5%) (Tables 5g–5m)
- 7th grade: 16.0% to 24.5% (median: 21.0%) (Tables 5g–5m)
- 8th grade: 17.5% to 30.5% (median: 22.8%) (Tables 5f–5m)

Made a Plan About How to Kill Themselves

Across states, the percentage of students who ever made a plan about how they would kill themselves ranged as follows:

- 6th grade: 9.3% to 15.3% (median: 10.6%) (Tables 5a, 5d, 5e)
- 7th grade: 10.2% to 18.1% (median: 12.8%) (Tables 5a, 5b, 5d, 5e)
- 8th grade: 12.8% to 17.7% (median: 15.0%) (Tables 5a, 5b, 5d, 5e)

Across cities, the percentage of students who ever made a plan about how they would kill themselves ranged as follows:

- 6th grade: 6.4% to 12.3% (median: 10.9%) (Tables 5g–5m)
- 7th grade: 9.7% to 15.1% (median: 12.2%) (Tables 5g–5m)
- 8th grade: 6.3% to 18.7% (median: 14.8%) (Tables 5f–5m)

Tried to Kill Themselves

Across states, the percentage of students who ever tried to kill themselves ranged as follows:

- 6th grade: 4.2% to 7.8% (median: 6.3%) (Tables 5a, 5d, 5e)
- 7th grade: 5.0% to 10.1% (median: 8.9%) (Tables 5a, 5b, 5d, 5e)
- 8th grade: 6.9% to 11.6% (median: 9.6%) (Tables 5a, 5b, 5d, 5e)

Across cities, the percentage of students who ever tried to kill themselves ranged as follows:

- 6th grade: 3.6% to 10.5% (median: 7.4%) (Tables 5g–5m)
- 7th grade: 7.8% to 12.3% (median: 10.5%) (Tables 5g–5m)
- 8th grade: 8.2% to 14.0% (median: 10.2%) (Tables 5f–5m)

TOBACCO USE

Lifetime Cigarette Use

Across states, the percentage of students who ever tried cigarette smoking, even one or two puffs (i.e., lifetime cigarette use) ranged as follows:

- 6th grade: 16.1% to 23.7% (median: 19.9%) (Tables 6a, 6e)
- 7th grade: 20.4% to 33.0% (median: 27.2%) (Tables 6a–6c, 6e)
- 8th grade: 29.6% to 37.7% (median: 37.3%) (Tables 6a–6c, 6e)

Across cities, the percentage of students who ever tried cigarette smoking, even one or two puffs (i.e., lifetime cigarette use) ranged as follows:

- 6th grade: 9.2% to 34.0% (median: 18.9%) (Tables 6g–6m)
- 7th grade: 21.2% to 38.9% (median: 33.3%) (Tables 6g–6m)
- 8th grade: 24.8% to 54.6% (median: 37.7%) (Tables 6f–6m)

Lifetime Daily Cigarette Use

Across states, the percentage of students who ever smoked at least one cigarette every day for 30 days (i.e., lifetime daily cigarette use) ranged as follows:

- 6th grade: 2.0% to 2.9% (median: 2.5%) (Tables 6a, 6e)
- 7th grade: 3.3% to 4.9% (median: 3.3%) (Tables 6a–6c, 6e)
- 8th grade: 7.0% to 7.7% (median: 7.1%) (Tables 6a–6c, 6e)

Across cities, the percentage of students who ever smoked at least one cigarette every day for 30 days (i.e., lifetime daily cigarette use) ranged as follows:

- 6th grade: 1.0% to 2.7% (median: 2.6%) (Tables 6g–6l)
- 7th grade: 2.4% to 4.9% (median: 2.5%) (Tables 6g–6l)
- 8th grade: 2.0% to 5.9% (median: 3.2%) (Tables 6f–6l)

Current Cigarette Use

Across states, the percentage of students who smoked cigarettes on 1 or more of the 30 days preceding the survey (i.e., current cigarette use) ranged as follows:

- 6th grade: 3.5% to 3.7% (median: 3.6%) (Tables 7a, 7e)
- 7th grade: 5.8% to 8.2% (median: 6.8%) (Tables 7a–7c, 7e)
- 8th grade: 8.8% to 12.7% (median: 10.7%) (Tables 7a–7c, 7e)

Across cities, the percentage of students who smoked cigarettes on 1 or more of the 30 days preceding the survey (i.e., current cigarette use) ranged as follows:

- 6th grade: 1.9% to 7.2% (median: 3.4%) (Tables 7g–7m)
- 7th grade: 4.7% to 9.5% (median: 6.6%) (Tables 7g–7m)
- 8th grade: 5.6% to 16.7% (median: 7.6%) (Tables 7f–7m)

Current Frequent Cigarette Use

Across states, the percentage of students who smoked cigarettes on 20 or more of the 30 days preceding the survey (i.e., current frequent cigarette use) ranged as follows:

- 6th grade: 0.1% to 1.5% (median: 0.8%) (Tables 7a, 7e)
- 7th grade: 1.0% to 2.6% (median: 1.7%) (Tables 7a–7c, 7e)
- 8th grade: 2.5% to 4.0% (median: 2.8%) (Tables 7a–7c, 7e)

Across cities, the percentage of students who smoked cigarettes on 20 or more of the 30 days preceding the survey (i.e., current frequent cigarette use) ranged as follows:

- 6th grade: 0.0% to 1.4% (median: 0.6%) (Tables 7g–7m)
- 7th grade: 0.0% to 3.5% (median: 0.8%) (Tables 7g–7m)
- 8th grade: 0.6% to 3.4% (median: 1.2%) (Tables 7f–7m)

Current Smokeless Tobacco Use

Across states, the percentage of students who used smokeless tobacco (e.g., chewing tobacco, snuff, or dip) on 1 or more of the 30 days preceding the survey (i.e., current smokeless tobacco use) ranged as follows:

- 6th grade: 3.6% to 4.8% (median: 4.2%) (Tables 8a, 8e)
- 7th grade: 3.5% to 5.8% (median: 4.0%) (Tables 8a–8c, 8e)
- 8th grade: 4.3% to 8.0% (median: 6.5%) (Tables 8a–8c, 8e)

Across cities, the percentage of students who used smokeless tobacco (e.g., chewing tobacco, snuff, or dip) on 1 or more of the 30 days preceding the survey (i.e., current smokeless tobacco use) ranged as follows:

- 6th grade: 2.3% to 6.9% (median: 3.2%) (Tables 8g–8l)
- 7th grade: 2.6% to 7.2% (median: 5.0%) (Tables 8g–8l)
- 8th grade: 2.5% to 5.6% (median: 3.6%) (Tables 8f–8l)

Current Cigar Use

Across states, the percentage of students who smoked cigars, cigarillos, or little cigars on 1 or more of the 30 days preceding the survey (i.e., current cigar use) ranged as follows:

- 6th grade: 3.7% (Table 8a)
- 7th grade: 2.3% to 4.7% (median: 4.7%) (Tables 8a–8c)
- 8th grade: 5.3% to 6.0% (median: 5.5%) (Tables 8a–8c)

Across cities, the percentage of students who smoked cigars, cigarillos, or little cigars on 1 or more of the 30 days preceding the survey (i.e., current cigar use) ranged as follows:

- 6th grade: 3.5% to 7.5% (median: 6.1%) (Tables 8g–8l)
- 7th grade: 6.7% to 12.7% (median: 7.8%) (Tables 8g–8l)
- 8th grade: 6.3% to 18.0% (median: 8.7%) (Tables 8f–8l)

Current Tobacco Use

Across states, the percentage of students who smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on 1 or more of the 30 days preceding the survey (i.e., current tobacco use) ranged as follows:

- 6th grade: 6.0% (Table 8a)
- 7th grade: 7.4% to 10.1% (median: 8.0%) (Tables 8a–8c)
- 8th grade: 12.6% to 15.2% (median: 14.4%) (Tables 8a–8c)

Across cities, the percentage of students who smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on 1 or more of the 30 days preceding the survey (i.e., current tobacco use) ranged as follows:

- 6th grade: 5.2% to 13.6% (median: 9.0%) (Tables 8g–8l)
- 7th grade: 10.6% to 13.1% (median: 11.3%) (Tables 8g–8l)
- 8th grade: 9.1% to 22.6% (median: 14.8%) (Tables 8f–8l)

ALCOHOL AND OTHER DRUG USE

Lifetime Alcohol Use

Across states, the percentage of students who ever had a drink of alcohol (other than a few sips) (i.e., lifetime alcohol use) ranged as follows:

- 6th grade: 23.3% to 27.5% (median: 26.2%) (Tables 9a, 9d, 9e)
- 7th grade: 28.3% to 41.7% (median: 37.2%) (Tables 9a, 9b, 9d, 9e)
- 8th grade: 43.5% to 51.9% (median: 48.7%) (Tables 9a, 9b, 9d, 9e)

Across cities, the percentage of students who ever had a drink of alcohol (other than a few sips) (i.e., lifetime alcohol use) ranged as follows:

- 6th grade: 10.8% to 40.7% (median: 28.4%) (Tables 9g–9m)
- 7th grade: 26.3% to 49.8% (median: 42.3%) (Tables 9g–9m)
- 8th grade: 35.2% to 66.1% (median: 51.1%) (Tables 9f–9m)

Lifetime Marijuana Use

Across states, the percentage of students who ever used marijuana (i.e., lifetime marijuana use) ranged as follows:

- 6th grade: 3.7% to 5.5% (median: 5.4%) (Tables 9a, 9d, 9e)
- 7th grade: 8.5% to 11.7% (median: 9.7%) (Tables 9a, 9b, 9d, 9e)
- 8th grade: 12.7% to 21.3% (median: 17.3%) (Tables 9a, 9b, 9d, 9e)

Across cities, the percentage of students who ever used marijuana (i.e., lifetime marijuana use) ranged as follows:

- 6th grade: 2.1% to 8.4% (median: 5.4%) (Tables 9g–9m)
- 7th grade: 8.0% to 18.0% (median: 14.9%) (Tables 9g–9m)
- 8th grade: 12.9% to 38.2% (median: 21.2%) (Tables 9f–9m)

Lifetime Cocaine Use

Across states, the percentage of students who ever used any form of cocaine, including powder, crack,[†] or freebase[‡] (i.e., lifetime cocaine use), ranged as follows:

- 6th grade: 1.8% to 3.4% (median: 3.1%) (Tables 9a, 9d, 9e)
- 7th grade: 2.9% to 6.3% (median: 4.6%) (Tables 9a, 9b, 9d, 9e)
- 8th grade: 3.7% to 6.0% (median: 4.6%) (Tables 9a, 9b, 9d, 9e)

Across cities, the percentage of students who ever used any form of cocaine, including powder, crack, or freebase (i.e., lifetime cocaine use), ranged as follows:

- 6th grade: 3.0% to 7.2% (median: 3.6%) (Tables 9g–9m)
- 7th grade: 2.8% to 6.1% (median: 3.7%) (Tables 9g–9m)
- 8th grade: 2.8% to 10.4% (median: 5.3%) (Tables 9f–9m)

[†] Pellet-sized pieces of highly purified cocaine.

[‡] A process whereby cocaine is dissolved in ether or sodium hydroxide and the precipitate filtered off.

Lifetime Inhalant Use

Across states, the percentage of students who ever sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high (i.e., lifetime inhalant use) ranged as follows:

- 6th grade: 11.1% to 13.9% (median: 12.7%) (Tables 10a, 10d, 10e)
- 7th grade: 12.6% to 14.7% (median: 14.2%) (Tables 10a, 10b, 10d, 10e)
- 8th grade: 12.7% to 16.7% (median: 14.4%) (Tables 10a, 10b, 10d, 10e)

Across cities, the percentage of students who ever sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high (i.e., lifetime inhalant use) ranged as follows:

- 6th grade: 6.4% to 13.6% (median: 8.0%) (Tables 10g–10m)
- 7th grade: 6.8% to 14.6% (median: 12.3%) (Tables 10g–10m)
- 8th grade: 5.1% to 17.2% (median: 10.2%) (Tables 10f–10m)

Lifetime Steroid Use

Across states, the percentage of students who ever used steroids (i.e., lifetime steroid use) ranged as follows:

- 6th grade: 2.4% to 4.4% (median: 2.5%) (Tables 10a, 10d, 10e)
- 7th grade: 1.4% to 4.8% (median: 2.1%) (Tables 10a, 10b, 10d, 10e)
- 8th grade: 2.3% to 4.7% (median: 3.3%) (Tables 10a, 10b, 10d, 10e)

Across cities, the percentage of students who ever used steroids (i.e., lifetime steroid use) ranged as follows:

- 6th grade: 1.7% to 2.9% (median: 2.6%) (Tables 10g–10m)
- 7th grade: 1.6% to 3.7% (median: 2.5%) (Tables 10g–10m)
- 8th grade: 1.3% to 4.8% (median: 1.7%) (Tables 10f–10m)

Lifetime Injection Drug Use

Across states, the percentage of students who ever used a needle to inject any illegal drug into the body (i.e., lifetime injection drug use) ranged as follows:

- 6th grade: 1.5% to 5.0% (median: 1.7%) (Tables 10a, 10d, 10e)
- 7th grade: 0.9% to 5.3% (median: 1.1%) (Tables 10a, 10b, 10d, 10e)
- 8th grade: 1.5% to 4.9% (median: 2.2%) (Tables 10a, 10b, 10d, 10e)

Across cities, the percentage of students who ever used a needle to inject any illegal drug into the body (i.e., lifetime injection drug use) ranged as follows:

- 6th grade: 0.5% to 3.3% (median: 1.3%) (Tables 10g–10m)
- 7th grade: 1.1% to 4.4% (median: 2.3%) (Tables 10g–10m)
- 8th grade: 0.9% to 2.9% (median: 1.5%) (Tables 10f–10m)

AGE OF INITIATION OF RISK BEHAVIORS

Cigarette Smoking Before Age 11 Years

Across states, the percentage of students who smoked a whole cigarette for the first time before age 11 years ranged as follows:

- 6th grade: 4.6% to 5.7% (median: 5.1%) (Tables 11a, 11e)
- 7th grade: 5.1% to 9.7% (median: 6.1%) (Tables 11a–11c, 11e)
- 8th grade: 6.5% to 8.6% (median: 8.0%) (Tables 11a–11c, 11e)

Across cities, the percentage of students who smoked a whole cigarette for the first time before age 11 years ranged as follows:

- 6th grade: 2.4% to 10.0% (median: 5.5%) (Tables 11g–11m)
- 7th grade: 4.6% to 8.9% (median: 6.4%) (Tables 11g–11m)
- 8th grade: 4.9% to 12.3% (median: 6.6%) (Tables 11f–11m)

Alcohol Use Before Age 11 Years

Across states, the percentage of students who had their first drink of alcohol (other than a few sips) before age 11 years ranged as follows:

- 6th grade: 15.1% to 17.4% (median: 16.8%) (Tables 11a, 11d, 11e)
- 7th grade: 12.5% to 20.5% (median: 13.7%) (Tables 11a–11e)
- 8th grade: 12.1% to 18.7% (median: 15.1%) (Tables 11a–11e)

Across cities, the percentage of students who had their first drink of alcohol (other than a few sips) before age 11 years ranged as follows:

- 6th grade: 8.8% to 22.8% (median: 16.5%) (Tables 11g–11m)
- 7th grade: 15.5% to 20.0% (median: 18.5%) (Tables 11g–11m)
- 8th grade: 14.8% to 26.3% (median: 17.2%) (Tables 11f–11m)

Marijuana Use Before Age 11 Years

Across states, the percentage of students who tried marijuana for the first time before age 11 years ranged as follows:

- 6th grade: 2.5% to 3.0% (median: 2.5%) (Tables 11a, 11d, 11e)
- 7th grade: 2.4% to 5.1% (median: 3.3%) (Tables 11a–11e)
- 8th grade: 2.6% to 4.5% (median: 3.8%) (Tables 11a–11e)

Across cities, the percentage of students who tried marijuana for the first time before age 11 years ranged as follows:

- 6th grade: 1.5% to 5.8% (median: 4.1%) (Tables 11g–11m)
- 7th grade: 3.5% to 6.4% (median: 5.7%) (Tables 11g–11m)
- 8th grade: 4.2% to 8.6% (median: 6.3%) (Tables 11f–11m)

SEXUAL BEHAVIORS THAT CONTRIBUTE TO UNINTENDED PREGNANCY AND STDS, INCLUDING HIV INFECTION

Sexual Intercourse

Across states, the percentage of students who ever had sexual intercourse ranged as follows:

- 6th grade: 11.2% (Table 12e)
- 7th grade: 13.4% to 16.1% (median: 14.7%) (Tables 12b, 12e)
- 8th grade: 17.9% to 18.2% (median: 18.1%) (Tables 12b, 12e)

Across cities, the percentage of students who ever had sexual intercourse ranged as follows:

- 6th grade: 1.6% to 26.0% (median: 13.8%) (Tables 12g–12m)
- 7th grade: 10.7% to 32.8% (median: 19.6%) (Tables 12g–12m)
- 8th grade: 13.1% to 48.5% (median: 30.2%) (Tables 12f–12m)

Sexual Intercourse Before Age 11 Years

Across states, the percentage of students who had sexual intercourse for the first time before age 11 years ranged as follows:

- 6th grade: 5.3% (Table 12e)
- 7th grade: 4.2% to 6.0% (median: 5.1%) (Tables 12b, 12e)
- 8th grade: 3.5% to 3.7% (median: 3.6%) (Tables 12b, 12e)

Across cities, the percentage of students who had sexual intercourse for the first time before age 11 years ranged as follows:

- 6th grade: 1.6% to 12.7% (median: 6.6%) (Tables 12g–12m)
- 7th grade: 3.7% to 12.0% (median: 7.0%) (Tables 12g–12m)
- 8th grade: 4.1% to 10.2% (median: 6.7%) (Tables 12f–12m)

Three or More Sex Partners

Across states, the percentage of students who ever had sexual intercourse with 3 or more persons ranged as follows:

- 6th grade: 4.9% (Table 12e)
- 7th grade: 4.5% to 5.9% (median: 5.2%) (Tables 12b, 12e)
- 8th grade: 6.4% to 7.6% (median: 7.0%) (Tables 12b, 12e)

Across cities, the percentage of students who ever had sexual intercourse with 3 or more persons ranged as follows:

- 6th grade: 0.8% to 10.6% (median: 4.8%) (Tables 12g–12m)
- 7th grade: 3.8% to 14.4% (median: 7.2%) (Tables 12g–12m)
- 8th grade: 4.4% to 18.8% (median: 11.1%) (Tables 12f–12m)

Condom Use During Last Sexual Intercourse

Across states, among students who ever had sexual intercourse, the percentage who reported either they or their partner used a condom during last sexual intercourse ranged as follows:

- 6th grade: Data not available
- 7th grade: 70.0% (Table 13e)
- 8th grade: 69.2% to 77.3% (median: 73.3%) (Tables 13b, 13e)

Across cities, among students who ever had sexual intercourse, the percentage who reported either they or their partner used a condom during last sexual intercourse ranged as follows:

- 6th grade: Data not available
- 7th grade: 62.6% to 78.5% (median: 77.2%) (Tables 13g–13i)
- 8th grade: 71.9% to 85.7% (median: 80.6%) (Tables 13f–13k)

Acquired Immunodeficiency Syndrome (AIDS) or HIV Education

Across states, the percentage of students who were ever taught in school about AIDS or HIV infection ranged as follows:

- 6th grade: 41.2% to 71.7% (median: 61.3%) (Tables 13a, 13d, 13e)
- 7th grade: 65.5% to 82.5% (median: 76.3%) (Tables 13a–13e)
- 8th grade: 79.4% to 87.9% (median: 82.8%) (Tables 13a–13e)

Across cities, the percentage of students who were ever taught in school about AIDS or HIV infection ranged as follows:

- 6th grade: 35.4% to 76.4% (median: 56.8%) (Tables 13g–13m)
- 7th grade: 62.8% to 85.8% (median: 73.3%) (Tables 13g–13m)
- 8th grade: 65.3% to 86.5% (median: 83.0%) (Tables 13f–13m)

OVERWEIGHT AND WEIGHT CONTROL

At Risk for Becoming Overweight

Across states, the percentage of students who were at risk for becoming overweight ranged as follows:

- 6th grade: 16.2% to 19.2% (median: 17.0%) (Tables 14a, 14d, 14e)
- 7th grade: 14.3% to 16.7% (median: 16.0%) (Tables 14a–14e)
- 8th grade: 13.1% to 17.9% (median: 15.1%) (Tables 14a–14e)

Across cities, the percentage of students who were at risk for becoming overweight ranged as follows:

- 6th grade: 14.6% to 31.6% (median: 21.5%) (Tables 14g–14m)
- 7th grade: 17.1% to 27.2% (median: 19.7%) (Tables 14g–14m)
- 8th grade: 14.2% to 25.2% (median: 19.9%) (Tables 14f–14m)

Overweight

Across states, the percentage of students who were overweight ranged as follows:

- 6th grade: 14.4% to 18.7% (median: 18.6%) (Tables 14a, 14d, 14e)
- 7th grade: 10.0% to 15.8% (median: 14.0%) (Tables 14a–14e)
- 8th grade: 8.0% to 14.9% (median: 13.0%) (Tables 14a–14e)

Across cities, the percentage of students who were overweight ranged as follows:

- 6th grade: 13.0% to 24.8% (median: 18.9%) (Tables 14g–14m)
- 7th grade: 10.5% to 22.2% (median: 13.8%) (Tables 14g–14m)
- 8th grade: 8.8% to 20.6% (median: 13.6%) (Tables 14f–14m)

Described Themselves as Overweight

Across states, the percentage of students who described themselves as slightly or very overweight ranged as follows:

- 6th grade: 19.6% to 26.7% (median: 23.6%) (Tables 15a, 15d, 15e)
- 7th grade: 24.7% to 29.7% (median: 26.4%) (Tables 15a–15e)
- 8th grade: 24.2% to 29.7% (median: 28.9%) (Tables 15a–15e)

Across cities, the percentage of students who described themselves as slightly or very overweight ranged as follows:

- 6th grade: 16.5% to 28.6% (median: 26.3%) (Tables 15g–15m)
- 7th grade: 20.8% to 29.6% (median: 22.7%) (Tables 15g–15m)
- 8th grade: 18.8% to 27.4% (median: 26.0%) (Tables 15f–15m)

Trying to Lose Weight

Across states, the percentage of students who were trying to lose weight ranged as follows:

- 6th grade: 40.7% to 48.4% (median: 46.8%) (Tables 15a, 15d, 15e)
- 7th grade: 42.7% to 51.9% (median: 44.2%) (Tables 15a–15e)
- 8th grade: 41.6% to 49.6% (median: 45.9%) (Tables 15a–15e)

Across cities, the percentage of students who were trying to lose weight ranged as follows:

- 6th grade: 33.9% to 52.5% (median: 44.7%) (Tables 15g–15m)
- 7th grade: 37.6% to 53.4% (median: 43.9%) (Tables 15g–15m)
- 8th grade: 35.6% to 48.7% (median: 42.5%) (Tables 15f–15m)

Ate Less Food to Lose Weight or to Keep From Gaining Weight

Across states, the percentage of students who ever ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight ranged as follows:

- 6th grade: 35.0% to 47.9% (median: 41.4%) (Tables 16a, 16d, 16e)
- 7th grade: 39.1% to 47.5% (median: 41.6%) (Tables 16a, 16b, 16d, 16e)
- 8th grade: 41.1% to 47.5% (median: 46.6%) (Tables 16a, 16b, 16d, 16e)

Across cities, the percentage of students who ever ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight ranged as follows:

- 6th grade: 31.4% to 47.5% (median: 40.7%) (Tables 16g–16m)
- 7th grade: 40.1% to 47.7% (median: 44.5%) (Tables 16g–16m)
- 8th grade: 35.2% to 46.7% (median: 40.4%) (Tables 16f–16m)

Exercised to Lose Weight or to Keep From Gaining Weight

Across states, the percentage of students who ever exercised to lose weight or to keep from gaining weight ranged as follows:

- 6th grade: 62.9% to 71.2% (median: 70.9%) (Tables 16a, 16d, 16e)
- 7th grade: 65.9% to 70.1% (median: 67.3%) (Tables 16a, 16b, 16d, 16e)
- 8th grade: 66.3% to 74.0% (median: 70.8%) (Tables 16a, 16b, 16d, 16e)

Across cities, the percentage of students who ever exercised to lose weight or to keep from gaining weight ranged as follows:

- 6th grade: 55.2% to 70.1% (median: 67.7%) (Tables 16g–16m)
- 7th grade: 59.3% to 73.1% (median: 68.3%) (Tables 16g–16m)
- 8th grade: 57.1% to 71.9% (median: 67.3%) (Tables 16f–16m)

Went Without Eating for 24 Hours or More to Lose Weight or to Keep From Gaining Weight

Across states, the percentage of students who ever went without eating for at least 24 hours to lose weight or to keep from gaining weight ranged as follows:

- 6th grade: 10.0% to 19.2% (median: 15.6%) (Tables 17a, 17d, 17e)
- 7th grade: 13.9% to 18.3% (median: 16.6%) (Tables 17a, 17b, 17d, 17e)
- 8th grade: 18.1% to 21.6% (median: 19.5%) (Tables 17a, 17b, 17d, 17e)

Across cities, the percentage of students who ever went without eating for at least 24 hours to lose weight or to keep from gaining weight ranged as follows:

- 6th grade: 8.0% to 22.0% (median: 18.0%) (Tables 17g–17m)
- 7th grade: 11.6% to 23.0% (median: 19.3%) (Tables 17g–17m)
- 8th grade: 11.6% to 22.3% (median: 19.4%) (Tables 17f–17m)

Took Diet Pills, Powders, or Liquids to Lose Weight or to Keep From Gaining Weight

Across states, the percentage of students who ever took diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight ranged as follows:

- 6th grade: 3.3% to 5.0% (median: 3.7%) (Tables 17a, 17d, 17e)
- 7th grade: 3.7% to 6.4% (median: 4.9%) (Tables 17a, 17b, 17d, 17e)
- 8th grade: 6.5% to 8.7% (median: 7.2%) (Tables 17a, 17b, 17d, 17e)

Across cities, the percentage of students who ever took diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight ranged as follows:

- 6th grade: 1.2% to 7.0% (median: 5.1%) (Tables 17g–17m)
- 7th grade: 4.5% to 6.9% (median: 5.3%) (Tables 17g–17m)
- 8th grade: 2.7% to 8.8% (median: 6.3%) (Tables 17f–17m)

Vomited or Took Laxatives to Lose Weight or to Keep From Gaining Weight

Across states, the percentage of students who ever vomited or took laxatives to lose weight or to keep from gaining weight ranged as follows:

- 6th grade: 4.8% to 7.5% (median: 6.3%) (Tables 17a, 17d, 17e)
- 7th grade: 4.0% to 6.2% (median: 4.7%) (Tables 17a, 17b, 17d, 17e)
- 8th grade: 6.4% to 8.2% (median: 7.3%) (Tables 17a, 17b, 17d, 17e)

Across cities, the percentage of students who ever vomited or took laxatives to lose weight or to keep from gaining weight ranged as follows:

- 6th grade: 2.7% to 7.6% (median: 5.3%) (Tables 17g–17m)
- 7th grade: 5.4% to 7.8% (median: 5.6%) (Tables 17g–17m)
- 8th grade: 4.3% to 7.7% (median: 6.0%) (Tables 17f–17m)

PHYSICAL ACTIVITY

Sufficient Vigorous Physical Activity

Across states, the percentage of students who exercised or participated in physical activities that made them sweat and breathe hard (e.g., basketball, soccer, running, swimming laps, fast bicycling, fast dancing, or similar aerobic activities) for 20 minutes or more on at least 3 of the 7 days preceding the survey (i.e., sufficient vigorous physical activity) ranged as follows:

- 6th grade: 67.8% to 82.1% (median: 78.2%) (Tables 18a, 18d, 18e)
- 7th grade: 72.3% to 78.0% (median: 74.1%) (Tables 18a–18e)
- 8th grade: 72.5% to 80.7% (median: 73.7%) (Tables 18a–18e)

Across cities, the percentage of students who exercised or participated in physical activities that made them sweat and breathe hard (e.g., basketball, soccer, running, swimming laps, fast bicycling, fast dancing, or similar aerobic activities) for 20 minutes or more on at least 3 of the 7 days preceding the survey (i.e., sufficient vigorous physical activity) ranged as follows:

- 6th grade: 52.5% to 71.0% (median: 67.5%) (Tables 18g–18m)
- 7th grade: 59.2% to 72.4% (median: 65.1%) (Tables 18g–18m)
- 8th grade: 58.1% to 75.8% (median: 65.5%) (Tables 18f–18m)

Played on Sports Teams

Across states, the percentage of students who played on any sports teams run by their school or community groups ranged as follows:

- 6th grade: 49.8% to 74.2% (median: 53.7%) (Tables 18a, 18d, 18e)
- 7th grade: 50.1% to 70.8% (median: 62.1%) (Tables 18a, 18b, 18d, 18e)
- 8th grade: 53.8% to 69.9% (median: 63.0%) (Tables 18a, 18b, 18d, 18e)

Across cities, the percentage of students who played on any sports teams run by their school or community groups ranged as follows:

- 6th grade: 37.8% to 54.6% (median: 47.7%) (Tables 18g–18m)
- 7th grade: 38.4% to 50.2% (median: 48.2%) (Tables 18g–18m)
- 8th grade: 41.2% to 51.2% (median: 45.0%) (Tables 18f–18m)

Watched Television

Across states, the percentage of students who watched television 3 or more hours per day on an average school day ranged as follows:

- 6th grade: 28.4% to 48.7% (median: 48.1%) (Tables 18a, 18d, 18e)
- 7th grade: 30.1% to 49.2% (median: 34.4%) (Tables 18a–18e)
- 8th grade: 28.2% to 56.6% (median: 31.3%) (Tables 18a–18e)

Across cities, the percentage of students who watched television 3 or more hours per day on an average school day ranged as follows:

- 6th grade: 32.3% to 68.6% (median: 54.0%) (Tables 18g–18m)
- 7th grade: 39.4% to 67.0% (median: 54.5%) (Tables 18g–18m)
- 8th grade: 51.1% to 72.2% (median: 60.3%) (Tables 18f–18m)

Attended Physical Education Class

Across states, the percentage of students who attended physical education (PE) classes on 1 or more days in an average week when they were in school (i.e., enrolled in PE class) ranged as follows:

- 6th grade: 64.5% to 89.1% (median: 71.8%) (Tables 19a, 19d, 19e)
- 7th grade: 62.7% to 88.2% (median: 80.8%) (Tables 19a–19e)
- 8th grade: 50.2% to 91.9% (median: 80.5%) (Tables 19a–19e)

Across cities, the percentage of students who attended PE classes on 1 or more days in an average week when they were in school (i.e., enrolled in PE class) ranged as follows:

- 6th grade: 37.9% to 95.0% (median: 67.4%) (Tables 19g–19m)
- 7th grade: 39.8% to 95.5% (median: 74.4%) (Tables 19g–19m)
- 8th grade: 38.9% to 96.6% (median: 70.0%) (Tables 19f–19m)

Attended PE Class Daily

Across states, the percentage of students who attended PE classes on 5 days in an average week when they were in school (i.e., attended PE class daily) ranged as follows:

- 6th grade: 31.8% to 56.8% (median: 43.1%) (Tables 19a, 19d, 19e)
- 7th grade: 9.0% to 43.4% (median: 32.1%) (Tables 19a–19e)
- 8th grade: 6.9% to 49.1% (median: 37.7%) (Tables 19a–19e)

Across cities, the percentage of students who attended PE classes on 5 days in an average week when they were in school (i.e., attended PE class daily) ranged as follows:

- 6th grade: 14.1% to 84.2% (median: 26.5%) (Tables 19g–19m)
- 7th grade: 11.8% to 79.7% (median: 40.8%) (Tables 19g–19m)
- 8th grade: 12.2% to 86.5% (median: 47.2%) (Tables 19f–19m)

GENERAL HEALTH

Described Health as Fair or Poor

Across states, the percentage of students who described their health, in general, as fair or poor ranged as follows:

- 6th grade: 6.6% to 8.9% (median: 7.0%) (Tables 20a, 20d, 20e)
- 7th grade: 6.7% to 10.8% (median: 10.3%) (Tables 20a, 20d, 20e)
- 8th grade: 5.7% to 10.3% (median: 6.7%) (Tables 20a, 20d, 20e)

Across cities, the percentage of students who described their health, in general, as fair or poor ranged as follows:

- 6th grade: 4.9% to 10.1% (median: 6.7%) (Tables 20g–20l)
- 7th grade: 6.2% to 10.3% (median: 7.6%) (Tables 20g–20l)
- 8th grade: 5.7% to 10.3% (median: 7.7%) (Tables 20g–20l)

DISCUSSION

Too many middle school students engage in behaviors that place them at risk for death, disability, and social problems. Risk behaviors associated with unintentional injuries and violence, tobacco, alcohol and other drug use, HIV infection and other STDs, unintended pregnancy, physical inactivity, and overweight are prevalent among some middle school students.

Certain risk behaviors are more likely to occur among some subpopulations of students defined by sex, race/ethnicity, and grade. However, because the YRBS does not include measures of socioeconomic status (SES) or culture, YRBS data cannot be used to isolate these factors from the effects of sex, race/ethnicity, or grade on risk behaviors with substantial disparities. In a 1992 national study, after controlling for age, sex, race/ethnicity, and school enrollment status (in or out of school), adolescents aged 12–17 years were less likely to report selected risk behaviors (e.g., smoking, physical inactivity, eating too little fruit and vegetables, episodic heavy drinking) as SES (education or family income) of the responsible adult increased.[9] Additional research is needed to assess the effect of specific educational, socioeconomic, cultural, and racial/ethnic factors on the prevalence of health-risk behaviors among middle school students.

VARIATION ACROSS STATES AND CITIES

For the majority of risk behaviors, prevalence varies little from state to state and from city to city. However, across state surveys, a range of 25 or more percentage points or a fivefold variation or greater was identified for the following risk behaviors:

6TH GRADE

- Current frequent cigarette use (minimum: 0.1%; maximum: 1.5%).
- Taught about AIDS or HIV infection in school (minimum: 41.2%; maximum: 71.7%).
- Attended PE class daily (minimum: 31.8%; maximum: 56.8%).

7TH GRADE

- Rarely or never wore a bicycle helmet (minimum: 46.4%; maximum: 86.1%).
- Rarely or never wore a helmet when rollerblading or riding a skateboard (minimum: 57.2%; maximum: 82.3%).
- Lifetime injection drug use (minimum: 0.9%; maximum: 5.3%).
- Attended PE class (minimum: 62.7%; maximum: 88.2%).
- Attended PE class daily (minimum: 9.0%; maximum: 43.4%).

8TH GRADE

- Rarely or never wore a bicycle helmet (minimum: 54.2%; maximum: 89.6%).
- Watched television at least 3 hours per day (minimum: 28.2%; maximum: 56.6%).
- Attended PE class (minimum: 50.2%; maximum: 91.9%).
- Attended PE class daily (minimum: 6.9%; maximum: 49.1%).

Across local surveys, a range of 25 or more percentage points or a fivefold variation or greater was identified for the following risk behaviors:

6TH GRADE

- Rarely or never wore a seat belt when riding in a car (minimum: 3.3%; maximum: 18.6%).
- Rarely or never wore a bicycle helmet (minimum: 39.8%; maximum: 85.1%).
- Rarely or never wore a helmet when rollerblading or riding a skateboard (minimum: 35.6%; maximum: 89.3%).
- Ever been in a physical fight (minimum: 47.4%; maximum: 73.1%).
- Current frequent cigarette use (minimum: 0.0%; maximum: 1.4%).
- Lifetime alcohol use (minimum: 10.8%; maximum: 40.7%).
- Lifetime injection drug use (minimum: 0.5%; maximum: 3.3%).
- Ever had sexual intercourse (minimum: 1.6%; maximum: 26.0%).
- Had sexual intercourse before age 11 years (minimum: 1.6%; maximum: 12.7%).
- Had sexual intercourse with 3 or more persons (minimum: 0.8%; maximum: 10.6%).
- Taught about AIDS or HIV infection in school (minimum: 35.4%; maximum: 76.4%).
- Ever took diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight (minimum: 1.2%; maximum: 7.0%).
- Watched television at least 3 hours per day (minimum: 32.3%; maximum: 68.6%).
- Attended PE class (minimum: 37.9%; maximum: 95.0%).
- Attended PE class daily (minimum: 14.1%; maximum: 84.2%).

7TH GRADE

- Rarely or never wore a bicycle helmet (minimum: 53.3%; maximum: 92.1%).
- Rarely or never wore a helmet when rollerblading or riding a skateboard (minimum: 55.2%; maximum: 91.3%).
- Current frequent cigarette use (minimum: 0.0%; maximum: 3.5%).
- Watched television at least 3 hours per day (minimum: 39.4%; maximum: 67.0%).
- Attended PE class (minimum: 39.8%; maximum: 95.5%).
- Attended PE class daily (minimum: 11.8%; maximum: 79.7%).

8TH GRADE

- Rode with a driver who had been drinking alcohol (minimum: 26.1%; maximum: 54.5%).
- Rarely or never wore a bicycle helmet (minimum: 61.2%; maximum: 96.0%).
- Rarely or never wore a helmet when rollerblading or riding a skateboard (minimum: 60.4%; maximum: 93.3%).
- Lifetime cigarette use (minimum: 24.8%; maximum: 54.6%).
- Current frequent cigarette use (minimum: 0.6%; maximum: 3.4%).
- Lifetime alcohol use (minimum: 35.2%; maximum: 66.1%).
- Lifetime marijuana use (minimum: 12.9%; maximum: 38.2%).

- Ever had sexual intercourse (minimum: 13.1%; maximum: 48.5%).
- Attended PE class (minimum: 38.9%; maximum: 96.6%).
- Attended PE class daily (minimum: 12.2%; maximum: 86.5%).

These variations may occur in part because of differences in state and local laws and policies, enforcement practices, availability of effective interventions, prevailing behavioral norms, demographic characteristics of the population, and observed adult behavior. Longitudinal research is needed to better understand the effect of these factors on the prevalence of risk behaviors.

The National Youth Tobacco Survey (NYTS) and the Monitoring the Future (MTF) survey provide nationally representative data on select health-risk behaviors among middle school students.[10,11] The NYTS middle school data provide prevalence estimates on tobacco use among students in grades 6–8. Four states (Georgia, Maine, North Dakota, and Wyoming) with weighted 2005 YRBS middle school data asked tobacco questions. Across these four states, the median percentage of all students who reported current cigarette use (YRBS state median: 8.1%; NYTS: 8.4%) was similar to the prevalence estimate from the 2004 NYTS middle school students. Across the same four states, the median percentage of students who reported current smokeless tobacco use (YRBS state median: 5.1%; NYTS: 2.8%) was somewhat higher than the prevalence estimate from the 2004 NYTS middle school students. Across three states (Georgia, Maine, and North Dakota), the median percentages of students who reported current cigar use (YRBS state median: 4.9%; NYTS: 5.3%) and any current tobacco use (YRBS[§] state median: 10.6%; NYTS[**]: 11.8%) were similar to the prevalence estimates from the 2004 NYTS middle school students.

MTF middle school data provide prevalence estimates on tobacco, alcohol, and other drug use among students in 8th grade. Across the four states (Georgia, Maine, North Dakota, and Wyoming) with weighted 2005 YRBS middle school data that asked tobacco questions, the median percentage of 8th grade students who reported lifetime cigarette use (YRBS state median: 37.3%; MTF: 25.9%) was somewhat higher than the prevalence estimate from the MTF survey among 8th grade students. Across the same four states, the median percentage of 8th grade students who reported current cigarette use (YRBS state median: 10.7%; MTF: 9.3%) was similar to the prevalence estimate from the MTF survey among 8th grade students, while the median percentage of 8th grade students who reported current smokeless tobacco use (YRBS state median: 6.5%; MTF: 3.3%) was somewhat higher than the prevalence estimate from the MTF survey among 8th grade students.

Four states (Georgia, Maine, South Carolina, and Wyoming) with weighted 2005 YRBS middle school data asked the alcohol and other drug use questions. Across these four states, the median percentage of 8th grade students who reported lifetime alcohol use (YRBS state median: 48.7%; MTF: 41.0%) was somewhat higher than the prevalence estimate from the MTF survey among 8th grade students. Across the same four states, the median percentages of 8th grade students who reported lifetime marijuana use (YRBS state median: 17.3%; MTF: 16.5%) and lifetime cocaine use (YRBS state median: 4.6%; MTF: 3.7%) were similar to the prevalence estimates from the MTF survey among 8th grade students, while the median percentage of 8th grade students who reported lifetime inhalant use was somewhat lower than the prevalence estimate from the MTF survey among 8th grade students (YRBS state median: 14.4%; MTF: 17.1%).

[§] Smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on $\geq$ 1 of the 30 days preceding the survey.

[**] Smoked cigarettes, cigars, smokeless tobacco, pipes, bidis (leaf-wrapped, flavored cigarettes from India), or kreteks (clove cigarettes).

LIMITATIONS

The findings in this report are subject to multiple limitations. First, these data apply only to young people who attend grades 6, 7, or 8 in regular public schools. Students who attend private or alternative schools and students who are homeschooled are not included; therefore, the data are not representative of all youth in this age group.[12] Second, the extent of underreporting or overreporting of behaviors cannot be determined, although a recent preliminary study suggests the test-retest reliability of questions on the middle school YRBS questionnaire is high.[13] Third, BMI is calculated on the basis of self-reported height and weight and, therefore, tends to underestimate the prevalence of overweight and risk for overweight.[14]

CONCLUSION

USES OF MIDDLE SCHOOL YOUTH RISK BEHAVIOR SURVEY DATA

State and local agencies and nongovernmental organizations use middle school YRBS data to support modifications to curricula and programs, as well as to support legislation or new initiatives that promote health. For example, Memphis City Schools used their 2005 middle school and high school YRBS results to develop a "Healthy Choice Initiative Tool Kit" that is distributed to teachers, pediatricians, parent groups, school counselors, school nurses, faith-based organizations, and community-based organizations. The information and resources included in the kit are intended to encourage discussion with young people about risk behaviors and their consequences.

Milwaukee Public Schools decided to implement only evidence-based curricula for certain health topics in response to their middle school YRBS results. In Wyoming, teachers in grades 6–12 were provided with YRBS data and encouraged to integrate those data into health instruction. Other state and local agencies use their data in support of policy development and as evidence in grant applications, needs assessments, program rationales, and program evaluations. Many state and local agencies post their YRBS data on their Web sites to encourage and facilitate use of their data by community agencies. Continued implementation of the YRBSS will help monitor and ensure the effectiveness of public health and school health programs for young people.

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TABLES

2005 MIDDLE SCHOOL YOUTH RISK BEHAVIOR SURVEY

Table 1. Sample sizes, response rates, and demographic characteristics—selected U.S. sites, Middle School Youth Risk Behavior Survey, 2005

		Response Rate (%)			Sex (%)		Grade (%)			Race/ethnicity (%)				
	Student sample size	School	Student	Overall	Male	Female	6	7	8	White*	Black*	Hispanic	Asian	Other
State Surveys														
Georgia	1923	92	88	81	51.5	48.5	33.3	33.3	33.2	48.8	39.8	7.2	—†	4.2‡
Maine	1480	80	86	69	51.4	48.6	—	49.2	50.0	95.1	0.9	0.5	—	3.6‡
North Dakota	1239	91	91	83	51.6	48.4	—	49.6	50.2	85.0	0.5	1.4	—	13.2‡
South Carolina	1383	73	86	63	51.1	48.9	32.0	34.0	33.3	54.9	39.5	1.6	—	3.9‡
Wyoming	2906	83	92	76	51.9	48.1	31.7	33.2	33.9	85.0	0.6	9.6	—	4.8‡
Local Surveys§														
Dallas ISD, TX	1367	100	86	86	50.0	50.0	—	—	99.1	5.7	34.2	59.0	—	1.1‡
District of Columbia PS	2019	100	86	86	49.2	50.8	36.2	32.0	31.3	1.6	86.4	8.2	—	3.8‡
Hillsborough County PS, FL	2663	100	81	81	51.1	48.9	33.2	33.3	32.7	44.3	23.8	26.5	—	5.4‡
Memphis City Schools, TN	1344	95	81	77	50.6	49.4	25.9	38.4	35.4	6.5	89.1	1.5	—	3.0‡
Miami-Dade County PS, FL	2017	97	85	83	50.6	49.4	32.0	32.5	33.5	10.0	28.4	60.0	—	1.6‡
Milwaukee PS, WI	2003	100	80	80	51.1	48.9	34.0	33.6	32.3	14.6	63.4	18.0	—	3.9‡
San Bernardino USD, CA	1079	100	76	76	49.8	50.2	23.9	37.8	37.8	19.9	21.3	56.2	—	2.6‡
San Francisco USD, CA	2241	100	80	80	52.9	47.1	31.0	34.8	33.8	5.8	14.1	25.6	45.0‖	9.4¶

*Non-Hispanic.
†Not available.
‡American Indian or Alaska Native, Asian, Native Hawaiian or Other Pacific Islander, and multiple racial/ethnic groups.
§PS = public school, ISD = independent school district, USD = unified school district.
‖Chinese, Filipino, or Other Pacific Islander.
¶American Indian or Alaska Native, other, and multiple racial/ethnic groups.

GEORGIA

2005 MIDDLE SCHOOL YOUTH RISK BEHAVIOR SURVEY

Table 2a. Percentage of middle school students who rarely or never wore a seat belt[*] and who ever rode in a car driven by someone who had been drinking alcohol, by sex, race/ethnicity, and grade—Georgia, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI[†] (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Rarely or never wore a seat belt						
Race/Ethnicity						
White[‡]	8.1	3.9	6.5	2.2	7.3	2.2
Black[‡]	12.4	3.9	5.2	2.9	9.1	2.3
Hispanic	—[§]	—	—	—	12.4	5.1
Other	—	—	—	—	10.2	5.2
Grade						
6	13.1	4.3	5.1	2.8	9.2	2.7
7	7.3	3.3	6.4	3.3	6.9	2.4
8	11.7	5.1	7.2	2.7	9.5	3.2
Total	10.6	2.8	6.2	1.8	8.5	1.8
Rode with a driver who had been drinking alcohol						
Race/Ethnicity						
White	35.3	5.7	34.0	5.4	34.6	4.8
Black	31.2	3.9	26.9	5.9	29.2	3.2
Hispanic	—	—	—	—	38.6	8.2
Other	—	—	—	—	25.8	8.0
Grade						
6	25.9	5.3	24.2	6.0	25.3	3.6
7	36.1	4.8	30.7	5.1	33.5	4.3
8	39.6	5.1	37.3	6.0	38.5	4.6
Total	33.9	3.4	30.9	3.7	32.4	3.0

[*]When riding in a car.
[†]95% confidence interval.
[‡]Non-Hispanic.
[§]Not available.

Table 3a. Percentage of middle school students who rarely or never wore a bicycle helmet[*] and a rollerblade or skateboard helmet,[†] by sex, race/ethnicity, and grade—Georgia, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI[‡] (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Rarely or never wore a bicycle helmet						
Race/Ethnicity						
White[§]	63.6	8.1	64.4	6.5	64.0	6.5
Black[§]	89.1	4.7	84.7	3.9	87.1	3.4
Hispanic	—[‖]	—	—	—	78.7	9.0
Other	—	—	—	—	72.9	7.1
Grade						
6	68.5	10.7	70.6	8.7	69.6	9.2
7	79.7	5.8	75.7	6.7	77.8	5.3
8	81.7	5.4	73.2	5.7	78.0	4.4
Total	76.3	5.0	73.1	5.0	74.8	4.6
Rarely or never wore a rollerblade or skateboard helmet						
Race/Ethnicity						
White	72.5	7.7	67.1	8.8	69.9	6.8
Black	79.2	5.2	79.3	6.9	79.2	4.2
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	69.2	9.8
Grade						
6	68.8	8.8	65.1	12.7	66.8	9.0
7	78.8	6.8	74.9	8.2	77.0	6.0
8	80.2	6.7	74.4	5.6	77.3	5.2
Total	75.4	4.6	71.0	7.0	73.2	5.0

[*]Among the 83.4% of students who rode bicycles.
[†]Among the 53.0% of students who rollerbladed or rode a skateboard.
[‡]95% confidence interval.
[§]Non-Hispanic.
[‖]Not available.

Table 4a. Percentage of middle school students who ever carried a weapon,* who ever were in a physical fight, and who ever were hurt in a physical fight,† by sex, race/ethnicity, and grade—Georgia, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI‡ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Carried a weapon						
Race/Ethnicity						
White§	60.0	6.3	20.8	2.9	40.5	3.3
Black§	38.1	6.9	16.4	4.1	28.0	4.0
Hispanic	—‖	—	—	—	30.9	5.6
Other	—	—	—	—	42.0	7.5
Grade						
6	42.1	9.9	18.3	6.8	30.3	5.0
7	46.7	7.4	17.9	3.7	32.7	4.6
8	61.5	7.9	21.3	3.8	41.9	4.7
Total	50.3	5.4	19.4	2.1	35.1	3.0
In a physical fight						
Race/Ethnicity						
White	69.4	3.7	36.7	4.9	53.3	3.8
Black	81.6	4.1	61.9	4.9	72.5	3.5
Hispanic	—	—	—	—	57.0	6.8
Other	—	—	—	—	61.4	8.8
Grade						
6	70.4	5.6	43.3	6.7	57.4	5.8
7	76.4	3.8	48.4	6.9	62.8	4.4
8	78.0	5.0	50.1	8.4	64.5	4.9
Total	75.0	2.4	47.4	4.9	61.6	3.2
Hurt in a physical fight						
Race/Ethnicity						
White	7.3	3.4	5.5	2.7	6.4	1.9
Black	6.8	2.2	4.1	2.2	5.5	1.5
Hispanic	—	—	—	—	10.8	4.0
Other	—	—	—	—	8.9	4.7
Grade						
6	4.7	3.6	5.9	2.7	5.3	2.2
7	9.6	2.6	6.4	3.1	8.0	1.8
8	8.6	3.7	3.7	2.2	6.2	2.1
Total	7.7	2.2	5.3	1.5	6.5	1.2

*For example, a gun, knife, or club.
†Injuries had to be treated by a doctor or nurse.
‡95% confidence interval.
§Non-Hispanic.
‖Not available.

Table 5a. Percentage of middle school students who ever seriously thought about killing themselves, who ever made a plan about how they would kill themselves, and who ever tried to kill themselves, by sex, race/ethnicity, and grade—Georgia, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Seriously thought about killing themselves						
Race/Ethnicity						
White†	15.7	3.6	26.7	4.1	21.1	3.0
Black†	15.7	3.9	21.6	4.7	18.4	2.8
Hispanic	—‡	—	—	—	23.2	4.9
Other	—	—	—	—	24.2	5.3
Grade						
6	14.0	3.7	16.0	4.9	14.9	3.1
7	18.1	4.5	26.7	4.7	22.3	3.4
8	17.6	3.1	30.3	4.6	23.8	3.3
Total	16.6	2.1	24.4	2.8	20.4	2.1
Made a plan about how they would kill themselves						
Race/Ethnicity						
White	9.3	3.3	14.1	2.9	11.7	2.5
Black	9.3	2.9	13.1	3.8	11.1	2.2
Hispanic	—	—	—	—	11.4	4.5
Other	—	—	—	—	21.2	5.4
Grade						
6	8.8	3.2	9.7	3.9	9.3	2.4
7	9.6	3.6	17.0	4.3	13.2	2.7
8	10.0	2.9	15.7	3.4	12.8	2.4
Total	9.6	1.8	14.3	2.2	11.8	1.6
Tried to kill themselves						
Race/Ethnicity						
White	5.6	3.0	8.7	3.0	7.2	2.4
Black	5.9	2.9	9.7	3.2	7.6	2.1
Hispanic	—	—	—	—	13.5	4.4
Other	—	—	—	—	10.1	5.3
Grade						
6	6.1	3.4	6.6	3.6	6.3	2.5
7	5.9	3.5	10.1	3.3	7.9	2.4
8	5.9	2.0	13.1	4.3	9.4	2.5
Total	6.1	1.9	10.1	2.2	8.0	1.7

*95% confidence interval.
†Non-Hispanic.
‡Not available.

Table 6a. Percentage of middle school students who ever smoked cigarettes, by sex, race/ethnicity, and grade—Georgia, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Lifetime cigarette use†						
Race/Ethnicity						
White‡	30.2	7.4	25.4	5.9	27.7	5.5
Black‡	37.5	8.3	26.9	6.5	32.6	6.0
Hispanic	—§	—	—	—	30.2	6.4
Other	—	—	—	—	29.9	10.0
Grade						
6	28.6	10.4	18.8	7.2	23.7	7.7
7	31.8	7.2	25.4	7.3	28.6	6.4
8	41.3	7.7	33.3	5.4	37.4	5.5
Total	34.0	5.6	25.9	4.7	30.0	4.6
Lifetime daily cigarette use‖						
Race/Ethnicity						
White	4.7	2.9	4.8	2.4	4.7	2.0
Black	3.5	2.2	3.2	2.0	3.4	1.5
Hispanic	—	—	—	—	3.5	3.4
Other	—	—	—	—	6.5	4.2
Grade						
6	2.3	2.2	1.7	1.6	2.0	1.6
7	3.8	1.8	3.0	2.2	3.4	1.4
8	7.5	5.0	6.5	3.1	7.0	2.7
Total	4.7	2.3	3.8	1.8	4.3	1.5

*95% confidence interval.
†Ever tried cigarette smoking, even one or two puffs.
‡Non-Hispanic.
§Not available.
‖Ever smoked ≥ 1 cigarettes every day for 30 days.

Table 7a. Percentage of middle school students who currently smoked cigarettes, by sex, race/ethnicity, and grade—Georgia, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Current cigarette use†						
Race/Ethnicity						
White‡	8.6	3.6	6.3	2.5	7.5	2.5
Black‡	7.2	3.3	4.1	2.2	5.7	2.2
Hispanic	—§	—	—	—	9.8	4.0
Other	—	—	—	—	11.3	6.4
Grade						
6	3.9	2.5	3.1	1.9	3.5	1.6
7	8.6	4.2	6.3	4.4	7.4	3.2
8	11.8	6.2	7.3	2.8	9.6	3.4
Total	8.5	3.0	5.6	2.0	7.1	1.9
Current frequent cigarette use‖						
Race/Ethnicity						
White	2.1	1.8	1.5	1.3	1.8	1.3
Black	0.5	0.8	0.7	1.1	0.6	0.5
Hispanic	—	—	—	—	2.6	2.6
Other	—	—	—	—	2.6	2.3
Grade						
6	0.2	0.3	0.0	0.0	0.1	0.2
7	2.5	2.2	0.4	0.6	1.5	1.1
8	2.1	1.7	3.0	2.0	2.5	1.4
Total	1.7	1.1	1.1	0.8	1.4	0.7

*95% confidence interval.
†Smoked cigarettes on ≥ 1 of the 30 days preceding the survey.
‡Non-Hispanic.
§Not available.
‖Smoked cigarettes on ≥ 20 of the 30 days preceding the survey.

Table 8a. Percentage of middle school students who used smokeless tobacco,[*] smoked cigars,[†] and used any tobacco product[‡] by sex, race/ethnicity, and grade—Georgia, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI[§] (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Current smokeless tobacco use						
Race/Ethnicity						
White[‖]	10.4	3.5	1.5	1.3	6.0	2.0
Black[‖]	2.9	2.1	3.0	1.5	2.9	1.4
Hispanic	—[¶]	—	—	—	5.3	3.3
Other	—	—	—	—	9.2	4.1
Grade						
6	6.3	3.9	0.8	1.0	3.6	2.1
7	5.3	2.4	2.8	2.1	4.1	1.5
8	9.4	4.2	3.5	1.6	6.5	2.3
Total	7.2	2.4	2.5	1.0	4.9	1.4
Current cigar use						
Race/Ethnicity						
White	6.6	3.0	1.4	0.9	4.0	1.6
Black	5.8	3.1	2.8	2.1	4.4	1.9
Hispanic	—	—	—	—	9.3	3.9
Other	—	—	—	—	12.0	6.0
Grade						
6	6.0	2.1	1.4	1.2	3.7	1.3
7	6.3	3.4	3.1	2.0	4.7	2.0
8	7.6	3.9	3.3	1.5	5.5	2.2
Total	6.9	2.3	2.7	1.2	4.9	1.2
Current tobacco use						
Race/Ethnicity						
White	15.3	5.3	7.8	2.9	11.6	3.5
Black	10.1	3.8	6.0	2.6	8.1	2.7
Hispanic	—	—	—	—	12.1	4.3
Other	—	—	—	—	13.6	7.4
Grade						
6	8.4	3.9	3.7	2.2	6.0	1.9
7	11.9	5.1	8.3	4.9	10.1	3.9
8	18.5	7.8	10.0	2.7	14.4	4.1
Total	13.2	3.6	7.4	2.3	10.4	2.4

[*]Used chewing tobacco, snuff, or dip on ≥ 1 of the 30 days preceding the survey.
[†]Smoked cigars, cigarillos, or little cigars on ≥ 1 of the 30 days preceding the survey.
[‡]Smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on ≥ 1 of the 30 days preceding the survey.
[§]95% confidence interval.
[‖]Non-Hispanic.
[¶]Not available.

Table 9a. Percentage of middle school students who ever drank alcohol,[*] who ever used marijuana, and who ever used cocaine,[†] by sex, race/ethnicity, and grade—Georgia, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI[‡] (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Lifetime alcohol use						
Race/Ethnicity						
White[§]	31.8	5.0	33.6	6.0	32.7	4.6
Black[§]	42.4	4.7	36.3	5.8	39.6	3.0
Hispanic	—[‖]	—	—	—	51.2	7.8
Other	—	—	—	—	39.1	8.5
Grade						
6	30.8	6.5	24.0	6.5	27.5	4.9
7	37.8	6.3	36.7	6.1	37.2	4.9
8	47.4	5.1	45.9	5.5	46.7	2.9
Total	38.6	3.5	35.4	4.7	37.0	3.2
Lifetime marijuana use						
Race/Ethnicity						
White	9.7	3.6	6.5	1.8	8.1	2.2
Black	13.2	3.1	7.2	3.1	10.4	2.2
Hispanic	—	—	—	—	10.7	5.4
Other	—	—	—	—	12.2	6.3
Grade						
6	7.5	3.5	3.3	1.9	5.4	2.1
7	12.8	3.1	6.2	3.0	9.6	1.9
8	14.8	4.6	10.5	3.1	12.7	3.2
Total	11.8	2.5	6.8	1.7	9.4	1.7
Lifetime cocaine use						
Race/Ethnicity						
White	4.5	1.8	2.6	1.2	3.6	1.2
Black	3.7	1.9	1.6	1.6	2.7	1.1
Hispanic	—	—	—	—	8.3	3.5
Other	—	—	—	—	8.1	5.3
Grade						
6	5.1	2.7	1.6	1.5	3.4	1.3
7	5.5	2.8	2.8	1.8	4.2	1.6
8	4.3	2.1	3.3	1.7	3.8	1.4
Total	5.0	1.5	2.6	0.9	3.8	0.8

[*]Ever had ≥ 1 drinks of alcohol, other than a few sips.
[†]Ever used any form of cocaine (e.g., powder, "crack," or "freebase").
[‡]95% confidence interval.
[§]Non-Hispanic.
[‖]Not available.

Table 10a. Percentage of middle school students who used inhalants,* who used steroids, and who injected illegal drugs,† by sex, race/ethnicity, and grade—Georgia, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI‡ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Lifetime inhalant use						
Race/Ethnicity						
White§	12.5	4.0	12.5	4.0	12.6	3.2
Black§	12.2	4.2	13.3	2.8	12.7	2.1
Hispanic	—‖	—	—	—	18.1	6.9
Other	—	—	—	—	18.1	5.5
Grade						
6	12.0	3.8	13.6	4.1	12.7	2.6
7	14.1	4.1	14.6	5.7	14.4	3.3
8	12.7	3.8	12.8	4.1	12.7	3.0
Total	12.9	2.4	13.8	2.0	13.3	1.6
Lifetime steroid use						
Race/Ethnicity						
White	3.0	1.9	0.9	0.6	2.0	1.0
Black	3.1	2.0	2.7	1.9	2.9	1.3
Hispanic	—	—	—	—	2.7	2.3
Other	—	—	—	—	5.1	3.9
Grade						
6	2.6	2.1	2.5	2.2	2.5	1.4
7	1.6	1.3	1.9	1.4	1.8	0.9
8	4.7	2.8	1.6	1.5	3.2	1.5
Total	3.0	1.1	2.0	0.8	2.5	0.7
Lifetime illegal injection drug use						
Race/Ethnicity						
White	1.6	2.1	0.6	0.9	1.1	1.4
Black	1.0	1.0	1.8	1.4	1.4	0.9
Hispanic	—	—	—	—	2.3	2.4
Other	—	—	—	—	3.0	2.6
Grade						
6	1.6	2.0	1.4	1.4	1.5	1.5
7	1.6	2.1	0.3	0.6	0.9	1.1
8	1.9	1.7	1.6	1.3	1.7	1.2
Total	1.6	1.3	1.1	0.7	1.4	0.9

*Ever sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high.
†Ever used a needle to inject any illegal drug into the body.
‡95% confidence interval.
§Non-Hispanic.
‖Not available.

Table 11a. Percentage of middle school students who used tobacco or drugs for the first time before age 11 years, by sex, race/ethnicity, and grade—Georgia, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI[*] (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Smoked a whole cigarette before age 11 years						
Race/Ethnicity						
White[†]	8.1	3.7	6.3	2.5	7.2	2.6
Black[†]	6.7	2.9	3.4	1.7	5.1	1.8
Hispanic	—[‡]	—	—	—	8.5	3.7
Other	—	—	—	—	11.1	6.1
Grade						
6	6.8	3.3	4.6	2.1	5.7	2.4
7	6.7	4.2	5.4	3.5	6.0	2.6
8	9.5	3.6	5.8	2.4	7.7	2.5
Total	7.8	2.0	5.3	1.6	6.6	1.5
Drank alcohol before age 11 years[§]						
Race/Ethnicity						
White	15.1	5.0	12.8	3.1	14.0	2.9
Black	21.5	4.4	16.7	4.9	19.3	3.3
Hispanic	—	—	—	—	21.6	7.6
Other	—	—	—	—	20.9	7.3
Grade						
6	18.1	4.9	16.6	6.1	17.4	3.8
7	19.1	4.9	16.8	5.6	18.0	4.3
8	18.4	4.8	11.5	4.4	15.1	2.9
Total	18.6	3.1	15.1	3.1	16.9	2.3
Tried marijuana before age 11 years						
Race/Ethnicity						
White	4.0	2.4	1.9	1.5	2.9	1.5
Black	4.5	2.8	2.0	1.0	3.3	1.6
Hispanic	—	—	—	—	2.4	3.0
Other	—	—	—	—	4.4	2.2
Grade						
6	4.0	2.8	1.0	1.2	2.5	1.7
7	4.4	2.9	2.0	1.9	3.3	2.0
8	4.4	2.9	2.7	2.2	3.6	1.9
Total	4.2	1.8	2.1	0.9	3.2	1.2

[*]95% confidence interval.
[†]Non-Hispanic.
[‡]Not available.
[§]Other than a few sips.

Table 12a. Percentage of middle school students who engaged in sexual behaviors, by sex, race/ethnicity, and grade—Georgia, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Ever had sexual intercourse						
Race/Ethnicity						
White†						
Black†						
Hispanic						
Other						
Grade			**Question Not Asked**			
6						
7						
8						
Total						
Had first sexual intercourse before age 11 years						
Race/Ethnicity						
White						
Black						
Hispanic						
Other						
Grade			**Question Not Asked**			
6						
7						
8						
Total						
Had sexual intercourse with ≥ 3 persons during lifetime						
Race/Ethnicity						
White						
Black						
Hispanic						
Other						
Grade			**Question Not Asked**			
6						
7						
8						
Total						

*95% confidence interval.
†Non-Hispanic.

Table 13a. Percentage of middle school students who used a condom during last sexual intercourse* and were ever taught about acquired immunodeficiency syndrome (AIDS) or human immunodeficiency virus (HIV) infection in school, by sex, race/ethnicity, and grade—Georgia, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI† (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Condom use during last sexual intercourse						
Race/Ethnicity						
White‡						
Black‡						
Hispanic						
Other						
Grade			**Question Not Asked**			
6						
7						
8						
Total						
Taught about AIDS or HIV infection in school						
Race/Ethnicity						
White	78.2	8.6	71.0	7.6	74.7	7.2
Black	79.6	6.0	78.5	6.6	79.1	5.6
Hispanic	—§	—	—	—	62.5	12.9
Other	—	—	—	—	68.5	10.6
Grade						
6	67.8	14.0	54.2	10.5	61.3	11.8
7	83.4	6.2	81.5	8.2	82.5	6.1
8	82.6	6.2	82.1	4.8	82.4	4.7
Total	77.8	5.6	72.7	5.7	75.4	5.3

*Among students who ever had sexual intercourse.
†95% confidence interval.
‡Non-Hispanic.
§Not available.

Table 14a. Percentage of middle school students who were at risk for becoming* or were overweight,† by sex, race/ethnicity, and grade—Georgia, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI‡ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
At risk for becoming overweight						
Race/Ethnicity						
White§	19.8	4.7	14.5	3.1	17.1	2.5
Black§	16.3	4.4	18.5	3.6	17.3	2.7
Hispanic	—‖	—	—	—	16.7	9.6
Other	—	—	—	—	21.4	6.2
Grade						
6	23.0	9.5	15.0	5.3	19.2	6.0
7	15.2	3.7	15.3	3.9	15.3	2.5
8	17.4	3.4	18.5	3.9	17.9	2.5
Total	18.2	2.9	16.3	2.3	17.3	1.7
Overweight						
Race/Ethnicity						
White	14.3	3.3	10.3	3.3	12.3	2.9
Black	25.8	4.7	15.2	3.9	20.9	3.0
Hispanic	—	—	—	—	10.8	6.2
Other	—	—	—	—	11.6	5.3
Grade						
6	22.4	5.2	14.5	3.4	18.6	3.7
7	19.8	4.9	11.7	3.7	15.8	3.1
8	15.7	5.0	10.0	3.9	13.0	3.7
Total	19.1	3.0	11.8	2.1	15.6	2.3

*Students who were ≥ 85th percentile but < 95th percentile for body mass index, by age and sex, based on reference data.
†Students who were ≥ 95th percentile for body mass index, by age and sex, based on reference data.
‡95% confidence interval.
§Non-Hispanic.
‖Not available.

Table 15a. Percentage of middle school students who described themselves as slightly or very overweight and who were trying to lose weight, by sex, race/ethnicity, and grade—Georgia, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Described themselves as overweight						
Race/Ethnicity						
White†	25.8	5.9	33.6	4.3	29.6	3.8
Black†	20.6	4.1	27.7	4.4	23.9	2.6
Hispanic	—‡	—	—	—	27.7	10.0
Other	—	—	—	—	25.9	4.8
Grade						
6	23.8	5.9	29.8	4.9	26.7	4.0
7	19.6	4.5	30.6	4.3	24.8	3.2
8	26.4	3.3	32.3	5.4	29.3	3.7
Total	23.2	3.2	31.0	2.6	27.0	2.2
Were trying to lose weight						
Race/Ethnicity						
White	36.6	7.0	59.7	4.5	47.9	4.3
Black	36.7	5.4	53.3	5.3	44.4	3.9
Hispanic	—	—	—	—	53.8	12.0
Other	—	—	—	—	36.4	6.2
Grade						
6	42.0	8.9	55.5	5.7	48.4	6.2
7	36.4	5.5	56.2	5.8	45.9	3.8
8	33.7	6.5	57.1	5.6	45.1	5.5
Total	37.1	4.6	56.3	3.1	46.4	3.3

*95% confidence interval.
†Non-Hispanic.
‡Not available.

Table 16a. Percentage of middle school students who ever engaged in healthy behaviors to lose weight or to keep from gaining weight, by sex, race/ethnicity, and grade—Georgia, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight						
Race/Ethnicity						
White†	34.6	6.3	62.3	4.0	48.2	3.7
Black†	37.5	5.6	50.5	5.9	43.5	5.0
Hispanic	—‡	—	—	—	49.7	7.8
Other	—	—	—	—	43.1	7.0
Grade						
6	42.0	7.8	54.4	6.4	47.9	6.0
7	33.3	4.3	55.2	6.4	44.0	4.2
8	33.1	4.8	60.8	6.4	46.5	4.6
Total	36.1	4.2	56.9	4.1	46.1	3.5
Exercised to lose weight or to keep from gaining weight						
Race/Ethnicity						
White	61.0	4.9	84.4	3.9	72.5	3.7
Black	59.8	6.5	72.3	4.8	65.6	4.8
Hispanic	—	—	—	—	74.6	8.0
Other	—	—	—	—	69.7	5.6
Grade						
6	63.8	7.2	78.9	4.6	71.2	4.7
7	59.2	7.0	77.6	6.6	68.0	5.0
8	61.2	6.3	79.9	4.5	70.3	4.5
Total	61.2	3.9	78.7	3.5	69.7	3.0

*95% confidence interval.
†Non-Hispanic.
‡Not available.

Table 17a. Percentage of middle school students who ever engaged in unhealthy behaviors to lose weight or to keep from gaining weight, by sex, race/ethnicity, and grade—Georgia, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Went without eating for ≥ 24 hours to lose weight or to keep from gaining weight						
Race/Ethnicity						
White†	9.2	3.7	24.7	3.1	16.8	2.8
Black†	16.0	5.2	15.3	4.7	15.7	3.8
Hispanic	—‡	—	—	—	18.4	5.8
Other	—	—	—	—	21.4	7.0
Grade						
6	15.6	6.7	15.6	3.5	15.6	4.1
7	12.1	3.7	19.7	4.7	15.8	2.9
8	12.0	4.5	25.8	4.7	18.7	3.5
Total	13.2	3.1	20.4	3.0	16.7	2.0
Took diet pills, powders, or liquids to lose weight or to keep from gaining weight§						
Race/Ethnicity						
White	4.2	1.8	6.4	2.7	5.3	1.8
Black	4.8	2.5	3.4	1.9	4.2	1.4
Hispanic	—	—	—	—	7.4	4.1
Other	—	—	—	—	7.1	3.6
Grade						
6	6.1	2.8	3.9	2.8	5.0	2.0
7	3.3	1.7	4.0	2.2	3.7	1.3
8	4.3	2.6	8.7	4.3	6.5	2.8
Total	4.6	1.5	5.6	1.7	5.0	0.9
Vomited or took laxatives to lose weight or to keep from gaining weight						
Race/Ethnicity						
White	3.5	1.8	7.8	1.7	5.6	1.2
Black	7.9	3.9	5.9	2.5	7.0	2.4
Hispanic	—	—	—	—	6.2	4.0
Other	—	—	—	—	3.0	2.7
Grade						
6	7.7	3.6	4.8	1.9	6.3	2.3
7	3.2	2.0	7.4	3.2	5.2	1.8
8	4.8	2.8	8.8	2.8	6.8	2.1
Total	5.2	1.7	7.0	1.5	6.0	1.2

*95% confidence interval.
†Non-Hispanic.
‡Not available.
§Without a doctor's advice.

Table 18a. Percentage of middle school students who participated in sufficient vigorous physical activity,* played on ≥ 1 sports teams,† and who watched ≥ 3 hours per day of television,‡ by sex, race/ethnicity, and grade—Georgia, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI§ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Participated in sufficient vigorous physical activity						
Race/Ethnicity						
White‖	80.1	6.7	76.0	4.7	78.0	4.4
Black‖	68.1	7.4	61.2	5.1	64.9	4.8
Hispanic	—¶	—	—	—	63.6	6.4
Other	—	—	—	—	69.8	4.8
Grade						
6	67.3	8.8	68.2	7.6	67.8	6.9
7	76.8	6.4	72.8	5.7	74.8	4.0
8	78.6	6.0	65.9	4.8	72.5	4.5
Total	74.1	4.8	68.7	3.7	71.5	3.4
Played on any sports teams						
Race/Ethnicity						
White	58.7	5.7	56.7	5.8	57.8	4.9
Black	58.7	5.0	44.6	5.9	52.1	3.9
Hispanic	—	—	—	—	43.2	7.5
Other	—	—	—	—	45.0	8.1
Grade						
6	57.1	7.0	50.0	9.5	53.7	7.1
7	56.1	5.2	51.2	6.7	53.8	4.2
8	58.7	7.5	48.7	5.6	53.8	6.1
Total	57.3	3.7	49.9	4.8	53.8	3.6
Watched ≥ 3 hours per day of TV						
Race/Ethnicity						
White	37.6	6.1	34.1	4.7	35.8	4.5
Black	64.5	5.1	67.3	4.7	65.8	3.1
Hispanic	—	—	—	—	46.6	7.3
Other	—	—	—	—	37.2	8.6
Grade						
6	48.7	10.0	47.6	6.6	48.1	6.5
7	47.9	7.7	50.7	6.6	49.2	5.6
8	52.0	7.1	46.0	6.6	49.1	5.7
Total	49.6	4.6	47.9	4.5	48.7	3.9

*Exercised or participated in physical activities that made students sweat and breathe hard for ≥ 20 minutes on ≥ 3 of the 7 days preceding the survey (e.g., basketball, soccer, running, swimming laps, fast bicycling, fast dancing, or similar aerobic activities).
†Run by their school or community groups.
‡On an average school day.
§95% confidence interval.
‖Non-Hispanic.
¶Not available.

Table 19a. Percentage of middle school students who attended physical education (PE) classes* and attended PE classes daily,† by sex, race/ethnicity, and grade—Georgia, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI‡ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Attended PE classes						
Race/Ethnicity						
White§	68.8	8.7	61.4	8.4	65.2	8.0
Black§	66.4	8.8	67.0	10.3	66.7	9.0
Hispanic	—‖	—	—	—	56.2	12.1
Other	—	—	—	—	59.7	12.1
Grade						
6	68.5	11.2	60.1	12.7	64.5	11.1
7	64.0	6.3	63.5	9.0	63.8	6.3
8	69.5	12.1	64.1	11.4	66.8	11.2
Total	67.2	7.3	62.4	8.1	64.9	7.3
Attended PE class daily						
Race/Ethnicity						
White	39.7	11.3	35.2	9.7	37.4	10.0
Black	34.2	11.4	34.6	9.6	34.4	9.5
Hispanic	—	—	—	—	24.3	10.5
Other	—	—	—	—	30.6	9.7
Grade						
6	32.3	14.9	31.4	13.4	31.8	13.2
7	35.6	9.7	32.3	10.6	34.0	9.5
8	41.4	10.9	38.1	10.6	39.8	9.7
Total	36.4	8.9	33.9	7.7	35.2	7.8

*On ≥ 1 days in an average week when they were in school.
†5 days in an average week when they were in school.
‡95% confidence interval.
§Non-Hispanic.
‖Not available.

Table 20a. Percentage of middle school students who described their health, in general, as fair or poor, by sex, race/ethnicity, and grade—Georgia, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Described health as fair or poor						
Race/Ethnicity						
White†	6.0	3.1	9.1	2.2	7.5	2.0
Black†	10.9	4.1	13.1	3.8	11.9	2.8
Hispanic	—‡	—	—	—	11.4	6.2
Other	—	—	—	—	10.6	5.3
Grade						
6	8.5	3.3	9.3	3.0	8.9	1.9
7	9.1	4.0	11.6	2.8	10.3	2.0
8	10.0	4.2	10.5	4.0	10.3	3.3
Total	9.2	2.5	10.4	2.3	9.8	1.5

*95% confidence interval.
†Non-Hispanic.
‡Not available.

MAINE

2005 MIDDLE SCHOOL YOUTH RISK BEHAVIOR SURVEY

Table 2b. Percentage of middle school students who rarely or never wore a seat belt[*] and who ever rode in a car driven by someone who had been drinking alcohol, by sex, race/ethnicity, and grade—Maine, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI[†] (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Rarely or never wore a seat belt						
Race/Ethnicity						
White[‡]	13.7	3.5	6.6	2.4	10.3	2.6
Black[‡]	—[§]	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	21.8	12.6	—	—	22.0	8.4
Grade						
6	—	—	—	—	—	—
7	14.5	3.7	5.4	2.4	10.1	2.8
8	13.0	4.7	8.8	3.4	10.9	3.1
Total	14.1	3.4	7.6	2.7	11.0	2.6
Rode with a driver who had been drinking alcohol						
Race/Ethnicity						
White	30.4	4.7	30.0	3.9	30.2	3.9
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	41.4	7.8	—	—	37.5	6.2
Grade						
6	—	—	—	—	—	—
7	28.1	4.5	27.4	5.6	27.8	4.5
8	33.2	5.8	33.1	4.4	33.1	4.0
Total	30.9	4.5	30.2	3.9	30.5	3.9

[*]When riding in a car.
[†]95% confidence interval.
[‡]Non-Hispanic.
[§]Not available.

Table 3b. Percentage of middle school students who rarely or never wore a bicycle helmet[*] and a rollerblade or skateboard helmet,[†] by sex, race/ethnicity, and grade—Maine, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI[‡] (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Rarely or never wore a bicycle helmet						
Race/Ethnicity						
White[§]	53.4	7.2	46.1	8.1	49.9	7.2
Black[§]	—[‖]	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	69.7	12.0	—	—	65.1	13.7
Grade						
6	—	—	—	—	—	—
7	51.6	9.3	40.7	7.4	46.4	7.8
8	56.2	8.0	52.4	10.5	54.2	8.2
Total	54.2	7.3	46.6	8.4	50.5	7.5
Rarely or never wore a rollerblade or skateboard helmet						
Race/Ethnicity						
White	63.1	8.0	62.2	8.6	62.7	7.5
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	73.3	12.0
Grade						
6	—	—	—	—	—	—
7	58.6	7.4	55.7	9.0	57.2	6.8
8	68.5	10.4	69.9	8.3	69.2	8.1
Total	63.8	7.7	62.9	8.8	63.3	7.5

[*]Among the 91.5% of students who rode bicycles.
[†]Among the 64.5% of students who rollerbladed or rode a skateboard.
[‡]95% confidence interval.
[§]Non-Hispanic.
[‖]Not available.

Table 4b. Percentage of middle school students who ever carried a weapon,* who ever were in a physical fight, and who ever were hurt in a physical fight,† by sex, race/ethnicity, and grade—Maine, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI‡ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Carried a weapon						
Race/Ethnicity						
White§	54.4	4.6	18.5	4.3	36.9	3.8
Black§	—‖	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	66.0	10.5	—	—	48.8	8.3
Grade						
6	—	—	—	—	—	—
7	52.7	6.1	16.0	3.8	35.1	3.7
8	57.2	8.2	21.4	6.5	39.4	5.5
Total	55.2	4.6	19.0	4.3	37.5	3.8
In a physical fight						
Race/Ethnicity						
White	67.1	4.7	38.3	6.1	53.0	4.3
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	79.9	6.2	—	—	72.3	7.7
Grade						
6	—	—	—	—	—	—
7	65.6	5.7	33.7	5.8	50.4	4.3
8	70.0	5.4	44.0	7.9	57.0	5.2
Total	67.8	4.6	39.1	6.4	53.8	4.6
Hurt in a physical fight						
Race/Ethnicity						
White	10.5	3.5	5.7	2.5	8.2	2.7
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	14.1	7.3	—	—	12.9	6.0
Grade						
6	—	—	—	—	—	—
7	10.0	4.0	4.1	1.9	7.2	2.5
8	11.9	4.2	7.5	3.8	9.7	3.4
Total	10.9	3.6	5.9	2.5	8.5	2.7

*For example, a gun, knife, or club.
†Injuries had to be treated by a doctor or nurse.
‡95% confidence interval.
§Non-Hispanic.
‖Not available.

Table 5b. Percentage of middle school students who ever seriously thought about killing themselves, who ever made a plan about how they would kill themselves, and who ever tried to kill themselves, by sex, race/ethnicity, and grade—Maine, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Seriously thought about killing themselves						
Race/Ethnicity						
White†	15.5	4.8	22.7	5.3	19.0	4.4
Black†	—‡	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	22.8	13.1	—	—	29.9	9.3
Grade						
6	—	—	—	—	—	—
7	15.3	6.4	16.7	4.3	16.0	4.6
8	16.5	3.8	29.5	6.9	22.9	4.9
Total	16.2	5.0	23.6	5.6	19.8	4.6
Made a plan about how they would kill themselves						
Race/Ethnicity						
White	11.6	3.0	14.7	3.5	13.1	2.6
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	20.5	13.0	—	—	20.9	7.3
Grade						
6	—	—	—	—	—	—
7	10.2	3.7	10.2	3.0	10.2	2.4
8	13.4	3.4	19.7	4.9	16.5	3.2
Total	12.2	3.1	15.2	3.3	13.6	2.5
Tried to kill themselves						
Race/Ethnicity						
White	6.3	2.5	10.0	2.7	8.1	2.2
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	11.7	6.3	—	—	14.3	5.3
Grade						
6	—	—	—	—	—	—
7	4.1	2.1	6.0	2.6	5.0	1.6
8	8.9	4.7	14.4	3.4	11.6	3.6
Total	6.6	2.4	10.6	2.6	8.5	2.1

*95% confidence interval.
†Non-Hispanic.
‡Not available.

Table 6b. Percentage of middle school students who ever smoked cigarettes, by sex, race/ethnicity, and grade—Maine, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Lifetime cigarette use†						
Race/Ethnicity						
White‡	25.6	5.6	23.8	6.0	24.7	5.5
Black‡	—§	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	32.8	10.4	—	—	30.8	7.9
Grade						
6	—	—	—	—	—	—
7	23.8	6.9	16.7	5.6	20.4	6.0
8	28.5	6.3	30.9	8.0	29.6	5.8
Total	26.4	5.7	24.2	6.2	25.3	5.7
Lifetime daily cigarette use‖						
Race/Ethnicity						
White	4.4	2.5	5.7	2.8	5.0	2.2
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	11.0	8.9	—	—	9.2	5.4
Grade						
6	—	—	—	—	—	—
7	4.2	2.2	2.3	1.9	3.3	1.5
8	5.3	4.0	8.8	4.6	7.1	3.6
Total	4.9	2.6	5.8	2.8	5.3	2.3

*95% confidence interval.
†Ever tried cigarette smoking, even one or two puffs.
‡Non-Hispanic.
§Not available.
‖Ever smoked ≥ 1 cigarettes every day for 30 days.

Table 7b. Percentage of middle school students who currently smoked cigarettes, by sex, race/ethnicity, and grade—Maine, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Current cigarette use†						
Race/Ethnicity						
White‡	6.0	2.2	8.4	2.7	7.1	1.9
Black‡	—§	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	9.8	7.2	—	—	11.3	5.4
Grade						
6	—	—	—	—	—	—
7	5.7	2.6	5.8	3.4	5.8	2.7
8	6.8	3.7	10.9	4.5	8.8	3.4
Total	6.3	2.3	8.6	3.0	7.5	2.1
Current frequent cigarette use‖						
Race/Ethnicity						
White	2.4	1.5	2.9	1.5	2.6	1.2
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	5.0	6.3	—	—	5.1	4.6
Grade						
6	—	—	—	—	—	—
7	2.7	2.5	2.5	1.9	2.6	1.9
8	2.2	2.0	3.4	2.3	2.8	1.9
Total	2.5	1.5	3.2	1.7	2.9	1.3

*95% confidence interval.
†Smoked cigarettes on ≥ 1 of the 30 days preceding the survey.
‡Non-Hispanic.
§Not available.
‖Smoked cigarettes on ≥ 20 of the 30 days preceding the survey.

Table 8b. Percentage of middle school students who used smokeless tobacco,* smoked cigars,† and used any tobacco product‡ by sex, race/ethnicity, and grade—Maine, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI§ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Current smokeless tobacco use						
Race/Ethnicity						
White‖	4.7	2.7	2.4	1.4	3.6	1.4
Black‖	—¶	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	11.6	6.8	—	—	11.6	5.0
Grade						
6	—	—	—	—	—	—
7	4.1	2.9	2.8	2.0	3.5	1.3
8	6.2	4.4	2.3	1.8	4.3	2.2
Total	5.3	2.5	2.9	1.3	4.2	1.3
Current cigar use						
Race/Ethnicity						
White	6.9	2.8	3.5	0.9	5.2	1.4
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	13.7	8.7	—	—	9.6	6.0
Grade						
6	—	—	—	—	—	—
7	5.7	2.7	3.7	2.8	4.7	2.2
8	8.6	5.2	3.3	2.1	6.0	3.0
Total	7.3	2.8	3.6	0.9	5.5	1.3
Current tobacco use						
Race/Ethnicity						
White	9.9	3.2	10.4	2.7	10.1	2.2
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	14.1	5.4	—	—	17.3	8.7
Grade						
6	—	—	—	—	—	—
7	8.5	2.4	7.6	3.4	8.0	2.5
8	12.2	5.2	13.1	5.3	12.6	4.1
Total	10.4	3.1	10.8	3.3	10.6	2.5

*Used chewing tobacco, snuff, or dip on ≥ 1 of the 30 days preceding the survey.
†Smoked cigars, cigarillos, or little cigars on ≥ 1 of the 30 days preceding the survey.
‡Smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on ≥ 1 of the 30 days preceding the survey.
§95% confidence interval.
‖Non-Hispanic.
¶Not available.

Table 9b. Percentage of middle school students who ever drank alcohol,* who ever used marijuana, and who ever used cocaine,† by sex, race/ethnicity, and grade—Maine, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI‡ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Lifetime alcohol use						
Race/Ethnicity						
White§	38.8	5.8	32.7	5.6	35.8	5.4
Black§	—‖	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	41.8	8.6	—	—	42.7	10.4
Grade						
6	—	—	—	—	—	—
7	32.8	6.3	23.4	7.1	28.3	5.9
8	45.1	5.6	42.2	5.2	43.5	4.7
Total	39.2	5.6	33.6	6.2	36.4	5.7
Lifetime marijuana use						
Race/Ethnicity						
White	14.1	4.1	10.9	3.8	12.6	3.1
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	25.6	13.1	—	—	20.8	8.3
Grade						
6	—	—	—	—	—	—
7	11.2	4.2	5.7	2.4	8.5	2.9
8	17.9	4.8	16.4	6.4	17.1	4.9
Total	14.9	3.9	11.2	4.1	13.1	3.3
Lifetime cocaine use						
Race/Ethnicity						
White	6.2	2.4	5.3	2.8	5.8	2.0
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	21.1	15.9	—	—	16.1	10.8
Grade						
6	—	—	—	—	—	—
7	6.9	1.1	5.8	2.6	6.3	1.2
8	6.0	4.4	4.9	4.3	5.5	3.6
Total	7.1	2.2	5.4	3.0	6.3	2.2

*Ever had ≥ 1 drinks of alcohol, other than a few sips.
†Ever used any form of cocaine (e.g., powder, "crack," or "freebase").
‡95% confidence interval.
§Non-Hispanic.
‖Not available.

Table 10b. Percentage of middle school students who used inhalants,[*] who used steroids, and who injected illegal drugs,[†] by sex, race/ethnicity, and grade—Maine, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI[‡] (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Lifetime inhalant use						
Race/Ethnicity						
White[§]	14.6	3.6	12.2	4.2	13.4	3.2
Black[§]	—[‖]	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	28.7	12.1	—	—	26.8	9.5
Grade						
6	—	—	—	—	—	—
7	15.3	4.0	9.6	4.9	12.6	3.3
8	14.4	4.9	15.6	5.0	15.0	4.3
Total	15.4	3.5	12.9	4.4	14.2	3.3
Lifetime steroid use						
Race/Ethnicity						
White	3.1	1.1	1.2	0.9	2.2	0.7
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	19.8	11.8	—	—	13.3	8.1
Grade						
6	—	—	—	—	—	—
7	1.9	1.4	0.9	0.9	1.4	1.0
8	5.3	1.9	1.6	1.4	3.5	1.2
Total	4.0	1.4	1.5	0.7	2.8	0.8
Lifetime illegal injection drug use						
Race/Ethnicity						
White	2.1	1.1	1.3	1.1	1.7	0.8
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	16.0	12.5	—	—	13.2	11.7
Grade						
6	—	—	—	—	—	—
7	1.6	1.4	0.7	1.2	1.2	0.9
8	3.4	1.8	1.9	1.6	2.7	1.4
Total	2.9	1.2	1.5	1.3	2.2	1.1

[*]Ever sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high.
[†]Ever used a needle to inject any illegal drug into the body.
[‡]95% confidence interval.
[§]Non-Hispanic.
[‖]Not available.

Table 11b. Percentage of middle school students who used tobacco or drugs for the first time before age 11 years, by sex, race/ethnicity, and grade—Maine, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Smoked a whole cigarette before age 11 years						
Race/Ethnicity						
White†	5.6	2.4	5.5	1.6	5.5	1.6
Black†	—‡	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	12.2	7.0	—	—	10.5	5.0
Grade						
6	—	—	—	—	—	—
7	7.2	3.0	2.9	1.6	5.1	2.0
8	5.2	3.5	7.9	3.0	6.5	2.2
Total	6.2	2.7	5.6	1.6	5.9	1.8
Drank alcohol before age 11 years§						
Race/Ethnicity						
White	14.4	3.0	9.7	3.9	12.1	3.0
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	29.5	9.4	—	—	23.5	7.2
Grade						
6	—	—	—	—	—	—
7	16.9	4.0	7.7	4.2	12.5	3.4
8	12.4	4.4	11.9	4.8	12.1	3.8
Total	15.2	3.1	10.2	4.0	12.8	3.1
Tried marijuana before age 11 years						
Race/Ethnicity						
White	5.1	2.2	2.9	1.2	4.0	1.1
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	20.0	12.3	—	—	14.7	7.6
Grade						
6	—	—	—	—	—	—
7	7.0	3.4	3.0	2.2	5.1	2.1
8	4.2	2.8	3.4	1.5	3.8	1.5
Total	6.0	1.9	3.3	1.5	4.7	1.3

*95% confidence interval.
†Non-Hispanic.
‡Not available.
§Other than a few sips.

Table 12b. Percentage of middle school students who engaged in sexual behaviors, by sex, race/ethnicity, and grade—Maine, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Ever had sexual intercourse						
Race/Ethnicity						
White†	18.5	3.9	12.3	4.6	15.4	3.5
Black†	—‡	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	36.0	18.4	—	—	29.8	12.7
Grade						
6	—	—	—	—	—	—
7	18.1	4.1	8.5	2.9	13.4	3.2
8	19.9	5.1	16.6	7.3	18.2	5.1
Total	19.5	3.7	12.9	4.7	16.2	3.8
Had first sexual intercourse before age 11 years						
Race/Ethnicity						
White	5.1	1.6	2.1	1.0	3.6	0.9
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	23.8	19.7	—	—	17.4	13.8
Grade						
6	—	—	—	—	—	—
7	7.0	2.6	1.3	0.7	4.2	1.5
8	4.0	2.0	3.4	1.7	3.7	1.2
Total	6.0	1.8	2.7	1.3	4.3	1.3
Had sexual intercourse with ≥ 3 persons during lifetime						
Race/Ethnicity						
White	6.6	2.1	3.7	2.2	5.2	1.7
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	24.4	17.9	—	—	18.3	12.7
Grade						
6	—	—	—	—	—	—
7	7.2	2.3	1.6	1.4	4.5	1.6
8	6.7	3.4	6.1	3.2	6.4	2.5
Total	7.5	2.3	4.3	2.4	5.9	2.0

*95% confidence interval.
†Non-Hispanic.
‡Not available.

Table 13b. Percentage of middle school students who used a condom during last sexual intercourse* and were ever taught about acquired immunodeficiency syndrome (AIDS) or human immunodeficiency virus (HIV) infection in school, by sex, race/ethnicity, and grade—Maine, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI† (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Condom use during last sexual intercourse						
Race/Ethnicity						
White‡	—§	—	—	—	69.8	8.0
Black‡	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	—	—	—	—	69.2	8.5
Total	70.1	9.3	—	—	66.8	7.1
Taught about AIDS or HIV infection in school						
Race/Ethnicity						
White	74.5	6.7	72.4	6.6	73.5	6.0
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	66.6	14.5	—	—	71.6	11.4
Grade						
6	—	—	—	—	—	—
7	71.3	9.8	63.4	7.9	67.5	8.2
8	77.4	7.0	81.4	7.6	79.4	6.4
Total	74.0	6.7	72.8	6.5	73.4	5.9

*Among the 16.2% of students who ever had sexual intercourse.
†95% confidence interval.
‡Non-Hispanic.
§Not available.

Table 14b. Percentage of middle school students who were at risk for becoming* or were overweight,† by sex, race/ethnicity, and grade—Maine, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI‡ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
At risk for becoming overweight						
Race/Ethnicity						
White§	17.4	2.9	11.6	3.7	14.8	2.5
Black§	—‖	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	11.4	5.0
Grade						
6	—	—	—	—	—	—
7	17.3	4.5	15.7	5.0	16.7	3.1
8	17.1	3.2	8.6	4.4	13.1	3.1
Total	17.2	2.7	11.5	3.5	14.6	2.3
Overweight						
Race/Ethnicity						
White	15.8	3.8	7.4	2.5	12.0	2.9
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	23.5	11.0
Grade						
6	—	—	—	—	—	—
7	12.8	4.0	8.3	3.6	10.9	2.8
8	18.6	6.6	7.1	2.5	13.1	4.4
Total	15.9	3.5	7.7	2.4	12.2	2.8

*Students who were ≥ 85th percentile but < 95th percentile for body mass index, by age and sex, based on reference data.
†Students who were ≥ 95th percentile for body mass index, by age and sex, based on reference data.
‡95% confidence interval.
§Non-Hispanic.
‖Not available.

Table 15b. Percentage of middle school students who described themselves as slightly or very overweight and who were trying to lose weight, by sex, race/ethnicity, and grade—Maine, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Described themselves as overweight						
Race/Ethnicity						
White†	27.2	5.0	29.0	4.8	28.0	4.1
Black†	—‡	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	33.6	9.4	—	—	33.4	9.9
Grade						
6	—	—	—	—	—	—
7	24.3	6.1	28.8	4.4	26.4	3.2
8	29.5	6.5	28.4	6.2	28.9	5.5
Total	27.5	4.9	28.9	4.7	28.1	4.0
Were trying to lose weight						
Race/Ethnicity						
White	37.0	5.4	53.4	4.9	45.1	4.6
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	29.6	8.5	—	—	40.6	8.0
Grade						
6	—	—	—	—	—	—
7	36.7	7.9	50.6	5.7	43.4	5.2
8	37.0	6.6	55.7	3.9	46.3	4.8
Total	36.8	5.1	53.0	4.6	44.7	4.3

*95% confidence interval.
†Non-Hispanic.
‡Not available.

Table 16b. Percentage of middle school students who ever engaged in healthy behaviors to lose weight or to keep from gaining weight, by sex, race/ethnicity, and grade—Maine, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight						
Race/Ethnicity						
White†	33.8	4.5	52.9	4.9	43.2	3.6
Black†	—‡	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	27.1	7.4	—	—	39.5	8.3
Grade						
6	—	—	—	—	—	—
7	31.7	7.7	47.1	5.9	39.1	4.5
8	35.5	5.4	57.9	4.9	46.6	4.3
Total	33.3	4.1	52.5	4.6	42.7	3.5
Exercised to lose weight or to keep from gaining weight						
Race/Ethnicity						
White	61.9	5.1	75.9	3.0	68.8	3.2
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	48.0	8.7	—	—	57.5	7.4
Grade						
6	—	—	—	—	—	—
7	60.8	5.2	71.3	6.1	65.9	3.9
8	62.4	7.0	80.3	4.5	71.3	4.0
Total	61.3	4.9	75.7	3.0	68.4	3.2

*95% confidence interval.
†Non-Hispanic.
‡Not available.

Table 17b. Percentage of middle school students who ever engaged in unhealthy behaviors to lose weight or to keep from gaining weight, by sex, race/ethnicity, and grade—Maine, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Went without eating for ≥ 24 hours to lose weight or to keep from gaining weight						
Race/Ethnicity						
White†	10.0	3.1	23.8	4.3	16.7	1.9
Black†	—‡	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	21.2	11.5	—	—	24.7	6.3
Grade						
6	—	—	—	—	—	—
7	9.7	4.7	18.3	5.9	13.9	3.2
8	11.7	4.3	29.1	5.0	20.2	2.7
Total	10.8	3.0	23.6	4.0	17.1	1.8
Took diet pills, powders, or liquids to lose weight or to keep from gaining weight§						
Race/Ethnicity						
White	5.3	2.0	6.0	2.4	5.6	1.5
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	12.4	5.9	—	—	10.8	4.1
Grade						
6	—	—	—	—	—	—
7	4.5	2.2	4.1	1.9	4.3	1.4
8	7.0	3.1	7.9	3.6	7.4	2.0
Total	5.9	2.1	6.0	2.3	5.9	1.6
Vomited or took laxatives to lose weight or to keep from gaining weight						
Race/Ethnicity						
White	2.8	1.5	8.4	2.6	5.5	1.2
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	22.5	15.9	—	—	19.0	11.4
Grade						
6	—	—	—	—	—	—
7	3.2	2.1	4.9	2.2	4.0	1.4
8	3.6	2.5	12.0	3.6	7.7	1.4
Total	3.9	1.6	8.6	2.5	6.2	1.4

*95% confidence interval.
†Non-Hispanic.
‡Not available.
§Without a doctor's advice.

Table 18b. Percentage of middle school students who participated in sufficient vigorous physical activity,* played on ≥ 1 sports teams,† and who watched ≥ 3 hours per day of television,‡ by sex, race/ethnicity, and grade—Maine, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI§ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Participated in sufficient vigorous physical activity						
Race/Ethnicity						
White‖	76.1	5.5	74.4	3.8	75.3	3.8
Black‖	—¶	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	58.9	7.3	—	—	63.8	8.1
Grade						
6	—	—	—	—	—	—
7	74.7	5.8	73.6	5.3	74.1	4.5
8	76.0	7.8	75.8	4.9	76.0	4.4
Total	75.0	5.2	74.4	3.6	74.7	3.7
Played on any sports teams						
Race/Ethnicity						
White	70.4	5.3	69.8	5.6	70.1	4.7
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	63.2	9.0	—	—	62.0	6.8
Grade						
6	—	—	—	—	—	—
7	73.0	4.3	68.5	6.9	70.8	4.1
8	66.7	8.9	70.9	7.5	68.9	7.3
Total	69.7	5.3	69.5	5.3	69.7	4.6
Watched ≥ 3 hours per day of TV						
Race/Ethnicity						
White	32.4	5.0	29.0	4.2	30.7	3.7
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	39.5	17.2	—	—	34.5	11.8
Grade						
6	—	—	—	—	—	—
7	32.8	6.2	27.2	6.5	30.1	5.4
8	32.2	5.8	29.9	4.7	31.0	4.4
Total	33.0	4.7	29.1	4.4	31.0	3.8

*Exercised or participated in physical activities that made students sweat and breathe hard for ≥ 20 minutes on ≥ 3 of the 7 days preceding the survey (e.g., basketball, soccer, running, swimming laps, fast bicycling, fast dancing, or similar aerobic activities).
†Run by their school or community groups.
‡On an average school day.
§95% confidence interval.
‖Non-Hispanic.
¶Not available.

Table 19b. Percentage of middle school students who attended physical education (PE) classes[*] and attended PE classes daily,[†] by sex, race/ethnicity, and grade—Maine, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI[‡] (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Attended PE classes						
Race/Ethnicity						
White[§]	83.7	5.8	81.5	6.8	82.5	6.1
Black[§]	—[‖]	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	73.3	7.2	—	—	78.3	5.9
Grade						
6	—	—	—	—	—	—
7	82.8	6.3	80.9	9.0	81.9	7.6
8	83.7	6.6	82.6	5.9	83.0	5.6
Total	83.2	5.6	81.9	6.9	82.5	6.0
Attended PE class daily						
Race/Ethnicity						
White	7.4	3.5	8.4	5.4	7.9	4.1
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	9.9	7.7	—	—	8.6	6.4
Grade						
6	—	—	—	—	—	—
7	10.5	5.9	7.4	5.7	9.0	5.3
8	4.7	2.0	9.2	6.1	6.9	3.6
Total	7.5	3.5	8.4	5.6	7.9	4.2

[*]On ≥ 1 days in an average week when they were in school.
[†]5 days in an average week when they were in school.
[‡]95% confidence interval.
[§]Non-Hispanic.
[‖]Not available.

Table 20b. Percentage of middle school students who described their health, in general, as fair or poor, by sex, race/ethnicity, and grade—Maine, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Described health as fair or poor						
Race/Ethnicity						
White†						
Black†						
Hispanic						
Other						
Grade						
6						
7						
8						
Total						

Question Not Asked

*95% confidence interval.
†Non-Hispanic.

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Table 2c. Percentage of middle school students who rarely or never wore a seat belt[*] and who ever rode in a car driven by someone who had been drinking alcohol, by sex, race/ethnicity, and grade—North Dakota, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI[†] (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Rarely or never wore a seat belt						
Race/Ethnicity						
White[‡]	9.9	2.8	8.1	2.8	9.0	1.9
Black[‡]	—[§]	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	23.7	5.4
Grade						
6	—	—	—	—	—	—
7	12.9	4.5	8.2	4.1	10.6	3.2
8	10.6	4.6	12.2	4.1	11.4	2.4
Total	11.8	2.8	10.2	2.9	11.0	1.8
Rode with a driver who had been drinking alcohol						
Race/Ethnicity						
White						
Black						
Hispanic						
Other			**Question Not Asked**			
Grade						
6						
7						
8						
Total						

[*]When riding in a car.
[†]95% confidence interval.
[‡]Non-Hispanic.
[§]Not available.

Table 3c. Percentage of middle school students who rarely or never wore a bicycle helmet[*] and a rollerblade or skateboard helmet,[†] by sex, race/ethnicity, and grade—North Dakota, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI[‡] (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Rarely or never wore a bicycle helmet						
Race/Ethnicity						
White[§]	84.1	3.9	82.5	5.2	83.3	3.9
Black[§]	—[‖]	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	88.8	5.3
Grade						
6	—	—	—	—	—	—
7	81.0	6.0	76.2	6.6	78.7	5.5
8	88.3	3.5	90.9	4.1	89.6	2.8
Total	84.6	3.5	83.5	4.8	84.1	3.5
Rarely or never wore a rollerblade or skateboard helmet						
Race/Ethnicity						
White						
Black						
Hispanic						
Other			**Question Not Asked**			
Grade						
6						
7						
8						
Total						

[*]Among the 92.5% of students who rode bicycles.
[†]Among the % of students who rollerbladed or rode a skateboard.
[‡]95% confidence interval.
[§]Non-Hispanic.
[‖]Not available.

Table 4c. Percentage of middle school students who ever carried a weapon,* who ever were in a physical fight, and who ever were hurt in a physical fight,† by sex, race/ethnicity, and grade—North Dakota, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI‡ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Carried a weapon						
Race/Ethnicity						
White§						
Black§						
Hispanic						
Other			**Question Not Asked**			
Grade						
6						
7						
8						
Total						
In a physical fight						
Race/Ethnicity						
White						
Black						
Hispanic						
Other			**Question Not Asked**			
Grade						
6						
7						
8						
Total						
Hurt in a physical fight						
Race/Ethnicity						
White						
Black						
Hispanic						
Other			**Question Not Asked**			
Grade						
6						
7						
8						
Total						

*For example, a gun, knife, or club.
†Injuries had to be treated by a doctor or nurse.
‡95% confidence interval.
§Non-Hispanic.

Table 5c. Percentage of middle school students who ever seriously thought about killing themselves, who ever made a plan about how they would kill themselves, and who ever tried to kill themselves, by sex, race/ethnicity, and grade—North Dakota, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Seriously thought about killing themselves						
Race/Ethnicity						
White†						
Black†						
Hispanic						
Other						
Grade			**Question Not Asked**			
6						
7						
8						
Total						
Made a plan about how they would kill themselves						
Race/Ethnicity						
White						
Black						
Hispanic						
Other						
Grade			**Question Not Asked**			
6						
7						
8						
Total						
Tried to kill themselves						
Race/Ethnicity						
White						
Black						
Hispanic						
Other						
Grade			**Question Not Asked**			
6						
7						
8						
Total						

*95% confidence interval.
†Non-Hispanic.

Table 6c. Percentage of middle school students who ever smoked cigarettes, by sex, race/ethnicity, and grade—North Dakota, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Lifetime cigarette use†						
Race/Ethnicity						
White‡	26.3	4.3	27.6	6.2	26.9	4.2
Black‡	—§	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	60.4	9.4
Grade						
6	—	—	—	—	—	—
7	26.0	6.9	25.4	7.7	25.8	6.5
8	34.6	6.7	39.7	7.9	37.1	5.5
Total	30.3	5.0	32.9	6.0	31.6	4.7
Lifetime daily cigarette use‖						
Race/Ethnicity						
White	3.8	1.7	2.8	1.6	3.3	1.3
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	18.3	5.6
Grade						
6	—	—	—	—	—	—
7	3.9	2.3	2.2	2.0	3.3	1.9
8	5.4	3.0	8.8	3.2	7.1	2.4
Total	4.7	1.8	5.8	2.1	5.3	1.6

*95% confidence interval.
†Ever tried cigarette smoking, even one or two puffs.
‡Non-Hispanic.
§Not available.
‖Ever smoked ≥ 1 cigarettes every day for 30 days.

Table 7c. Percentage of middle school students who currently smoked cigarettes, by sex, race/ethnicity, and grade—North Dakota, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI*(±)**	**%**	**CI (±)**	**%**	**CI (±)**
Current cigarette use†						
Race/Ethnicity						
White‡	6.3	3.1	7.9	2.8	7.0	2.1
Black‡	—§	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	22.0	7.0
Grade						
6	—	—	—	—	—	—
7	5.8	3.5	6.3	3.2	6.1	2.8
8	8.9	4.5	14.6	3.8	11.7	2.5
Total	7.3	2.9	10.5	2.9	8.9	2.0
Current frequent cigarette use‖						
Race/Ethnicity						
White	1.4	1.3	1.4	1.3	1.4	0.9
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	6.0	3.8
Grade						
6	—	—	—	—	—	—
7	1.2	1.6	0.7	1.0	1.0	0.7
8	1.3	1.6	4.5	2.4	2.9	1.4
Total	1.3	1.1	2.6	1.5	1.9	0.9

*95% confidence interval.
†Smoked cigarettes on ≥ 1 of the 30 days preceding the survey.
‡Non-Hispanic.
§Not available.
‖Smoked cigarettes on ≥ 20 of the 30 days preceding the survey.

Table 8c. Percentage of middle school students who used smokeless tobacco,* smoked cigars,† and used any tobacco product‡ by sex, race/ethnicity, and grade—North Dakota, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI§ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Current smokeless tobacco use						
Race/Ethnicity						
White‖	5.1	2.5	2.6	1.3	3.9	1.5
Black‖	—¶	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	13.6	6.4
Grade						
6	—	—	—	—	—	—
7	4.9	3.3	2.6	2.4	3.9	2.5
8	8.4	4.1	4.6	2.0	6.5	2.4
Total	6.6	2.7	3.6	1.6	5.2	1.8
Current cigar use						
Race/Ethnicity						
White	3.7	1.8	2.5	1.7	3.1	1.2
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	8.0	3.8
Grade						
6	—	—	—	—	—	—
7	3.2	2.0	1.0	1.0	2.3	1.3
8	5.8	2.3	4.8	2.7	5.3	1.5
Total	4.5	1.6	2.9	1.6	3.8	1.2
Current tobacco use						
Race/Ethnicity						
White	9.1	4.0	9.0	3.1	9.1	2.6
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	26.6	5.6
Grade						
6	—	—	—	—	—	—
7	7.3	3.8	7.4	3.8	7.4	3.2
8	14.8	6.6	15.5	4.1	15.2	3.5
Total	11.0	3.8	11.6	3.2	11.3	2.5

*Used chewing tobacco, snuff, or dip on ≥ 1 of the 30 days preceding the survey.
†Smoked cigars, cigarillos, or little cigars on ≥ 1 of the 30 days preceding the survey.
‡Smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on ≥ 1 of the 30 days preceding the survey.
§95% confidence interval.
‖Non-Hispanic.
¶Not available.

Table 9c. Percentage of middle school students who ever drank alcohol,* who ever used marijuana, and who ever used cocaine,† by sex, race/ethnicity, and grade—North Dakota, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI‡ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Lifetime alcohol use						
Race/Ethnicity						
White§						
Black§						
Hispanic						
Other						
Grade			**Question Not Asked**			
6						
7						
8						
Total						
Lifetime marijuana use						
Race/Ethnicity						
White						
Black						
Hispanic						
Other						
Grade			**Question Not Asked**			
6						
7						
8						
Total						
Lifetime cocaine use						
Race/Ethnicity						
White						
Black						
Hispanic						
Other						
Grade			**Question Not Asked**			
6						
7						
8						
Total						

*Ever had ≥ 1 drinks of alcohol, other than a few sips.
†Ever used any form of cocaine (e.g., powder, "crack," or "freebase").
‡95% confidence interval.
§Non-Hispanic.

Table 10c. Percentage of middle school students who used inhalants,* who used steroids, and who injected illegal drugs,† by sex, race/ethnicity, and grade—North Dakota, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI‡ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Lifetime inhalant use						
Race/Ethnicity						
White§						
Black§						
Hispanic						
Other			**Question Not Asked**			
Grade						
6						
7						
8						
Total						
Lifetime steroid use						
Race/Ethnicity						
White						
Black						
Hispanic						
Other			**Question Not Asked**			
Grade						
6						
7						
8						
Total						
Lifetime illegal injection drug use						
Race/Ethnicity						
White						
Black						
Hispanic						
Other			**Question Not Asked**			
Grade						
6						
7						
8						
Total						

*Ever sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high.
†Ever used a needle to inject any illegal drug into the body.
‡95% confidence interval.
§Non-Hispanic.

Table 11c. Percentage of middle school students who used tobacco or drugs for the first time before age 11 years, by sex, race/ethnicity, and grade—North Dakota, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Smoked a whole cigarette before age 11 years						
Race/Ethnicity						
White†	5.9	2.7	3.6	1.9	4.8	1.9
Black†	—‡	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	23.1	6.3
Grade						
6	—	—	—	—	—	—
7	6.0	3.3	6.5	4.1	6.2	3.0
8	9.2	3.9	7.2	3.4	8.2	2.8
Total	7.7	2.8	6.8	2.7	7.3	2.3
Drank alcohol before age 11 years§						
Race/Ethnicity						
White	15.4	3.6	10.5	2.7	13.1	2.7
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	17.1	5.5
Grade						
6	—	—	—	—	—	—
7	14.0	3.7	12.2	3.6	13.1	3.0
8	17.0	4.6	11.0	3.8	14.1	3.4
Total	15.5	3.4	11.5	2.6	13.6	2.5
Tried marijuana before age 11 years						
Race/Ethnicity						
White	2.4	1.3	1.1	0.8	1.8	0.8
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	8.4	4.8
Grade						
6	—	—	—	—	—	—
7	3.7	2.5	1.8	1.6	2.9	1.9
8	3.1	1.7	2.1	1.8	2.6	1.3
Total	3.4	1.6	1.9	1.2	2.8	1.2

*95% confidence interval.
†Non-Hispanic.
‡Not available.
§Other than a few sips.

Table 12c. Percentage of middle school students who engaged in sexual behaviors, by sex, race/ethnicity, and grade—North Dakota, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Ever had sexual intercourse						
Race/Ethnicity						
White†						
Black†						
Hispanic						
Other						
Grade			**Question Not Asked**			
6						
7						
8						
Total						
Had first sexual intercourse before age 11 years						
Race/Ethnicity						
White						
Black						
Hispanic						
Other						
Grade			**Question Not Asked**			
6						
7						
8						
Total						
Had sexual intercourse with ≥ 3 persons during lifetime						
Race/Ethnicity						
White						
Black						
Hispanic						
Other						
Grade			**Question Not Asked**			
6						
7						
8						
Total						

*95% confidence interval.
†Non-Hispanic.

Table 13c. Percentage of middle school students who used a condom during last sexual intercourse* and were ever taught about acquired immunodeficiency syndrome (AIDS) or human immunodeficiency virus (HIV) infection in school, by sex, race/ethnicity, and grade—North Dakota, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI†(±)**	**%**	**CI (±)**	**%**	**CI (±)**
Condom use during last sexual intercourse						
Race/Ethnicity						
White‡						
Black‡						
Hispanic						
Other			**Question Not Asked**			
Grade						
6						
7						
8						
Total						
Taught about AIDS or HIV infection in school						
Race/Ethnicity						
White	79.2	6.8	80.9	4.8	80.0	4.9
Black	—§	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	83.9	7.0
Grade						
6	—	—	—	—	—	—
7	75.0	10.9	81.3	7.5	78.1	8.0
8	84.8	4.8	80.8	6.7	82.8	4.8
Total	80.0	5.9	81.1	4.7	80.6	4.5

*Among the % of students who ever had sexual intercourse.
†95% confidence interval.
‡Non-Hispanic.
§Not available.

Table 14c. Percentage of middle school students who were at risk for becoming* or were overweight,† by sex, race/ethnicity, and grade—North Dakota, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI‡ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
At risk for becoming overweight						
Race/Ethnicity						
White§	17.9	3.6	10.9	3.2	14.6	2.4
Black§	—‖	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	22.5	10.2
Grade						
6	—	—	—	—	—	—
7	19.5	6.0	12.0	4.7	16.1	4.4
8	18.0	4.4	12.2	3.3	15.1	2.5
Total	18.8	3.6	12.1	2.9	15.6	2.4
Overweight						
Race/Ethnicity						
White	14.0	2.9	9.8	2.7	12.0	1.8
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	19.3	5.3
Grade						
6	—	—	—	—	—	—
7	14.9	3.8	13.0	4.3	14.0	2.3
8	15.0	3.4	8.6	2.8	11.8	2.3
Total	14.9	2.6	10.6	2.4	12.8	1.6

*Students who were ≥ 85th percentile but < 95th percentile for body mass index, by age and sex, based on reference data.
†Students who were ≥ 95th percentile for body mass index, by age and sex, based on reference data.
‡95% confidence interval.
§Non-Hispanic.
‖Not available.

Table 15c. Percentage of middle school students who described themselves as slightly or very overweight and who were trying to lose weight, by sex, race/ethnicity, and grade—North Dakota, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Described themselves as overweight						
Race/Ethnicity						
White†	26.3	4.6	31.6	4.1	28.9	3.2
Black†	—‡	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	37.0	6.9
Grade						
6	—	—	—	—	—	—
7	26.8	6.6	33.0	6.7	29.7	4.9
8	27.5	5.7	32.0	4.7	29.7	3.6
Total	27.2	4.4	32.5	3.8	29.8	2.9
Were trying to lose weight						
Race/Ethnicity						
White	35.8	4.5	54.6	5.4	44.8	3.8
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	55.8	10.4
Grade						
6	—	—	—	—	—	—
7	36.1	7.3	50.0	6.6	42.7	5.1
8	38.8	5.3	60.9	5.7	49.6	4.3
Total	37.5	4.8	55.6	5.0	46.2	3.8

*95% confidence interval.
†Non-Hispanic.
‡Not available.

Table 16c. Percentage of middle school students who ever engaged in healthy behaviors to lose weight or to keep from gaining weight, by sex, race/ethnicity, and grade—North Dakota, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight						
Race/Ethnicity						
White†						
Black†						
Hispanic						
Other			**Question Not Asked**			
Grade						
6						
7						
8						
Total						
Exercised to lose weight or to keep from gaining weight						
Race/Ethnicity						
White						
Black						
Hispanic						
Other			**Question Not Asked**			
Grade						
6						
7						
8						
Total						

*95% confidence interval.
†Non-Hispanic.

Table 17c. Percentage of middle school students who ever engaged in unhealthy behaviors to lose weight or to keep from gaining weight, by sex, race/ethnicity, and grade—North Dakota, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Went without eating for ≥ 24 hours to lose weight or to keep from gaining weight						
Race/Ethnicity						
White†						
Black†						
Hispanic						
Other						
Grade			**Question Not Asked**			
6						
7						
8						
Total						
Took diet pills, powders, or liquids to lose weight or to keep from gaining weight‡						
Race/Ethnicity						
White						
Black						
Hispanic						
Other						
Grade			**Question Not Asked**			
6						
7						
8						
Total						
Vomited or took laxatives to lose weight or to keep from gaining weight						
Race/Ethnicity						
White						
Black						
Hispanic						
Other						
Grade			**Question Not Asked**			
6						
7						
8						
Total						

*95% confidence interval.
†Non-Hispanic.
‡Without a doctor's advice.

Table 18c. Percentage of middle school students who participated in sufficient vigorous physical activity,* played on ≥ 1 sports teams,† and who watched ≥ 3 hours per day of television,‡ by sex, race/ethnicity, and grade—North Dakota, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI§ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Participated in sufficient vigorous physical activity						
Race/Ethnicity						
White‖	73.6	4.3	74.4	4.9	74.0	3.5
Black‖	—¶	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	70.1	7.6
Grade						
6	—	—	—	—	—	—
7	73.5	6.5	71.5	5.2	72.6	4.6
8	72.8	6.1	74.7	6.8	73.7	5.1
Total	73.2	4.0	73.2	4.3	73.2	3.1
Played on any sports teams						
Race/Ethnicity						
White						
Black						
Hispanic						
Other			**Question Not Asked**			
Grade						
6						
7						
8						
Total						
Watched ≥ 3 hours per day of TV						
Race/Ethnicity						
White	33.9	4.5	27.2	4.2	30.6	3.0
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	33.8	7.7
Grade						
6	—	—	—	—	—	—
7	38.7	7.5	29.7	5.4	34.4	4.6
8	30.0	5.7	26.2	4.9	28.2	3.9
Total	34.2	4.2	28.0	4.3	31.2	3.0

*Exercised or participated in physical activities that made students sweat and breathe hard for ≥ 20 minutes on ≥ 3 of the 7 days preceding the survey (e.g., basketball, soccer, running, swimming laps, fast bicycling, fast dancing, or similar aerobic activities).
†Run by their school or community groups.
‡On an average school day.
§95% confidence interval.
‖Non-Hispanic.
¶Not available.

Table 19c. Percentage of middle school students who attended physical education (PE) classes* and attended PE classes daily,† by sex, race/ethnicity, and grade—North Dakota, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI‡ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Attended PE classes						
Race/Ethnicity						
White§	81.5	7.8	82.0	5.9	81.8	6.4
Black§	—‖	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	74.5	9.7
Grade						
6	—	—	—	—	—	—
7	79.6	10.8	82.1	7.2	80.8	8.0
8	81.2	9.9	79.7	8.7	80.5	8.9
Total	80.4	7.2	81.0	5.5	80.6	5.9
Attended PE class daily						
Race/Ethnicity						
White	27.9	6.9	33.9	8.6	30.8	6.7
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	37.5	11.9
Grade						
6	—	—	—	—	—	—
7	19.5	8.3	30.6	12.8	24.8	9.3
8	38.1	10.3	37.2	11.1	37.7	9.7
Total	29.0	6.5	34.1	8.0	31.4	6.3

*On ≥ 1 days in an average week when they were in school.
†5 days in an average week when they were in school.
‡95% confidence interval.
§Non-Hispanic.
‖Not available.

Table 20c. Percentage of middle school students who described their health, in general, as fair or poor, by sex, race/ethnicity, and grade—North Dakota, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Described health as fair or poor						
Race/Ethnicity						
White†						
Black†						
Hispanic						
Other						
Grade						
6						
7						
8						
Total						

Question Not Asked

*95% confidence interval.
†Non-Hispanic.

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Table 2d. Percentage of middle school students who rarely or never wore a seat belt[*] and who ever rode in a car driven by someone who had been drinking alcohol, by sex, race/ethnicity, and grade—South Carolina, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI[†] (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Rarely or never wore a seat belt						
Race/Ethnicity						
White[‡]	9.8	3.6	12.2	2.9	10.9	2.5
Black[‡]	18.3	7.5	12.9	4.1	15.6	4.3
Hispanic	—[§]	—	—	—	—	—
Other	—	—	—	—	13.5	6.3
Grade						
6	12.3	3.1	10.9	4.7	11.6	2.9
7	10.8	7.1	9.4	4.2	10.1	4.4
8	17.0	5.7	16.4	4.7	16.7	4.1
Total	13.4	3.6	12.4	2.5	12.9	2.4
Rode with a driver who had been drinking alcohol						
Race/Ethnicity						
White	29.4	5.6	32.6	6.2	30.9	5.0
Black	39.3	9.5	33.2	4.6	36.2	6.0
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	30.8	10.6
Grade						
6	27.7	6.3	25.9	4.6	26.8	4.1
7	27.5	8.4	32.2	5.4	29.7	5.4
8	43.7	6.3	39.4	6.3	41.6	4.9
Total	33.1	4.9	32.6	3.8	33.0	3.8

[*]When riding in a car.
[†]95% confidence interval.
[‡]Non-Hispanic.
[§]Not available.

Table 3d. Percentage of middle school students who rarely or never wore a bicycle helmet* and a rollerblade or skateboard helmet,† by sex, race/ethnicity, and grade—South Carolina, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI‡ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Rarely or never wore a bicycle helmet						
Race/Ethnicity						
White§	80.6	4.4	78.7	8.2	79.8	4.9
Black§	93.2	3.8	90.4	4.0	91.9	3.2
Hispanic	‖	—	—	—	—	—
Other	—	—	—	—	85.7	9.1
Grade						
6	82.4	4.5	75.9	11.2	79.2	6.7
7	84.9	6.0	87.4	5.3	86.1	5.1
8	91.0	4.2	86.7	5.4	89.1	4.4
Total	86.0	2.6	83.2	4.7	84.7	2.8
Rarely or never wore a rollerblade or skateboard helmet						
Race/Ethnicity						
White	74.4	5.7	80.0	8.0	76.9	5.5
Black	—	—	—	—	87.4	4.8
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	73.9	10.3	—	—	73.4	8.2
7	—	—	82.6	8.2	82.3	6.4
8	82.3	7.6	87.3	4.2	84.9	5.1
Total	79.4	5.1	80.8	5.0	80.1	3.9

*Among the 83.8% of students who rode bicycles.
†Among the 51.1% of students who rollerbladed or rode a skateboard.
‡95% confidence interval.
§Non-Hispanic.
‖Not available.

Table 4d. Percentage of middle school students who ever carried a weapon,* who ever were in a physical fight, and who ever were hurt in a physical fight,† by sex, race/ethnicity, and grade—South Carolina, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI‡ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Carried a weapon						
Race/Ethnicity						
White§	69.1	7.8	21.1	5.2	46.5	6.0
Black§	43.7	9.7	12.9	4.1	28.1	6.7
Hispanic	——‖	—	—	—	—	—
Other	—	—	—	—	38.2	11.7
Grade						
6	51.7	8.3	13.8	5.7	33.2	8.5
7	61.1	15.1	14.6	4.2	38.4	9.5
8	61.6	6.8	24.3	5.7	43.2	6.2
Total	58.4	7.1	17.8	3.5	38.6	5.5
In a physical fight						
Race/Ethnicity						
White	72.0	5.7	37.2	7.5	55.6	5.9
Black	83.9	7.2	55.4	5.8	69.5	3.9
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	68.5	8.5
Grade						
6	75.5	8.6	36.3	9.5	56.5	9.2
7	76.4	6.8	39.2	10.1	58.2	7.3
8	78.3	7.9	59.3	8.4	69.0	6.9
Total	76.7	4.3	45.5	5.2	61.5	3.9
Hurt in a physical fight						
Race/Ethnicity						
White	10.8	3.5	3.4	1.1	7.3	2.0
Black	13.1	6.0	3.5	2.8	8.3	3.1
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	12.1	5.8
Grade						
6	11.5	3.6	4.3	3.7	8.0	3.1
7	13.8	7.9	2.2	1.4	8.1	4.7
8	10.1	3.8	4.7	2.2	7.4	2.3
Total	11.8	3.1	3.6	1.5	7.9	1.8

*For example, a gun, knife, or club.
†Injuries had to be treated by a doctor or nurse.
‡95% confidence interval.
§Non-Hispanic.
‖Not available.

Table 5d. Percentage of middle school students who ever seriously thought about killing themselves, who ever made a plan about how they would kill themselves, and who ever tried to kill themselves, by sex, race/ethnicity, and grade—South Carolina, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Seriously thought about killing themselves						
Race/Ethnicity						
White†	20.0	5.0	25.7	6.0	22.7	4.3
Black†	18.3	6.1	22.6	6.5	20.5	3.6
Hispanic	—‡	—	—	—	—	—
Other	—	—	—	—	30.7	12.1
Grade						
6	21.2	5.9	24.3	10.1	22.7	5.5
7	19.6	6.4	24.4	6.1	21.9	4.8
8	17.9	4.4	26.8	6.3	22.3	3.1
Total	19.8	3.6	25.2	5.1	22.5	3.1
Made a plan about how they would kill themselves						
Race/Ethnicity						
White	12.7	3.0	13.8	3.1	13.2	2.3
Black	12.4	5.6	14.3	4.9	13.3	2.9
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	25.6	12.4
Grade						
6	13.4	4.6	17.2	6.5	15.3	3.4
7	13.2	5.1	11.5	3.4	12.3	2.7
8	11.2	3.8	16.0	4.4	13.5	2.7
Total	13.1	2.5	14.9	2.9	14.0	1.8
Tried to kill themselves						
Race/Ethnicity						
White	6.4	2.0	9.9	3.3	8.1	2.0
Black	5.4	2.9	9.4	4.5	7.4	2.3
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	17.3	7.8
Grade						
6	6.4	2.5	9.2	6.3	7.8	3.4
7	7.8	3.8	11.7	3.5	9.8	2.8
8	4.4	3.2	9.5	4.0	6.9	1.8
Total	6.3	1.1	10.4	2.5	8.4	1.5

*95% confidence interval.
†Non-Hispanic.
‡Not available.

Table 6d. Percentage of middle school students who ever smoked cigarettes, by sex, race/ethnicity, and grade—South Carolina, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Lifetime cigarette use†						
Race/Ethnicity						
White‡						
Black‡						
Hispanic						
Other						
Grade						
6						
7						
8						
Total						
Lifetime daily cigarette use§						
Race/Ethnicity						
White						
Black						
Hispanic						
Other						
Grade						
6						
7						
8						
Total						

Question Not Asked

*95% confidence interval.
†Ever tried cigarette smoking, even one or two puffs.
‡Non-Hispanic.
§Ever smoked ≥ 1 cigarettes every day for 30 days.

Table 7d. Percentage of middle school students who currently smoked cigarettes, by sex, race/ethnicity, and grade—South Carolina, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Current cigarette use†						
Race/Ethnicity						
White‡						
Black‡						
Hispanic						
Other			**Question Not Asked**			
Grade						
6						
7						
8						
Total						
Current frequent cigarette use§						
Race/Ethnicity						
White						
Black						
Hispanic						
Other			**Question Not Asked**			
Grade						
6						
7						
8						
Total						

*95% confidence interval.
†Smoked cigarettes on ≥ 1 of the 30 days preceding the survey.
‡Non-Hispanic.
§Smoked cigarettes on ≥ 20 of the 30 days preceding the survey.

Table 8d. Percentage of middle school students who used smokeless tobacco,* smoked cigars,† and used any tobacco product‡ by sex, race/ethnicity, and grade—South Carolina, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI§ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Current smokeless tobacco use						
Race/Ethnicity						
White‖						
Black‖						
Hispanic						
Other			**Question Not Asked**			
Grade						
6						
7						
8						
Total						
Current cigar use						
Race/Ethnicity						
White						
Black						
Hispanic						
Other			**Question Not Asked**			
Grade						
6						
7						
8						
Total						
Current tobacco use						
Race/Ethnicity						
White						
Black						
Hispanic						
Other			**Question Not Asked**			
Grade						
6						
7						
8						
Total						

*Used chewing tobacco, snuff, or dip on ≥ 1 of the 30 days preceding the survey.
†Smoked cigars, cigarillos, or little cigars on ≥ 1 of the 30 days preceding the survey.
‡Smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on ≥ 1 of the 30 days preceding the survey.
§95% confidence interval.
‖Non-Hispanic.

Table 9d. Percentage of middle school students who ever drank alcohol,* who ever used marijuana, and who ever used cocaine,† by sex, race/ethnicity, and grade—South Carolina, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI‡ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Lifetime alcohol use						
Race/Ethnicity						
White§	40.1	8.4	32.9	7.0	36.8	6.4
Black§	45.6	8.6	38.3	9.5	42.0	6.8
Hispanic	—‖	—	—	—	—	—
Other	—	—	—	—	41.5	13.1
Grade						
6	30.7	8.4	21.4	8.3	26.2	7.3
7	42.4	10.2	31.6	8.1	37.1	7.3
8	52.2	6.0	51.6	6.7	51.9	5.1
Total	42.2	5.5	35.5	5.6	38.9	4.9
Lifetime marijuana use						
Race/Ethnicity						
White	10.8	2.7	9.0	3.9	9.9	2.2
Black	24.7	6.4	7.3	3.1	15.8	4.5
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	18.9	12.5
Grade						
6	7.4	3.6	3.5	2.7	5.5	2.8
7	14.5	7.1	4.9	3.1	9.8	3.3
8	26.1	4.8	16.4	5.0	21.3	3.3
Total	16.5	3.2	8.7	2.7	12.8	2.3
Lifetime cocaine use						
Race/Ethnicity						
White	4.0	1.6	3.2	1.6	3.6	1.1
Black	2.5	2.3	1.5	1.6	2.0	1.6
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	7.8	6.1
Grade						
6	2.4	2.8	1.1	1.5	1.8	1.3
7	3.5	2.5	2.2	1.9	2.9	1.9
8	3.5	1.8	3.9	2.8	3.7	1.9
Total	3.5	1.3	2.7	1.4	3.2	1.1

*Ever had ≥ 1 drinks of alcohol, other than a few sips.
†Ever used any form of cocaine (e.g., powder, "crack," or "freebase").
‡95% confidence interval.
§Non-Hispanic.
‖Not available.

Table 10d. Percentage of middle school students who used inhalants,* who used steroids, and who injected illegal drugs,† by sex, race/ethnicity, and grade—South Carolina, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI‡ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Lifetime inhalant use						
Race/Ethnicity						
White§	18.4	4.7	18.3	4.5	18.4	3.2
Black§	8.4	5.7	11.9	4.6	10.2	3.9
Hispanic	—‖	—	—	—	—	—
Other	—	—	—	—	21.0	8.9
Grade						
6	15.3	10.0	12.4	5.9	13.9	7.2
7	15.0	6.8	14.4	6.1	14.7	4.1
8	13.0	4.1	20.4	4.4	16.7	3.0
Total	14.6	4.1	15.9	3.5	15.3	2.5
Lifetime steroid use						
Race/Ethnicity						
White	5.3	2.4	4.2	1.4	4.8	1.5
Black	6.7	3.5	1.7	1.7	4.2	1.9
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	9.8	6.8
Grade						
6	5.9	3.3	2.8	2.2	4.4	2.1
7	7.1	3.0	2.3	1.7	4.8	1.6
8	5.0	2.8	4.4	2.1	4.7	1.5
Total	6.1	1.8	3.3	1.2	4.8	1.3
Lifetime illegal injection drug use						
Race/Ethnicity						
White	2.3	1.2	0.8	0.9	1.6	0.7
Black	1.6	1.0	0.4	0.8	1.0	0.6
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	6.5	7.3
Grade						
6	2.9	2.0	0.4	0.9	1.7	1.1
7	1.6	1.9	0.1	0.2	0.9	1.0
8	1.3	1.4	1.8	1.6	1.5	1.3
Total	2.2	1.0	1.0	1.0	1.7	0.8

*Ever sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high.
†Ever used a needle to inject any illegal drug into the body.
‡95% confidence interval.
§Non-Hispanic.
‖Not available.

Table 11d. Percentage of middle school students who used tobacco or drugs for the first time before age 11 years, by sex, race/ethnicity, and grade—South Carolina, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Smoked a whole cigarette before age 11 years						
Race/Ethnicity						
White†						
Black†						
Hispanic						
Other			**Question Not Asked**			
Grade						
6						
7						
8						
Total						
Drank alcohol before age 11 years‡						
Race/Ethnicity						
White	19.0	6.5	9.8	2.9	14.7	4.0
Black	22.7	4.9	13.5	5.8	18.1	4.3
Hispanic	—§	—	—	—	—	—
Other	—	—	—	—	11.0	5.6
Grade						
6	20.6	8.5	12.8	4.9	16.8	5.8
7	18.9	6.4	8.1	3.1	13.7	3.3
8	20.9	3.9	14.0	5.4	17.5	3.9
Total	20.1	4.0	11.5	2.6	15.9	2.7
Tried marijuana before age 11 years						
Race/Ethnicity						
White	2.0	1.6	0.7	0.5	1.4	1.0
Black	7.9	2.8	2.1	1.6	5.0	1.7
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	4.1	4.5
Grade						
6	3.8	3.6	1.2	1.8	2.5	1.9
7	3.7	3.6	1.0	1.3	2.4	2.0
8	5.9	2.7	2.1	1.5	4.1	1.6
Total	4.6	1.4	1.4	0.7	3.1	0.9

*95% confidence interval.
†Non-Hispanic.
‡Other than a few sips.
§Not available.

Table 12d. Percentage of middle school students who engaged in sexual behaviors, by sex, race/ethnicity, and grade—South Carolina, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Ever had sexual intercourse						
Race/Ethnicity						
White†						
Black†						
Hispanic						
Other						
Grade			**Question Not Asked**			
6						
7						
8						
Total						
Had first sexual intercourse before age 11 years						
Race/Ethnicity						
White						
Black						
Hispanic						
Other						
Grade			**Question Not Asked**			
6						
7						
8						
Total						
Had sexual intercourse with ≥ 3 persons during lifetime						
Race/Ethnicity						
White						
Black						
Hispanic						
Other						
Grade			**Question Not Asked**			
6						
7						
8						
Total						

*95% confidence interval.
†Non-Hispanic.

Table 13d. Percentage of middle school students who used a condom during last sexual intercourse* and were ever taught about acquired immunodeficiency syndrome (AIDS) or human immunodeficiency virus (HIV) infection in school, by sex, race/ethnicity, and grade—South Carolina, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI†(±)**	**%**	**CI (±)**	**%**	**CI (±)**
Condom use during last sexual intercourse						
Race/Ethnicity						
White‡						
Black‡						
Hispanic			**Question Not Asked**			
Other						
Grade						
6						
7						
8						
Total						
Taught about AIDS or HIV infection in school						
Race/Ethnicity						
White	79.9	5.9	76.0	11.4	78.1	8.3
Black	75.9	10.6	84.5	5.1	80.3	6.1
Hispanic	—§	—	—	—	—	—
Other	—	—	—	—	77.1	8.0
Grade						
6	72.7	13.3	70.6	16.8	71.7	13.1
7	73.8	11.7	79.2	11.6	76.3	10.5
8	88.0	5.1	87.7	5.9	87.9	4.9
Total	78.2	6.6	79.2	7.7	78.6	6.5

*Among the % of students who ever had sexual intercourse.
†95% confidence interval.
‡Non-Hispanic.
§Not available.

Table 14d. Percentage of middle school students who were at risk for becoming* or were overweight,† by sex, race/ethnicity, and grade—South Carolina, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI‡ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
At risk for becoming overweight						
Race/Ethnicity						
White§	15.4	3.8	15.4	4.2	15.4	2.9
Black§	19.2	4.9	15.5	4.7	17.3	4.2
Hispanic	—‖	—	—	—	—	—
Other	—	—	—	—	13.9	5.9
Grade						
6	16.0	6.1	16.3	5.2	16.2	3.9
7	16.6	6.1	15.3	5.3	16.0	4.4
8	17.2	6.8	15.6	4.6	16.4	4.7
Total	16.7	3.2	15.5	3.1	16.1	2.6
Overweight						
Race/Ethnicity						
White	12.1	3.2	8.9	3.4	10.6	2.5
Black	26.8	7.2	20.1	8.2	23.4	3.8
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	16.6	9.7
Grade						
6	20.9	9.1	16.8	7.6	18.7	6.5
7	17.6	4.1	13.2	7.4	15.5	4.1
8	16.9	5.6	12.8	4.8	14.9	4.6
Total	18.0	3.0	14.0	4.2	16.1	2.7

*Students who were ≥ 85th percentile but < 95th percentile for body mass index, by age and sex, based on reference data.
†Students who were ≥ 95th percentile for body mass index, by age and sex, based on reference data.
‡95% confidence interval.
§Non-Hispanic.
‖Not available.

Table 15d. Percentage of middle school students who described themselves as slightly or very overweight and who were trying to lose weight, by sex, race/ethnicity, and grade—South Carolina, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Described themselves as overweight						
Race/Ethnicity						
White†	25.6	4.8	27.5	4.8	26.5	3.1
Black†	16.4	5.8	23.6	8.0	20.0	5.6
Hispanic	—‡	—	—	—	—	—
Other	—	—	—	—	29.2	6.7
Grade						
6	21.8	4.3	17.1	6.3	19.6	4.8
7	25.4	6.2	31.7	5.9	28.4	3.7
8	19.9	4.9	28.7	5.4	24.2	4.6
Total	22.2	3.7	26.0	3.6	24.1	3.1
Were trying to lose weight						
Race/Ethnicity						
White	38.3	4.9	61.9	5.8	49.5	4.0
Black	36.6	7.1	53.7	7.1	45.2	4.4
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	54.1	9.9
Grade						
6	37.6	6.7	56.4	6.1	46.8	5.3
7	42.5	8.4	61.9	8.0	51.9	6.2
8	34.7	4.4	57.4	5.5	45.9	3.5
Total	38.2	4.0	58.5	4.0	48.1	2.9

*95% confidence interval.
†Non-Hispanic.
‡Not available.

Table 16d. Percentage of middle school students who ever engaged in healthy behaviors to lose weight or to keep from gaining weight, by sex, race/ethnicity, and grade—South Carolina, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI*(±)**	**%**	**CI (±)**	**%**	**CI (±)**
Ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight						
Race/Ethnicity						
White†	36.7	4.1	58.6	7.4	47.0	4.0
Black†	34.1	6.4	50.5	5.4	42.4	4.5
Hispanic	—‡	—	—	—	—	—
Other	—	—	—	—	50.2	5.1
Grade						
6	36.5	5.8	46.6	7.8	41.4	4.5
7	35.2	5.8	60.4	6.1	47.5	4.3
8	36.1	7.1	59.3	6.7	47.5	4.6
Total	35.9	3.1	55.2	4.6	45.4	2.7
Exercised to lose weight or to keep from gaining weight						
Race/Ethnicity						
White	66.7	4.9	79.3	5.0	72.6	3.4
Black	63.7	8.1	75.5	6.0	69.6	5.1
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	78.1	7.0
Grade						
6	68.3	5.6	73.7	6.2	70.9	4.7
7	61.1	9.0	79.6	5.6	70.1	5.3
8	67.8	5.4	80.3	4.6	74.0	3.6
Total	65.7	4.4	77.9	3.7	71.8	2.8

*95% confidence interval.
†Non-Hispanic.
‡Not available.

Table 17d. Percentage of middle school students who ever engaged in unhealthy behaviors to lose weight or to keep from gaining weight, by sex, race/ethnicity, and grade—South Carolina, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Went without eating for ≥ 24 hours to lose weight or to keep from gaining weight						
Race/Ethnicity						
White†	12.8	5.0	21.9	6.0	17.1	4.4
Black†	19.9	5.5	24.5	6.0	22.2	2.5
Hispanic	—‡	—	—	—	—	—
Other	—	—	—	—	29.0	9.6
Grade						
6	21.3	8.5	16.9	6.2	19.2	6.1
7	12.5	7.2	24.2	6.9	18.3	5.1
8	13.6	5.3	29.9	6.2	21.6	4.4
Total	15.9	4.3	23.5	4.1	19.7	2.7
Took diet pills, powders, or liquids to lose weight or to keep from gaining weight§						
Race/Ethnicity						
White	3.1	2.0	6.3	2.3	4.6	1.0
Black	5.6	2.3	6.4	3.1	6.0	1.8
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	12.5	8.8
Grade						
6	2.7	1.7	4.8	2.9	3.7	1.5
7	4.9	5.0	6.1	4.0	5.5	2.8
8	5.4	2.2	8.6	3.3	7.0	2.2
Total	4.5	1.9	6.8	2.2	5.7	1.3
Vomited or took laxatives to lose weight or to keep from gaining weight						
Race/Ethnicity						
White	3.0	2.0	8.0	3.3	5.3	1.6
Black	9.9	3.9	7.1	3.8	8.5	2.8
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	9.3	7.9
Grade						
6	9.5	4.8	5.2	3.5	7.5	3.9
7	2.3	2.7	6.3	2.7	4.3	1.6
8	4.8	2.6	11.7	4.7	8.2	2.4
Total	5.6	2.1	7.9	2.5	6.8	1.4

*95% confidence interval.
†Non-Hispanic.
‡Not available.
§Without a doctor's advice.

Table 18d. Percentage of middle school students who participated in sufficient vigorous physical activity,* played on ≥ 1 sports teams,† and who watched ≥ 3 hours per day of television,‡ by sex, race/ethnicity, and grade—South Carolina, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI§ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Participated in sufficient vigorous physical activity						
Race/Ethnicity						
White‖	80.6	5.4	76.7	4.3	78.8	3.8
Black‖	74.6	7.7	64.3	5.5	69.3	4.4
Hispanic	—¶	—	—	—	—	—
Other	—	—	—	—	72.3	7.3
Grade						
6	78.6	5.4	77.8	8.0	78.2	5.1
7	75.0	4.7	69.7	5.4	72.3	3.3
8	80.7	5.5	66.3	5.9	73.6	4.3
Total	77.7	2.8	71.4	3.7	74.5	2.6
Played on any sports teams						
Race/Ethnicity						
White	55.9	5.3	52.4	9.9	54.2	5.4
Black	62.8	7.8	37.8	7.4	50.0	5.9
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	53.9	6.8
Grade						
6	59.9	6.3	39.4	16.0	49.8	8.3
7	51.4	11.1	48.8	8.3	50.1	6.0
8	63.9	7.1	50.1	7.1	57.1	5.8
Total	58.2	4.8	46.1	7.6	52.2	4.4
Watched ≥ 3 hours per day of TV						
Race/Ethnicity						
White	38.4	4.8	37.5	7.6	38.0	4.6
Black	59.3	8.2	72.2	8.8	65.8	6.2
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	45.4	10.4
Grade						
6	45.0	9.5	52.7	8.7	48.7	7.0
7	42.5	7.0	44.8	15.0	43.6	9.5
8	53.2	6.9	60.1	6.8	56.6	5.4
Total	46.7	4.7	52.1	7.2	49.3	4.9

*Exercised or participated in physical activities that made students sweat and breathe hard for ≥ 20 minutes on ≥ 3 of the 7 days preceding the survey (e.g., basketball, soccer, running, swimming laps, fast bicycling, fast dancing, or similar aerobic activities).
†Run by their school or community groups.
‡On an average school day.
§95% confidence interval.
‖Non-Hispanic.
¶Not available.

Table 19d. Percentage of middle school students who attended physical education (PE) classes* and attended PE classes daily,† by sex, race/ethnicity, and grade—South Carolina, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI‡ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Attended PE classes						
Race/Ethnicity						
White§	62.7	9.9	67.1	9.4	64.8	8.7
Black§	61.7	9.0	50.9	12.5	56.3	9.6
Hispanic	—‖	—	—	—	—	—
Other	—	—	—	—	64.5	6.9
Grade						
6	73.1	11.4	70.3	15.4	71.8	11.4
7	62.2	12.0	63.4	13.8	62.7	11.9
8	51.4	8.3	49.0	12.2	50.2	9.3
Total	62.0	7.7	60.4	8.7	61.1	7.6
Attended PE class daily						
Race/Ethnicity						
White	33.5	12.2	43.3	14.0	38.1	12.7
Black	30.3	10.5	30.9	11.7	30.6	10.4
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	37.6	10.7
Grade						
6	39.2	17.5	47.3	22.1	43.1	18.2
7	25.7	11.2	39.1	15.1	32.1	12.5
8	32.1	11.6	28.6	10.2	30.4	10.0
Total	32.0	9.7	37.8	11.3	34.8	10.1

*On ≥ 1 days in an average week when they were in school.
†5 days in an average week when they were in school.
‡95% confidence interval.
§Non-Hispanic.
‖Not available.

Table 20d. Percentage of middle school students who described their health, in general, as fair or poor, by sex, race/ethnicity, and grade—South Carolina, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Described health as fair or poor						
Race/Ethnicity						
White†	6.8	2.7	6.5	2.5	6.6	2.1
Black†	7.5	2.5	10.8	5.3	9.2	2.4
Hispanic	—‡	—	—	—	—	—
Other	—	—	—	—	10.9	4.9
Grade						
6	7.0	2.7	6.3	4.1	6.6	2.4
7	9.8	4.6	11.8	5.1	10.8	3.4
8	4.9	3.3	6.5	2.8	5.7	2.4
Total	7.2	1.9	8.5	2.7	7.9	1.6

*95% confidence interval.
†Non-Hispanic.
‡Not available.

WYOMING

2005 MIDDLE SCHOOL YOUTH RISK BEHAVIOR SURVEY

Table 2e. Percentage of middle school students who rarely or never wore a seat belt[*] and who ever rode in a car driven by someone who had been drinking alcohol, by sex, race/ethnicity, and grade—Wyoming, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI[†] (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Rarely or never wore a seat belt						
Race/Ethnicity						
White[‡]	13.6	2.4	7.5	2.0	10.6	1.7
Black[‡]	—[§]	—	—	—	—	—
Hispanic	12.6	6.1	23.6	8.6	18.4	5.2
Other	17.0	5.9	17.5	7.6	17.5	5.2
Grade						
6	12.5	5.2	8.5	4.2	10.6	3.9
7	14.3	3.2	10.7	3.1	12.5	2.3
8	14.1	2.4	9.1	2.6	11.7	1.9
Total	13.9	2.2	9.8	1.9	11.9	1.6
Rode with a driver who had been drinking alcohol						
Race/Ethnicity						
White	33.9	3.5	36.7	3.5	35.2	2.6
Black	—	—	—	—	—	—
Hispanic	42.5	9.6	42.3	9.0	42.4	7.4
Other	39.1	6.9	31.5	8.1	35.6	4.9
Grade						
6	28.2	7.6	28.5	7.4	28.3	5.4
7	33.1	4.2	37.7	4.6	35.2	3.2
8	41.8	3.9	43.9	4.7	42.8	3.4
Total	34.6	3.2	37.1	3.3	35.7	2.4

[*]When riding in a car.
[†]95% confidence interval.
[‡]Non-Hispanic.
[§]Not available.

Table 3e. Percentage of middle school students who rarely or never wore a bicycle helmet* and a rollerblade or skateboard helmet,† by sex, race/ethnicity, and grade—Wyoming, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI‡ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Rarely or never wore a bicycle helmet						
Race/Ethnicity						
White§	69.5	4.3	65.5	3.8	67.5	3.3
Black§	—‖	—	—	—	—	—
Hispanic	87.3	7.2	70.2	13.5	78.6	7.2
Other	73.3	7.4	67.6	12.3	70.9	6.9
Grade						
6	67.1	9.2	64.2	8.4	65.7	7.5
7	71.4	5.1	65.3	5.5	68.5	4.2
8	75.0	4.7	69.2	5.5	72.2	4.0
Total	71.2	3.9	66.3	3.3	68.8	2.9
Rarely or never wore a rollerblade or skateboard helmet						
Race/Ethnicity						
White	72.8	5.4	72.9	4.6	72.9	4.0
Black	—	—	—	—	—	—
Hispanic	—	—	—	—	76.3	9.2
Other	73.1	9.8	74.7	14.2	73.6	8.1
Grade						
6	68.3	11.4	68.8	12.5	68.5	10.1
7	75.8	5.8	73.0	6.9	74.5	5.1
8	79.1	5.4	75.2	5.8	77.1	4.2
Total	74.3	4.8	72.6	4.4	73.5	3.7

*Among the 88.6% of students who rode bicycles.
†Among the 60.4% of students who rollerbladed or rode a skateboard.
‡95% confidence interval.
§Non-Hispanic.
‖Not available.

Table 4e. Percentage of middle school students who ever carried a weapon,* who ever were in a physical fight, and who ever were hurt in a physical fight,† by sex, race/ethnicity, and grade—Wyoming, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI‡ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Carried a weapon						
Race/Ethnicity						
White§	68.0	3.7	31.6	3.6	50.5	3.3
Black§	—‖	—	—	—	—	—
Hispanic	63.4	9.6	37.6	8.3	50.2	6.8
Other	62.2	9.3	35.1	7.8	50.3	6.6
Grade						
6	66.3	8.7	31.2	8.9	49.6	8.0
7	65.6	4.2	28.9	4.2	48.1	3.7
8	70.5	5.5	36.8	4.2	54.3	3.8
Total	67.7	3.5	32.4	3.3	50.8	3.1
In a physical fight						
Race/Ethnicity						
White	65.5	3.4	36.3	3.5	51.5	2.8
Black	—	—	—	—	—	—
Hispanic	85.0	6.6	52.2	8.0	68.3	5.5
Other	67.3	15.6	60.3	8.6	64.4	9.8
Grade						
6	62.2	7.8	32.8	7.8	48.2	6.2
7	69.4	4.2	41.4	4.7	56.1	3.3
8	70.1	4.0	41.3	4.3	56.4	3.4
Total	67.5	3.1	39.1	3.3	54.0	2.7
Hurt in a physical fight						
Race/Ethnicity						
White	8.4	2.1	3.5	1.0	6.1	1.2
Black	—	—	—	—	—	—
Hispanic	14.3	7.3	10.7	5.8	12.4	4.2
Other	12.6	5.0	11.5	5.4	12.2	3.5
Grade						
6	9.0	4.4	4.6	2.3	6.9	2.2
7	9.2	2.8	4.2	1.7	6.9	1.7
8	8.8	2.5	4.5	1.7	6.8	1.7
Total	9.2	1.9	4.7	1.1	7.1	1.1

*For example, a gun, knife, or club.
†Injuries had to be treated by a doctor or nurse.
‡95% confidence interval.
§Non-Hispanic.
‖Not available.

Table 5e. Percentage of middle school students who ever seriously thought about killing themselves, who ever made a plan about how they would kill themselves, and who ever tried to kill themselves, by sex, race/ethnicity, and grade—Wyoming, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Seriously thought about killing themselves						
Race/Ethnicity						
White†	16.4	2.6	26.0	3.0	21.0	1.9
Black†	—‡	—	—	—	—	—
Hispanic	19.0	6.5	40.7	10.1	30.4	6.0
Other	20.4	5.7	34.0	11.3	26.5	6.2
Grade						
6	13.9	6.5	19.4	5.7	16.5	4.6
7	19.4	3.1	28.5	4.4	23.7	2.5
8	17.8	3.4	34.8	4.4	26.0	2.8
Total	17.1	2.5	28.2	2.9	22.4	2.0
Made a plan about how they would kill themselves						
Race/Ethnicity						
White	12.4	2.3	18.1	3.1	15.1	1.9
Black	—	—	—	—	—	—
Hispanic	10.0	4.3	26.4	10.0	18.4	5.2
Other	14.6	6.5	20.5	7.7	17.3	5.6
Grade						
6	9.0	6.1	12.3	5.8	10.6	4.5
7	15.9	2.9	20.7	3.6	18.1	2.0
8	12.0	2.5	23.8	4.2	17.7	2.3
Total	12.4	2.3	19.4	2.9	15.8	1.9
Tried to kill themselves						
Race/Ethnicity						
White	6.0	1.5	9.4	2.0	7.6	1.3
Black	—	—	—	—	—	—
Hispanic	4.5	2.9	18.0	8.0	11.5	4.3
Other	7.7	3.9	21.3	6.4	13.8	3.8
Grade						
6	2.7	2.8	5.9	2.8	4.2	2.0
7	8.8	2.2	11.5	3.2	10.1	1.9
8	6.2	2.1	13.9	3.3	9.9	1.8
Total	6.0	1.3	11.0	1.9	8.4	1.2

*95% confidence interval.
†Non-Hispanic.
‡Not available.

Table 6e. Percentage of middle school students who ever smoked cigarettes, by sex, race/ethnicity, and grade—Wyoming, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Lifetime cigarette use†						
Race/Ethnicity						
White‡	27.1	3.5	26.8	3.6	27.0	2.8
Black‡	—§	—	—	—	—	—
Hispanic	46.7	9.8	44.0	10.2	45.3	7.0
Other	39.7	8.0	37.9	9.8	39.3	7.0
Grade						
6	16.0	6.2	16.3	7.5	16.1	5.3
7	34.3	4.2	31.5	4.3	33.0	3.2
8	36.9	4.5	38.6	4.5	37.7	3.4
Total	29.7	3.3	29.4	3.4	29.6	2.7
Lifetime daily cigarette use‖						
Race/Ethnicity						
White	5.5	1.6	4.5	1.4	5.0	1.1
Black	—	—	—	—	—	—
Hispanic	6.5	3.9	8.8	5.6	7.7	3.5
Other	10.5	5.9	10.5	6.2	10.4	4.3
Grade						
6	2.3	2.4	3.6	2.6	2.9	1.8
7	5.4	1.7	4.3	1.8	4.9	1.4
8	8.3	2.3	7.1	2.2	7.7	1.7
Total	5.8	1.4	5.3	1.3	5.6	1.1

*95% confidence interval.
†Ever tried cigarette smoking, even one or two puffs.
‡Non-Hispanic.
§Not available.
‖Ever smoked ≥ 1 cigarettes every day for 30 days.

Table 7e. Percentage of middle school students who currently smoked cigarettes, by sex, race/ethnicity, and grade—Wyoming, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Current cigarette use†						
Race/Ethnicity						
White‡	6.5	1.7	8.4	1.9	7.5	1.3
Black‡	—§	—	—	—	—	—
Hispanic	12.5	6.1	15.2	6.2	14.0	4.8
Other	13.5	8.2	14.6	6.5	14.1	6.3
Grade						
6	3.1	3.0	4.3	2.9	3.7	2.3
7	7.7	2.6	8.3	2.5	8.2	1.9
8	11.2	3.0	14.3	3.3	12.7	2.2
Total	7.7	1.8	9.4	1.8	8.6	1.4
Current frequent cigarette use‖						
Race/Ethnicity						
White	2.4	1.1	2.1	0.8	2.3	0.7
Black	—	—	—	—	—	—
Hispanic	3.8	2.9	5.1	4.2	4.5	2.6
Other	6.4	5.2	8.0	5.8	7.1	4.3
Grade						
6	1.3	2.0	1.8	1.7	1.5	1.4
7	2.1	1.3	1.8	1.1	2.0	0.9
8	4.2	1.8	3.8	1.5	4.0	1.3
Total	2.7	1.0	2.7	0.9	2.7	0.7

*95% confidence interval.
†Smoked cigarettes on ≥ 1 of the 30 days preceding the survey.
‡Non-Hispanic.
§Not available.
‖Smoked cigarettes on ≥ 20 of the 30 days preceding the survey.

Table 8e. Percentage of middle school students who used smokeless tobacco,* smoked cigars,† and used any tobacco product‡ by sex, race/ethnicity, and grade—Wyoming, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI§ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Current smokeless tobacco use						
Race/Ethnicity						
White‖	8.6	2.1	3.4	1.2	6.1	1.3
Black‖	—¶	—	—	—	—	—
Hispanic	4.9	4.2	8.3	4.5	6.6	3.0
Other	11.5	5.7	9.4	6.9	10.5	5.5
Grade						
6	5.8	3.9	3.7	2.5	4.8	2.3
7	7.6	2.6	3.8	1.6	5.8	1.6
8	10.8	2.5	5.0	1.5	8.0	1.4
Total	8.4	1.9	4.2	1.1	6.4	1.1
Current cigar use						
Race/Ethnicity						
White						
Black						
Hispanic						
Other			**Question Not Asked**			
Grade						
6						
7						
8						
Total						
Current tobacco use						
Race/Ethnicity						
White						
Black						
Hispanic						
Other			**Question Not Asked**			
Grade						
6						
7						
8						
Total						

*Used chewing tobacco, snuff, or dip on ≥ 1 of the 30 days preceding the survey.
†Smoked cigars, cigarillos, or little cigars on ≥ 1 of the 30 days preceding the survey.
‡Smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on ≥ 1 of the 30 days preceding the survey.
§95% confidence interval.
‖Non-Hispanic.
¶Not available.

Table 9e. Percentage of middle school students who ever drank alcohol,[*] who ever used marijuana, and who ever used cocaine,[†] by sex, race/ethnicity, and grade—Wyoming, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI[‡] (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Lifetime alcohol use						
Race/Ethnicity						
White[§]	39.8	4.1	35.6	4.3	37.8	3.4
Black[§]	—[‖]	—	—	—	—	—
Hispanic	53.6	10.4	51.2	8.7	52.4	7.5
Other	35.3	12.0	38.5	9.5	36.8	9.7
Grade						
6	25.8	6.7	20.7	6.2	23.3	4.9
7	44.0	5.6	39.0	4.9	41.7	4.2
8	51.5	5.4	49.7	4.6	50.7	3.7
Total	41.2	4.0	37.2	3.9	39.3	3.2
Lifetime marijuana use						
Race/Ethnicity						
White	10.2	2.4	9.7	2.0	9.9	1.7
Black	—	—	—	—	—	—
Hispanic	23.1	8.3	21.4	7.7	22.2	6.2
Other	20.9	8.0	18.0	7.2	19.7	6.0
Grade						
6	4.7	4.4	2.6	2.0	3.7	2.5
7	10.9	2.8	12.5	3.0	11.7	2.1
8	17.9	4.2	17.0	3.2	17.4	2.7
Total	12.0	2.4	11.3	2.0	11.7	1.7
Lifetime cocaine use						
Race/Ethnicity						
White	4.0	1.4	4.4	1.3	4.2	1.0
Black	—	—	—	—	—	—
Hispanic	8.5	5.9	7.4	4.5	7.9	3.6
Other	4.6	2.7	9.8	5.0	6.9	2.7
Grade						
6	2.6	2.8	3.6	2.5	3.1	1.8
7	4.9	1.8	5.1	1.9	5.0	1.4
8	5.7	2.0	6.2	1.9	6.0	1.2
Total	4.5	1.4	5.1	1.3	4.8	0.9

[*]Ever had ≥ 1 drinks of alcohol, other than a few sips.
[†]Ever used any form of cocaine (e.g., powder, "crack," or "freebase").
[‡]95% confidence interval.
[§]Non-Hispanic.
[‖]Not available.

Table 10e. Percentage of middle school students who used inhalants,* who used steroids, and who injected illegal drugs,† by sex, race/ethnicity, and grade—Wyoming, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI‡ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Lifetime inhalant use						
Race/Ethnicity						
White§	12.0	2.3	12.5	2.3	12.2	1.8
Black§	—‖	—	—	—	—	—
Hispanic	16.8	7.2	20.4	7.2	18.7	5.7
Other	12.0	5.8	16.9	6.7	14.3	4.7
Grade						
6	11.5	5.1	10.6	4.1	11.1	3.8
7	13.4	3.0	14.5	3.4	13.9	2.5
8	12.2	2.9	15.6	3.5	13.9	2.4
Total	12.4	2.2	13.6	2.1	13.0	1.7
Lifetime steroid use						
Race/Ethnicity						
White	2.6	1.1	1.5	0.9	2.1	0.7
Black	—	—	—	—	—	—
Hispanic	4.6	5.5	2.1	3.2	3.3	2.9
Other	4.1	3.6	6.9	4.4	5.3	2.9
Grade						
6	2.8	2.5	2.0	1.6	2.4	1.5
7	2.8	1.6	2.0	1.2	2.5	1.1
8	3.1	1.3	1.4	1.0	2.3	0.9
Total	2.9	1.1	1.8	0.8	2.4	0.7
Lifetime illegal injection drug use						
Race/Ethnicity						
White	5.5	1.5	4.0	1.3	4.8	1.1
Black	—	—	—	—	—	—
Hispanic	2.2	2.4	9.9	4.8	6.2	2.9
Other	5.5	3.2	11.3	5.0	8.0	3.1
Grade						
6	5.4	3.2	4.5	3.1	5.0	2.4
7	5.1	1.6	5.2	1.8	5.3	1.2
8	5.0	1.9	4.9	1.5	4.9	1.2
Total	5.2	1.3	5.0	1.2	5.1	0.9

*Ever sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high.
†Ever used a needle to inject any illegal drug into the body.
‡95% confidence interval.
§Non-Hispanic.
‖Not available.

Table 11e. Percentage of middle school students who used tobacco or drugs for the first time before age 11 years, by sex, race/ethnicity, and grade—Wyoming, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Smoked a whole cigarette before age 11 years						
Race/Ethnicity						
White†	7.1	2.1	6.8	1.9	7.0	1.5
Black†	—‡	—	—	—	—	—
Hispanic	10.0	5.7	13.8	4.9	12.0	3.9
Other	11.7	7.3	14.0	8.1	12.8	6.8
Grade						
6	4.9	4.4	4.2	3.7	4.6	2.8
7	9.7	2.4	9.3	2.1	9.7	1.6
8	7.9	2.1	9.2	2.7	8.6	1.8
Total	7.6	1.8	7.9	1.8	7.8	1.4
Drank alcohol before age 11 years§						
Race/Ethnicity						
White	20.5	3.1	13.5	2.3	17.2	1.9
Black	—	—	—	—	—	—
Hispanic	23.5	7.6	26.6	8.1	25.2	5.6
Other	19.6	7.8	18.6	7.0	19.1	5.9
Grade						
6	17.4	6.2	12.7	5.1	15.1	4.0
7	24.2	4.0	16.2	3.0	20.5	2.7
8	20.8	3.9	16.3	3.2	18.7	2.7
Total	20.8	2.8	15.1	2.2	18.1	1.7
Tried marijuana before age 11 years						
Race/Ethnicity						
White	3.9	1.9	2.8	1.1	3.4	1.1
Black	—	—	—	—	—	—
Hispanic	7.5	4.4	5.3	4.1	6.3	3.1
Other	8.4	3.6	9.5	6.6	9.0	3.7
Grade						
6	3.3	4.2	2.5	2.1	3.0	2.3
7	4.3	1.7	3.8	1.7	4.1	1.1
8	5.6	2.1	3.4	1.6	4.5	1.4
Total	4.5	1.6	3.4	1.0	3.9	1.0

*95% confidence interval.
†Non-Hispanic.
‡Not available.
§Other than a few sips.

Table 12e. Percentage of middle school students who engaged in sexual behaviors, by sex, race/ethnicity, and grade—Wyoming, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Ever had sexual intercourse						
Race/Ethnicity						
White†	16.9	2.9	10.7	2.0	13.9	1.9
Black†	—‡	—	—	—	—	—
Hispanic	25.9	7.9	21.7	7.2	23.7	5.6
Other	24.2	8.1	19.7	8.0	22.5	5.8
Grade						
6	13.3	6.4	8.9	4.7	11.2	4.2
7	20.0	3.5	11.6	2.5	16.1	2.5
8	21.1	3.6	14.6	2.8	17.9	2.3
Total	18.5	2.8	12.3	2.0	15.5	1.9
Had first sexual intercourse before age 11 years						
Race/Ethnicity						
White	6.2	1.7	2.9	1.2	4.6	1.1
Black	—	—	—	—	—	—
Hispanic	3.1	2.8	9.1	6.3	6.2	3.6
Other	6.4	4.6	10.2	5.5	8.5	3.6
Grade						
6	4.5	3.5	6.2	3.5	5.3	2.4
7	8.0	2.3	4.0	1.6	6.0	1.5
8	5.4	1.8	1.6	1.0	3.5	1.1
Total	6.0	1.5	4.0	1.3	5.0	1.0
Had sexual intercourse with ≥ 3 persons during lifetime						
Race/Ethnicity						
White	7.4	1.9	2.9	1.0	5.3	1.1
Black	—	—	—	—	—	—
Hispanic	13.4	7.2	10.5	6.3	11.9	5.5
Other	9.7	5.2	9.1	6.1	9.8	4.0
Grade						
6	6.9	4.1	2.7	2.3	4.9	2.4
7	7.6	2.4	3.9	1.8	5.9	1.6
8	10.0	2.4	5.1	2.0	7.6	1.6
Total	8.2	1.7	4.2	1.2	6.3	1.1

*95% confidence interval.
†Non-Hispanic.
‡Not available.

Table 13e. Percentage of middle school students who used a condom during last sexual intercourse* and were ever taught about acquired immunodeficiency syndrome (AIDS) or human immunodeficiency virus (HIV) infection in school, by sex, race/ethnicity, and grade—Wyoming, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI†(±)**	**%**	**CI (±)**	**%**	**CI (±)**
Condom use during last sexual intercourse						
Race/Ethnicity						
White‡	66.6	9.5	72.5	9.2	68.5	7.2
Black‡	—§	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	66.4	10.4	—	—	70.0	7.7
8	78.5	7.7	—	—	77.3	6.8
Total	67.6	8.4	73.3	8.1	69.7	6.4
Taught about AIDS or HIV infection in school						
Race/Ethnicity						
White	65.7	5.6	66.2	5.3	66.0	4.8
Black	—	—	—	—	—	—
Hispanic	63.6	10.9	65.4	10.6	64.6	8.9
Other	54.3	9.0	61.3	8.7	57.6	6.8
Grade						
6	40.5	11.5	42.0	9.5	41.2	9.1
7	67.0	4.6	63.8	5.3	65.5	4.0
8	85.2	3.8	89.0	3.2	86.9	2.7
Total	65.2	5.1	65.9	5.1	65.6	4.5

*Among the 15.5% of students who ever had sexual intercourse.
†95% confidence interval.
‡Non-Hispanic.
§Not available.

Table 14e. Percentage of middle school students who were at risk for becoming* or were overweight,† by sex, race/ethnicity, and grade—Wyoming, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI‡ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
At risk for becoming overweight						
Race/Ethnicity						
White§	15.9	3.0	13.5	2.7	14.7	2.1
Black§	—‖	—	—	—	—	—
Hispanic	13.5	8.2	15.7	9.0	14.6	6.2
Other	14.1	9.3	16.7	6.3	15.2	6.1
Grade						
6	17.7	8.2	16.4	6.1	17.0	5.3
7	16.7	4.3	11.8	3.5	14.3	2.9
8	14.3	2.5	13.5	3.3	13.9	2.1
Total	15.7	2.7	13.8	2.6	14.8	2.0
Overweight						
Race/Ethnicity						
White	12.4	3.4	6.9	1.9	9.7	1.9
Black	—	—	—	—	—	—
Hispanic	11.8	5.9	13.9	6.8	12.9	4.9
Other	19.1	7.2	6.4	4.9	13.9	4.9
Grade						
6	17.3	9.4	11.4	5.8	14.4	5.8
7	12.2	3.8	7.5	2.4	10.0	2.2
8	10.1	2.6	5.7	2.1	8.0	1.6
Total	12.6	3.1	7.7	1.8	10.3	1.8

*Students who were ≥ 85th percentile but < 95th percentile for body mass index, by age and sex, based on reference data.
†Students who were ≥ 95th percentile for body mass index, by age and sex, based on reference data.
‡95% confidence interval.
§Non-Hispanic.
‖Not available.

Table 15e. Percentage of middle school students who described themselves as slightly or very overweight and who were trying to lose weight, by sex, race/ethnicity, and grade—Wyoming, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Described themselves as overweight						
Race/Ethnicity						
White†	23.7	3.3	25.9	2.8	24.7	2.2
Black†	—‡	—	—	—	—	—
Hispanic	25.2	8.3	34.7	9.2	30.1	6.0
Other	24.3	6.2	33.6	9.3	28.8	5.4
Grade						
6	25.7	7.5	21.4	6.6	23.6	4.6
7	22.9	4.1	26.4	3.6	24.7	2.8
8	23.1	3.4	32.5	3.9	27.6	2.9
Total	23.8	2.9	27.2	2.7	25.4	2.0
Were trying to lose weight						
Race/Ethnicity						
White	32.9	3.5	50.8	3.8	41.4	2.7
Black	—	—	—	—	—	—
Hispanic	38.9	11.2	55.5	13.1	47.5	7.2
Other	43.0	7.7	52.5	8.1	47.3	6.1
Grade						
6	36.6	7.2	45.1	8.7	40.7	5.7
7	35.3	4.3	53.9	5.0	44.2	3.4
8	30.0	4.2	54.4	4.4	41.6	3.6
Total	33.7	3.0	51.2	3.8	42.1	2.5

*95% confidence interval.
†Non-Hispanic.
‡Not available.

Table 16e. Percentage of middle school students who ever engaged in healthy behaviors to lose weight or to keep from gaining weight, by sex, race/ethnicity, and grade—Wyoming, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight						
Race/Ethnicity						
White†	29.1	3.1	48.6	4.0	38.4	2.8
Black†	—‡	—	—	—	—	—
Hispanic	33.7	10.5	52.5	8.8	43.4	6.9
Other	32.9	7.5	41.9	7.0	36.9	5.2
Grade						
6	30.4	7.3	39.9	8.8	35.0	6.6
7	28.0	3.8	51.6	4.4	39.3	2.9
8	30.0	4.2	53.4	4.4	41.1	3.4
Total	29.4	2.8	48.6	3.8	38.6	2.6
Exercised to lose weight or to keep from gaining weight						
Race/Ethnicity						
White	57.9	3.6	71.9	3.5	64.6	2.8
Black	—	—	—	—	—	—
Hispanic	69.4	8.9	74.9	7.9	72.2	6.1
Other	64.9	7.4	75.3	6.6	69.6	4.8
Grade						
6	60.9	9.3	65.2	6.9	62.9	6.8
7	58.6	4.0	75.5	3.8	66.6	2.8
8	57.3	4.5	76.2	3.7	66.3	3.2
Total	58.9	3.2	72.3	3.2	65.3	2.6

*95% confidence interval.
†Non-Hispanic.
‡Not available.

Table 17e. Percentage of middle school students who ever engaged in unhealthy behaviors to lose weight or to keep from gaining weight, by sex, race/ethnicity, and grade—Wyoming, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Went without eating for ≥ 24 hours to lose weight or to keep from gaining weight						
Race/Ethnicity						
White†	11.4	2.0	18.2	2.9	14.6	1.7
Black†	—‡	—	—	—	—	—
Hispanic	15.8	6.8	23.7	10.0	19.9	6.6
Other	17.4	7.3	22.3	6.4	19.5	5.4
Grade						
6	8.6	4.7	11.5	7.0	10.0	3.9
7	13.9	3.0	21.5	4.0	17.5	2.7
8	13.6	3.0	23.0	3.4	18.1	2.3
Total	12.0	1.9	19.1	3.0	15.4	1.8
Took diet pills, powders, or liquids to lose weight or to keep from gaining weight§						
Race/Ethnicity						
White	4.8	1.4	6.5	1.7	5.7	1.1
Black	—	—	—	—	—	—
Hispanic	5.2	3.7	13.0	5.4	9.2	3.6
Other	6.9	4.2	10.0	6.0	8.2	3.5
Grade						
6	4.2	3.0	2.3	2.0	3.3	1.8
7	4.6	1.6	8.1	2.5	6.4	1.5
8	6.1	1.7	11.5	2.9	8.7	1.6
Total	4.9	1.2	7.5	1.7	6.2	1.0
Vomited or took laxatives to lose weight or to keep from gaining weight						
Race/Ethnicity						
White	3.0	1.3	7.6	1.8	5.3	1.0
Black	—	—	—	—	—	—
Hispanic	2.8	2.6	17.0	7.6	10.2	4.4
Other	7.3	4.7	8.3	5.3	7.7	3.5
Grade						
6	3.4	3.1	6.3	4.7	4.8	2.8
7	3.4	1.3	9.2	2.4	6.2	1.3
8	3.1	1.5	10.0	2.6	6.4	1.4
Total	3.2	1.1	8.7	2.0	5.9	1.1

*95% confidence interval.
†Non-Hispanic.
‡Not available.
§Without a doctor's advice.

Table 18e. Percentage of middle school students who participated in sufficient vigorous physical activity,* played on ≥ 1 sports teams,† and who watched ≥ 3 hours per day of television,‡ by sex, race/ethnicity, and grade—Wyoming, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI§ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Participated in sufficient vigorous physical activity						
Race/Ethnicity						
White‖	80.8	3.2	81.7	2.7	81.3	2.3
Black‖	—¶	—	—	—	—	—
Hispanic	76.2	10.9	72.6	8.0	74.3	8.0
Other	72.3	8.9	65.5	7.7	69.1	5.6
Grade						
6	83.6	7.1	80.4	6.1	82.1	5.8
7	76.7	4.6	79.3	3.3	78.0	3.1
8	80.3	3.3	81.1	3.1	80.7	2.3
Total	80.1	3.1	79.8	2.5	80.0	2.2
Played on any sports teams						
Race/Ethnicity						
White	72.5	3.2	72.4	3.0	72.4	2.5
Black	—	—	—	—	—	—
Hispanic	63.6	11.1	62.5	12.8	63.1	10.6
Other	69.3	8.8	62.7	8.7	66.4	5.0
Grade						
6	74.6	8.3	73.9	7.1	74.2	7.0
7	68.7	4.4	72.4	3.6	70.5	2.9
8	71.9	3.9	67.5	3.7	69.9	3.0
Total	71.4	3.2	70.9	3.0	71.2	2.6
Watched ≥ 3 hours per day of TV						
Race/Ethnicity						
White	31.5	3.5	25.4	3.2	28.6	2.5
Black	—	—	—	—	—	—
Hispanic	40.4	9.8	47.7	9.6	44.1	6.4
Other	35.8	8.7	34.0	8.6	35.4	5.1
Grade						
6	30.7	8.1	26.0	5.5	28.4	5.0
7	36.6	4.2	26.3	4.4	31.8	3.2
8	30.3	4.3	32.5	4.5	31.3	3.0
Total	32.5	3.2	28.4	2.8	30.5	2.2

*Exercised or participated in physical activities that made students sweat and breathe hard for ≥ 20 minutes on ≥ 3 of the 7 days preceding the survey (e.g., basketball, soccer, running, swimming laps, fast bicycling, fast dancing, or similar aerobic activities).
†Run by their school or community groups.
‡On an average school day.
§95% confidence interval.
‖Non-Hispanic.
¶Not available.

Table 19e. Percentage of middle school students who attended physical education (PE) classes* and attended PE classes daily,† by sex, race/ethnicity, and grade—Wyoming, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI‡ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Attended PE classes						
Race/Ethnicity						
White§	90.2	2.5	89.6	3.0	89.9	2.0
Black§	—‖	—	—	—	—	—
Hispanic	90.8	5.5	92.1	4.0	91.5	3.6
Other	86.4	4.8	90.1	4.7	87.9	3.6
Grade						
6	92.3	4.8	85.8	8.0	89.1	5.7
7	86.9	4.0	89.8	3.2	88.2	3.1
8	90.9	3.0	93.2	2.5	91.9	2.4
Total	90.0	2.1	89.7	2.7	89.8	1.8
Attended PE class daily						
Race/Ethnicity						
White	48.1	4.8	50.9	4.4	49.5	4.1
Black	—	—	—	—	—	—
Hispanic	52.8	11.2	46.8	9.9	49.7	8.6
Other	47.1	8.6	43.7	8.8	45.7	6.5
Grade						
6	53.8	15.3	60.0	12.4	56.8	13.5
7	43.3	8.4	43.7	8.3	43.4	7.5
8	49.3	7.6	49.0	7.9	49.1	7.2
Total	48.3	4.5	50.2	4.2	49.2	3.9

*On ≥ 1 days in an average week when they were in school.
†5 days in an average week when they were in school.
‡95% confidence interval.
§Non-Hispanic.
‖Not available.

Table 20e. Percentage of middle school students who described their health, in general, as fair or poor, by sex, race/ethnicity, and grade—Wyoming, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Described health as fair or poor						
Race/Ethnicity						
White†	6.9	1.8	6.2	1.8	6.6	1.4
Black†	—‡	—	—	—	—	—
Hispanic	8.2	6.0	8.1	5.1	8.1	4.0
Other	10.2	7.0	9.7	6.3	9.9	4.2
Grade						
6	7.5	3.8	6.4	4.1	7.0	3.1
7	8.3	2.3	5.0	1.8	6.7	1.6
8	5.3	1.6	8.2	2.2	6.7	1.3
Total	7.2	1.7	6.9	1.7	7.0	1.3

*95% confidence interval.
†Non-Hispanic.
‡Not available.

DALLAS INDEPENDENT SCHOOL DISTRICT, TX

2005 MIDDLE SCHOOL YOUTH RISK BEHAVIOR SURVEY

Table 2f. Percentage of middle school students who rarely or never wore a seat belt* and who ever rode in a car driven by someone who had been drinking alcohol, by sex, race/ethnicity, and grade—Dallas ISD, TX, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI† (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Rarely or never wore a seat belt						
Race/Ethnicity						
White‡	—§	—	—	—	—	—
Black‡	11.1	5.4	9.3	3.2	10.1	3.0
Hispanic	19.8	4.2	10.9	2.9	15.6	2.6
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	16.0	3.4	10.4	2.3	13.2	2.0
Total	16.2	3.4	10.4	2.2	13.3	2.0
Rode with a driver who had been drinking alcohol						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	46.1	7.9	53.7	6.3	50.1	5.9
Hispanic	61.2	6.3	55.4	4.4	58.4	3.8
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	54.4	5.3	54.6	3.6	54.5	3.4
Total	54.5	5.2	54.5	3.6	54.5	3.4

*When riding in a car.
†95% confidence interval.
‡Non-Hispanic.
§Not available.

Table 3f. Percentage of middle school students who rarely or never wore a bicycle helmet* and a rollerblade or skateboard helmet,† by sex, race/ethnicity, and grade—Dallas ISD, TX, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI‡ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Rarely or never wore a bicycle helmet						
Race/Ethnicity						
White§	—‖	—	—	—	—	—
Black§	93.1	4.0	92.2	4.4	92.7	3.0
Hispanic	96.7	2.2	88.9	4.2	93.3	2.4
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	94.9	2.3	89.7	3.1	92.5	2.3
Total	94.9	2.4	89.4	3.1	92.4	2.2
Rarely or never wore a rollerblade or skateboard helmet						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	—	—	90.1	5.6	90.0	4.3
Hispanic	91.4	5.2	91.3	3.6	91.3	2.8
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	90.2	4.5	90.6	3.2	90.4	2.8
Total	90.3	4.4	90.0	3.5	90.1	2.9

*Among the 72.2% of students who rode bicycles.
†Among the 38.2% of students who rollerbladed or rode a skateboard.
‡95% confidence interval.
§Non-Hispanic.
‖Not available.

Table 4f. Percentage of middle school students who ever carried a weapon,* who ever were in a physical fight, and who ever were hurt in a physical fight,† by sex, race/ethnicity, and grade—Dallas ISD, TX, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI‡ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Carried a weapon						
Race/Ethnicity						
White§	—‖	—	—	—	—	—
Black§	47.8	8.3	24.8	5.7	35.3	5.2
Hispanic	57.5	5.4	27.1	4.7	43.1	3.9
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	55.2	4.6	26.4	3.7	40.9	3.1
Total	55.4	4.6	26.4	3.7	40.9	3.1
In a physical fight						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	90.8	3.9	75.6	5.9	82.6	4.0
Hispanic	78.5	4.4	53.0	5.4	66.4	3.2
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	83.5	3.2	62.4	4.2	73.0	2.5
Total	83.5	3.2	62.1	4.2	72.9	2.4
Hurt in a physical fight						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	9.1	4.5	3.8	2.3	6.2	2.6
Hispanic	7.9	3.5	6.7	2.2	7.3	2.5
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	8.3	2.5	6.3	1.7	7.3	1.7
Total	8.3	2.5	6.3	1.7	7.2	1.7

*For example, a gun, knife, or club.
†Injuries had to be treated by a doctor or nurse.
‡95% confidence interval.
§Non-Hispanic.
‖Not available.

Table 5f. Percentage of middle school students who ever seriously thought about killing themselves, who ever made a plan about how they would kill themselves, and who ever tried to kill themselves, by sex, race/ethnicity, and grade—Dallas ISD, TX, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Seriously thought about killing themselves						
Race/Ethnicity						
White†	—‡	—	—	—	—	—
Black†	23.0	5.2	29.8	5.4	26.8	3.7
Hispanic	23.1	4.8	42.0	5.6	32.2	4.0
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	23.2	3.7	37.7	4.0	30.5	3.0
Total	23.2	3.7	37.8	4.0	30.6	2.9
Made a plan about how they would kill themselves						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	13.1	4.5	19.9	4.7	16.9	3.3
Hispanic	15.1	4.0	23.4	4.3	19.1	3.2
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	14.6	2.9	22.7	3.1	18.7	2.1
Total	14.5	2.9	22.7	3.0	18.7	2.1
Tried to kill themselves						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	7.2	3.8	11.4	4.0	9.6	2.9
Hispanic	9.2	3.3	23.3	4.1	15.9	2.6
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	8.8	2.5	19.2	2.8	14.0	1.8
Total	8.8	2.4	19.3	2.9	14.1	1.9

*95% confidence interval.
†Non-Hispanic.
‡Not available.

Table 6f. Percentage of middle school students who ever smoked cigarettes, by sex, race/ethnicity, and grade—Dallas ISD, TX, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Lifetime cigarette use†						
Race/Ethnicity						
White‡	—§	—	—	—	—	—
Black‡	46.1	8.1	50.5	6.6	48.4	5.5
Hispanic	61.6	5.3	55.4	5.2	58.7	3.6
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	55.5	4.6	53.7	3.8	54.6	3.1
Total	55.5	4.6	53.8	3.7	54.7	3.0
Lifetime daily cigarette use‖						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	6.3	3.7	3.8	2.6	4.9	2.5
Hispanic	6.0	2.4	5.6	2.3	5.8	1.7
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	6.4	2.1	5.5	2.2	5.9	1.6
Total	6.4	2.1	5.6	2.2	6.0	1.7

*95% confidence interval.
†Ever tried cigarette smoking, even one or two puffs.
‡Non-Hispanic.
§Not available.
‖Ever smoked ≥ 1 cigarettes every day for 30 days.

Table 7f. Percentage of middle school students who currently smoked cigarettes, by sex, race/ethnicity, and grade—Dallas ISD, TX, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Current cigarette use†						
Race/Ethnicity						
White‡	—§	—	—	—	—	—
Black‡	9.8	4.8	9.4	3.4	9.6	2.9
Hispanic	21.1	5.3	20.2	4.1	20.6	3.7
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	17.3	4.1	16.1	3.0	16.7	2.6
Total	17.3	4.0	16.3	3.0	16.8	2.6
Current frequent cigarette use‖						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	0.7	1.4	0.5	1.0	0.6	1.2
Hispanic	1.8	2.0	1.7	1.2	1.8	1.3
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	1.6	1.4	2.0	1.7	1.8	1.3
Total	1.7	1.4	2.1	1.7	1.9	1.3

*95% confidence interval.
†Smoked cigarettes on ≥ 1 of the 30 days preceding the survey.
‡Non-Hispanic.
§Not available.
‖Smoked cigarettes on ≥ 20 of the 30 days preceding the survey.

Table 8f. Percentage of middle school students who used smokeless tobacco,[*] smoked cigars,[†] and used any tobacco product[‡] by sex, race/ethnicity, and grade—Dallas ISD, TX, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI[§] (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Current smokeless tobacco use						
Race/Ethnicity						
White[‖]	—[¶]	—	—	—	—	—
Black[‖]	4.9	3.2	2.3	1.7	3.5	1.6
Hispanic	6.7	2.7	7.3	2.6	7.0	2.0
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	6.2	2.1	5.0	1.8	5.6	1.4
Total	6.3	2.1	5.2	1.9	5.7	1.5
Current cigar use						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	18.6	6.7	18.6	5.2	18.6	4.5
Hispanic	20.6	5.2	15.0	3.7	17.9	3.2
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	19.8	4.1	16.3	3.3	18.0	2.9
Total	19.8	4.1	16.5	3.3	18.1	2.9
Current tobacco use						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	17.1	7.2	20.5	5.9	19.0	4.9
Hispanic	26.8	5.5	22.9	4.2	24.8	3.8
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	23.4	4.5	21.8	3.7	22.6	3.2
Total	23.4	4.5	22.1	3.7	22.7	3.2

[*]Used chewing tobacco, snuff, or dip on ≥ 1 of the 30 days preceding the survey.
[†]Smoked cigars, cigarillos, or little cigars on ≥ 1 of the 30 days preceding the survey.
[‡]Smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on ≥ 1 of the 30 days preceding the survey.
[§]95% confidence interval.
[‖]Non-Hispanic.
[¶]Not available.

Table 9f. Percentage of middle school students who ever drank alcohol,* who ever used marijuana, and who ever used cocaine,† by sex, race/ethnicity, and grade—Dallas ISD, TX, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI‡ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Lifetime alcohol use						
Race/Ethnicity						
White§	—‖	—	—	—	—	—
Black§	54.1	7.8	63.6	5.5	59.2	4.5
Hispanic	71.0	4.1	68.4	5.6	69.8	3.0
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	65.2	3.9	66.8	4.3	66.1	2.9
Total	65.2	3.9	66.8	4.2	66.1	2.9
Lifetime marijuana use						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	28.1	7.3	24.7	6.1	26.2	5.0
Hispanic	36.4	5.2	28.7	4.5	32.8	3.4
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	33.0	4.2	27.4	3.8	30.2	3.0
Total	33.2	4.2	27.5	3.8	30.4	3.0
Lifetime cocaine use						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	4.9	3.1	3.4	2.0	4.1	2.0
Hispanic	12.4	3.8	15.4	3.8	13.8	2.8
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	10.0	2.8	10.9	2.7	10.4	2.2
Total	10.0	2.8	10.9	2.7	10.4	2.1

*Ever had ≥ 1 drinks of alcohol, other than a few sips.
†Ever used any form of cocaine (e.g., powder, "crack," or "freebase").
‡95% confidence interval.
§Non-Hispanic.
‖Not available.

Table 10f. Percentage of middle school students who used inhalants,* who used steroids, and who injected illegal drugs,† by sex, race/ethnicity, and grade—Dallas ISD, TX, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI‡ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Lifetime inhalant use						
Race/Ethnicity						
White§	—‖	—	—	—	—	—
Black§	11.9	5.6	18.0	6.6	15.2	5.5
Hispanic	16.3	3.9	19.7	3.9	17.9	2.9
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	15.2	3.2	19.2	3.8	17.2	2.9
Total	15.1	3.2	19.3	3.7	17.2	2.8
Lifetime steroid use						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	4.6	2.8	3.7	2.4	4.1	1.9
Hispanic	2.7	1.7	3.5	1.8	3.1	1.1
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	3.3	1.4	3.7	1.6	3.5	1.0
Total	3.3	1.4	3.8	1.6	3.6	1.0
Lifetime illegal injection drug use						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	4.5	2.8	1.8	1.6	3.0	1.7
Hispanic	2.5	1.8	3.1	1.9	2.8	1.1
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	3.0	1.4	2.8	1.4	2.9	0.9
Total	3.0	1.4	2.9	1.4	2.9	0.8

*Ever sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high.
†Ever used a needle to inject any illegal drug into the body.
‡95% confidence interval.
§Non-Hispanic.
‖Not available.

Table 11f. Percentage of middle school students who used tobacco or drugs for the first time before age 11 years, by sex, race/ethnicity, and grade—Dallas ISD, TX, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Smoked a whole cigarette before age 11 years						
Race/Ethnicity						
White†	—‡	—	—	—	—	—
Black†	11.8	4.1	7.4	3.0	9.4	2.6
Hispanic	16.4	4.2	10.0	3.2	13.3	2.9
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	14.3	2.9	10.3	2.9	12.3	2.2
Total	14.3	2.9	10.4	2.9	12.3	2.2
Drank alcohol before age 11 years§						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	25.0	6.3	24.4	5.0	24.6	3.8
Hispanic	34.7	5.2	20.7	3.8	28.1	3.5
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	30.8	4.1	21.9	3.1	26.3	2.8
Total	30.7	4.1	22.0	3.1	26.3	2.7
Tried marijuana before age 11 years						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	10.4	4.9	4.1	2.5	6.9	2.8
Hispanic	9.6	3.4	5.6	2.3	7.7	2.3
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	9.8	2.7	5.6	2.2	7.7	2.0
Total	10.1	2.7	5.7	2.2	7.8	2.1

*95% confidence interval.
†Non-Hispanic.
‡Not available.
§Other than a few sips.

Table 12f. Percentage of middle school students who engaged in sexual behaviors, by sex, race/ethnicity, and grade—Dallas ISD, TX, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Ever had sexual intercourse						
Race/Ethnicity						
White†	—‡	—	—	—	—	—
Black†	66.5	7.2	34.1	5.9	48.4	5.6
Hispanic	45.5	6.2	21.8	4.2	34.1	4.2
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	50.8	4.9	26.7	4.2	38.7	3.7
Total	50.9	4.9	26.6	4.2	38.6	3.6
Had first sexual intercourse before age 11 years						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	20.2	5.9	3.6	2.1	11.0	3.3
Hispanic	7.1	2.8	3.2	1.6	5.2	1.8
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	10.9	2.6	3.8	2.0	7.4	1.7
Total	10.9	2.6	3.8	1.9	7.3	1.6
Had sexual intercourse with ≥ 3 persons during lifetime						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	35.5	7.0	12.0	5.3	22.4	4.5
Hispanic	13.9	3.6	4.6	2.1	9.4	2.4
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	21.1	3.3	7.3	2.6	14.1	2.4
Total	21.1	3.3	7.2	2.6	14.0	2.4

*95% confidence interval.
†Non-Hispanic.
‡Not available.

Table 13f. Percentage of middle school students who used a condom during last sexual intercourse* and were ever taught about acquired immunodeficiency syndrome (AIDS) or human immunodeficiency virus (HIV) infection in school, by sex, race/ethnicity, and grade—Dallas ISD, TX, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI† (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Condom use during last sexual intercourse						
Race/Ethnicity						
White‡	—§	—	—	—	—	—
Black‡	79.0	7.0	—	—	78.7	5.1
Hispanic	79.5	6.8	—	—	72.7	6.2
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	78.7	5.1	67.7	8.3	74.9	4.3
Total	78.9	5.1	68.0	8.2	74.9	4.3
Taught about AIDS or HIV infection in school						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	77.2	6.5	77.8	4.6	77.6	3.9
Hispanic	59.2	4.8	56.6	6.0	57.8	3.7
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	65.3	4.1	65.4	3.6	65.3	2.7
Total	65.3	4.1	65.5	3.5	65.4	2.7

*Among the 38.6% of students who ever had sexual intercourse.
†95% confidence interval.
‡Non-Hispanic.
§Not available.

Table 14f. Percentage of middle school students who were at risk for becoming* or were overweight,† by sex, race/ethnicity, and grade—Dallas ISD, TX, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI‡ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
At risk for becoming overweight						
Race/Ethnicity						
White§	—‖	—	—	—	—	—
Black§	16.6	4.4	23.9	5.7	20.6	3.2
Hispanic	20.4	4.1	18.8	3.9	19.7	3.1
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	18.6	3.0	20.7	3.5	19.6	1.9
Total	18.5	2.9	20.8	3.3	19.6	1.9
Overweight						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	11.6	4.2	15.8	5.0	13.9	3.7
Hispanic	18.1	5.5	14.1	4.3	16.3	3.7
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	15.6	4.0	15.0	3.1	15.3	2.6
Total	15.8	4.0	14.9	3.1	15.4	2.6

*Students who were ≥ 85th percentile but < 95th percentile for body mass index, by age and sex, based on reference data.
†Students who were ≥ 95th percentile for body mass index, by age and sex, based on reference data.
‡95% confidence interval.
§Non-Hispanic.
‖Not available.

Table 15f. Percentage of middle school students who described themselves as slightly or very overweight and who were trying to lose weight, by sex, race/ethnicity, and grade—Dallas ISD, TX, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Described themselves as overweight						
Race/Ethnicity						
White†	—‡	—	—	—	—	—
Black†	14.1	5.1	25.9	5.4	20.6	4.3
Hispanic	29.9	4.4	31.6	5.0	30.8	3.6
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	24.8	3.4	30.1	3.7	27.4	3.0
Total	24.9	3.4	30.0	3.6	27.5	2.9
Were trying to lose weight						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	28.3	5.4	48.3	6.7	39.3	5.4
Hispanic	50.1	5.7	59.7	4.5	54.7	3.7
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	42.0	4.1	55.3	3.6	48.7	2.8
Total	42.1	4.0	55.3	3.6	48.8	2.8

*95% confidence interval.
†Non-Hispanic.
‡Not available.

Table 16f. Percentage of middle school students who ever engaged in healthy behaviors to lose weight or to keep from gaining weight, by sex, race/ethnicity, and grade—Dallas ISD, TX, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight						
Race/Ethnicity						
White†	—‡	—	—	—	—	—
Black†	22.5	5.2	44.9	5.7	34.7	4.2
Hispanic	36.0	4.9	51.0	4.9	43.2	2.9
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	31.4	3.6	49.1	3.6	40.2	2.4
Total	31.7	3.5	49.1	3.7	40.4	2.4
Exercised to lose weight or to keep from gaining weight						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	52.4	6.6	66.3	5.8	60.1	3.8
Hispanic	71.3	5.2	75.2	4.1	73.2	3.5
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	64.4	4.2	71.3	3.0	67.9	2.7
Total	64.6	4.2	71.5	2.9	68.1	2.6

*95% confidence interval.
†Non-Hispanic.
‡Not available.

Table 17f. Percentage of middle school students who ever engaged in unhealthy behaviors to lose weight or to keep from gaining weight, by sex, race/ethnicity, and grade—Dallas ISD, TX, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Went without eating for ≥ 24 hours to lose weight or to keep from gaining weight						
Race/Ethnicity						
White†	—‡	—	—	—	—	—
Black†	16.0	4.8	22.0	4.0	19.4	3.2
Hispanic	14.4	3.6	24.1	4.0	19.0	2.8
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	14.6	3.0	23.6	3.0	19.1	2.4
Total	14.8	2.9	23.7	3.0	19.2	2.3
Took diet pills, powders, or liquids to lose weight or to keep from gaining weight§						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	6.3	3.2	4.1	2.2	5.1	2.0
Hispanic	5.7	2.1	9.1	3.4	7.4	1.9
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	5.5	1.5	8.1	2.3	6.8	1.4
Total	5.5	1.5	8.1	2.2	6.9	1.4
Vomited or took laxatives to lose weight or to keep from gaining weight						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	3.3	3.0	6.8	2.6	5.2	2.1
Hispanic	4.0	2.0	13.0	3.3	8.3	2.0
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	3.7	1.5	10.9	2.4	7.3	1.5
Total	3.7	1.5	10.7	2.3	7.2	1.5

*95% confidence interval.
†Non-Hispanic.
‡Not available.
§Without a doctor's advice.

Table 18f. Percentage of middle school students who participated in sufficient vigorous physical activity,* played on ≥ 1 sports teams,† and who watched ≥ 3 hours per day of television,‡ by sex, race/ethnicity, and grade—Dallas ISD, TX, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI§ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Participated in sufficient vigorous physical activity						
Race/Ethnicity						
White‖	—¶	—	—	—	—	—
Black‖	74.4	5.8	62.8	4.7	68.0	4.3
Hispanic	71.2	5.8	52.9	5.3	62.5	4.2
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	73.0	4.4	57.3	3.5	65.2	3.1
Total	72.9	4.4	57.8	3.5	65.3	3.0
Played on any sports teams						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	62.0	6.3	50.4	7.2	55.5	5.0
Hispanic	45.7	5.6	32.1	5.3	39.3	4.0
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	51.9	4.4	39.0	4.2	45.5	3.1
Total	51.7	4.3	39.0	4.2	45.4	3.1
Watched ≥ 3 hours per day of TV						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	72.9	5.7	73.5	5.2	73.1	3.7
Hispanic	63.8	5.7	69.0	4.2	66.4	3.6
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	65.2	4.3	68.9	3.2	67.1	2.7
Total	65.0	4.2	69.0	3.2	67.0	2.7

*Exercised or participated in physical activities that made students sweat and breathe hard for ≥ 20 minutes on ≥ 3 of the 7 days preceding the survey (e.g., basketball, soccer, running, swimming laps, fast bicycling, fast dancing, or similar aerobic activities).
†Run by their school or community groups.
‡On an average school day.
§95% confidence interval.
‖Non-Hispanic.
¶Not available.

Table 19f. Percentage of middle school students who attended physical education (PE) classes* and attended PE classes daily,† by sex, race/ethnicity, and grade—Dallas ISD, TX, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI‡ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Attended PE classes						
Race/Ethnicity						
White§	—‖	—	—	—	—	—
Black§	68.4	8.0	56.3	6.1	61.7	5.0
Hispanic	57.7	5.5	50.2	5.0	54.1	4.1
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	60.4	4.4	52.9	3.9	56.7	3.1
Total	60.5	4.4	52.5	3.9	56.5	3.1
Attended PE class daily						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	49.7	7.9	44.4	4.8	46.7	4.7
Hispanic	42.7	4.4	39.8	4.5	41.3	3.3
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	45.0	4.0	42.0	3.2	43.5	2.7
Total	45.1	4.0	41.7	3.2	43.4	2.7

*On ≥ 1 days in an average week when they were in school.
†5 days in an average week when they were in school.
‡95% confidence interval.
§Non-Hispanic.
‖Not available.

Table 20f. Percentage of middle school students who described their health, in general, as fair or poor, by sex, race/ethnicity, and grade—Dallas ISD, TX, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Described health as fair or poor						
Race/Ethnicity						
White†						
Black†						
Hispanic						
Other						
Grade						
6						
7						
8						
Total						

Question Not Asked

*95% confidence interval.
†Non-Hispanic.

DISTRICT OF COLUMBIA PUBLIC SCHOOLS

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Table 2g. Percentage of middle school students who rarely or never wore a seat belt* and who ever rode in a car driven by someone who had been drinking alcohol, by sex, race/ethnicity, and grade—District of Columbia PS, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI† (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Rarely or never wore a seat belt						
Race/Ethnicity						
White‡	—§	—	—	—	—	—
Black‡	14.9	3.3	9.7	2.6	12.2	2.3
Hispanic	—	—	—	—	16.4	5.5
Other	—	—	—	—	19.8	12.8
Grade						
6	16.0	7.7	8.4	4.6	12.1	4.6
7	14.9	4.9	11.2	3.6	13.0	3.4
8	13.7	4.4	13.5	4.1	13.6	3.2
Total	15.0	3.5	11.0	2.4	12.9	2.3
Rode with a driver who had been drinking alcohol						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	26.1	4.4	24.0	3.8	24.9	3.2
Hispanic	—	—	—	—	37.7	7.3
Other	—	—	—	—	20.7	9.4
Grade						
6	22.2	7.7	17.5	5.9	19.8	5.3
7	31.3	6.1	24.2	4.0	27.7	3.9
8	26.9	7.0	33.7	5.4	30.4	4.8
Total	26.5	4.1	24.9	3.4	25.7	3.0

*When riding in a car.
†95% confidence interval.
‡Non-Hispanic.
§Not available.

Table 3g. Percentage of middle school students who rarely or never wore a bicycle helmet[*] and a rollerblade or skateboard helmet,[†] by sex, race/ethnicity, and grade—District of Columbia PS, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI[‡] (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Rarely or never wore a bicycle helmet						
Race/Ethnicity						
White[§]	—[‖]	—	—	—	—	—
Black[§]	88.8	3.4	86.8	4.1	87.8	3.2
Hispanic	—	—	—	—	75.5	7.5
Other	—	—	—	—	81.9	7.9
Grade						
6	85.2	7.3	84.8	7.9	85.0	6.9
7	87.3	5.3	84.6	5.3	85.9	4.3
8	88.1	4.4	84.8	5.0	86.6	3.8
Total	86.5	3.1	84.8	3.6	85.7	2.9
Rarely or never wore a rollerblade or skateboard helmet						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	87.9	4.5	89.4	3.9	88.7	3.1
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	89.8	5.8	89.3	5.0
7	82.7	7.0	82.6	6.5	82.8	4.8
8	83.4	8.3	90.5	6.0	87.1	5.5
Total	85.2	4.3	87.9	3.4	86.7	2.9

[*]Among the 71.2% of students who rode bicycles.
[†]Among the 40.3% of students who rollerbladed or rode a skateboard.
[‡]95% confidence interval.
[§]Non-Hispanic.
[‖]Not available.

Table 4g. Percentage of middle school students who ever carried a weapon,* who ever were in a physical fight, and who ever were hurt in a physical fight,† by sex, race/ethnicity, and grade—District of Columbia PS, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI‡ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Carried a weapon						
Race/Ethnicity						
White§	—‖	—	—	—	—	—
Black§	39.3	4.8	27.5	3.7	33.2	3.4
Hispanic	—	—	—	—	28.2	5.4
Other	—	—	—	—	34.4	7.8
Grade						
6	28.6	8.7	21.1	5.3	24.8	5.2
7	43.4	6.5	28.7	5.8	35.8	5.0
8	43.4	8.5	32.5	5.8	37.8	5.6
Total	38.3	4.4	27.1	3.4	32.6	3.1
In a physical fight						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	67.9	6.1	62.4	4.7	65.0	4.6
Hispanic	—	—	—	—	58.8	9.1
Other	—	—	—	—	67.6	8.4
Grade						
6	54.9	13.5	54.0	11.3	54.5	10.6
7	74.0	7.1	62.0	6.3	67.8	5.8
8	74.4	7.1	68.0	5.9	71.1	5.6
Total	67.3	5.4	61.2	4.5	64.2	4.2
Hurt in a physical fight						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	10.6	2.7	7.5	2.3	9.0	2.0
Hispanic	—	—	—	—	9.2	4.0
Other	—	—	—	—	10.8	4.2
Grade						
6	8.6	3.8	6.0	4.2	7.3	3.3
7	13.5	4.4	6.3	2.7	9.8	2.7
8	8.7	4.3	11.1	3.8	9.9	3.1
Total	10.4	2.3	7.8	2.1	9.0	1.8

*For example, a gun, knife, or club.
†Injuries had to be treated by a doctor or nurse.
‡95% confidence interval.
§Non-Hispanic.
‖Not available.

Table 5g. Percentage of middle school students who ever seriously thought about killing themselves, who ever made a plan about how they would kill themselves, and who ever tried to kill themselves, by sex, race/ethnicity, and grade—District of Columbia PS, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Seriously thought about killing themselves						
Race/Ethnicity						
White†	—‡	—	—	—	—	—
Black†	18.0	3.6	23.4	3.8	20.8	2.8
Hispanic	—	—	—	—	18.2	6.0
Other	—	—	—	—	24.7	11.7
Grade						
6	20.6	7.4	24.6	8.6	22.6	6.3
7	17.4	5.6	20.9	4.2	19.2	3.8
8	12.8	4.2	24.5	4.9	18.9	3.3
Total	17.3	3.3	23.6	3.8	20.6	2.8
Made a plan about how they would kill themselves						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	9.3	3.1	12.2	2.5	10.7	2.1
Hispanic	—	—	—	—	7.3	4.0
Other	—	—	—	—	17.5	5.9
Grade						
6	9.1	5.4	13.6	5.2	11.4	3.9
7	10.1	4.2	12.1	3.4	11.1	3.1
8	7.1	2.8	10.5	2.6	8.9	2.0
Total	9.2	2.6	12.2	2.4	10.7	1.9
Tried to kill themselves						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	9.1	2.7	11.6	2.3	10.4	1.8
Hispanic	—	—	—	—	11.9	4.1
Other	—	—	—	—	14.9	9.3
Grade						
6	10.2	5.6	10.7	3.8	10.5	3.5
7	9.4	3.4	11.0	3.2	10.3	2.9
8	7.7	3.0	13.6	3.4	10.7	2.3
Total	9.3	2.6	11.8	2.1	10.6	1.7

*95% confidence interval.
†Non-Hispanic.
‡Not available.

Table 6g. Percentage of middle school students who ever smoked cigarettes, by sex, race/ethnicity, and grade—District of Columbia PS, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Lifetime cigarette use†						
Race/Ethnicity						
White‡	—§	—	—	—	—	—
Black‡	37.3	5.9	30.9	4.4	33.9	4.5
Hispanic	—	—	—	—	36.0	7.3
Other	—	—	—	—	36.4	10.2
Grade						
6	35.7	11.7	26.7	9.1	31.0	9.6
7	37.6	7.3	29.7	5.4	33.6	5.2
8	35.2	7.7	38.1	5.0	36.8	5.1
Total	36.2	5.3	31.3	4.1	33.7	4.1
Lifetime daily cigarette use‖						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	2.4	1.5	2.1	1.0	2.2	1.0
Hispanic	—	—	—	—	3.4	2.6
Other	—	—	—	—	3.8	2.9
Grade						
6	1.7	2.5	3.2	2.2	2.5	2.0
7	3.6	2.1	1.6	1.2	2.6	1.2
8	2.1	1.9	1.9	1.3	2.0	1.1
Total	2.4	1.3	2.3	1.0	2.3	0.9

*95% confidence interval.
†Ever tried cigarette smoking, even one or two puffs.
‡Non-Hispanic.
§Not available.
‖Ever smoked ≥ 1 cigarettes every day for 30 days.

Table 7g. Percentage of middle school students who currently smoked cigarettes, by sex, race/ethnicity, and grade—District of Columbia PS, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Current cigarette use†						
Race/Ethnicity						
White‡	—§	—	—	—	—	—
Black‡	6.6	2.3	5.4	1.8	6.1	1.7
Hispanic	—	—	—	—	12.4	3.6
Other	—	—	—	—	10.9	10.6
Grade						
6	7.2	4.7	5.9	3.8	6.5	3.8
7	7.4	3.7	5.1	2.4	6.6	2.7
8	4.5	2.7	8.6	3.1	6.6	1.9
Total	6.6	2.3	6.5	1.7	6.6	1.7
Current frequent cigarette use‖						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	0.5	0.5	0.2	0.3	0.3	0.3
Hispanic	—	—	—	—	3.6	3.1
Other	—	—	—	—	0.0	0.0
Grade						
6	1.0	1.4	0.0	0.0	0.5	0.7
7	0.0	0.0	0.0	0.0	0.0	0.0
8	0.6	0.9	1.8	1.5	1.2	0.8
Total	0.6	0.5	0.6	0.5	0.6	0.4

*95% confidence interval.
†Smoked cigarettes on ≥ 1 of the 30 days preceding the survey.
‡Non-Hispanic.
§Not available.
‖Smoked cigarettes on ≥ 20 of the 30 days preceding the survey.

Table 8g. Percentage of middle school students who used smokeless tobacco,* smoked cigars,† and used any tobacco product‡ by sex, race/ethnicity, and grade—District of Columbia PS, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI§ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Current smokeless tobacco use						
Race/Ethnicity						
White‖	—¶	—	—	—	—	—
Black‖	5.4	2.1	3.8	1.5	4.7	1.6
Hispanic	—	—	—	—	3.1	2.5
Other	—	—	—	—	15.8	14.6
Grade						
6	8.6	5.2	5.3	3.9	6.9	4.1
7	6.3	3.1	2.9	2.0	5.0	2.0
8	1.0	1.4	3.7	2.3	2.5	1.6
Total	5.8	2.2	4.0	1.6	5.0	1.6
Current cigar use						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	8.4	2.6	5.4	1.7	7.0	1.7
Hispanic	—	—	—	—	7.2	4.2
Other	—	—	—	—	12.7	9.8
Grade						
6	9.7	5.8	5.3	2.9	7.5	3.8
7	7.4	3.7	5.3	2.2	6.7	2.4
8	7.7	2.4	6.0	3.0	6.8	1.9
Total	8.5	2.7	5.5	1.5	7.1	1.7
Current tobacco use						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	13.1	3.0	9.8	2.4	11.5	2.1
Hispanic	—	—	—	—	16.8	4.2
Other	—	—	—	—	15.3	10.2
Grade						
6	17.4	6.5	10.1	4.7	13.6	4.9
7	10.9	4.1	9.5	3.4	10.6	3.0
8	9.3	2.9	13.0	3.5	11.2	2.2
Total	13.0	2.9	10.8	2.2	11.9	2.0

*Used chewing tobacco, snuff, or dip on ≥ 1 of the 30 days preceding the survey.
†Smoked cigars, cigarillos, or little cigars on ≥ 1 of the 30 days preceding the survey.
‡Smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on ≥ 1 of the 30 days preceding the survey.
§95% confidence interval.
‖Non-Hispanic.
¶Not available.

Table 9g. Percentage of middle school students who ever drank alcohol,* who ever used marijuana, and who ever used cocaine,† by sex, race/ethnicity, and grade—District of Columbia PS, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI‡ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Lifetime alcohol use						
Race/Ethnicity						
White§	—‖	—	—	—	—	—
Black§	38.8	5.5	38.2	4.9	38.4	4.4
Hispanic	—	—	—	—	37.5	6.9
Other	—	—	—	—	34.1	9.9
Grade						
6	26.3	8.0	25.8	7.4	26.0	6.6
7	44.0	7.6	40.5	6.0	42.3	5.6
8	46.1	7.6	48.7	5.6	47.4	4.6
Total	38.7	5.0	37.7	4.5	38.2	4.0
Lifetime marijuana use						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	18.2	3.9	12.4	2.6	15.1	2.6
Hispanic	—	—	—	—	11.7	3.7
Other	—	—	—	—	16.7	8.0
Grade						
6	8.8	4.5	7.9	4.5	8.4	3.6
7	22.1	6.0	12.0	4.0	16.9	4.1
8	22.1	6.2	17.1	3.9	19.4	3.8
Total	17.3	3.5	12.3	2.4	14.7	2.4
Lifetime cocaine use						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	8.2	4.6	3.6	2.1	5.8	3.1
Hispanic	—	—	—	—	5.8	2.9
Other	—	—	—	—	4.1	2.8
Grade						
6	10.6	9.9	3.9	4.0	7.2	6.8
7	7.4	3.6	1.5	1.1	4.4	2.0
8	4.2	2.2	6.2	3.4	5.2	2.2
Total	7.6	4.0	3.9	1.9	5.7	2.6

*Ever had ≥ 1 drinks of alcohol, other than a few sips.
†Ever used any form of cocaine (e.g., powder, "crack," or "freebase").
‡95% confidence interval.
§Non-Hispanic.
‖Not available.

Table 10g. Percentage of middle school students who used inhalants,* who used steroids, and who injected illegal drugs,† by sex, race/ethnicity, and grade—District of Columbia PS, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI‡ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Lifetime inhalant use						
Race/Ethnicity						
White§	—‖	—	—	—	—	—
Black§	10.1	2.9	8.7	2.1	9.4	1.8
Hispanic	—	—	—	—	8.9	4.2
Other	—	—	—	—	5.3	3.2
Grade						
6	7.0	3.8	5.8	3.0	6.4	2.7
7	14.9	5.3	9.8	3.2	12.3	3.1
8	8.0	3.5	9.9	3.3	8.9	2.6
Total	9.9	2.5	8.4	1.9	9.1	1.6
Lifetime steroid use						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	3.8	2.0	3.2	1.2	3.5	1.1
Hispanic	—	—	—	—	0.7	1.0
Other	—	—	—	—	2.9	3.0
Grade						
6	3.6	3.5	1.6	1.5	2.6	1.9
7	4.1	2.7	3.3	1.5	3.7	1.5
8	3.0	2.1	3.7	2.3	3.4	1.7
Total	3.7	1.7	2.8	1.0	3.3	1.0
Lifetime illegal injection drug use						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	3.8	1.8	1.5	0.8	2.6	1.0
Hispanic	—	—	—	—	2.0	2.2
Other	—	—	—	—	5.6	3.9
Grade						
6	4.7	3.9	1.8	1.5	3.3	2.1
7	4.0	2.3	1.4	1.3	2.7	1.4
8	2.1	1.9	1.6	1.5	1.8	1.4
Total	3.7	1.7	1.6	0.8	2.7	1.0

*Ever sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high.
†Ever used a needle to inject any illegal drug into the body.
‡95% confidence interval.
§Non-Hispanic.
‖Not available.

Table 11g. Percentage of middle school students who used tobacco or drugs for the first time before age 11 years, by sex, race/ethnicity, and grade—District of Columbia PS, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Smoked a whole cigarette before age 11 years						
Race/Ethnicity						
White†	—‡	—	—	—	—	—
Black†	8.0	2.5	4.4	1.5	6.2	1.7
Hispanic	—	—	—	—	5.3	3.4
Other	—	—	—	—	11.2	10.1
Grade						
6	6.4	4.9	4.5	3.3	5.5	3.7
7	8.3	4.0	2.7	1.9	5.8	2.6
8	7.9	2.8	7.2	2.6	7.5	1.7
Total	7.5	2.3	4.8	1.5	6.2	1.7
Drank alcohol before age 11 years§						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	17.8	3.6	16.1	3.0	16.9	2.7
Hispanic	—	—	—	—	23.5	7.8
Other	—	—	—	—	16.1	6.9
Grade						
6	15.7	5.5	14.1	5.8	14.9	4.6
7	19.1	5.6	17.9	4.8	18.5	4.2
8	20.0	5.9	18.8	4.0	19.4	3.7
Total	18.5	3.3	16.8	2.8	17.6	2.5
Tried marijuana before age 11 years						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	7.9	2.5	4.4	1.4	6.0	1.6
Hispanic	—	—	—	—	4.0	3.5
Other	—	—	—	—	8.3	5.4
Grade						
6	6.0	4.3	3.7	2.1	4.8	2.7
7	7.8	3.8	4.6	2.8	6.2	2.7
8	8.1	3.3	5.6	2.3	6.7	2.1
Total	7.3	2.2	4.5	1.3	5.9	1.4

*95% confidence interval.
†Non-Hispanic.
‡Not available.
§Other than a few sips.

Table 12g. Percentage of middle school students who engaged in sexual behaviors, by sex, race/ethnicity, and grade—District of Columbia PS, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Ever had sexual intercourse						
Race/Ethnicity						
White†	—‡	—	—	—	—	—
Black†	36.6	5.8	13.8	3.1	24.5	3.7
Hispanic	—	—	—	—	17.1	8.1
Other	—	—	—	—	26.3	8.9
Grade						
6	19.5	7.5	8.8	3.6	13.8	4.7
7	41.7	8.1	10.2	4.0	25.1	5.6
8	43.6	9.0	22.1	5.6	32.5	5.7
Total	34.6	5.1	13.6	2.7	23.6	3.3
Had first sexual intercourse before age 11 years						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	16.5	3.8	3.1	1.3	9.3	2.1
Hispanic	—	—	—	—	5.6	3.2
Other	—	—	—	—	13.6	6.2
Grade						
6	12.9	6.7	4.6	2.2	8.5	3.7
7	16.8	6.2	2.0	1.6	8.9	3.4
8	17.1	5.9	3.7	2.2	10.2	3.6
Total	15.6	3.5	3.4	1.2	9.2	2.0
Had sexual intercourse with ≥ 3 persons during lifetime						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	17.6	3.3	3.3	1.3	10.0	1.9
Hispanic	—	—	—	—	3.7	3.1
Other	—	—	—	—	10.7	5.3
Grade						
6	10.2	4.4	2.1	1.8	5.9	2.3
7	18.1	5.5	2.4	1.8	9.7	3.1
8	20.8	5.8	4.4	2.0	12.3	3.6
Total	16.3	3.0	3.1	1.2	9.4	1.7

*95% confidence interval.
†Non-Hispanic.
‡Not available.

Table 13g. Percentage of middle school students who used a condom during last sexual intercourse* and were ever taught about acquired immunodeficiency syndrome (AIDS) or human immunodeficiency virus (HIV) infection in school, by sex, race/ethnicity, and grade—District of Columbia PS, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI† (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Condom use during last sexual intercourse						
Race/Ethnicity						
White‡	—§	—	—	—	—	—
Black‡	81.2	5.6	82.2	7.3	81.6	5.1
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	76.7	9.8	—	—	77.2	9.8
8	85.7	6.8	—	—	85.7	6.0
Total	82.1	5.0	82.2	6.6	82.2	4.6
Taught about AIDS or HIV infection in school						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	81.6	4.8	85.3	4.0	83.4	3.6
Hispanic	—	—	—	—	74.9	8.9
Other	—	—	—	—	77.7	8.1
Grade						
6	74.6	10.0	78.2	9.7	76.4	8.6
7	81.9	7.2	90.3	3.2	85.8	4.6
8	85.9	4.8	87.1	5.2	86.5	4.1
Total	80.3	4.6	84.7	3.9	82.5	3.5

*Among the 23.6% of students who ever had sexual intercourse.
†95% confidence interval.
‡Non-Hispanic.
§Not available.

Table 14g. Percentage of middle school students who were at risk for becoming* or were overweight,† by sex, race/ethnicity, and grade—District of Columbia PS, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI‡ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
At risk for becoming overweight						
Race/Ethnicity						
White§	—‖	—	—	—	—	—
Black§	30.2	4.7	24.2	3.9	27.0	3.2
Hispanic	—	—	—	—	36.9	7.1
Other	—	—	—	—	24.7	7.6
Grade						
6	34.3	9.7	29.2	8.8	31.6	7.2
7	31.8	6.9	22.7	4.2	27.2	4.0
8	26.8	7.5	23.6	4.4	25.2	5.0
Total	30.7	4.1	24.9	3.4	27.7	2.8
Overweight						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	11.4	2.8	11.6	2.8	11.5	1.8
Hispanic	—	—	—	—	8.9	4.5
Other	—	—	—	—	13.8	7.9
Grade						
6	12.5	5.3	13.4	6.2	13.0	3.9
7	13.7	4.6	11.3	3.6	12.4	2.8
8	8.6	3.4	9.0	2.7	8.8	2.1
Total	11.4	2.5	11.0	2.5	11.2	1.6

*Students who were ≥ 85th percentile but < 95th percentile for body mass index, by age and sex, based on reference data.
†Students who were ≥ 95th percentile for body mass index, by age and sex, based on reference data.
‡95% confidence interval.
§Non-Hispanic.
‖Not available.

Table 15g. Percentage of middle school students who described themselves as slightly or very overweight and who were trying to lose weight, by sex, race/ethnicity, and grade—District of Columbia PS, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Described themselves as overweight						
Race/Ethnicity						
White†	—‡	—	—	—	—	—
Black†	16.1	3.1	23.1	3.1	19.6	2.4
Hispanic	—	—	—	—	20.2	6.3
Other	—	—	—	—	17.9	7.1
Grade						
6	12.1	3.9	20.7	6.1	16.5	3.9
7	18.1	5.4	23.7	5.0	20.8	3.7
8	18.5	5.9	24.9	4.2	21.8	4.0
Total	16.3	2.9	23.0	3.0	19.7	2.2
Were trying to lose weight						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	29.0	4.3	43.0	3.9	36.1	3.2
Hispanic	—	—	—	—	36.5	8.2
Other	—	—	—	—	31.7	7.0
Grade						
6	26.1	7.5	41.6	7.5	33.9	5.8
7	31.7	5.2	43.5	5.3	37.6	4.3
8	30.0	6.7	42.4	5.1	36.4	5.2
Total	29.3	3.8	42.5	3.6	35.9	3.0

*95% confidence interval.
†Non-Hispanic.
‡Not available.

Table 16g. Percentage of middle school students who ever engaged in healthy behaviors to lose weight or to keep from gaining weight, by sex, race/ethnicity, and grade—District of Columbia PS, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight						
Race/Ethnicity						
White†	—‡	—	—	—	—	—
Black†	30.9	4.8	40.8	4.5	35.9	4.0
Hispanic	—	—	—	—	40.4	8.4
Other	—	—	—	—	37.7	7.7
Grade						
6	25.9	7.5	38.0	8.9	31.9	7.5
7	39.9	6.8	45.0	5.6	42.3	4.9
8	30.8	6.1	39.2	5.3	35.2	4.6
Total	32.3	4.2	40.6	4.2	36.5	3.7
Exercised to lose weight or to keep from gaining weight						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	52.6	5.2	59.6	4.6	56.3	3.8
Hispanic	—	—	—	—	63.2	10.3
Other	—	—	—	—	59.9	7.1
Grade						
6	47.8	8.8	62.8	8.6	55.2	7.8
7	57.9	7.2	60.6	6.0	59.3	5.3
8	55.7	8.3	58.4	6.2	57.1	5.6
Total	53.6	4.4	60.7	4.4	57.2	3.6

*95% confidence interval.
†Non-Hispanic.
‡Not available.

Table 17g. Percentage of middle school students who ever engaged in unhealthy behaviors to lose weight or to keep from gaining weight, by sex, race/ethnicity, and grade—District of Columbia PS, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Went without eating for ≥ 24 hours to lose weight or to keep from gaining weight						
Race/Ethnicity						
White†	—‡	—	—	—	—	—
Black†	17.8	4.1	22.0	3.6	20.0	3.2
Hispanic	—	—	—	—	18.1	5.3
Other	—	—	—	—	24.0	12.3
Grade						
6	17.7	7.5	23.5	8.1	20.6	6.7
7	20.5	5.6	18.2	3.8	19.3	3.5
8	17.0	5.2	22.1	5.1	19.8	3.8
Total	18.4	3.6	21.5	3.4	19.9	2.8
Took diet pills, powders, or liquids to lose weight or to keep from gaining weight§						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	7.0	2.2	5.3	1.7	6.1	1.4
Hispanic	—	—	—	—	5.5	3.9
Other	—	—	—	—	11.3	12.0
Grade						
6	7.0	4.8	7.0	2.9	7.0	2.5
7	6.0	3.2	3.6	2.2	4.8	2.2
8	7.2	2.8	5.2	2.3	6.2	2.0
Total	6.9	2.2	5.4	1.6	6.1	1.3
Vomited or took laxatives to lose weight or to keep from gaining weight						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	7.7	2.5	5.1	1.5	6.4	1.6
Hispanic	—	—	—	—	4.7	5.0
Other	—	—	—	—	5.0	3.6
Grade						
6	7.5	4.0	4.4	2.3	6.0	2.6
7	8.4	4.2	2.9	1.8	5.6	2.4
8	6.3	3.3	6.5	2.4	6.4	2.1
Total	7.6	2.3	4.7	1.3	6.1	1.5

*95% confidence interval.
†Non-Hispanic.
‡Not available.
§Without a doctor's advice.

Table 18g. Percentage of middle school students who participated in sufficient vigorous physical activity,* played on ≥ 1 sports teams,† and who watched ≥ 3 hours per day of television,‡ by sex, race/ethnicity, and grade—District of Columbia PS, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI§ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Participated in sufficient vigorous physical activity						
Race/Ethnicity						
White‖	—¶	—	—	—	—	—
Black‖	58.4	5.4	58.0	5.4	58.2	4.5
Hispanic	—	—	—	—	53.5	7.1
Other	—	—	—	—	60.4	10.4
Grade						
6	51.6	9.7	53.5	9.9	52.5	8.3
7	65.5	7.6	62.0	6.0	63.7	5.6
8	59.5	7.2	56.7	6.7	58.1	5.2
Total	58.7	5.0	57.2	4.8	57.9	4.0
Played on any sports teams						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	54.0	4.6	44.1	5.2	48.8	3.9
Hispanic	—	—	—	—	49.7	7.5
Other	—	—	—	—	50.5	8.9
Grade						
6	50.0	9.1	45.3	10.2	47.7	7.9
7	57.3	5.6	41.3	6.5	49.1	4.3
8	55.8	6.8	45.7	7.6	50.6	5.8
Total	54.4	4.4	44.2	4.8	49.1	3.5
Watched ≥ 3 hours per day of TV						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	63.3	4.7	67.5	4.0	65.4	3.5
Hispanic	—	—	—	—	64.0	6.5
Other	—	—	—	—	54.4	10.1
Grade						
6	60.1	9.0	59.7	8.2	59.9	7.5
7	61.9	7.0	68.3	5.5	64.9	4.6
8	67.2	6.9	70.7	5.1	69.0	4.7
Total	62.7	4.3	66.1	3.8	64.3	3.2

*Exercised or participated in physical activities that made students sweat and breathe hard for ≥ 20 minutes on ≥ 3 of the 7 days preceding the survey (e.g., basketball, soccer, running, swimming laps, fast bicycling, fast dancing, or similar aerobic activities).
†Run by their school or community groups.
‡On an average school day.
§95% confidence interval.
‖Non-Hispanic.
¶Not available.

Table 19g. Percentage of middle school students who attended physical education (PE) classes* and attended PE classes daily,† by sex, race/ethnicity, and grade—District of Columbia PS, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI‡ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Attended PE classes						
Race/Ethnicity						
White§	—‖	—	—	—	—	—
Black§	68.9	6.0	67.3	7.2	68.1	5.6
Hispanic	—	—	—	—	78.7	8.2
Other	—	—	—	—	69.8	8.4
Grade						
6	70.7	10.0	64.1	15.2	67.4	11.7
7	70.2	10.2	74.1	10.4	72.2	9.0
8	70.3	9.5	67.5	9.9	68.9	8.0
Total	70.5	5.5	68.2	6.9	69.3	5.4
Attended PE class daily						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	17.4	4.5	18.1	4.9	17.7	3.9
Hispanic	—	—	—	—	10.5	4.9
Other	—	—	—	—	12.0	4.1
Grade						
6	15.4	9.5	12.8	8.9	14.1	7.9
7	18.2	6.8	21.8	9.0	19.9	7.0
8	15.4	5.5	16.2	6.9	16.0	5.1
Total	16.5	3.9	16.7	4.6	16.6	3.5

*On ≥ 1 days in an average week when they were in school.
†5 days in an average week when they were in school.
‡95% confidence interval.
§Non-Hispanic.
‖Not available.

Table 20g. Percentage of middle school students who described their health, in general, as fair or poor, by sex, race/ethnicity, and grade—District of Columbia PS, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Described health as fair or poor						
Race/Ethnicity						
White†	—‡	—	—	—	—	—
Black†	5.9	1.9	6.1	1.7	6.0	1.4
Hispanic	—	—	—	—	9.1	4.9
Other	—	—	—	—	3.6	3.4
Grade						
6	5.2	3.0	6.7	3.6	6.0	2.6
7	7.5	3.4	4.9	2.0	6.2	2.1
8	4.8	2.3	7.4	2.6	6.2	2.0
Total	5.8	1.6	6.5	1.7	6.1	1.3

*95% confidence interval.
†Non-Hispanic.
‡Not available.

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Table 2h. Percentage of middle school students who rarely or never wore a seat belt* and who ever rode in a car driven by someone who had been drinking alcohol, by sex, race/ethnicity, and grade—Hillsborough County PS, FL, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI† (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Rarely or never wore a seat belt						
Race/Ethnicity						
White‡	9.2	3.6	8.8	3.4	9.1	2.5
Black‡	29.1	8.9	15.4	5.6	22.3	6.0
Hispanic	17.0	5.3	14.3	3.5	15.6	3.3
Other	14.6	8.0	24.5	10.7	21.0	7.8
Grade						
6	11.8	4.0	8.1	2.5	10.1	2.8
7	16.6	6.9	14.9	5.2	15.8	5.2
8	19.0	4.6	13.2	3.8	16.2	3.3
Total	16.2	3.7	12.5	2.8	14.6	2.8
Rode with a driver who had been drinking alcohol						
Race/Ethnicity						
White	35.4	5.8	35.1	4.5	35.3	4.5
Black	32.3	8.2	42.0	9.7	37.4	7.8
Hispanic	40.6	7.0	38.1	5.4	39.2	5.1
Other	22.2	7.2	39.1	11.7	30.7	7.2
Grade						
6	25.6	4.7	27.3	5.9	26.3	4.2
7	37.8	6.5	37.8	7.4	37.7	6.1
8	42.4	5.1	47.3	4.6	44.8	3.7
Total	35.3	3.9	37.9	4.0	36.6	3.4

*When riding in a car.
†95% confidence interval.
‡Non-Hispanic.

Table 3h. Percentage of middle school students who rarely or never wore a bicycle helmet[*] and a rollerblade or skateboard helmet,[†] by sex, race/ethnicity, and grade—Hillsborough County PS, FL Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI[‡] (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Rarely or never wore a bicycle helmet						
Race/Ethnicity						
White[§]	72.0	4.9	64.1	6.5	68.4	4.7
Black[§]	90.5	6.3	85.3	6.3	87.9	5.1
Hispanic	89.8	3.7	84.2	4.0	87.4	3.0
Other	73.8	9.8	—[‖]	—	75.7	6.2
Grade						
6	75.9	7.7	65.4	8.7	71.2	7.1
7	80.8	6.3	80.4	5.8	80.6	5.3
8	87.2	3.9	79.1	5.7	83.5	3.8
Total	81.2	3.6	75.0	3.9	78.4	3.4
Rarely or never wore a rollerblade or skateboard helmet						
Race/Ethnicity						
White	76.4	5.1	71.9	6.6	74.2	4.7
Black	—	—	80.5	7.9	83.6	7.7
Hispanic	83.0	6.4	84.5	6.4	83.9	4.8
Other	—	—	—	—	77.1	6.8
Grade						
6	73.5	7.4	67.8	8.7	71.0	6.7
7	83.9	5.1	80.2	5.8	81.9	3.7
8	82.4	5.8	82.5	5.2	82.5	4.4
Total	79.6	4.0	77.0	4.1	78.3	3.4

[*]Among the 84.7% of students who rode bicycles.
[†]Among the 52.8% of students who rollerbladed or rode a skateboard.
[‡]95% confidence interval.
[§]Non-Hispanic.
[‖]Not available.

Table 4h. Percentage of middle school students who ever carried a weapon,* who ever were in a physical fight, and who ever were hurt in a physical fight,† by sex, race/ethnicity, and grade—Hillsborough County PS, FL, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI‡ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Carried a weapon						
Race/Ethnicity						
White§	53.5	4.8	19.1	3.3	36.7	3.3
Black§	39.5	7.7	21.4	7.2	30.3	4.3
Hispanic	47.5	7.2	21.0	4.9	34.5	3.9
Other	44.1	10.1	25.5	10.2	36.6	8.1
Grade						
6	41.5	5.6	16.1	4.1	29.1	4.0
7	46.4	5.3	21.1	4.7	33.8	3.7
8	56.1	6.1	22.7	5.9	39.7	4.6
Total	48.1	3.6	20.4	2.4	34.5	2.3
In a physical fight						
Race/Ethnicity						
White	66.8	5.2	34.4	4.7	51.0	4.1
Black	84.3	7.5	79.7	5.5	82.0	5.0
Hispanic	77.9	5.3	51.3	5.9	64.8	4.3
Other	74.7	7.4	44.6	9.7	61.5	6.3
Grade						
6	68.3	6.9	43.9	7.0	56.5	5.7
7	74.9	6.7	51.6	8.4	63.3	6.3
8	79.0	4.8	54.3	7.0	66.9	4.3
Total	74.2	3.9	50.4	3.9	62.5	3.2
Hurt in a physical fight						
Race/Ethnicity						
White	10.0	3.7	3.9	1.8	7.0	2.3
Black	10.7	5.4	7.3	3.9	9.2	3.1
Hispanic	10.6	4.3	4.9	2.7	7.8	2.6
Other	14.1	6.5	9.4	6.7	13.7	4.8
Grade						
6	10.5	3.6	4.9	2.6	7.9	2.6
7	10.7	3.9	4.8	2.3	7.7	2.4
8	9.7	4.0	5.4	2.1	7.6	2.4
Total	10.5	2.3	5.2	1.4	8.1	1.5

*For example, a gun, knife, or club.
†Injuries had to be treated by a doctor or nurse.
‡95% confidence interval.
§Non-Hispanic.

Table 5h. Percentage of middle school students who ever seriously thought about killing themselves, who ever made a plan about how they would kill themselves, and who ever tried to kill themselves, by sex, race/ethnicity, and grade—Hillsborough County PS, FL, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Seriously thought about killing themselves						
Race/Ethnicity						
White†	18.6	4.0	26.5	4.6	22.5	3.5
Black†	17.3	7.3	25.0	6.4	21.4	4.9
Hispanic	17.6	5.6	24.3	5.0	20.7	4.2
Other	28.3	8.1	37.9	9.9	34.1	6.6
Grade						
6	18.7	4.0	23.4	5.2	21.0	3.5
7	16.9	4.6	25.0	4.2	21.0	3.6
8	19.3	5.3	28.2	3.7	23.7	3.6
Total	18.6	2.7	26.2	2.4	22.4	2.2
Made a plan about how they would kill themselves						
Race/Ethnicity						
White	11.1	3.2	16.7	3.7	13.8	2.9
Black	10.4	5.3	14.6	5.3	12.8	3.7
Hispanic	11.1	3.9	16.5	3.9	13.6	2.7
Other	13.5	6.6	29.4	11.1	22.7	6.3
Grade						
6	11.0	2.6	12.2	4.3	11.7	2.7
7	9.6	3.1	17.3	3.3	13.4	2.9
8	11.8	3.4	19.1	3.5	15.4	2.5
Total	11.0	1.7	16.8	2.2	14.0	1.6
Tried to kill themselves						
Race/Ethnicity						
White	6.5	2.1	11.5	2.7	8.9	1.8
Black	12.8	5.1	12.3	4.7	12.7	3.4
Hispanic	8.7	3.8	10.9	3.4	9.7	2.8
Other	9.9	7.1	17.6	8.2	15.4	6.5
Grade						
6	9.5	2.9	8.6	2.6	9.2	2.1
7	9.4	3.9	11.6	3.1	10.5	2.6
8	6.2	3.3	13.9	3.8	10.0	2.8
Total	8.7	2.0	11.9	2.0	10.4	1.5

*95% confidence interval.
†Non-Hispanic.

Table 6h. Percentage of middle school students who ever smoked cigarettes, by sex, race/ethnicity, and grade—Hillsborough County PS, FL, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Lifetime cigarette use†						
Race/Ethnicity						
White‡	26.3	5.3	24.5	4.9	25.4	4.4
Black‡	26.9	9.8	35.5	8.5	31.6	6.6
Hispanic	38.1	6.5	32.8	6.0	35.4	5.2
Other	25.8	9.1	29.3	12.6	29.1	8.7
Grade						
6	17.7	4.3	15.4	4.4	16.6	3.5
7	32.3	7.9	34.3	7.3	33.3	6.0
8	37.7	7.5	37.2	7.1	37.5	5.5
Total	29.6	4.5	29.5	4.4	29.6	3.8
Lifetime daily cigarette use§						
Race/Ethnicity						
White	6.2	2.5	5.7	2.4	6.0	2.0
Black	1.8	2.6	3.3	3.2	2.8	2.6
Hispanic	4.6	2.5	3.3	2.3	4.0	1.7
Other	7.6	6.1	5.6	5.3	8.7	4.5
Grade						
6	2.1	1.6	3.1	2.2	2.7	1.3
7	4.9	2.7	4.9	3.6	4.9	2.8
8	6.6	3.2	4.6	2.1	5.6	1.9
Total	4.8	1.5	4.4	1.8	4.8	1.5

*95% confidence interval.
†Ever tried cigarette smoking, even one or two puffs.
‡Non-Hispanic.
§Ever smoked ≥ 1 cigarettes every day for 30 days.

Table 7h. Percentage of middle school students who currently smoked cigarettes, by sex, race/ethnicity, and grade—Hillsborough County PS, FL, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Current cigarette use†						
Race/Ethnicity						
White‡	9.5	2.9	8.0	3.1	8.8	2.6
Black‡	7.4	5.5	5.0	3.6	6.5	3.5
Hispanic	7.8	3.3	7.7	3.5	7.7	2.6
Other	8.2	6.5	16.2	11.4	13.7	8.0
Grade						
6	3.9	2.1	2.1	2.4	3.1	1.8
7	8.4	3.6	10.1	4.6	9.3	3.7
8	11.7	4.4	8.9	3.5	10.4	2.4
Total	8.5	2.3	7.6	2.4	8.2	2.0
Current frequent cigarette use§						
Race/Ethnicity						
White	3.6	2.0	3.6	1.7	3.6	1.6
Black	2.0	3.5	1.8	2.3	2.1	2.8
Hispanic	3.0	1.8	0.5	0.9	1.7	1.0
Other	7.7	6.4	9.4	8.8	9.6	6.0
Grade						
6	0.3	0.5	0.5	0.8	0.6	0.5
7	4.3	3.0	2.8	2.4	3.5	2.4
8	3.9	2.3	2.8	2.2	3.4	1.5
Total	3.3	1.7	2.6	1.3	3.0	1.5

*95% confidence interval.
†Smoked cigarettes on ≥ 1 of the 30 days preceding the survey.
‡Non-Hispanic.
§Smoked cigarettes on ≥ 20 of the 30 days preceding the survey.

Table 8h. Percentage of middle school students who used smokeless tobacco,* smoked cigars,† and used any tobacco product‡ by sex, race/ethnicity, and grade—Hillsborough County PS, FL, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI§ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Current smokeless tobacco use						
Race/Ethnicity						
White‖	6.5	2.2	3.9	1.9	5.2	1.5
Black‖	4.5	3.8	4.2	3.2	4.7	2.6
Hispanic	4.0	2.1	4.1	2.5	4.0	1.6
Other	11.6	6.7	10.7	8.9	12.9	6.4
Grade						
6	3.1	1.6	3.7	2.6	3.5	1.8
7	5.2	2.8	4.7	2.3	5.0	2.2
8	8.2	3.5	3.0	1.9	5.6	2.0
Total	5.7	1.7	4.3	1.6	5.2	1.3
Current cigar use						
Race/Ethnicity						
White	8.2	2.7	3.6	1.6	6.0	1.8
Black	8.2	5.9	6.1	3.5	7.4	3.3
Hispanic	8.6	2.5	5.1	2.3	6.9	1.8
Other	11.3	7.0	11.1	8.4	12.4	6.0
Grade						
6	3.8	2.6	3.1	2.5	3.5	1.7
7	9.7	4.2	6.0	2.7	7.8	2.6
8	10.7	4.1	4.4	2.1	7.6	2.2
Total	8.5	2.4	5.1	1.6	7.0	1.6
Current tobacco use						
Race/Ethnicity						
White	14.6	4.3	10.1	3.4	12.4	3.2
Black	12.1	6.8	7.7	3.9	10.1	3.9
Hispanic	12.0	3.6	8.5	3.6	10.2	2.6
Other	15.9	8.0	18.9	11.4	18.3	8.5
Grade						
6	7.5	3.9	3.9	2.7	5.8	2.5
7	12.4	3.8	12.6	4.6	12.5	3.8
8	19.1	4.9	10.3	3.6	14.8	2.8
Total	13.4	3.0	9.5	2.5	11.6	2.2

*Used chewing tobacco, snuff, or dip on ≥ 1 of the 30 days preceding the survey.
†Smoked cigars, cigarillos, or little cigars on ≥ 1 of the 30 days preceding the survey.
‡Smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on ≥ 1 of the 30 days preceding the survey.
§95% confidence interval.
‖Non-Hispanic.

Table 9h. Percentage of middle school students who ever drank alcohol,* who ever used marijuana, and who ever used cocaine,† by sex, race/ethnicity, and grade—Hillsborough County PS, FL, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI‡ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Lifetime alcohol use						
Race/Ethnicity						
White§	40.3	7.0	38.3	5.8	39.4	5.4
Black§	34.4	10.7	45.5	8.3	40.2	7.4
Hispanic	50.2	6.1	44.5	5.6	47.1	4.8
Other	38.4	10.4	38.8	13.4	39.3	9.0
Grade						
6	30.1	5.4	26.8	6.7	28.4	5.3
7	42.9	8.4	44.9	8.6	44.0	6.7
8	51.7	8.5	51.1	6.4	51.4	5.3
Total	41.6	5.3	41.6	4.9	41.6	4.4
Lifetime marijuana use						
Race/Ethnicity						
White	14.9	4.8	9.4	3.4	12.2	3.5
Black	11.9	6.9	15.8	7.6	14.1	5.2
Hispanic	20.1	5.0	13.0	3.9	16.6	3.4
Other	13.0	7.4	18.6	12.5	16.4	8.5
Grade						
6	5.6	2.4	5.1	3.6	5.3	2.4
7	16.2	6.2	13.6	4.8	14.9	4.8
8	24.0	5.5	16.6	5.0	20.3	3.7
Total	15.5	3.8	12.3	3.2	14.0	2.9
Lifetime cocaine use						
Race/Ethnicity						
White	4.3	1.7	5.2	1.7	4.7	1.2
Black	9.8	6.0	5.6	3.7	7.8	3.8
Hispanic	5.1	2.6	4.2	2.2	4.7	1.7
Other	4.4	3.6	14.1	9.3	10.2	5.7
Grade						
6	3.1	1.7	3.1	1.9	3.2	1.1
7	3.8	2.3	6.4	3.3	5.1	1.9
8	10.6	4.1	5.1	2.3	7.9	2.3
Total	6.0	1.9	5.4	1.5	5.8	1.3

*Ever had ≥ 1 drinks of alcohol, other than a few sips.
†Ever used any form of cocaine (e.g., powder, "crack," or "freebase").
‡95% confidence interval.
§Non-Hispanic.

Table 10h. Percentage of middle school students who used inhalants,* who used steroids, and who injected illegal drugs,† by sex, race/ethnicity, and grade—Hillsborough County PS, FL, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI‡ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Lifetime inhalant use						
Race/Ethnicity						
White§	12.0	3.4	17.1	4.5	14.5	3.1
Black§	11.0	7.3	11.8	5.9	11.7	4.7
Hispanic	11.9	5.1	18.9	3.8	15.2	3.0
Other	16.9	6.5	25.5	11.4	22.4	7.8
Grade						
6	10.5	3.1	11.2	3.5	10.9	2.4
7	9.9	4.5	19.3	5.9	14.6	3.8
8	15.3	5.2	17.8	4.2	16.5	3.0
Total	12.2	2.5	16.7	3.0	14.5	2.2
Lifetime steroid use						
Race/Ethnicity						
White	4.7	2.0	2.1	1.4	3.4	1.3
Black	5.1	4.2	4.2	3.0	4.8	2.7
Hispanic	4.0	2.6	2.1	2.4	3.1	1.9
Other	5.2	3.7	8.0	8.5	8.5	4.7
Grade						
6	3.1	2.5	2.1	1.6	2.7	1.4
7	3.4	2.5	2.7	2.2	3.0	1.5
8	7.1	3.3	2.5	1.8	4.8	2.0
Total	4.6	1.6	2.9	1.2	3.9	1.2
Lifetime illegal injection drug use						
Race/Ethnicity						
White	1.8	1.7	1.8	1.2	1.8	1.1
Black	2.9	3.2	4.6	3.4	4.0	2.4
Hispanic	2.3	1.6	1.1	1.2	1.7	1.0
Other	7.0	5.6	8.9	8.6	9.1	5.0
Grade						
6	0.4	0.5	1.7	1.7	1.1	0.9
7	3.1	2.6	2.5	2.2	2.8	1.6
8	3.5	2.5	2.2	1.6	2.8	1.6
Total	2.4	1.2	2.7	1.2	2.6	1.1

*Ever sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high.
†Ever used a needle to inject any illegal drug into the body.
‡95% confidence interval.
§Non-Hispanic.

Table 11h. Percentage of middle school students who used tobacco or drugs for the first time before age 11 years, by sex, race/ethnicity, and grade—Hillsborough County PS, FL, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Smoked a whole cigarette before age 11 years						
Race/Ethnicity						
White†	6.3	2.3	3.2	1.9	4.8	1.8
Black†	8.1	5.2	7.8	4.7	7.9	3.1
Hispanic	10.5	4.3	4.4	2.2	7.6	2.2
Other	8.1	6.0	7.9	7.7	10.3	4.8
Grade						
6	4.3	2.1	2.7	2.2	3.6	1.8
7	10.3	4.4	4.4	2.4	7.3	2.3
8	8.1	3.9	6.5	3.0	7.3	2.4
Total	8.1	2.4	4.9	1.6	6.6	1.7
Drank alcohol before age 11 years‡						
Race/Ethnicity						
White	17.8	3.6	13.1	3.7	15.5	3.0
Black	18.1	7.1	23.6	7.8	21.0	6.1
Hispanic	24.1	5.0	14.9	4.4	19.4	3.2
Other	24.6	10.1	29.2	13.7	27.9	8.7
Grade						
6	20.1	4.2	15.8	4.3	18.0	3.9
7	20.7	6.5	18.7	5.9	19.7	4.2
8	18.6	5.4	14.1	4.6	16.4	3.9
Total	20.2	3.0	16.8	3.5	18.6	2.7
Tried marijuana before age 11 years						
Race/Ethnicity						
White	5.5	2.1	3.4	1.5	4.5	1.4
Black	7.6	5.6	8.8	4.9	8.5	4.2
Hispanic	8.4	3.4	3.9	2.0	6.2	1.8
Other	8.4	5.5	10.5	9.0	10.1	5.6
Grade						
6	4.5	2.0	4.7	2.6	4.5	1.6
7	7.2	3.4	5.6	3.2	6.4	2.4
8	8.0	3.5	3.7	1.9	5.9	1.8
Total	6.9	1.9	5.2	1.7	6.2	1.4

*95% confidence interval.
†Non-Hispanic.
‡Other than a few sips.

Table 12h. Percentage of middle school students who engaged in sexual behaviors, by sex, race/ethnicity, and grade—Hillsborough County PS, FL, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Ever had sexual intercourse						
Race/Ethnicity						
White†	20.7	4.9	10.1	3.6	15.5	3.5
Black†	27.2	9.0	25.0	6.7	26.3	6.3
Hispanic	29.4	7.5	16.2	4.5	22.6	4.6
Other	20.1	8.1	19.6	12.1	21.1	8.8
Grade						
6	16.3	4.9	6.4	3.3	11.5	3.4
7	22.1	7.4	17.2	5.4	19.6	5.5
8	33.9	6.9	22.0	5.3	27.9	4.7
Total	24.1	4.3	15.7	3.3	20.0	3.2
Had first sexual intercourse before age 11 years						
Race/Ethnicity						
White	6.0	2.2	1.5	1.2	3.8	1.4
Black	9.1	4.9	7.5	4.9	8.6	3.4
Hispanic	10.5	5.4	4.1	2.3	7.3	3.1
Other	9.6	5.5	5.9	7.3	8.5	5.3
Grade						
6	6.3	2.4	2.9	2.8	4.6	2.1
7	9.1	4.8	4.8	2.7	7.0	2.9
8	8.1	3.9	2.8	1.6	5.4	2.2
Total	8.0	2.1	3.8	1.6	6.0	1.5
Had sexual intercourse with ≥ 3 persons during lifetime						
Race/Ethnicity						
White	8.5	3.0	3.8	1.9	6.2	2.0
Black	9.2	5.4	9.3	4.5	9.5	3.7
Hispanic	8.8	3.4	4.5	2.9	6.6	2.3
Other	10.2	7.0	7.4	8.2	10.3	5.9
Grade						
6	5.1	2.5	2.1	1.8	3.6	1.8
7	8.3	4.2	6.1	3.1	7.2	3.0
8	12.7	4.0	7.0	2.5	9.8	2.8
Total	8.8	2.4	5.5	1.6	7.3	1.7

*95% confidence interval.
†Non-Hispanic.

Table 13h. Percentage of middle school students who used a condom during last sexual intercourse* and were ever taught about acquired immunodeficiency syndrome (AIDS) or human immunodeficiency virus (HIV) infection in school, by sex, race/ethnicity, and grade—Hillsborough County PS, FL, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI† (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Condom use during last sexual intercourse						
Race/Ethnicity						
White‡	—§	—	—	—	70.6	7.5
Black‡	—	—	—	—	62.9	11.2
Hispanic	—	—	—	—	76.5	8.1
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	62.6	7.4
8	83.8	6.1	—	—	78.1	6.2
Total	73.6	6.1	63.1	8.1	69.1	5.6
Taught about AIDS or HIV infection in school						
Race/Ethnicity						
White	79.0	5.2	75.7	6.1	77.4	5.0
Black	86.2	6.2	72.6	9.1	79.0	5.3
Hispanic	75.6	6.9	75.9	6.2	75.8	5.5
Other	63.3	9.9	70.7	9.9	66.2	6.6
Grade						
6	66.6	9.2	54.3	9.0	60.7	8.4
7	85.6	4.7	85.3	4.7	85.4	3.4
8	86.3	5.0	84.9	5.5	85.6	3.6
Total	78.7	4.0	74.7	5.2	76.7	4.1

*Among the 20.0% of students who ever had sexual intercourse.
†95% confidence interval.
‡Non-Hispanic.
§Not available.

Table 14h. Percentage of middle school students who were at risk for becoming* or were overweight,† by sex, race/ethnicity, and grade—Hillsborough County PS, FL, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI‡ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
At risk for becoming overweight						
Race/Ethnicity						
White§	18.5	4.9	21.0	4.7	19.7	3.5
Black§	19.9	11.1	29.9	11.0	24.8	7.1
Hispanic	25.6	5.9	14.6	3.9	20.4	3.6
Other	22.6	9.2	—‖	—	21.0	6.4
Grade						
6	25.9	8.0	28.6	8.7	27.2	6.5
7	19.6	5.7	18.6	4.9	19.1	3.6
8	18.6	5.8	18.7	5.7	18.6	4.0
Total	20.8	3.9	21.6	4.1	21.2	2.8
Overweight						
Race/Ethnicity						
White	13.6	4.0	6.9	2.6	10.5	2.6
Black	20.5	7.7	13.8	6.9	17.2	5.2
Hispanic	19.8	5.8	14.7	4.6	17.4	3.3
Other	18.7	9.0	—	—	16.7	5.9
Grade						
6	22.6	8.8	15.1	4.2	18.9	4.4
7	15.7	4.5	11.4	4.8	13.7	3.6
8	14.3	5.6	8.6	4.2	11.6	3.7
Total	17.1	3.1	11.3	2.5	14.4	1.9

*Students who were ≥ 85th percentile but < 95th percentile for body mass index, by age and sex, based on reference data.
†Students who were ≥ 95th percentile for body mass index, by age and sex, based on reference data.
‡95% confidence interval.
§Non-Hispanic.
‖Not available.

Table 15h. Percentage of middle school students who described themselves as slightly or very overweight and who were trying to lose weight, by sex, race/ethnicity, and grade—Hillsborough County PS, FL, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Described themselves as overweight						
Race/Ethnicity						
White†	24.9	3.7	29.5	3.1	27.1	2.5
Black†	20.1	7.4	23.9	5.9	22.1	5.1
Hispanic	31.5	4.6	30.0	5.0	30.6	3.2
Other	27.0	8.7	42.2	9.0	33.0	5.8
Grade						
6	26.7	4.0	31.0	5.7	28.6	3.4
7	23.1	3.6	27.3	4.7	25.1	3.2
8	26.5	4.2	27.4	4.8	26.9	3.6
Total	25.6	2.2	28.9	2.5	27.1	1.7
Were trying to lose weight						
Race/Ethnicity						
White	37.1	5.1	53.8	4.2	45.2	3.2
Black	43.3	8.9	54.3	8.5	49.2	5.9
Hispanic	42.3	5.3	55.9	5.7	48.6	3.7
Other	35.8	10.3	56.7	11.0	45.1	7.0
Grade						
6	43.4	6.6	56.5	6.7	49.5	4.6
7	35.5	6.4	53.4	6.6	44.4	4.6
8	40.5	6.2	54.5	5.0	47.4	4.2
Total	39.7	3.7	54.6	3.3	46.9	2.4

*95% confidence interval.
†Non-Hispanic.

Table 16h. Percentage of middle school students who ever engaged in healthy behaviors to lose weight or to keep from gaining weight, by sex, race/ethnicity, and grade—Hillsborough County PS, FL, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight						
Race/Ethnicity						
White†	35.6	4.5	59.6	4.7	47.2	3.8
Black†	36.1	10.4	47.6	9.0	42.2	6.6
Hispanic	36.4	5.8	47.7	6.3	41.6	4.2
Other	46.2	10.2	60.5	9.1	51.3	6.4
Grade						
6	38.2	6.9	50.2	5.0	43.7	4.7
7	35.7	7.1	56.0	5.5	45.8	4.7
8	35.4	4.8	55.1	6.4	45.2	3.6
Total	36.5	3.4	53.6	3.4	44.8	2.6
Exercised to lose weight or to keep from gaining weight						
Race/Ethnicity						
White	63.4	4.0	78.7	4.2	70.8	2.7
Black	65.3	9.0	70.8	6.9	68.0	5.1
Hispanic	67.4	6.8	75.5	4.8	71.3	4.7
Other	64.8	11.1	74.9	8.3	69.1	6.9
Grade						
6	67.2	5.1	73.3	4.6	70.1	3.2
7	61.3	6.9	77.5	4.9	69.4	4.0
8	66.3	5.2	77.7	4.9	71.9	3.9
Total	65.0	3.2	75.9	2.6	70.3	2.1

*95% confidence interval.
†Non-Hispanic.

Table 17h. Percentage of middle school students who ever engaged in unhealthy behaviors to lose weight or to keep from gaining weight, by sex, race/ethnicity, and grade—Hillsborough County PS, FL, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Went without eating for ≥ 24 hours to lose weight or to keep from gaining weight						
Race/Ethnicity						
White†	13.6	3.8	21.8	4.6	17.6	3.5
Black†	11.7	5.4	27.8	6.1	20.2	4.6
Hispanic	16.0	4.2	24.5	5.0	20.0	2.6
Other	16.9	6.1	26.3	11.9	21.6	7.8
Grade						
6	13.6	4.0	17.9	5.8	15.6	3.5
7	15.1	4.1	27.5	6.4	21.2	4.8
8	13.3	4.0	26.1	4.6	19.7	3.3
Total	14.2	2.2	24.3	3.3	19.1	2.3
Took diet pills, powders, or liquids to lose weight or to keep from gaining weight‡						
Race/Ethnicity						
White	7.4	2.7	7.9	3.1	7.6	2.3
Black	2.9	2.2	4.7	2.7	4.0	2.0
Hispanic	5.8	3.0	7.3	2.8	6.5	2.1
Other	8.6	5.2	14.0	9.2	11.3	5.6
Grade						
6	4.9	2.5	2.8	1.6	3.9	1.6
7	5.1	3.1	7.7	2.9	6.4	2.0
8	7.7	3.0	10.0	3.7	8.8	2.8
Total	6.0	1.7	7.2	2.0	6.7	1.4
Vomited or took laxatives to lose weight or to keep from gaining weight						
Race/Ethnicity						
White	4.8	2.2	11.0	3.4	7.8	2.2
Black	3.7	2.8	9.2	4.3	6.8	2.4
Hispanic	4.3	2.2	7.8	3.1	5.9	1.9
Other	7.1	5.4	21.5	10.3	14.3	7.1
Grade						
6	4.2	1.8	6.5	2.9	5.3	1.8
7	4.1	2.2	11.4	3.5	7.8	2.4
8	4.5	2.3	10.9	3.7	7.7	2.1
Total	4.5	1.1	10.4	2.2	7.5	1.3

*95% confidence interval.
†Non-Hispanic.
‡Without a doctor's advice.

Table 18h. Percentage of middle school students who participated in sufficient vigorous physical activity,* played on ≥ 1 sports teams,† and who watched ≥ 3 hours per day of television,‡ by sex, race/ethnicity, and grade—Hillsborough County PS, FL, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI§ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Participated in sufficient vigorous physical activity						
Race/Ethnicity						
White‖	77.0	3.8	73.8	5.0	75.4	3.5
Black‖	74.5	8.0	63.2	10.3	68.5	7.4
Hispanic	74.1	6.2	66.0	5.7	70.1	4.0
Other	81.1	7.4	73.7	8.2	76.5	5.0
Grade						
6	70.8	4.5	69.3	4.7	70.0	3.6
7	77.2	5.8	67.6	5.4	72.4	4.0
8	80.6	5.0	70.9	6.5	75.8	4.8
Total	75.8	3.4	69.1	3.5	72.4	2.7
Played on any sports teams						
Race/Ethnicity						
White	55.6	5.0	49.0	4.7	52.4	3.5
Black	64.0	9.7	41.4	9.0	52.3	6.6
Hispanic	52.7	5.3	34.2	4.9	43.9	4.0
Other	55.6	8.9	46.2	10.1	51.6	6.7
Grade						
6	58.5	6.0	46.0	6.0	52.7	5.2
7	56.0	5.5	40.3	6.3	48.2	4.5
8	57.5	3.6	42.5	5.9	50.1	3.9
Total	56.9	2.8	42.9	3.4	50.0	2.3
Watched ≥ 3 hours per day of TV						
Race/Ethnicity						
White	38.0	4.6	36.1	4.3	37.1	3.5
Black	64.4	8.3	66.0	8.0	65.1	6.0
Hispanic	53.1	6.8	51.7	6.1	52.5	4.2
Other	37.8	9.6	54.2	7.9	44.5	6.3
Grade						
6	46.1	5.7	39.3	4.7	42.7	4.5
7	48.0	8.3	52.1	5.8	50.1	6.0
8	48.4	6.4	53.7	6.3	51.1	4.6
Total	47.6	3.3	48.6	3.8	48.0	2.8

*Exercised or participated in physical activities that made students sweat and breathe hard for ≥ 20 minutes on ≥ 3 of the 7 days preceding the survey (e.g., basketball, soccer, running, swimming laps, fast bicycling, fast dancing, or similar aerobic activities).
†Run by their school or community groups.
‡On an average school day.
§95% confidence interval.
‖Non-Hispanic.

Table 19h. Percentage of middle school students who attended physical education (PE) classes[*] and attended PE classes daily,[†] by sex, race/ethnicity, and grade—Hillsborough County PS, FL, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI[‡] (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Attended PE classes						
Race/Ethnicity						
White[§]	70.4	8.8	57.4	7.8	64.0	7.6
Black[§]	76.1	7.6	61.8	10.4	68.7	6.7
Hispanic	76.4	7.3	65.3	9.2	71.1	7.1
Other	70.4	11.3	61.8	10.2	67.2	8.2
Grade						
6	59.7	11.7	50.6	11.0	55.5	10.5
7	80.6	7.3	68.7	9.3	74.6	7.6
8	80.4	8.0	61.9	10.8	71.2	8.7
Total	73.4	5.9	60.6	6.4	67.1	5.7
Attended PE class daily						
Race/Ethnicity						
White	54.7	9.1	44.4	7.1	49.6	7.1
Black	58.0	10.7	43.6	8.1	50.3	7.1
Hispanic	54.2	9.0	42.2	9.4	48.5	7.4
Other	54.4	11.0	46.6	10.5	50.1	8.8
Grade						
6	37.9	11.2	26.3	9.0	32.4	9.2
7	59.6	13.1	54.3	12.1	56.8	11.8
8	69.7	10.3	49.3	12.6	59.5	10.8
Total	55.2	6.8	43.6	6.1	49.4	5.8

[*]On ≥ 1 days in an average week when they were in school.
[†]5 days in an average week when they were in school.
[‡]95% confidence interval.
[§]Non-Hispanic.

Table 20h. Percentage of middle school students who described their health, in general, as fair or poor, by sex, race/ethnicity, and grade—Hillsborough County PS, FL, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Described health as fair or poor						
Race/Ethnicity						
White†	6.8	2.1	4.1	1.4	5.5	1.5
Black†	8.2	6.6	12.4	5.0	10.6	4.4
Hispanic	7.8	2.9	4.8	2.6	6.3	1.9
Other	9.6	7.1	16.2	10.4	13.6	7.3
Grade						
6	5.1	1.9	6.1	3.3	5.6	1.8
7	6.6	3.1	7.5	2.8	7.0	2.6
8	10.2	4.3	5.7	2.3	8.0	2.4
Total	7.6	2.0	6.8	1.7	7.3	1.5

*95% confidence interval.
†Non-Hispanic.

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Table 2i. Percentage of middle school students who rarely or never wore a seat belt* and who ever rode in a car driven by someone who had been drinking alcohol, by sex, race/ethnicity, and grade—Memphis City Schools, TN, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI† (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Rarely or never wore a seat belt						
Race/Ethnicity						
White‡	—§	—	—	—	—	—
Black‡	11.2	3.0	9.6	2.4	10.4	2.2
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	10.9	6.5
Grade						
6	8.7	5.1	6.1	3.0	7.5	2.7
7	11.3	4.5	9.7	3.9	10.5	3.4
8	12.1	4.6	10.5	3.5	11.3	3.3
Total	11.1	2.8	9.1	2.1	10.1	2.1
Rode with a driver who had been drinking alcohol						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	32.1	5.4	33.8	4.2	32.9	3.4
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	32.3	10.2
Grade						
6	25.1	7.0	24.0	7.7	24.6	4.5
7	30.5	6.7	31.6	5.9	31.0	5.0
8	40.4	10.5	40.1	5.4	40.2	6.6
Total	32.6	5.8	33.0	4.1	32.8	3.7

*When riding in a car.
†95% confidence interval.
‡Non-Hispanic.
§Not available.

Table 3i. Percentage of middle school students who rarely or never wore a bicycle helmet[*] and a rollerblade or skateboard helmet,[†] by sex, race/ethnicity, and grade—Memphis City Schools, TN, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI[‡] (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Rarely or never wore a bicycle helmet						
Race/Ethnicity						
White[§]	—[‖]	—	—	—	—	—
Black[§]	95.7	1.8	88.8	3.3	92.6	2.0
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	88.0	6.7	81.7	7.1	85.1	3.7
7	93.6	6.1	90.0	3.4	92.1	4.1
8	98.0	2.0	93.5	3.5	96.0	2.4
Total	93.6	3.2	88.5	3.1	91.3	2.2
Rarely or never wore a rollerblade or skateboard helmet						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	90.7	4.1	88.0	4.7	89.3	3.2
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	80.4	5.9
7	87.4	10.4	95.4	3.1	91.3	5.5
8	—	—	—	—	92.7	4.5
Total	88.7	4.5	88.1	4.3	88.4	3.1

[*]Among the 79.5% of students who rode bicycles.
[†]Among the 41.6% of students who rollerbladed or rode a skateboard.
[‡]95% confidence interval.
[§]Non-Hispanic.
[‖]Not available.

Table 4i. Percentage of middle school students who ever carried a weapon,* who ever were in a physical fight, and who ever were hurt in a physical fight,† by sex, race/ethnicity, and grade—Memphis City Schools, TN, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI‡ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Carried a weapon						
Race/Ethnicity						
White§	—‖	—	—	—	—	—
Black§	35.8	3.8	20.6	3.9	28.3	3.3
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	33.9	10.6
Grade						
6	31.0	7.5	12.3	5.3	22.0	6.2
7	34.3	4.8	18.1	3.8	26.4	3.6
8	41.8	6.9	27.4	8.0	34.5	6.1
Total	36.3	3.6	20.2	3.5	28.3	3.0
In a physical fight						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	80.5	3.4	66.8	4.6	73.8	3.6
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	65.7	10.4
Grade						
6	72.6	6.4	52.4	8.1	62.8	5.2
7	75.0	4.3	61.6	7.4	68.5	5.3
8	88.4	5.7	73.3	3.7	80.6	3.6
Total	79.2	3.5	63.7	4.6	71.5	3.5
Hurt in a physical fight						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	8.5	2.8	5.6	2.5	7.1	2.0
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	6.1	5.2
Grade						
6	4.7	2.8	5.9	4.1	5.3	2.1
7	5.8	3.1	1.8	1.5	3.8	2.0
8	13.0	4.7	9.5	3.9	11.2	3.0
Total	8.2	2.5	5.6	2.3	6.9	1.8

*For example, a gun, knife, or club.
†Injuries had to be treated by a doctor or nurse.
‡95% confidence interval.
§Non-Hispanic.
‖Not available.

Table 5i. Percentage of middle school students who ever seriously thought about killing themselves, who ever made a plan about how they would kill themselves, and who ever tried to kill themselves, by sex, race/ethnicity, and grade—Memphis City Schools, TN, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Seriously thought about killing themselves						
Race/Ethnicity						
White†	—‡	—	—	—	—	—
Black†	14.1	3.0	23.4	3.7	18.6	2.1
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	21.8	7.4
Grade						
6	14.5	5.7	15.3	4.3	14.8	4.0
7	14.0	5.1	28.8	6.2	21.3	3.8
8	13.8	5.0	21.1	6.5	17.5	2.8
Total	14.3	2.7	22.9	3.3	18.5	1.9
Made a plan about how they would kill themselves						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	5.7	1.9	13.0	2.6	9.2	1.8
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	10.6	4.6
Grade						
6	5.3	2.6	12.7	3.8	8.6	2.4
7	7.1	2.6	15.9	3.9	11.4	2.4
8	3.6	2.7	8.9	3.8	6.3	2.6
Total	5.6	1.7	12.7	2.3	9.1	1.6
Tried to kill themselves						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	7.3	2.4	11.8	3.2	9.5	2.2
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	11.5	7.3
Grade						
6	4.1	3.3	7.1	3.5	5.5	1.9
7	7.5	3.6	15.7	4.9	11.5	3.2
8	7.6	4.5	8.7	4.5	8.2	3.5
Total	6.9	2.2	11.3	2.9	9.0	2.0

*95% confidence interval.
†Non-Hispanic.
‡Not available.

Table 6i. Percentage of middle school students who ever smoked cigarettes, by sex, race/ethnicity, and grade—Memphis City Schools, TN, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Lifetime cigarette use†						
Race/Ethnicity						
White‡	—§	—	—	—	—	—
Black‡	42.2	4.5	40.1	5.9	41.2	4.1
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	35.5	10.3
Grade						
6	30.7	6.7	22.6	8.1	27.1	5.8
7	39.4	7.7	38.1	9.8	38.8	7.7
8	49.9	9.1	48.3	7.7	49.1	6.8
Total	41.2	5.0	38.9	5.7	40.1	4.5
Lifetime daily cigarette use‖						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	3.2	1.5	1.5	0.9	2.4	0.9
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	5.1	5.8
Grade						
6	1.2	1.7	0.8	1.6	1.0	1.1
7	2.5	1.8	2.3	1.4	2.4	1.3
8	4.2	3.4	0.7	1.1	2.4	1.8
Total	3.3	1.4	1.6	0.7	2.5	0.8

*95% confidence interval.
†Ever tried cigarette smoking, even one or two puffs.
‡Non-Hispanic.
§Not available.
‖Ever smoked ≥ 1 cigarettes every day for 30 days.

Table 7i. Percentage of middle school students who currently smoked cigarettes, by sex, race/ethnicity, and grade—Memphis City Schools, TN, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Current cigarette use†						
Race/Ethnicity						
White‡	—§	—	—	—	—	—
Black‡	7.1	2.4	6.0	2.4	6.5	1.5
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	9.7	6.7
Grade						
6	5.1	3.0	0.7	1.2	3.0	1.6
7	6.0	3.2	7.2	3.3	6.6	2.3
8	9.7	4.0	6.9	4.5	8.3	2.5
Total	7.5	2.3	5.7	2.1	6.6	1.4
Current frequent cigarette use‖						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	1.0	1.2	0.6	0.8	0.8	0.7
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	1.8	2.6
Grade						
6	0.0	0.0	0.0	0.0	0.0	0.0
7	0.4	0.8	0.8	1.5	0.6	0.8
8	1.8	2.5	0.6	1.1	1.2	1.3
Total	1.0	1.2	0.7	0.7	0.8	0.7

*95% confidence interval.
†Smoked cigarettes on ≥ 1 of the 30 days preceding the survey.
‡Non-Hispanic.
§Not available.
‖Smoked cigarettes on ≥ 20 of the 30 days preceding the survey.

Table 8i. Percentage of middle school students who used smokeless tobacco,* smoked cigars,† and used any tobacco product‡ by sex, race/ethnicity, and grade—Memphis City Schools, TN, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI§ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Current smokeless tobacco use						
Race/Ethnicity						
White‖	—¶	—	—	—	—	—
Black‖	3.3	1.3	2.7	1.3	3.0	0.9
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	5.3	3.4
Grade						
6	3.6	2.1	2.3	2.4	3.0	1.2
7	2.6	1.8	2.7	1.6	2.6	1.1
8	2.9	1.9	2.2	2.2	2.6	1.6
Total	3.2	1.2	2.4	1.2	2.8	0.8
Current cigar use						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	13.7	3.3	9.6	3.6	11.7	2.6
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	11.7	5.7
Grade						
6	9.0	3.9	5.2	4.2	7.2	3.3
7	13.5	4.1	7.8	3.7	10.7	3.3
8	13.7	6.7	12.5	7.2	13.1	5.1
Total	12.7	3.0	9.1	3.2	10.9	2.3
Current tobacco use						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	15.3	2.9	11.7	3.5	13.5	2.3
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	18.1	8.6
Grade						
6	12.4	3.7	6.0	4.3	9.4	2.9
7	13.5	3.8	9.7	4.6	11.6	3.2
8	17.0	5.2	15.3	6.9	16.1	4.3
Total	15.1	2.7	11.0	3.2	13.1	2.2

*Used chewing tobacco, snuff, or dip on ≥ 1 of the 30 days preceding the survey.
†Smoked cigars, cigarillos, or little cigars on ≥ 1 of the 30 days preceding the survey.
‡Smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on ≥ 1 of the 30 days preceding the survey.
§95% confidence interval.
‖Non-Hispanic.
¶Not available.

Table 9i. Percentage of middle school students who ever drank alcohol,* who ever used marijuana, and who ever used cocaine,† by sex, race/ethnicity, and grade—Memphis City Schools, TN, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI‡ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Lifetime alcohol use						
Race/Ethnicity						
White§	—‖	—	—	—	—	—
Black§	46.4	5.7	45.6	6.6	46.0	5.2
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	40.8	10.5
Grade						
6	29.4	6.3	30.6	8.1	30.0	6.4
7	46.0	9.1	40.3	7.2	43.2	6.6
8	56.3	10.8	52.6	12.6	54.4	9.2
Total	45.4	5.9	43.0	5.9	44.3	4.9
Lifetime marijuana use						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	24.9	4.7	16.6	4.8	20.9	4.2
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	21.7	11.2
Grade						
6	11.0	5.1	4.1	4.2	7.9	3.6
7	21.9	5.3	13.9	5.7	18.0	4.1
8	37.7	9.4	23.9	8.6	30.7	8.1
Total	24.7	4.9	15.7	4.3	20.3	4.0
Lifetime cocaine use						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	1.9	1.1	4.1	1.8	3.0	1.1
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	6.3	4.6
Grade						
6	2.3	2.4	4.7	3.1	3.4	1.7
7	1.3	1.1	4.3	2.8	2.8	1.5
8	2.4	1.8	3.1	2.6	2.8	1.6
Total	2.0	1.0	4.2	1.8	3.1	1.1

*Ever had ≥ 1 drinks of alcohol, other than a few sips.
†Ever used any form of cocaine (e.g., powder, "crack," or "freebase").
‡95% confidence interval.
§Non-Hispanic.
‖Not available.

Table 10i. Percentage of middle school students who used inhalants,* who used steroids, and who injected illegal drugs,† by sex, race/ethnicity, and grade—Memphis City Schools, TN, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI‡ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Lifetime inhalant use						
Race/Ethnicity						
White§	—‖	—	—	—	—	—
Black§	5.0	1.8	8.2	2.7	6.5	1.7
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	14.4	7.7
Grade						
6	6.9	4.5	9.3	6.2	8.0	4.4
7	5.7	1.4	7.9	2.9	6.8	1.2
8	6.3	3.7	7.8	4.9	7.1	3.6
Total	6.2	1.9	8.4	2.5	7.3	1.8
Lifetime steroid use						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	3.0	1.2	0.6	0.6	1.8	0.7
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	0.7	1.3
Grade						
6	2.6	2.4	0.7	1.3	1.7	1.4
7	2.4	2.2	0.8	1.2	1.6	1.3
8	2.6	1.8	0.5	0.9	1.5	0.9
Total	2.7	1.1	0.8	0.8	1.8	0.7
Lifetime illegal injection drug use						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	1.6	0.9	0.4	0.5	1.0	0.6
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	1.0	1.9
Grade						
6	1.0	1.3	0.0	0.0	0.5	0.7
7	1.9	1.6	0.4	0.7	1.1	1.0
8	1.4	1.6	0.5	1.0	0.9	0.9
Total	1.5	0.9	0.3	0.5	0.9	0.5

*Ever sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high.
†Ever used a needle to inject any illegal drug into the body.
‡95% confidence interval.
§Non-Hispanic.
‖Not available.

Table 11i. Percentage of middle school students who used tobacco or drugs for the first time before age 11 years, by sex, race/ethnicity, and grade—Memphis City Schools, TN, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Smoked a whole cigarette before age 11 years						
Race/Ethnicity						
White†	—‡	—	—	—	—	—
Black†	7.9	2.7	6.3	2.8	7.1	2.2
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	9.4	6.8
Grade						
6	7.4	3.7	6.1	3.4	6.8	2.6
7	6.3	3.5	6.6	3.7	6.4	2.5
8	7.9	4.3	5.0	4.1	6.4	4.2
Total	7.6	2.5	6.2	2.5	6.9	2.1
Drank alcohol before age 11 years§						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	17.6	3.0	18.7	4.2	18.1	2.9
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	18.0	7.3
Grade						
6	15.9	4.6	17.1	4.8	16.5	3.2
7	20.3	6.6	18.6	6.6	19.5	5.3
8	12.5	6.0	17.1	7.4	14.8	4.8
Total	16.9	3.2	17.7	3.7	17.3	2.8
Tried marijuana before age 11 years						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	6.4	2.0	4.6	2.1	5.6	1.4
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	6.6	5.9
Grade						
6	4.0	3.1	4.2	3.9	4.1	2.7
7	7.6	3.4	4.4	2.2	6.1	1.6
8	5.9	3.1	4.2	3.4	5.1	2.6
Total	6.4	2.1	4.6	2.0	5.5	1.4

*95% confidence interval.
†Non-Hispanic.
‡Not available.
§Other than a few sips.

Table 12i. Percentage of middle school students who engaged in sexual behaviors, by sex, race/ethnicity, and grade—Memphis City Schools, TN, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Ever had sexual intercourse						
Race/Ethnicity						
White†	—‡	—	—	—	—	—
Black†	56.1	5.3	22.9	4.9	39.5	4.4
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	29.4	11.0
Grade						
6	38.2	11.1	12.7	6.9	26.0	6.0
7	48.4	8.7	16.9	4.3	32.8	6.3
8	67.8	8.3	31.4	7.6	48.5	6.8
Total	52.5	5.8	21.4	4.3	36.9	4.2
Had first sexual intercourse before age 11 years						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	20.1	4.1	2.8	1.6	11.5	2.4
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	10.8	7.5
Grade						
6	21.5	7.6	2.8	2.6	12.7	3.7
7	20.8	7.2	2.8	2.4	12.0	4.2
8	13.1	5.7	2.1	1.9	7.3	3.0
Total	18.6	3.9	2.7	1.4	10.6	2.2
Had sexual intercourse with ≥ 3 persons during lifetime						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	26.2	4.4	4.6	2.4	15.4	3.2
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	11.4	7.6
Grade						
6	18.8	8.1	1.5	2.1	10.6	4.3
7	22.9	4.5	5.7	3.8	14.4	3.8
8	30.4	8.0	4.5	3.2	16.5	5.3
Total	24.5	4.3	4.2	2.1	14.3	2.9

*95% confidence interval.
†Non-Hispanic.
‡Not available.

Table 13i. Percentage of middle school students who used a condom during last sexual intercourse* and were ever taught about acquired immunodeficiency syndrome (AIDS) or human immunodeficiency virus (HIV) infection in school, by sex, race/ethnicity, and grade—Memphis City Schools, TN, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI†(±)**	**%**	**CI (±)**	**%**	**CI (±)**
Condom use during last sexual intercourse						
Race/Ethnicity						
White‡	—§	—	—	—	—	—
Black‡	83.1	4.0	79.8	7.3	82.2	3.3
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	78.9	7.2	—	—	78.5	6.3
8	—	—	—	—	83.2	6.0
Total	82.7	4.1	79.8	6.8	81.8	3.5
Taught about AIDS or HIV infection in school						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	72.6	4.7	77.5	4.6	75.0	3.9
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	64.3	11.6
Grade						
6	51.6	7.9	62.2	11.3	56.8	8.5
7	71.5	6.8	75.2	7.7	73.3	6.6
8	84.1	6.2	85.7	5.5	84.9	4.7
Total	70.8	4.9	75.4	4.4	73.1	4.0

*Among the 36.9% of students who ever had sexual intercourse.
†95% confidence interval.
‡Non-Hispanic.
§Not available.

Table 14i. Percentage of middle school students who were at risk for becoming* or were overweight,† by sex, race/ethnicity, and grade—Memphis City Schools, TN, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI‡ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
At risk for becoming overweight						
Race/Ethnicity						
White§	—‖	—	—	—	—	—
Black§	18.0	3.2	24.6	3.9	21.3	2.8
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	18.8	5.9	23.5	7.9	21.0	5.8
7	19.7	5.0	25.2	5.2	22.4	3.5
8	15.7	4.3	24.1	5.3	20.1	4.0
Total	17.7	2.8	24.4	3.5	21.0	2.5
Overweight						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	15.9	3.6	20.9	4.2	18.4	2.9
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	24.6	7.5	20.4	9.0	22.6	6.8
7	10.7	2.4	19.8	3.8	15.2	2.6
8	13.8	5.6	17.6	7.3	15.8	4.2
Total	15.4	3.3	19.4	3.8	17.4	2.6

*Students who were ≥ 85th percentile but < 95th percentile for body mass index, by age and sex, based on reference data.
†Students who were ≥ 95th percentile for body mass index, by age and sex, based on reference data.
‡95% confidence interval.
§Non-Hispanic.
‖Not available.

Table 15i. Percentage of middle school students who described themselves as slightly or very overweight and who were trying to lose weight, by sex, race/ethnicity, and grade—Memphis City Schools, TN, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Described themselves as overweight						
Race/Ethnicity						
White†	—‡	—	—	—	—	—
Black†	17.9	3.6	24.5	4.0	21.2	3.1
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	11.8	6.0
Grade						
6	21.0	6.8	19.3	8.0	20.2	6.6
7	20.3	4.8	26.7	5.1	23.4	3.9
8	13.7	5.4	23.7	7.1	18.8	5.2
Total	18.3	3.5	24.1	3.8	21.1	3.0
Were trying to lose weight						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	33.8	4.6	49.7	4.5	41.6	3.5
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	35.4	11.2
Grade						
6	38.8	8.8	51.0	8.0	44.7	7.1
7	36.3	4.5	51.9	5.6	43.9	3.6
8	26.4	7.8	44.5	7.7	35.6	5.9
Total	33.7	4.3	49.2	4.1	41.4	3.3

*95% confidence interval.
†Non-Hispanic.
‡Not available.

Table 16i. Percentage of middle school students who ever engaged in healthy behaviors to lose weight or to keep from gaining weight, by sex, race/ethnicity, and grade—Memphis City Schools, TN, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight						
Race/Ethnicity						
White†	—‡	—	—	—	—	—
Black†	38.0	4.2	47.7	3.7	42.8	3.1
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	46.1	9.9
Grade						
6	43.7	6.0	49.8	6.5	46.7	5.3
7	38.2	4.6	51.2	5.6	44.5	4.2
8	31.4	6.3	45.1	5.9	38.4	4.1
Total	37.3	4.0	48.8	3.3	43.0	3.0
Exercised to lose weight or to keep from gaining weight						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	65.5	4.0	71.2	4.1	68.3	3.0
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	63.7	9.4
Grade						
6	67.9	6.1	72.3	9.2	70.0	6.4
7	65.9	6.3	70.3	5.3	68.0	3.8
8	64.0	8.6	71.0	6.3	67.6	5.7
Total	65.9	4.1	71.1	3.8	68.5	2.9

*95% confidence interval.
†Non-Hispanic.
‡Not available.

Table 17i. Percentage of middle school students who ever engaged in unhealthy behaviors to lose weight or to keep from gaining weight, by sex, race/ethnicity, and grade—Memphis City Schools, TN, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Went without eating for ≥ 24 hours to lose weight or to keep from gaining weight						
Race/Ethnicity						
White†	—‡	—	—	—	—	—
Black†	18.4	3.6	23.3	4.7	20.8	3.1
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	19.2	7.5
Grade						
6	17.7	6.7	18.4	7.3	18.0	5.1
7	20.8	6.6	21.8	5.7	21.3	5.0
8	14.1	4.8	27.8	7.9	21.1	4.6
Total	17.8	3.6	23.2	4.2	20.5	2.8
Took diet pills, powders, or liquids to lose weight or to keep from gaining weight§						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	6.0	1.7	5.7	2.6	5.8	1.3
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	3.4	3.9
Grade						
6	5.5	2.8	4.6	3.5	5.1	2.2
7	4.7	2.7	6.7	4.0	5.7	2.6
8	6.5	2.8	3.9	2.9	5.2	1.9
Total	5.5	1.5	5.3	2.3	5.4	1.2
Vomited or took laxatives to lose weight or to keep from gaining weight						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	5.7	1.6	4.8	1.9	5.2	1.3
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	8.2	5.0
Grade						
6	4.1	2.9	4.7	2.6	4.4	1.9
7	6.1	1.8	5.0	2.6	5.6	1.3
8	4.5	2.6	4.6	2.9	4.5	2.3
Total	5.3	1.5	5.1	1.7	5.2	1.2

*95% confidence interval.
†Non-Hispanic.
‡Not available.
§Without a doctor's advice.

Table 18i. Percentage of middle school students who participated in sufficient vigorous physical activity,* played on ≥ 1 sports teams,† and who watched ≥ 3 hours per day of television,‡ by sex, race/ethnicity, and grade—Memphis City Schools, TN, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI§ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Participated in sufficient vigorous physical activity						
Race/Ethnicity						
White‖	—¶	—	—	—	—	—
Black‖	68.4	3.5	60.8	5.8	64.6	3.2
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	63.4	11.7
Grade						
6	68.6	4.7	66.8	11.5	67.7	5.8
7	69.7	4.5	60.4	7.2	65.1	4.0
8	70.4	8.2	61.5	6.8	65.9	5.7
Total	69.7	3.4	62.4	5.1	66.1	3.1
Played on any sports teams						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	57.8	4.5	37.4	4.1	47.8	3.3
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	40.6	8.8
Grade						
6	57.0	9.9	46.6	7.6	51.9	7.1
7	59.4	7.0	40.6	5.4	50.2	4.8
8	53.2	4.2	31.6	4.9	42.2	3.7
Total	56.9	4.2	38.6	3.6	47.9	3.1
Watched ≥ 3 hours per day of TV						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	73.2	4.1	70.7	5.3	72.0	3.8
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	57.4	11.0
Grade						
6	74.0	5.9	62.9	6.8	68.6	5.5
7	65.6	6.3	68.3	8.7	67.0	6.2
8	73.5	6.9	70.9	7.9	72.2	5.5
Total	70.5	4.2	68.0	5.2	69.3	3.9

*Exercised or participated in physical activities that made students sweat and breathe hard for ≥ 20 minutes on ≥ 3 of the 7 days preceding the survey (e.g., basketball, soccer, running, swimming laps, fast bicycling, fast dancing, or similar aerobic activities).
†Run by their school or community groups.
‡On an average school day.
§95% confidence interval.
‖Non-Hispanic.
¶Not available.

Table 19i. Percentage of middle school students who attended physical education (PE) classes* and attended PE classes daily,† by sex, race/ethnicity, and grade—Memphis City Schools, TN, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI‡ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Attended PE classes						
Race/Ethnicity						
White§	—‖	—	—	—	—	—
Black§	54.7	7.8	52.5	8.9	53.6	7.4
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	43.6	12.6
Grade						
6	38.1	11.2	37.6	14.5	37.9	10.7
7	58.6	10.2	51.7	14.5	55.3	11.3
8	61.9	14.4	60.5	14.6	61.2	12.8
Total	54.6	7.7	51.3	9.0	53.0	7.4
Attended PE class daily						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	39.5	8.3	42.9	8.3	41.2	7.6
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	30.3	11.9
Grade						
6	24.1	11.5	29.0	15.8	26.5	12.6
7	41.0	10.6	40.5	13.6	40.8	10.9
8	49.3	14.5	52.2	12.1	50.8	11.4
Total	39.4	8.6	41.9	8.4	40.6	7.8

*On ≥ 1 days in an average week when they were in school.
†5 days in an average week when they were in school.
‡95% confidence interval.
§Non-Hispanic.
‖Not available.

Table 20i. Percentage of middle school students who described their health, in general, as fair or poor, by sex, race/ethnicity, and grade—Memphis City Schools, TN, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Described health as fair or poor						
Race/Ethnicity						
White†	—‡	—	—	—	—	—
Black†	7.3	1.9	10.6	2.2	8.9	1.5
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	9.1	7.9
Grade						
6	7.7	4.3	12.7	6.2	10.1	3.7
7	6.6	3.2	9.8	3.3	8.2	2.1
8	6.7	3.2	8.0	3.4	7.4	2.8
Total	7.0	2.0	10.1	2.1	8.5	1.5

*95% confidence interval.
†Non-Hispanic.
‡Not available.

MIAMI-DADE COUNTY PUBLIC SCHOOLS, FL

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Table 2j. Percentage of middle school students who rarely or never wore a seat belt* and who ever rode in a car driven by someone who had been drinking alcohol, by sex, race/ethnicity, and grade—Miami-Dade County PS, FL, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI† (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Rarely or never wore a seat belt						
Race/Ethnicity						
White‡	—§	—	—	—	5.8	4.3
Black‡	22.2	4.7	14.6	3.7	18.5	3.3
Hispanic	15.3	3.8	10.9	2.1	13.1	2.1
Other	—	—	—	—	16.8	6.4
Grade						
6	12.0	4.5	7.3	2.9	9.7	2.8
7	19.1	4.1	12.5	3.5	15.9	2.9
8	16.2	5.4	13.2	3.4	14.7	3.5
Total	16.1	2.4	11.7	2.1	13.9	1.7
Rode with a driver who had been drinking alcohol						
Race/Ethnicity						
White	—	—	—	—	24.9	9.3
Black	24.3	5.3	24.9	7.6	24.6	4.6
Hispanic	28.2	4.4	31.5	4.2	29.9	3.7
Other	—	—	—	—	29.0	11.2
Grade						
6	22.8	7.5	20.3	7.4	21.5	6.9
7	24.5	3.9	28.0	6.2	26.2	3.5
8	32.6	5.6	34.2	5.7	33.4	5.0
Total	27.1	3.3	28.4	4.0	27.7	3.0

*When riding in a car.
†95% confidence interval.
‡Non-Hispanic.
§Not available.

Table 3j. Percentage of middle school students who rarely or never wore a bicycle helmet[*] and a rollerblade or skateboard helmet,[†] by sex, race/ethnicity, and grade—Miami-Dade County PS, FL, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI[‡] (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Rarely or never wore a bicycle helmet						
Race/Ethnicity						
White[§]	—[‖]	—	—	—	60.7	8.6
Black[§]	91.4	4.7	82.1	5.5	87.3	4.4
Hispanic	90.1	2.9	76.1	4.0	83.6	3.0
Other	—	—	—	—	—	—
Grade						
6	84.8	5.7	64.8	6.4	75.3	5.2
7	87.8	4.6	75.0	6.8	82.1	5.0
8	91.8	4.6	85.3	4.0	88.9	3.5
Total	88.0	2.8	74.9	3.5	82.1	2.8
Rarely or never wore a rollerblade or skateboard helmet						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	88.1	5.8	—	—	85.8	6.0
Hispanic	87.6	4.3	78.4	5.2	82.7	3.7
Other	—	—	—	—	—	—
Grade						
6	77.1	5.8	66.2	6.8	71.6	4.4
7	86.6	5.9	80.0	9.7	83.3	7.0
8	92.5	5.1	89.3	5.3	91.0	3.3
Total	85.4	3.1	77.7	4.9	81.5	3.3

[*]Among the 81.0% of students who rode bicycles.
[†]Among the 49.1% of students who rollerbladed or rode a skateboard.
[‡]95% confidence interval.
[§]Non-Hispanic.
[‖]Not available.

Table 4j. Percentage of middle school students who ever carried a weapon,* who ever were in a physical fight, and who ever were hurt in a physical fight,† by sex, race/ethnicity, and grade—Miami-Dade County PS, FL, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI‡ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Carried a weapon						
Race/Ethnicity						
White§	—‖	—	—	—	26.5	7.8
Black§	34.6	6.8	17.1	7.0	26.2	5.8
Hispanic	29.7	4.8	11.3	2.7	20.3	3.4
Other	—	—	—	—	21.0	7.7
Grade						
6	27.0	6.3	8.8	3.6	18.0	4.4
7	29.6	5.5	11.4	4.8	20.6	3.4
8	37.2	6.7	16.7	4.7	27.2	4.9
Total	31.6	3.8	13.4	3.1	22.5	3.0
In a physical fight						
Race/Ethnicity						
White	—	—	—	—	42.9	7.9
Black	78.2	4.9	64.6	5.2	71.8	3.8
Hispanic	69.2	3.6	39.6	4.5	54.0	3.7
Other	—	—	—	—	68.7	9.1
Grade						
6	60.5	6.6	34.0	6.8	47.4	6.1
7	71.9	4.6	49.8	5.8	61.2	4.3
8	76.4	5.4	52.5	6.3	64.7	4.7
Total	69.9	3.0	46.2	4.0	58.2	3.2
Hurt in a physical fight						
Race/Ethnicity						
White	—	—	—	—	5.6	4.1
Black	11.0	4.4	4.9	2.2	8.0	2.6
Hispanic	7.4	2.2	3.2	1.3	5.3	1.3
Other	—	—	—	—	5.2	4.2
Grade						
6	7.9	2.5	2.7	1.7	5.3	1.4
7	6.8	3.3	4.3	2.1	5.6	2.2
8	10.0	3.6	2.8	1.4	6.4	2.1
Total	8.1	2.0	3.9	1.2	6.0	1.3

*For example, a gun, knife, or club.
†Injuries had to be treated by a doctor or nurse.
‡95% confidence interval.
§Non-Hispanic.
‖Not available.

Table 5j. Percentage of middle school students who ever seriously thought about killing themselves, who ever made a plan about how they would kill themselves, and who ever tried to kill themselves, by sex, race/ethnicity, and grade—Miami-Dade County PS, FL, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Seriously thought about killing themselves						
Race/Ethnicity						
White†	—‡	—	—	—	11.3	5.6
Black†	13.6	3.7	25.5	7.2	19.2	4.1
Hispanic	14.2	3.0	22.2	4.0	18.3	2.8
Other	—	—	—	—	20.1	6.2
Grade						
6	13.1	4.2	15.1	5.6	14.0	4.3
7	11.9	3.4	20.2	6.3	16.0	3.9
8	15.1	3.5	31.0	6.0	22.8	3.1
Total	13.3	2.1	22.6	3.5	17.9	2.2
Made a plan about how they would kill themselves						
Race/Ethnicity						
White	—	—	—	—	10.3	5.3
Black	9.7	3.5	14.0	5.8	11.7	2.6
Hispanic	7.6	2.0	11.1	2.7	9.4	1.8
Other	—	—	—	—	16.3	8.8
Grade						
6	7.1	2.9	5.6	3.0	6.4	1.9
7	8.9	2.9	10.5	4.1	9.7	2.5
8	8.9	3.1	18.4	4.8	13.5	2.5
Total	8.3	1.4	12.2	2.8	10.2	1.5
Tried to kill themselves						
Race/Ethnicity						
White	—	—	—	—	7.0	3.6
Black	8.2	3.2	11.2	4.6	9.6	2.8
Hispanic	4.1	1.7	10.3	2.9	7.3	1.7
Other	—	—	—	—	10.9	8.4
Grade						
6	4.2	3.1	4.0	2.2	4.1	1.7
7	6.2	2.2	11.3	4.1	8.7	2.7
8	5.0	2.2	15.3	4.4	10.0	2.2
Total	5.1	1.4	11.1	2.4	8.0	1.3

*95% confidence interval.
†Non-Hispanic.
‡Not available.

Table 6j. Percentage of middle school students who ever smoked cigarettes, by sex, race/ethnicity, and grade—Miami-Dade County PS, FL, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Lifetime cigarette use†						
Race/Ethnicity						
White‡	—§	—	—	—	17.5	4.7
Black‡	30.0	6.6	24.0	5.3	27.0	4.8
Hispanic	26.0	4.6	23.7	4.4	24.8	3.3
Other	—	—	—	—	—	—
Grade						
6	16.1	4.2	13.8	4.1	14.9	3.5
7	28.0	6.5	22.5	5.9	25.3	4.8
8	34.3	6.4	29.4	3.9	32.0	3.9
Total	26.1	3.5	23.0	3.0	24.5	2.6
Lifetime daily cigarette use‖						
Race/Ethnicity						
White	—	—	—	—	1.8	2.6
Black	3.3	3.0	0.9	1.3	2.1	1.7
Hispanic	3.6	1.7	2.8	1.2	3.2	1.0
Other	—	—	—	—	—	—
Grade						
6	3.9	2.5	1.5	1.4	2.7	1.4
7	2.0	1.5	2.7	1.8	2.4	1.1
8	4.4	3.4	2.0	1.5	3.2	1.9
Total	3.4	1.5	2.0	0.8	2.7	0.9

*95% confidence interval.
†Ever tried cigarette smoking, even one or two puffs.
‡Non-Hispanic.
§Not available.
‖Ever smoked ≥ 1 cigarettes every day for 30 days.

Table 7j. Percentage of middle school students who currently smoked cigarettes, by sex, race/ethnicity, and grade—Miami-Dade County PS, FL, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Current cigarette use†						
Race/Ethnicity						
White‡	—§	—	—	—	3.3	3.3
Black‡	5.5	3.3	5.2	2.9	5.3	2.5
Hispanic	6.0	2.3	7.8	2.4	6.9	1.8
Other	—	—	—	—	—	—
Grade						
6	3.1	2.1	3.7	2.7	3.4	1.8
7	6.1	2.5	8.5	3.8	7.2	2.5
8	7.0	4.8	7.0	2.6	7.0	3.0
Total	5.4	1.9	6.8	1.8	6.0	1.5
Current frequent cigarette use‖						
Race/Ethnicity						
White	—	—	—	—	2.0	2.8
Black	1.9	1.8	0.0	0.0	1.0	0.9
Hispanic	1.2	1.1	1.3	1.0	1.2	0.7
Other	—	—	—	—	—	—
Grade						
6	1.6	1.6	0.4	0.7	1.0	0.8
7	1.2	1.4	0.4	0.7	0.8	0.8
8	1.6	1.4	1.1	1.2	1.3	1.0
Total	1.4	0.8	1.0	0.8	1.2	0.7

*95% confidence interval.
†Smoked cigarettes on ≥ 1 of the 30 days preceding the survey.
‡Non-Hispanic.
§Not available.
‖Smoked cigarettes on ≥ 20 of the 30 days preceding the survey.

Table 8j. Percentage of middle school students who used smokeless tobacco,* smoked cigars,† and used any tobacco product‡ by sex, race/ethnicity, and grade—Miami-Dade County PS, FL, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI§ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Current smokeless tobacco use						
Race/Ethnicity						
White‖	—¶	—	—	—	5.7	4.3
Black‖	5.3	3.4	2.6	1.4	4.0	2.2
Hispanic	3.7	1.8	3.8	2.0	3.8	1.3
Other	—	—	—	—	6.6	4.8
Grade						
6	4.2	2.5	1.6	1.5	2.9	1.7
7	4.7	2.0	5.4	3.2	5.1	1.8
8	3.8	2.5	3.4	2.0	3.6	1.7
Total	4.2	1.3	3.9	1.4	4.0	1.0
Current cigar use						
Race/Ethnicity						
White	—	—	—	—	5.3	3.8
Black	8.3	3.3	6.3	4.1	7.3	2.8
Hispanic	5.8	2.3	7.0	2.3	6.4	1.8
Other	—	—	—	—	7.7	6.9
Grade						
6	4.1	2.5	4.6	3.0	4.3	1.9
7	7.1	4.0	8.6	4.0	7.8	3.2
8	6.5	2.7	6.1	2.5	6.3	2.0
Total	6.1	1.8	7.1	2.1	6.6	1.5
Current tobacco use						
Race/Ethnicity						
White	—	—	—	—	5.4	4.0
Black	10.4	4.3	8.9	3.9	9.6	3.3
Hispanic	8.0	2.8	9.7	2.8	8.9	2.0
Other	—	—	—	—	—	—
Grade						
6	5.1	2.7	5.2	2.9	5.2	2.0
7	9.7	3.4	12.1	4.9	10.9	3.3
8	9.0	4.6	9.3	3.4	9.1	3.0
Total	8.1	2.0	9.4	2.2	8.7	1.6

*Used chewing tobacco, snuff, or dip on ≥ 1 of the 30 days preceding the survey.
†Smoked cigars, cigarillos, or little cigars on ≥ 1 of the 30 days preceding the survey.
‡Smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on ≥ 1 of the 30 days preceding the survey.
§95% confidence interval.
‖Non-Hispanic.
¶Not available.

Table 9j. Percentage of middle school students who ever drank alcohol,* who ever used marijuana, and who ever used cocaine,† by sex, race/ethnicity, and grade—Miami-Dade County PS, FL, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI‡ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Lifetime alcohol use						
Race/Ethnicity						
White§	—‖	—	—	—	24.8	7.0
Black§	46.9	7.9	39.9	6.3	43.3	6.0
Hispanic	37.0	4.5	39.3	5.6	38.2	4.2
Other	—	—	—	—	—	—
Grade						
6	24.3	5.8	22.5	5.5	23.4	3.7
7	41.4	6.8	36.0	7.6	38.8	5.2
8	48.5	5.5	53.2	5.5	50.8	4.1
Total	38.5	4.0	38.0	4.7	38.3	3.6
Lifetime marijuana use						
Race/Ethnicity						
White	—	—	—	—	6.1	4.6
Black	10.6	3.1	6.6	4.5	8.8	3.2
Hispanic	9.8	3.4	7.5	2.6	8.6	2.4
Other	—	—	—	—	10.1	5.1
Grade						
6	3.3	2.3	2.0	1.6	2.9	1.6
7	9.6	3.6	6.3	2.8	8.0	2.8
8	15.4	5.8	10.3	4.4	12.9	4.1
Total	9.4	2.2	7.2	2.6	8.4	2.0
Lifetime cocaine use						
Race/Ethnicity						
White	—	—	—	—	3.4	2.4
Black	5.4	2.6	2.2	1.8	3.8	1.5
Hispanic	5.5	2.7	4.8	1.7	5.1	1.6
Other	—	—	—	—	13.2	8.7
Grade						
6	3.5	2.1	3.6	2.0	3.6	1.3
7	4.0	2.4	3.3	2.2	3.7	1.8
8	8.6	4.3	4.2	2.1	6.5	2.3
Total	5.4	1.8	4.0	1.2	4.7	1.1

*Ever had ≥ 1 drinks of alcohol, other than a few sips.
†Ever used any form of cocaine (e.g., powder, "crack," or "freebase").
‡95% confidence interval.
§Non-Hispanic.
‖Not available.

Table 10j. Percentage of middle school students who used inhalants,* who used steroids, and who injected illegal drugs,† by sex, race/ethnicity, and grade—Miami-Dade County PS, FL, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI‡ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Lifetime inhalant use						
Race/Ethnicity						
White§	—‖	—	—	—	7.8	3.8
Black§	10.8	4.0	14.2	5.4	12.4	3.5
Hispanic	9.8	2.2	14.8	3.0	12.4	1.8
Other	—	—	—	—	10.8	6.5
Grade						
6	8.6	3.7	12.0	3.5	10.3	2.5
7	9.9	3.3	14.8	5.3	12.4	3.3
8	12.2	3.2	13.7	4.0	12.9	2.5
Total	10.2	1.8	13.7	2.5	11.9	1.4
Lifetime steroid use						
Race/Ethnicity						
White	—	—	—	—	3.1	3.0
Black	4.5	2.0	1.2	1.3	2.9	1.2
Hispanic	1.7	1.1	1.1	0.9	1.4	0.7
Other	—	—	—	—	5.0	4.3
Grade						
6	3.7	2.0	0.9	1.0	2.3	1.1
7	2.5	1.8	1.5	1.5	2.0	1.1
8	2.5	1.4	0.8	0.8	1.6	0.8
Total	2.9	0.9	1.2	0.7	2.0	0.6
Lifetime illegal injection drug use						
Race/Ethnicity						
White	—	—	—	—	2.6	3.0
Black	3.4	1.9	0.4	0.8	2.0	1.1
Hispanic	1.1	1.0	0.7	0.7	0.9	0.6
Other	—	—	—	—	7.3	6.8
Grade						
6	1.5	1.5	1.1	0.8	1.3	0.8
7	1.5	1.3	0.6	0.9	1.1	0.8
8	2.7	1.6	0.1	0.1	1.4	0.8
Total	1.9	0.8	1.1	0.7	1.5	0.5

*Ever sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high.
†Ever used a needle to inject any illegal drug into the body.
‡95% confidence interval.
§Non-Hispanic.
‖Not available.

Table 11j. Percentage of middle school students who used tobacco or drugs for the first time before age 11 years, by sex, race/ethnicity, and grade—Miami-Dade County PS, FL, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Smoked a whole cigarette before age 11 years						
Race/Ethnicity						
White†	—‡	—	—	—	1.6	2.3
Black†	5.1	2.3	5.1	3.0	5.1	1.8
Hispanic	7.9	2.9	4.6	2.0	6.2	1.8
Other	—	—	—	—	—	—
Grade						
6	5.3	2.6	4.3	2.6	4.8	1.8
7	6.9	2.9	3.9	3.6	5.4	2.4
8	6.9	4.3	4.7	2.1	5.8	2.7
Total	6.4	1.9	4.4	1.7	5.3	1.4
Drank alcohol before age 11 years§						
Race/Ethnicity						
White	—	—	—	—	15.1	5.6
Black	18.4	4.8	19.5	4.8	18.9	4.1
Hispanic	19.6	3.6	14.4	2.9	16.9	2.6
Other	—	—	—	—	—	—
Grade						
6	17.6	5.2	14.3	4.3	16.0	3.3
7	21.2	4.9	14.7	4.4	18.0	3.6
8	17.7	4.8	16.9	4.5	17.3	4.1
Total	18.7	2.6	15.7	2.4	17.2	2.0
Tried marijuana before age 11 years						
Race/Ethnicity						
White	—	—	—	—	4.2	3.6
Black	4.1	2.9	2.5	1.9	3.5	1.9
Hispanic	4.1	1.9	1.9	0.8	3.0	0.9
Other	—	—	—	—	7.3	4.5
Grade						
6	1.9	1.6	2.2	1.0	2.3	1.1
7	4.7	2.7	2.3	1.9	3.5	2.0
8	6.2	3.4	2.3	1.2	4.2	2.0
Total	4.2	1.4	2.4	1.0	3.4	1.0

*95% confidence interval.
†Non-Hispanic.
‡Not available.
§Other than a few sips.

Table 12j. Percentage of middle school students who engaged in sexual behaviors, by sex, race/ethnicity, and grade—Miami-Dade County PS, FL, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Ever had sexual intercourse						
Race/Ethnicity						
White†	—‡	—	—	—	5.9	3.3
Black†	38.1	7.5	11.9	3.4	24.6	4.8
Hispanic	18.6	4.1	9.6	2.9	13.9	2.9
Other	—	—	—	—	17.2	5.9
Grade						
6	13.4	5.4	5.2	2.8	9.2	3.4
7	21.9	6.0	9.7	3.8	15.7	4.0
8	32.6	6.9	13.9	4.1	23.2	4.3
Total	22.9	3.5	9.5	2.1	16.1	2.4
Had first sexual intercourse before age 11 years						
Race/Ethnicity						
White	—	—	—	—	2.6	2.5
Black	17.3	5.6	2.1	1.8	9.4	2.8
Hispanic	5.5	2.3	1.3	0.9	3.3	1.3
Other	—	—	—	—	—	—
Grade						
6	6.8	3.0	1.4	1.5	4.1	1.8
7	8.9	5.2	1.3	1.4	5.0	2.6
8	10.7	3.0	1.9	1.6	6.2	1.8
Total	8.7	2.2	1.5	0.9	5.0	1.2
Had sexual intercourse with ≥ 3 persons during lifetime						
Race/Ethnicity						
White	—	—	—	—	1.2	2.4
Black	20.4	5.2	3.6	2.5	11.7	3.1
Hispanic	7.2	2.5	2.5	1.4	4.7	1.4
Other	—	—	—	—	9.0	4.6
Grade						
6	4.2	3.2	2.2	2.0	3.2	2.2
7	10.1	4.3	3.7	2.3	6.9	2.7
8	15.2	4.7	2.6	1.6	8.8	2.8
Total	10.0	2.3	3.0	1.3	6.4	1.4

*95% confidence interval.
†Non-Hispanic.
‡Not available.

Table 13j. Percentage of middle school students who used a condom during last sexual intercourse* and were ever taught about acquired immunodeficiency syndrome (AIDS) or human immunodeficiency virus (HIV) infection in school, by sex, race/ethnicity, and grade—Miami-Dade County PS, FL, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI† (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Condom use during last sexual intercourse						
Race/Ethnicity						
White‡	—§	—	—	—	—	—
Black‡	—	—	—	—	72.4	10.6
Hispanic	—	—	—	—	76.4	8.7
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	—	—	—	—	71.9	8.5
Total	75.4	6.6	—	—	73.6	6.6
Taught about AIDS or HIV infection in school						
Race/Ethnicity						
White	—	—	—	—	68.0	10.4
Black	78.5	7.1	74.7	6.2	76.8	5.3
Hispanic	72.6	5.6	70.5	6.3	71.5	5.4
Other	—	—	—	—	—	—
Grade						
6	58.5	6.7	49.9	7.5	54.2	6.3
7	76.5	8.6	77.2	6.7	76.8	6.6
8	83.3	4.3	87.5	3.6	85.4	3.0
Total	73.3	4.9	71.9	4.8	72.7	4.3

*Among the 16.1% of students who ever had sexual intercourse.
†95% confidence interval.
‡Non-Hispanic.
§Not available.

Table 14j. Percentage of middle school students who were at risk for becoming* or were overweight,† by sex, race/ethnicity, and grade—Miami-Dade County PS, FL, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI‡ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
At risk for becoming overweight						
Race/Ethnicity						
White§	—‖	—	—	—	—	—
Black§	20.8	6.9	18.6	6.9	19.7	5.1
Hispanic	24.7	4.6	18.8	4.9	21.9	3.2
Other	—	—	—	—	—	—
Grade						
6	32.7	9.0	20.8	9.9	27.5	6.0
7	19.1	4.9	17.6	6.2	18.4	3.8
8	20.8	4.9	19.9	5.4	20.4	3.9
Total	23.0	3.8	18.7	4.0	21.0	2.6
Overweight						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	14.7	6.1	14.9	5.7	14.8	3.6
Hispanic	15.7	3.3	10.6	3.6	13.3	2.4
Other	—	—	—	—	—	—
Grade						
6	18.4	7.3	17.5	7.0	18.0	4.6
7	17.1	5.5	11.1	3.9	14.2	3.4
8	13.2	3.8	10.6	4.3	12.0	2.6
Total	15.6	2.8	12.3	3.0	14.0	1.8

*Students who were ≥ 85th percentile but < 95th percentile for body mass index, by age and sex, based on reference data.
†Students who were ≥ 95th percentile for body mass index, by age and sex, based on reference data.
‡95% confidence interval.
§Non-Hispanic.
‖Not available.

Table 15j. Percentage of middle school students who described themselves as slightly or very overweight and who were trying to lose weight, by sex, race/ethnicity, and grade—Miami-Dade County PS, FL, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Described themselves as overweight						
Race/Ethnicity						
White†	—‡	—	—	—	29.5	5.4
Black†	20.2	4.9	20.0	5.8	20.1	4.0
Hispanic	25.9	4.0	25.6	3.6	25.7	2.6
Other	—	—	—	—	21.1	7.9
Grade						
6	28.3	6.3	24.4	4.6	26.3	3.7
7	21.4	4.6	23.5	5.0	22.4	3.3
8	24.7	5.8	26.1	5.3	25.4	4.5
Total	24.5	3.3	24.5	2.8	24.5	2.1
Were trying to lose weight						
Race/Ethnicity						
White	—	—	—	—	49.9	7.0
Black	34.7	7.8	45.5	6.3	39.9	4.5
Hispanic	42.0	4.5	56.9	4.2	49.7	2.7
Other	—	—	—	—	39.4	10.9
Grade						
6	48.3	7.2	55.2	6.0	51.6	4.0
7	39.6	5.3	53.4	5.6	46.5	4.1
8	33.4	5.8	54.8	4.9	44.0	4.2
Total	40.1	4.0	53.5	3.3	46.8	2.5

*95% confidence interval.
†Non-Hispanic.
‡Not available.

Table 16j. Percentage of middle school students who ever engaged in healthy behaviors to lose weight or to keep from gaining weight, by sex, race/ethnicity, and grade—Miami-Dade County PS, FL, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight						
Race/Ethnicity						
White†	—‡	—	—	—	47.5	8.1
Black†	40.6	6.6	46.3	6.3	43.3	4.0
Hispanic	41.8	4.5	55.3	4.2	48.7	3.1
Other	—	—	—	—	39.4	10.6
Grade						
6	48.1	6.3	47.0	6.4	47.5	4.3
7	40.6	4.9	54.9	4.2	47.7	2.9
8	37.7	5.3	55.8	4.6	46.7	3.9
Total	41.9	2.9	51.9	2.8	46.9	2.1
Exercised to lose weight or to keep from gaining weight						
Race/Ethnicity						
White	—	—	—	—	64.6	9.9
Black	59.1	7.7	65.8	5.7	62.2	4.5
Hispanic	68.7	3.8	71.7	4.0	70.3	2.6
Other	—	—	—	—	—	—
Grade						
6	67.3	5.9	68.3	5.3	67.7	4.2
7	67.1	3.9	69.6	5.1	68.3	3.4
8	60.9	6.5	73.3	4.9	67.0	4.6
Total	64.8	3.3	69.7	3.0	67.3	2.3

*95% confidence interval.
†Non-Hispanic.
‡Not available.

Table 17j. Percentage of middle school students who ever engaged in unhealthy behaviors to lose weight or to keep from gaining weight, by sex, race/ethnicity, and grade—Miami-Dade County PS, FL, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI[*] (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Went without eating for ≥ 24 hours to lose weight or to keep from gaining weight						
Race/Ethnicity						
White[†]	—[‡]	—	—	—	14.6	5.9
Black[†]	22.5	6.2	19.5	3.6	21.1	3.1
Hispanic	12.2	3.6	14.6	2.2	13.4	1.9
Other	—	—	—	—	12.6	8.3
Grade						
6	15.9	3.8	11.9	3.5	13.9	2.4
7	17.4	4.2	18.5	4.0	17.9	3.3
8	10.5	4.6	18.4	3.5	14.5	2.5
Total	14.6	2.9	16.8	2.0	15.7	1.6
Took diet pills, powders, or liquids to lose weight or to keep from gaining weight[§]						
Race/Ethnicity						
White	—	—	—	—	5.6	4.7
Black	6.8	2.8	7.8	3.5	7.3	2.2
Hispanic	4.3	1.6	7.0	2.4	5.7	1.4
Other	—	—	—	—	7.3	9.2
Grade						
6	5.4	2.6	5.5	2.2	5.4	1.5
7	5.0	2.3	5.5	2.9	5.3	1.8
8	4.5	2.4	9.8	3.5	7.1	1.9
Total	4.9	1.3	7.4	1.9	6.1	1.1
Vomited or took laxatives to lose weight or to keep from gaining weight						
Race/Ethnicity						
White	—	—	—	—	6.7	4.3
Black	11.8	3.2	7.5	2.8	9.7	2.0
Hispanic	3.0	1.5	5.5	1.9	4.3	1.1
Other	—	—	—	—	10.0	9.4
Grade						
6	4.8	3.1	3.6	2.4	4.2	1.9
7	7.6	3.3	7.8	3.2	7.7	2.4
8	4.4	2.0	7.6	2.3	6.0	1.4
Total	5.6	1.5	6.7	1.8	6.1	1.1

[*]95% confidence interval.
[†]Non-Hispanic.
[‡]Not available.
[§]Without a doctor's advice.

Table 18j. Percentage of middle school students who participated in sufficient vigorous physical activity,* played on ≥ 1 sports teams,† and who watched ≥ 3 hours per day of television,‡ by sex, race/ethnicity, and grade—Miami-Dade County PS, FL, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI§ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Participated in sufficient vigorous physical activity						
Race/Ethnicity						
White‖	—¶	—	—	—	58.1	10.5
Black‖	58.3	5.7	58.1	6.3	58.3	4.1
Hispanic	69.8	3.6	57.9	4.1	63.6	3.2
Other	—	—	—	—	57.6	10.5
Grade						
6	70.4	4.8	57.4	5.6	64.0	2.7
7	61.9	6.0	56.5	5.7	59.2	4.3
8	65.2	6.1	56.5	6.5	60.9	4.9
Total	66.0	2.9	56.6	3.4	61.3	2.4
Played on any sports teams						
Race/Ethnicity						
White	—	—	—	—	40.3	8.1
Black	59.2	7.1	32.9	6.8	46.4	5.7
Hispanic	48.9	4.5	35.0	4.1	41.7	3.1
Other	—	—	—	—	36.5	11.9
Grade						
6	48.8	5.3	30.9	5.6	39.8	4.0
7	53.1	5.9	33.4	5.8	43.3	4.2
8	50.1	5.6	37.6	6.8	44.0	4.2
Total	50.9	3.5	34.5	3.5	42.7	2.5
Watched ≥ 3 hours per day of TV						
Race/Ethnicity						
White	—	—	—	—	36.1	7.6
Black	62.9	6.9	73.3	5.2	68.0	4.4
Hispanic	50.4	4.9	50.6	4.3	50.5	3.4
Other	—	—	—	—	—	—
Grade						
6	48.1	6.8	50.2	6.8	49.3	5.5
7	51.4	7.0	57.8	6.7	54.5	5.3
8	57.0	6.2	58.4	6.2	57.8	4.7
Total	52.7	3.7	55.4	3.3	54.1	2.9

*Exercised or participated in physical activities that made students sweat and breathe hard for ≥ 20 minutes on ≥ 3 of the 7 days preceding the survey (e.g., basketball, soccer, running, swimming laps, fast bicycling, fast dancing, or similar aerobic activities).
†Run by their school or community groups.
‡On an average school day.
§95% confidence interval.
‖Non-Hispanic.
¶Not available.

Table 19j. Percentage of middle school students who attended physical education (PE) classes* and attended PE classes daily,† by sex, race/ethnicity, and grade—Miami-Dade County PS, FL, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI‡ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Attended PE classes						
Race/Ethnicity						
White§	—‖	—	—	—	40.5	11.3
Black§	55.2	8.0	36.5	9.2	46.0	7.9
Hispanic	44.4	7.0	31.5	6.2	37.7	5.6
Other	—	—	—	—	38.0	11.4
Grade						
6	49.8	11.1	32.7	11.0	41.2	9.8
7	47.0	6.9	32.6	7.2	39.8	6.1
8	44.0	8.7	33.7	8.8	38.9	7.5
Total	47.2	5.8	33.5	5.7	40.2	5.1
Attended PE class daily						
Race/Ethnicity						
White	—	—	—	—	18.6	12.0
Black	21.8	9.3	12.2	6.9	17.0	7.6
Hispanic	13.1	4.5	11.1	3.5	12.0	3.3
Other	—	—	—	—	11.5	5.6
Grade						
6	19.2	9.4	14.1	10.0	16.7	9.0
7	14.4	7.2	9.2	5.4	11.8	5.9
8	13.4	5.6	11.0	5.2	12.2	4.5
Total	16.2	4.3	12.2	4.2	14.1	3.9

*On ≥ 1 days in an average week when they were in school.
†5 days in an average week when they were in school.
‡95% confidence interval.
§Non-Hispanic.
‖Not available.

Table 20j. Percentage of middle school students who described their health, in general, as fair or poor, by sex, race/ethnicity, and grade—Miami-Dade County PS, FL, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Described health as fair or poor						
Race/Ethnicity						
White†	—‡	—	—	—	11.0	4.5
Black†	7.1	2.6	6.0	4.0	6.5	2.4
Hispanic	5.8	1.8	5.8	2.0	5.8	1.5
Other	—	—	—	—	8.0	5.8
Grade						
6	7.6	2.7	7.1	4.0	7.3	2.7
7	5.2	2.1	7.4	2.6	6.3	1.8
8	6.4	2.8	5.1	2.3	5.7	2.0
Total	6.3	1.4	6.8	1.8	6.6	1.2

*95% confidence interval.
†Non-Hispanic.
‡Not available.

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Table 2k. Percentage of middle school students who rarely or never wore a seat belt* and who ever rode in a car driven by someone who had been drinking alcohol, by sex, race/ethnicity, and grade—Milwaukee PS, WI, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI† (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Rarely or never wore a seat belt						
Race/Ethnicity						
White‡	12.7	6.7	—§	—	13.0	4.1
Black‡	27.2	4.3	17.6	3.2	22.3	2.7
Hispanic	31.4	7.4	17.0	5.6	23.6	4.6
Other	16.7	7.7	20.0	7.4	18.5	5.0
Grade						
6	24.5	3.4	12.7	4.2	18.6	2.7
7	20.5	5.3	15.6	3.4	18.1	3.3
8	29.6	5.6	23.4	5.0	26.5	3.3
Total	25.0	2.9	17.0	2.6	21.0	1.9
Rode with a driver who had been drinking alcohol						
Race/Ethnicity						
White	37.5	7.8	—	—	33.7	5.5
Black	34.1	4.6	37.3	5.1	35.8	3.9
Hispanic	33.4	7.1	31.8	7.4	32.0	4.8
Other	27.7	8.3	32.5	8.4	30.5	6.7
Grade						
6	27.1	4.7	29.4	6.0	28.2	4.2
7	30.9	7.3	28.4	5.5	29.6	4.0
8	46.4	6.1	47.6	6.2	47.0	5.0
Total	34.4	3.5	34.9	4.2	34.6	2.7

*When riding in a car.
†95% confidence interval.
‡Non-Hispanic.
§Not available.

Table 3k. Percentage of middle school students who rarely or never wore a bicycle helmet* and a rollerblade or skateboard helmet,† by sex, race/ethnicity, and grade—Milwaukee PS, WI, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI‡ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Rarely or never wore a bicycle helmet						
Race/Ethnicity						
White§	81.5	5.9	—‖	—	80.3	6.3
Black§	94.6	2.4	91.8	2.9	93.2	1.8
Hispanic	87.5	6.1	85.1	4.6	85.6	3.9
Other	86.7	6.1	85.7	6.7	85.8	4.4
Grade						
6	88.4	3.5	81.0	5.7	84.7	3.6
7	89.6	4.9	89.7	4.5	89.5	3.7
8	94.9	2.2	95.6	2.5	95.3	1.8
Total	90.8	2.0	88.5	2.8	89.6	1.9
Rarely or never wore a rollerblade or skateboard helmet						
Race/Ethnicity						
White	—	—	—	—	80.6	7.8
Black	90.1	4.1	89.8	4.6	89.9	3.4
Hispanic	85.1	9.1	85.2	5.2	84.8	5.4
Other	—	—	—	—	84.6	7.1
Grade						
6	84.4	6.5	80.4	7.0	82.3	5.7
7	83.6	8.0	91.1	5.5	87.1	5.4
8	92.3	4.2	94.1	3.3	93.3	3.0
Total	86.0	4.0	88.1	3.6	87.0	3.1

*Among the 90.0% of students who rode bicycles.
†Among the 53.9% of students who rollerbladed or rode a skateboard.
‡95% confidence interval.
§Non-Hispanic.
‖Not available.

Table 4k. Percentage of middle school students who ever carried a weapon,* who ever were in a physical fight, and who ever were hurt in a physical fight,† by sex, race/ethnicity, and grade—Milwaukee PS, WI, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI‡ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Carried a weapon						
Race/Ethnicity						
White§	41.4	7.9	—‖	—	32.2	5.2
Black§	46.0	6.2	25.7	4.7	35.7	4.8
Hispanic	39.5	6.3	15.2	5.7	26.6	4.5
Other	38.2	6.9	27.3	8.1	33.0	5.8
Grade						
6	35.2	6.3	17.0	6.4	26.2	5.3
7	42.0	7.7	19.4	5.5	30.9	5.6
8	54.7	6.2	33.2	4.3	43.9	4.1
Total	43.8	4.6	23.0	3.6	33.4	3.5
In a physical fight						
Race/Ethnicity						
White	74.5	7.2	—	—	61.6	5.4
Black	88.4	2.6	79.2	2.5	83.8	1.8
Hispanic	70.1	5.7	53.1	7.0	61.0	4.9
Other	74.7	6.9	61.8	9.5	67.9	6.5
Grade						
6	79.4	5.1	66.4	6.2	73.1	4.8
7	82.3	5.8	66.5	6.7	74.4	5.7
8	85.1	4.5	73.9	4.3	79.6	2.8
Total	82.1	2.8	69.1	3.4	75.6	2.6
Hurt in a physical fight						
Race/Ethnicity						
White	11.2	7.1	—	—	7.2	4.5
Black	12.1	4.2	7.2	2.2	9.6	2.4
Hispanic	8.6	4.0	4.4	4.5	6.3	2.8
Other	8.6	3.7	2.5	3.0	5.3	2.3
Grade						
6	10.5	3.2	5.1	3.3	7.8	2.5
7	12.4	7.4	5.2	3.2	8.9	4.4
8	10.5	3.2	6.5	2.4	8.5	1.7
Total	11.1	3.0	5.8	1.7	8.5	1.8

*For example, a gun, knife, or club.
†Injuries had to be treated by a doctor or nurse.
‡95% confidence interval.
§Non-Hispanic.
‖Not available.

Table 5k. Percentage of middle school students who ever seriously thought about killing themselves, who ever made a plan about how they would kill themselves, and who ever tried to kill themselves, by sex, race/ethnicity, and grade—Milwaukee PS, WI, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Seriously thought about killing themselves						
Race/Ethnicity						
White†	20.1	5.7	—‡	—	22.2	6.0
Black†	17.5	6.0	29.4	3.7	23.4	3.1
Hispanic	16.6	5.5	34.4	8.5	25.8	4.9
Other	17.7	7.1	33.6	7.1	25.9	4.4
Grade						
6	20.3	3.9	26.8	6.9	23.5	3.5
7	18.3	9.2	29.6	5.4	23.8	5.0
8	14.9	3.5	32.5	4.4	23.6	2.9
Total	17.8	4.1	30.0	3.0	23.7	2.3
Made a plan about how they would kill themselves						
Race/Ethnicity						
White	9.5	4.0	—	—	13.4	4.9
Black	10.0	5.0	17.7	2.8	13.8	2.6
Hispanic	10.7	4.6	19.9	5.8	15.7	3.9
Other	10.8	5.6	19.1	6.2	15.3	2.9
Grade						
6	10.9	3.7	13.5	4.7	12.3	2.9
7	10.9	7.9	19.2	5.5	14.9	5.0
8	8.4	3.2	21.1	4.3	14.8	2.5
Total	10.1	3.4	18.3	2.8	14.1	2.1
Tried to kill themselves						
Race/Ethnicity						
White	7.2	3.3	—	—	8.1	3.2
Black	7.5	2.8	15.6	3.1	11.6	2.3
Hispanic	5.9	3.1	19.6	6.4	13.0	3.1
Other	9.0	4.0	15.1	8.0	12.3	4.7
Grade						
6	7.0	2.4	11.1	4.2	9.1	2.7
7	6.4	4.4	17.2	5.3	11.8	3.4
8	8.4	3.2	18.1	3.9	13.2	2.6
Total	7.3	1.9	15.6	2.6	11.4	1.6

*95% confidence interval.
†Non-Hispanic.
‡Not available.

Table 6k. Percentage of middle school students who ever smoked cigarettes, by sex, race/ethnicity, and grade—Milwaukee PS, WI, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Lifetime cigarette use†						
Race/Ethnicity						
White‡	41.3	7.4	—§	—	40.0	5.4
Black‡	41.3	5.2	40.7	5.9	41.1	3.9
Hispanic	42.1	5.6	37.0	10.2	39.2	5.8
Other	43.4	8.5	39.3	8.7	41.4	6.2
Grade						
6	34.6	5.1	33.1	8.7	34.0	5.3
7	41.1	8.3	36.6	7.6	38.9	5.2
8	48.7	5.0	48.8	6.0	48.7	4.0
Total	41.4	3.7	39.6	4.5	40.5	2.7
Lifetime daily cigarette use‖						
Race/Ethnicity						
White	2.9	3.0	—	—	2.7	1.8
Black	3.9	2.1	2.1	1.2	3.0	1.3
Hispanic	3.8	1.9	4.1	2.4	3.9	1.5
Other	7.2	4.4	3.8	2.9	5.7	2.8
Grade						
6	2.5	1.3	1.3	1.2	1.9	0.9
7	4.4	3.4	2.4	2.0	3.4	1.9
8	4.4	2.7	4.2	2.0	4.3	1.5
Total	3.8	1.3	2.6	1.0	3.2	0.8

*95% confidence interval.
†Ever tried cigarette smoking, even one or two puffs.
‡Non-Hispanic.
§Not available.
‖Ever smoked ≥ 1 cigarettes every day for 30 days.

Table 7k. Percentage of middle school students who currently smoked cigarettes, by sex, race/ethnicity, and grade—Milwaukee PS, WI, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI[*] (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Current cigarette use[†]						
Race/Ethnicity						
White[‡]	10.0	5.9	—[§]	—	8.0	4.1
Black[‡]	6.8	2.4	7.6	2.7	7.2	1.9
Hispanic	13.3	5.2	6.6	4.6	9.9	3.5
Other	14.4	5.0	7.9	4.5	10.8	3.6
Grade						
6	7.9	3.3	6.3	4.4	7.2	2.7
7	6.5	4.0	4.7	2.7	5.5	2.5
8	11.6	3.5	10.0	3.1	10.8	2.5
Total	8.7	2.3	7.1	2.1	7.9	1.7
Current frequent cigarette use[‖]						
Race/Ethnicity						
White	1.8	2.2	—	—	1.3	1.3
Black	0.9	1.2	0.3	0.3	0.6	0.6
Hispanic	2.0	2.3	0.0	0.0	0.9	1.1
Other	5.0	4.1	1.1	1.5	2.9	2.2
Grade						
6	1.4	1.5	0.0	0.0	0.7	0.8
7	1.7	1.7	0.0	0.0	0.8	0.8
8	1.2	1.1	1.0	0.8	1.1	0.8
Total	1.4	1.0	0.3	0.3	0.9	0.5

[*]95% confidence interval.
[†]Smoked cigarettes on ≥ 1 of the 30 days preceding the survey.
[‡]Non-Hispanic.
[§]Not available.
[‖]Smoked cigarettes on ≥ 20 of the 30 days preceding the survey.

Table 8k. Percentage of middle school students who used smokeless tobacco,* smoked cigars,† and used any tobacco product‡ by sex, race/ethnicity, and grade—Milwaukee PS, WI, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI§ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Current smokeless tobacco use						
Race/Ethnicity						
White‖	0.9	1.8	—¶	—	1.4	2.0
Black‖	7.2	4.6	3.3	2.0	5.3	3.0
Hispanic	5.7	3.3	1.4	1.8	3.4	2.2
Other	5.2	3.6	2.7	3.1	3.8	2.2
Grade						
6	1.9	1.5	2.7	1.9	2.3	1.0
7	10.4	7.9	3.8	3.2	7.2	5.6
8	5.1	2.7	1.6	1.3	3.3	1.5
Total	5.8	3.0	2.8	1.4	4.3	2.0
Current cigar use						
Race/Ethnicity						
White	3.6	2.7	—	—	3.2	1.8
Black	17.3	4.5	10.1	3.3	13.8	3.3
Hispanic	15.5	5.6	7.7	4.5	11.6	3.8
Other	16.4	6.4	8.9	4.7	12.3	3.6
Grade						
6	8.9	3.1	5.7	3.6	7.4	2.9
7	18.0	8.1	7.1	4.4	12.7	5.7
8	17.2	3.8	12.5	4.2	15.0	3.0
Total	14.6	2.9	8.7	2.4	11.7	2.2
Current tobacco use						
Race/Ethnicity						
White	11.3	6.3	—	—	9.2	3.9
Black	17.3	3.2	15.3	3.6	16.3	2.5
Hispanic	19.1	7.1	10.5	5.6	14.7	4.7
Other	20.8	7.2	13.0	5.5	16.3	4.9
Grade						
6	12.0	3.5	9.5	5.0	10.8	3.1
7	16.1	6.3	10.2	4.5	13.1	3.6
8	21.8	4.1	18.6	4.4	20.3	2.9
Total	16.6	2.7	13.1	2.8	14.8	2.0

*Used chewing tobacco, snuff, or dip on ≥ 1 of the 30 days preceding the survey.
†Smoked cigars, cigarillos, or little cigars on ≥ 1 of the 30 days preceding the survey.
‡Smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on ≥ 1 of the 30 days preceding the survey.
§95% confidence interval.
‖Non-Hispanic.
¶Not available.

Table 9k. Percentage of middle school students who ever drank alcohol,* who ever used marijuana, and who ever used cocaine,† by sex, race/ethnicity, and grade—Milwaukee PS, WI, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI‡ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Lifetime alcohol use						
Race/Ethnicity						
White§	53.7	9.0	—‖	—	47.3	8.1
Black§	52.6	4.8	51.5	6.6	52.0	4.3
Hispanic	50.4	9.9	42.5	6.7	46.1	6.4
Other	45.1	9.5	54.1	9.6	50.0	6.9
Grade						
6	45.3	6.4	35.8	6.8	40.7	4.9
7	54.6	7.2	45.1	8.6	49.8	5.9
8	57.6	4.6	62.8	6.1	60.3	4.1
Total	52.4	4.0	48.2	4.8	50.2	3.3
Lifetime marijuana use						
Race/Ethnicity						
White	14.3	7.1	—	—	12.9	5.3
Black	24.9	5.2	22.0	5.3	23.5	4.5
Hispanic	22.8	6.3	11.2	3.5	16.6	3.8
Other	19.3	8.2	19.9	9.0	19.4	6.8
Grade						
6	10.1	4.3	5.6	3.1	7.9	2.3
7	16.7	5.4	13.4	3.3	15.1	3.8
8	41.4	6.3	34.9	5.6	38.2	4.9
Total	22.4	3.7	18.3	3.8	20.4	3.2
Lifetime cocaine use						
Race/Ethnicity						
White	4.1	3.9	—	—	4.5	3.2
Black	4.5	1.7	3.8	1.6	4.2	1.2
Hispanic	3.9	3.0	4.9	2.9	4.4	2.1
Other	5.7	4.0	5.8	3.0	5.7	2.5
Grade						
6	5.9	2.6	4.0	2.3	4.9	1.8
7	4.0	2.9	3.3	1.9	3.6	1.9
8	3.3	1.6	5.5	2.1	4.4	1.2
Total	4.4	1.5	4.3	1.3	4.3	1.0

*Ever had ≥ 1 drinks of alcohol, other than a few sips.
†Ever used any form of cocaine (e.g., powder, "crack," or "freebase").
‡95% confidence interval.
§Non-Hispanic.
‖Not available.

Table 10k. Percentage of middle school students who used inhalants,* who used steroids, and who injected illegal drugs,† by sex, race/ethnicity, and grade—Milwaukee PS, WI, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI‡ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Lifetime inhalant use						
Race/Ethnicity						
White§	12.1	7.3	—‖	—	11.0	5.1
Black§	6.1	3.0	5.5	2.0	5.8	1.7
Hispanic	8.5	5.1	5.7	3.3	7.0	2.4
Other	10.2	5.1	11.3	4.8	10.7	3.8
Grade						
6	9.8	5.1	5.4	3.6	7.6	3.0
7	8.0	4.9	8.1	3.0	8.0	2.9
8	5.1	2.5	5.0	2.4	5.1	1.9
Total	7.6	2.9	6.3	1.8	6.9	1.7
Lifetime steroid use						
Race/Ethnicity						
White	7.0	4.1	—	—	4.1	2.7
Black	4.3	2.5	1.6	1.1	2.9	1.4
Hispanic	1.9	2.0	0.0	0.0	0.9	1.0
Other	3.5	3.9	0.6	1.2	2.0	1.9
Grade						
6	4.2	2.1	1.7	1.6	2.9	1.3
7	5.7	3.7	0.6	1.1	3.2	2.0
8	3.0	2.1	0.5	0.2	1.8	1.1
Total	4.3	1.7	1.0	0.7	2.7	1.0
Lifetime illegal injection drug use						
Race/Ethnicity						
White	0.0	0.0	—	—	0.0	0.0
Black	4.2	4.3	1.7	1.6	2.9	2.8
Hispanic	3.5	3.0	0.0	0.0	1.9	1.6
Other	3.7	3.7	0.6	1.2	2.0	1.9
Grade						
6	1.8	1.5	0.8	1.1	1.5	1.1
7	6.5	7.5	2.3	2.7	4.4	5.0
8	1.5	1.4	0.2	0.5	0.9	0.9
Total	3.3	2.8	1.1	1.0	2.3	1.8

*Ever sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high.
†Ever used a needle to inject any illegal drug into the body.
‡95% confidence interval.
§Non-Hispanic.
‖Not available.

Table 11k. Percentage of middle school students who used tobacco or drugs for the first time before age 11 years, by sex, race/ethnicity, and grade—Milwaukee PS, WI, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Smoked a whole cigarette before age 11 years						
Race/Ethnicity						
White†	9.3	5.8	—‡	—	10.0	3.9
Black†	8.7	2.8	8.3	2.7	8.5	2.0
Hispanic	8.1	3.9	8.0	4.7	7.9	2.9
Other	9.8	5.6	9.1	4.4	9.3	3.5
Grade						
6	10.6	3.0	9.6	4.2	10.0	2.8
7	9.5	4.2	8.2	3.2	8.8	2.6
8	6.0	2.2	7.3	3.2	6.7	2.0
Total	8.7	2.0	8.6	2.0	8.6	1.4
Drank alcohol before age 11 years§						
Race/Ethnicity						
White	23.6	7.6	—	—	18.7	5.7
Black	24.7	4.1	18.4	4.1	21.5	3.0
Hispanic	19.8	6.5	13.3	4.7	16.6	3.6
Other	18.8	5.2	19.8	8.3	19.2	5.0
Grade						
6	26.3	4.0	18.3	6.9	22.4	4.2
7	24.0	5.8	16.0	5.6	20.0	2.8
8	20.3	4.2	15.5	3.8	17.8	3.1
Total	23.5	2.9	16.6	3.1	20.1	2.2
Tried marijuana before age 11 years						
Race/Ethnicity						
White	5.3	5.2	—	—	4.1	3.8
Black	9.7	3.0	6.4	2.4	8.0	2.3
Hispanic	6.7	4.4	3.6	2.4	5.0	2.4
Other	8.7	4.9	3.5	2.8	5.9	2.6
Grade						
6	7.5	3.9	4.1	3.0	5.8	2.3
7	5.8	4.3	5.7	3.2	5.7	3.1
8	12.0	4.2	5.3	2.5	8.6	2.4
Total	8.3	2.3	5.2	1.7	6.8	1.6

*95% confidence interval.
†Non-Hispanic.
‡Not available.
§Other than a few sips.

Table 12k. Percentage of middle school students who engaged in sexual behaviors, by sex, race/ethnicity, and grade—Milwaukee PS, WI, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Ever had sexual intercourse						
Race/Ethnicity						
White†	18.8	6.2	—‡	—	14.5	4.2
Black†	50.5	5.3	20.5	4.1	34.9	3.9
Hispanic	28.6	7.5	15.0	5.8	21.2	4.4
Other	26.3	9.0	19.2	8.9	22.8	6.6
Grade						
6	25.2	6.4	9.8	4.3	17.7	5.0
7	36.5	7.2	14.8	4.6	25.2	4.1
8	57.0	6.3	27.3	5.1	41.8	4.4
Total	39.7	4.4	17.7	3.1	28.5	3.0
Had first sexual intercourse before age 11 years						
Race/Ethnicity						
White	4.7	3.9	—	—	2.7	2.2
Black	19.2	3.6	3.8	1.8	11.1	2.3
Hispanic	3.7	2.2	3.0	2.5	3.3	1.7
Other	7.9	4.7	2.0	2.9	5.0	2.6
Grade						
6	10.0	4.1	3.1	2.5	6.6	2.5
7	14.2	4.9	3.5	1.8	8.6	3.1
8	15.7	4.2	2.6	1.8	9.0	2.5
Total	13.2	2.4	3.0	1.2	8.0	1.5
Had sexual intercourse with ≥ 3 persons during lifetime						
Race/Ethnicity						
White	5.4	4.8	—	—	3.8	2.9
Black	25.5	5.0	5.5	2.5	15.0	2.8
Hispanic	11.7	4.4	3.2	2.8	7.1	2.6
Other	10.4	6.8	2.6	3.1	6.7	3.2
Grade						
6	9.2	3.3	1.2	1.3	5.3	1.7
7	18.4	6.2	2.4	1.5	10.0	3.1
8	28.9	6.6	9.2	3.8	18.8	3.6
Total	18.7	3.6	4.4	1.7	11.5	2.0

*95% confidence interval.
†Non-Hispanic.
‡Not available.

Table 13k. Percentage of middle school students who used a condom during last sexual intercourse* and were ever taught about acquired immunodeficiency syndrome (AIDS) or human immunodeficiency virus (HIV) infection in school, by sex, race/ethnicity, and grade—Milwaukee PS, WI, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI† (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Condom use during last sexual intercourse						
Race/Ethnicity						
White‡	—§	—	—	—	—	—
Black‡	83.9	6.5	80.3	7.2	82.8	5.6
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	84.5	6.9	81.1	8.1	83.4	5.5
Total	82.8	5.6	79.1	6.2	81.7	4.7
Taught about AIDS or HIV infection in school						
Race/Ethnicity						
White	54.3	10.6	—	—	51.2	10.6
Black	72.9	5.2	70.5	6.1	71.8	4.5
Hispanic	66.8	7.3	59.4	6.7	62.2	5.5
Other	56.9	14.2	59.4	9.7	58.6	9.9
Grade						
6	56.2	9.5	55.4	9.9	55.6	8.5
7	67.8	9.0	57.9	10.7	62.8	8.7
8	80.9	5.1	81.3	5.6	81.1	4.5
Total	68.0	4.8	65.0	5.4	66.4	4.5

*Among the 28.5% of students who ever had sexual intercourse.
†95% confidence interval.
‡Non-Hispanic.
§Not available.

Table 14k. Percentage of middle school students who were at risk for becoming* or were overweight,† by sex, race/ethnicity, and grade—Milwaukee PS, WI, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI‡ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
At risk for becoming overweight						
Race/Ethnicity						
White§	14.0	8.2	—‖	—	17.4	8.0
Black§	25.0	4.3	22.4	4.4	23.7	3.0
Hispanic	25.1	8.8	13.7	3.6	18.8	4.4
Other	—	—	18.9	7.1	23.5	6.4
Grade						
6	23.8	9.0	17.8	7.0	20.8	6.5
7	19.3	5.5	20.0	7.2	19.7	4.4
8	25.5	4.5	23.0	5.3	24.2	3.3
Total	23.0	3.7	20.7	3.7	21.8	2.7
Overweight						
Race/Ethnicity						
White	10.9	6.7	—	—	9.5	4.5
Black	15.0	4.6	18.2	4.3	16.6	3.4
Hispanic	19.1	6.4	18.9	8.7	19.0	6.1
Other	—	—	15.1	6.7	12.4	4.3
Grade						
6	20.5	6.4	18.3	6.0	19.4	4.3
7	13.1	6.8	14.5	5.8	13.8	5.0
8	12.0	2.9	18.4	4.3	15.3	2.7
Total	14.7	3.3	17.0	3.5	15.8	2.6

*Students who were ≥ 85th percentile but < 95th percentile for body mass index, by age and sex, based on reference data.
†Students who were ≥ 95th percentile for body mass index, by age and sex, based on reference data.
‡95% confidence interval.
§Non-Hispanic.
‖Not available.

Table 15k. Percentage of middle school students who described themselves as slightly or very overweight and who were trying to lose weight, by sex, race/ethnicity, and grade—Milwaukee PS, WI, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Described themselves as overweight						
Race/Ethnicity						
White†	19.4	7.0	—‡	—	22.9	6.7
Black†	16.9	3.4	22.8	4.5	19.8	2.7
Hispanic	19.2	5.0	27.4	7.3	23.0	4.4
Other	23.0	8.2	28.8	7.3	26.0	5.6
Grade						
6	17.4	3.9	17.6	4.9	17.4	2.9
7	16.9	5.3	25.5	6.1	21.1	4.3
8	19.4	3.8	30.5	4.8	25.0	2.9
Total	17.8	2.4	24.6	3.3	21.1	2.0
Were trying to lose weight						
Race/Ethnicity						
White	30.9	5.0	—	—	39.8	4.5
Black	36.1	6.1	43.0	5.7	39.5	3.5
Hispanic	41.8	7.5	57.6	6.3	49.5	5.0
Other	38.3	8.5	54.3	7.4	46.9	5.8
Grade						
6	41.8	5.0	44.6	5.2	43.0	3.6
7	35.1	7.5	47.9	8.9	41.3	5.1
8	30.9	5.5	50.8	6.8	41.0	4.4
Total	36.1	3.8	47.4	4.1	41.6	2.3

*95% confidence interval.
†Non-Hispanic.
‡Not available.

Table 16k. Percentage of middle school students who ever engaged in healthy behaviors to lose weight or to keep from gaining weight, by sex, race/ethnicity, and grade—Milwaukee PS, WI, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight						
Race/Ethnicity						
White†	32.8	8.2	—‡	—	38.6	5.4
Black†	38.0	4.8	42.0	3.3	40.1	2.8
Hispanic	35.2	8.3	54.0	5.0	45.2	4.2
Other	29.2	9.8	50.7	9.7	40.5	6.9
Grade						
6	39.2	6.3	41.4	4.0	40.7	4.1
7	37.2	7.1	47.6	5.1	42.2	4.5
8	32.1	4.1	47.2	5.4	39.8	3.3
Total	36.3	3.6	45.3	2.6	40.9	2.1
Exercised to lose weight or to keep from gaining weight						
Race/Ethnicity						
White	65.1	6.6	—	—	67.3	5.3
Black	61.4	4.8	63.9	4.2	62.6	3.1
Hispanic	65.7	8.6	73.2	5.9	69.3	4.7
Other	69.9	11.4	72.7	5.9	71.4	6.7
Grade						
6	63.0	5.3	65.8	5.3	64.1	3.4
7	68.3	6.6	68.6	6.9	68.5	5.5
8	57.7	5.2	65.9	5.5	61.9	3.7
Total	63.0	3.5	66.9	3.1	64.9	2.3

*95% confidence interval.
†Non-Hispanic.
‡Not available.

Table 17k. Percentage of middle school students who ever engaged in unhealthy behaviors to lose weight or to keep from gaining weight, by sex, race/ethnicity, and grade—Milwaukee PS, WI, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Went without eating for ≥ 24 hours to lose weight or to keep from gaining weight						
Race/Ethnicity						
White†	9.4	5.5	—‡	—	13.1	3.5
Black†	23.4	4.7	27.6	3.7	25.5	3.1
Hispanic	14.3	6.6	23.3	6.1	18.9	4.5
Other	18.0	6.5	22.8	7.7	20.3	5.3
Grade						
6	18.4	4.7	25.6	5.8	21.8	3.6
7	20.4	7.8	25.9	5.6	23.0	5.3
8	19.6	4.7	24.8	4.8	22.3	2.7
Total	19.3	3.6	25.3	3.0	22.3	2.3
Took diet pills, powders, or liquids to lose weight or to keep from gaining weight§						
Race/Ethnicity						
White	4.4	3.1	—	—	2.9	2.1
Black	6.1	2.9	6.7	2.7	6.4	2.1
Hispanic	3.4	2.4	6.4	4.4	5.2	2.7
Other	1.2	1.7	8.1	5.0	4.8	3.0
Grade						
6	4.6	2.9	2.6	2.2	3.8	1.9
7	6.7	5.1	7.2	5.1	6.9	4.1
8	4.3	1.8	8.2	3.4	6.3	1.8
Total	5.2	1.9	6.0	2.0	5.6	1.4
Vomited or took laxatives to lose weight or to keep from gaining weight						
Race/Ethnicity						
White	0.9	1.5	—	—	4.4	2.4
Black	6.7	4.1	7.6	2.7	7.2	3.0
Hispanic	2.7	2.2	10.1	6.1	6.6	2.9
Other	2.0	2.4	2.7	2.4	2.7	1.8
Grade						
6	5.7	3.0	9.3	4.0	7.6	2.6
7	6.0	7.4	7.7	4.4	6.8	5.3
8	2.9	2.0	7.4	2.5	5.1	1.6
Total	4.9	2.6	8.1	2.3	6.5	2.0

*95% confidence interval.
†Non-Hispanic.
‡Not available.
§Without a doctor's advice.

Table 18k. Percentage of middle school students who participated in sufficient vigorous physical activity,* played on ≥ 1 sports teams,† and who watched ≥ 3 hours per day of television,‡ by sex, race/ethnicity, and grade—Milwaukee PS, WI, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI§ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Participated in sufficient vigorous physical activity						
Race/Ethnicity						
White‖	71.7	7.8	—¶	—	66.7	7.5
Black‖	59.7	5.3	54.0	4.9	56.9	3.5
Hispanic	69.8	8.1	61.0	6.6	65.5	3.8
Other	61.0	7.2	56.8	9.2	58.9	5.9
Grade						
6	55.8	6.7	55.9	5.8	56.2	4.1
7	68.4	8.3	57.3	7.0	62.9	5.9
8	67.7	4.6	54.7	6.7	61.3	4.6
Total	63.7	4.4	56.1	3.7	60.0	2.7
Played on any sports teams						
Race/Ethnicity						
White	51.6	6.8	—	—	50.5	7.6
Black	61.4	5.9	48.5	3.9	54.7	3.2
Hispanic	54.2	8.1	37.3	6.4	45.2	5.5
Other	49.5	9.5	45.7	9.0	47.6	6.5
Grade						
6	58.3	6.9	51.3	6.0	54.6	4.7
7	55.6	7.0	44.6	5.1	50.0	4.0
8	59.8	6.2	42.9	7.1	51.2	5.4
Total	58.1	3.8	46.1	3.3	52.0	2.5
Watched ≥ 3 hours per day of TV						
Race/Ethnicity						
White	57.9	9.4	—	—	49.8	6.4
Black	64.4	4.5	69.1	4.3	66.7	3.1
Hispanic	55.9	7.1	53.5	6.9	53.9	4.9
Other	65.1	8.4	71.6	7.2	68.8	5.8
Grade						
6	64.5	5.3	61.9	6.2	62.8	3.9
7	61.3	6.2	60.1	8.7	60.6	5.5
8	60.7	5.3	64.7	5.9	62.8	4.1
Total	62.0	3.3	62.3	4.2	61.9	2.6

*Exercised or participated in physical activities that made students sweat and breathe hard for ≥ 20 minutes on ≥ 3 of the 7 days preceding the survey (e.g., basketball, soccer, running, swimming laps, fast bicycling, fast dancing, or similar aerobic activities).
†Run by their school or community groups.
‡On an average school day.
§95% confidence interval.
‖Non-Hispanic.
¶Not available.

Table 19k. Percentage of middle school students who attended physical education (PE) classes[*] and attended PE classes daily,[†] by sex, race/ethnicity, and grade—Milwaukee PS, WI, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI[‡] (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Attended PE classes						
Race/Ethnicity						
White[§]	78.6	12.3	—[‖]	—	80.0	9.1
Black[§]	69.9	7.8	73.0	5.4	71.5	5.9
Hispanic	69.3	10.4	79.6	8.6	74.7	8.1
Other	73.9	9.0	73.7	7.6	73.6	6.4
Grade						
6	66.9	8.0	75.1	6.3	71.0	6.5
7	72.0	10.7	76.7	6.6	74.4	7.9
8	76.7	6.0	75.1	8.2	75.8	6.4
Total	71.5	6.0	75.5	4.3	73.5	4.6
Attended PE class daily						
Race/Ethnicity						
White	17.9	12.6	—	—	17.6	12.4
Black	23.1	6.1	23.9	4.8	23.6	4.7
Hispanic	22.1	9.2	17.2	7.1	19.4	7.0
Other	28.1	11.6	21.0	7.7	24.1	7.6
Grade						
6	23.3	9.5	24.2	9.0	23.9	8.4
7	23.1	11.3	21.9	8.5	22.5	9.2
8	19.9	5.8	18.5	6.9	19.2	5.8
Total	22.2	5.6	21.6	4.0	21.9	4.4

[*]On ≥ 1 days in an average week when they were in school.
[†]5 days in an average week when they were in school.
[‡]95% confidence interval.
[§]Non-Hispanic.
[‖]Not available.

Table 20k. Percentage of middle school students who described their health, in general, as fair or poor, by sex, race/ethnicity, and grade—Milwaukee PS, WI, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI[*] (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Described health as fair or poor						
Race/Ethnicity						
White[†]	12.2	4.9	—[‡]	—	10.6	4.1
Black[†]	7.1	1.9	12.0	3.1	9.5	2.0
Hispanic	6.6	3.3	11.6	5.3	9.3	3.5
Other	6.1	4.4	15.0	6.5	10.6	3.9
Grade						
6	7.7	2.4	10.1	4.4	8.9	2.5
7	5.6	2.9	14.1	5.3	9.7	3.4
8	9.2	3.1	11.3	2.9	10.3	2.2
Total	7.8	1.4	11.7	2.4	9.7	1.5

[*]95% confidence interval.
[†]Non-Hispanic.
[‡]Not available.

SAN BERNARDINO UNIFIED SCHOOL DISTRICT, CA

2005 MIDDLE SCHOOL YOUTH RISK BEHAVIOR SURVEY

Table 2I. Percentage of middle school students who rarely or never wore a seat belt* and who ever rode in a car driven by someone who had been drinking alcohol, by sex, race/ethnicity, and grade—San Bernardino USD, CA, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI† (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Rarely or never wore a seat belt						
Race/Ethnicity						
White‡	—§	—	—	—	7.1	5.3
Black‡	—	—	—	—	5.1	3.2
Hispanic	9.4	2.8	6.7	3.3	8.1	2.1
Other	—	—	—	—	2.4	2.4
Grade						
6	6.0	2.4	0.7	1.3	3.3	1.4
7	9.6	4.2	5.5	3.5	7.5	2.9
8	10.5	5.5	7.4	3.3	8.9	3.8
Total	9.2	2.6	5.1	1.9	7.1	1.7
Rode with a driver who had been drinking alcohol						
Race/Ethnicity						
White	—	—	—	—	34.8	10.0
Black	—	—	—	—	27.3	6.5
Hispanic	29.9	5.4	30.2	6.3	30.0	4.6
Other	—	—	—	—	27.9	8.5
Grade						
6	29.8	10.6	18.9	5.8	24.1	7.3
7	27.0	5.6	32.8	8.5	29.9	5.6
8	33.0	8.2	35.6	8.4	34.3	6.0
Total	30.0	4.2	30.4	5.2	30.2	3.7

*When riding in a car.
†95% confidence interval.
‡Non-Hispanic.
§Not available.

Table 31. Percentage of middle school students who rarely or never wore a bicycle helmet[*] and a rollerblade or skateboard helmet,[†] by sex, race/ethnicity, and grade—San Bernardino USD, CA, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI[‡] (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Rarely or never wore a bicycle helmet						
Race/Ethnicity						
White[§]	—[‖]	—	—	—	—	—
Black[§]	—	—	—	—	83.0	7.1
Hispanic	85.3	4.0	78.3	7.0	82.2	4.0
Other	—	—	—	—	—	—
Grade						
6	71.7	11.4	—	—	70.4	8.2
7	78.5	6.1	77.8	6.4	78.2	5.0
8	87.7	6.2	69.0	12.6	79.5	7.0
Total	80.3	4.2	72.0	5.4	76.5	3.8
Rarely or never wore a rollerblade or skateboard helmet						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	—	—	—	—	—	—
Hispanic	83.2	6.9	79.1	8.1	81.2	4.9
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	72.7	6.8
7	71.2	10.2	76.4	9.8	73.8	7.0
8	—	—	76.4	10.1	84.5	7.7
Total	79.6	6.1	75.3	5.7	77.4	4.6

[*]Among the 75.5% of students who rode bicycles.
[†]Among the 51.8% of students who rollerbladed or rode a skateboard.
[‡]95% confidence interval.
[§]Non-Hispanic.
[‖]Not available.

Table 4I. Percentage of middle school students who ever carried a weapon,* who ever were in a physical fight, and who ever were hurt in a physical fight,† by sex, race/ethnicity, and grade—San Bernardino USD, CA, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI‡ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Carried a weapon						
Race/Ethnicity						
White§	—‖	—	—	—	36.4	11.1
Black§	—	—	—	—	26.0	7.4
Hispanic	39.7	6.9	18.5	4.5	29.4	4.4
Other	—	—	—	—	32.9	8.9
Grade						
6	33.0	9.3	13.9	5.9	23.4	5.9
7	44.3	9.9	23.9	11.1	34.2	9.2
8	42.9	10.2	17.4	7.5	30.3	6.7
Total	41.2	6.4	19.0	5.4	30.1	4.6
In a physical fight						
Race/Ethnicity						
White	—	—	—	—	50.9	8.8
Black	—	—	—	—	73.9	6.1
Hispanic	65.4	4.8	44.0	5.3	54.9	4.1
Other	—	—	—	—	59.8	8.8
Grade						
6	67.4	10.8	44.2	9.6	55.5	6.5
7	63.9	6.8	45.7	6.2	54.9	4.3
8	72.6	7.9	53.9	7.5	63.3	5.2
Total	68.1	4.9	48.2	4.7	58.1	3.3
Hurt in a physical fight						
Race/Ethnicity						
White	—	—	—	—	2.5	2.9
Black	—	—	—	—	4.0	2.4
Hispanic	7.5	3.1	2.9	2.0	5.4	2.0
Other	—	—	—	—	9.0	5.2
Grade						
6	6.9	2.7	5.1	4.0	6.3	2.5
7	4.0	2.5	1.1	1.7	2.6	1.4
8	7.5	3.5	2.9	2.4	5.2	2.3
Total	6.1	1.9	2.8	1.5	4.6	1.2

*For example, a gun, knife, or club.
†Injuries had to be treated by a doctor or nurse.
‡95% confidence interval.
§Non-Hispanic.
‖Not available.

Table 5I. Percentage of middle school students who ever seriously thought about killing themselves, who ever made a plan about how they would kill themselves, and who ever tried to kill themselves, by sex, race/ethnicity, and grade—San Bernardino USD, CA, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Seriously thought about killing themselves						
Race/Ethnicity						
White†	—‡	—	—	—	20.3	8.1
Black†	—	—	—	—	22.0	7.6
Hispanic	14.8	3.2	33.9	6.3	24.3	3.5
Other	—	—	—	—	19.5	9.2
Grade						
6	16.2	9.2	24.0	7.6	20.5	7.8
7	16.0	5.0	33.2	8.1	24.5	4.9
8	10.2	4.5	35.5	7.2	22.7	4.4
Total	14.0	3.5	31.7	4.7	22.9	3.1
Made a plan about how they would kill themselves						
Race/Ethnicity						
White	—	—	—	—	13.8	6.5
Black	—	—	—	—	10.7	4.5
Hispanic	8.1	3.9	23.8	5.1	15.8	3.3
Other	—	—	—	—	13.8	7.5
Grade						
6	7.6	6.1	14.1	7.2	10.9	6.0
7	10.2	5.1	20.1	5.0	15.1	4.5
8	5.6	5.4	24.7	7.4	15.0	4.4
Total	8.0	3.1	20.3	3.9	14.1	2.7
Tried to kill themselves						
Race/Ethnicity						
White	—	—	—	—	7.6	4.4
Black	—	—	—	—	9.3	4.4
Hispanic	5.2	2.6	18.9	5.9	11.9	3.4
Other	—	—	—	—	13.1	6.0
Grade						
6	4.4	3.6	10.4	5.3	7.4	3.0
7	7.6	4.8	17.1	7.9	12.3	5.6
8	3.7	4.1	17.3	6.7	10.5	3.5
Total	5.5	2.6	15.8	4.5	10.7	2.9

*95% confidence interval.
†Non-Hispanic.
‡Not available.

Table 6l. Percentage of middle school students who ever smoked cigarettes, by sex, race/ethnicity, and grade—San Bernardino USD, CA, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Lifetime cigarette use†						
Race/Ethnicity						
White‡	—§	—	—	—	27.8	9.8
Black‡	—	—	—	—	29.2	10.9
Hispanic	28.1	5.9	33.9	6.5	31.0	4.1
Other	—	—	—	—	31.5	8.4
Grade						
6	20.4	12.1	17.5	11.0	18.9	10.5
7	26.6	7.7	31.3	9.7	28.9	5.1
8	33.3	8.2	42.4	9.8	37.9	8.0
Total	27.8	5.0	32.2	6.5	30.0	4.6
Lifetime daily cigarette use‖						
Race/Ethnicity						
White	—	—	—	—	4.5	3.8
Black	—	—	—	—	0.6	1.1
Hispanic	2.1	1.6	3.5	2.3	2.8	1.4
Other	—	—	—	—	2.9	3.3
Grade						
6	0.8	1.3	4.5	4.5	2.7	2.6
7	1.9	2.0	3.1	2.2	2.5	1.5
8	2.3	2.5	3.0	2.9	2.6	1.9
Total	1.9	1.3	3.4	1.8	2.6	1.1

*95% confidence interval.
†Ever tried cigarette smoking, even one or two puffs.
‡Non-Hispanic.
§Not available.
‖Ever smoked ≥ 1 cigarettes every day for 30 days.

Table 71. Percentage of middle school students who currently smoked cigarettes, by sex, race/ethnicity, and grade—San Bernardino USD, CA, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Current cigarette use†						
Race/Ethnicity						
White‡	—§	—	—	—	6.5	5.4
Black‡	—	—	—	—	3.3	2.6
Hispanic	6.9	3.3	11.8	3.9	9.3	2.4
Other	—	—	—	—	5.1	4.5
Grade						
6	5.8	5.9	5.7	4.6	5.7	4.8
7	5.0	3.6	14.0	6.2	9.5	3.8
8	6.1	3.9	7.0	3.3	6.6	2.6
Total	5.7	2.4	9.3	3.2	7.5	2.2
Current frequent cigarette use‖						
Race/Ethnicity						
White	—	—	—	—	1.8	2.6
Black	—	—	—	—	0.9	1.2
Hispanic	0.3	0.6	1.6	1.5	0.9	0.7
Other	—	—	—	—	1.7	2.3
Grade						
6	0.0	0.0	2.9	4.0	1.4	1.9
7	0.4	0.8	1.9	1.8	1.1	0.8
8	0.0	0.0	1.4	2.1	0.7	1.0
Total	0.2	0.3	2.0	1.4	1.1	0.7

*95% confidence interval.
†Smoked cigarettes on ≥ 1 of the 30 days preceding the survey.
‡Non-Hispanic.
§Not available.
‖Smoked cigarettes on ≥ 20 of the 30 days preceding the survey.

Table 8I. Percentage of middle school students who used smokeless tobacco,* smoked cigars,† and used any tobacco product‡ by sex, race/ethnicity, and grade—San Bernardino USD, CA, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI§ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Current smokeless tobacco use						
Race/Ethnicity						
White‖	—¶	—	—	—	3.3	4.8
Black‖	—	—	—	—	2.4	2.5
Hispanic	5.0	2.7	9.8	3.6	7.3	2.1
Other	—	—	—	—	3.4	3.1
Grade						
6	3.0	2.3	4.5	4.0	3.8	2.0
7	5.2	4.6	7.4	4.3	6.3	3.6
8	5.2	5.0	5.5	3.3	5.3	3.4
Total	4.8	2.7	6.0	2.3	5.4	1.9
Current cigar use						
Race/Ethnicity						
White	—	—	—	—	4.9	4.3
Black	—	—	—	—	4.5	3.4
Hispanic	8.4	3.3	9.7	3.1	9.0	1.9
Other	—	—	—	—	4.1	3.7
Grade						
6	3.4	3.6	6.6	5.4	5.0	3.2
7	5.1	3.1	8.4	3.7	6.7	2.7
8	10.9	5.1	6.4	3.6	8.7	2.8
Total	6.9	2.6	7.2	2.3	7.1	1.7
Current tobacco use						
Race/Ethnicity						
White	—	—	—	—	9.1	7.5
Black	—	—	—	—	4.9	3.8
Hispanic	10.4	3.7	14.9	4.6	12.6	3.2
Other	—	—	—	—	8.0	5.2
Grade						
6	9.2	6.5	8.0	7.1	8.5	6.3
7	7.0	4.7	15.3	6.9	11.0	5.0
8	10.6	4.9	10.3	5.3	10.4	4.1
Total	8.9	3.0	11.6	3.9	10.3	2.9

*Used chewing tobacco, snuff, or dip on ≥ 1 of the 30 days preceding the survey.
†Smoked cigars, cigarillos, or little cigars on ≥ 1 of the 30 days preceding the survey.
‡Smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on ≥ 1 of the 30 days preceding the survey.
§95% confidence interval.
‖Non-Hispanic.
¶Not available.

Table 9I. Percentage of middle school students who ever drank alcohol,* who ever used marijuana, and who ever used cocaine,† by sex, race/ethnicity, and grade—San Bernardino USD, CA, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI‡ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Lifetime alcohol use						
Race/Ethnicity						
White§	—‖	—	—	—	40.0	8.6
Black§	—	—	—	—	33.4	7.3
Hispanic	47.0	8.0	42.8	6.0	45.0	5.4
Other	—	—	—	—	37.9	9.0
Grade						
6	35.1	11.2	29.2	12.1	32.4	9.6
7	39.2	9.8	38.3	6.9	38.8	7.1
8	50.9	8.7	46.7	10.3	48.8	7.6
Total	42.8	6.3	39.5	5.7	41.2	5.0
Lifetime marijuana use						
Race/Ethnicity						
White	—	—	—	—	13.6	7.1
Black	—	—	—	—	12.6	5.6
Hispanic	15.7	4.9	12.4	3.9	14.1	3.6
Other	—	—	—	—	11.0	4.3
Grade						
6	4.6	4.3	6.1	7.8	5.4	5.7
7	10.1	4.8	10.8	4.1	10.5	3.3
8	26.3	7.9	17.7	7.1	22.0	6.2
Total	15.0	4.4	12.2	3.8	13.6	3.4
Lifetime cocaine use						
Race/Ethnicity						
White	—	—	—	—	4.4	4.1
Black	—	—	—	—	3.0	2.6
Hispanic	5.0	2.7	9.0	4.0	7.1	2.6
Other	—	—	—	—	3.6	3.3
Grade						
6	4.6	5.3	3.9	4.7	4.6	3.5
7	5.3	3.2	6.9	4.3	6.1	2.7
8	3.7	3.4	7.1	3.6	5.4	2.6
Total	4.7	2.3	6.4	2.5	5.6	1.8

*Ever had ≥ 1 drinks of alcohol, other than a few sips.
†Ever used any form of cocaine (e.g., powder, "crack," or "freebase").
‡95% confidence interval.
§Non-Hispanic.
‖Not available.

Table 10I. Percentage of middle school students who used inhalants,* who used steroids, and who injected illegal drugs,† by sex, race/ethnicity, and grade—San Bernardino USD, CA, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI‡ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Lifetime inhalant use						
Race/Ethnicity						
White§	—‖	—	—	—	13.2	7.7
Black§	—	—	—	—	6.6	3.8
Hispanic	9.8	3.4	20.8	4.4	15.2	2.9
Other	—	—	—	—	12.4	5.6
Grade						
6	9.7	6.4	17.5	5.9	13.6	4.6
7	10.5	6.0	18.3	8.0	14.4	6.0
8	6.4	3.9	15.0	4.7	10.7	3.2
Total	8.9	3.2	17.1	3.9	13.0	2.9
Lifetime steroid use						
Race/Ethnicity						
White	—	—	—	—	3.5	3.3
Black	—	—	—	—	1.3	1.5
Hispanic	1.2	1.0	2.3	1.5	1.7	0.9
Other	—	—	—	—	1.7	2.3
Grade						
6	3.5	3.3	1.8	2.1	2.6	1.8
7	0.9	1.0	2.8	2.4	1.9	1.4
8	2.2	3.1	1.0	1.2	1.6	1.7
Total	2.0	1.4	2.0	1.1	2.0	0.9
Lifetime illegal injection drug use						
Race/Ethnicity						
White	—	—	—	—	1.6	2.0
Black	—	—	—	—	0.6	1.1
Hispanic	1.0	1.1	1.8	1.4	1.4	0.8
Other	—	—	—	—	1.6	2.2
Grade						
6	0.0	0.0	3.1	3.5	1.6	1.8
7	1.1	1.6	1.2	1.6	1.2	1.0
8	0.8	1.3	1.1	1.1	0.9	0.8
Total	0.8	0.8	1.6	1.0	1.2	0.6

*Ever sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high.
†Ever used a needle to inject any illegal drug into the body.
‡95% confidence interval.
§Non-Hispanic.
‖Not available.

Table 111. Percentage of middle school students who used tobacco or drugs for the first time before age 11 years, by sex, race/ethnicity, and grade—San Bernardino USD, CA, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Smoked a whole cigarette before age 11 years						
Race/Ethnicity						
White†	—‡	—	—	—	7.4	4.9
Black†	—	—	—	—	3.2	2.7
Hispanic	7.8	3.3	8.9	4.2	8.3	2.6
Other	—	—	—	—	6.3	4.6
Grade						
6	6.6	6.2	5.5	4.7	6.0	4.7
7	8.3	4.8	9.5	5.9	8.9	4.3
8	5.4	3.3	5.3	3.6	5.4	2.4
Total	6.9	2.7	7.0	2.9	6.9	2.3
Drank alcohol before age 11 years§						
Race/Ethnicity						
White	—	—	—	—	16.2	8.2
Black	—	—	—	—	16.3	6.6
Hispanic	22.2	5.3	20.0	5.1	21.3	3.5
Other	—	—	—	—	—	—
Grade						
6	22.5	9.9	22.5	9.1	22.8	7.4
7	17.1	5.9	18.5	5.4	17.8	4.3
8	20.9	7.2	13.0	6.7	17.0	5.6
Total	19.9	4.7	17.6	4.1	18.8	3.5
Tried marijuana before age 11 years						
Race/Ethnicity						
White	—	—	—	—	5.8	5.1
Black	—	—	—	—	2.2	2.6
Hispanic	7.0	3.2	4.0	2.3	5.7	1.9
Other	—	—	—	—	3.4	3.1
Grade						
6	1.4	1.8	2.8	3.0	2.5	2.2
7	4.2	2.4	3.9	3.0	4.1	2.0
8	11.6	6.5	2.8	2.7	7.3	3.6
Total	6.4	2.9	3.2	1.6	4.9	1.8

*95% confidence interval.
†Non-Hispanic.
‡Not available.
§Other than a few sips.

Table 12l. Percentage of middle school students who engaged in sexual behaviors, by sex, race/ethnicity, and grade—San Bernardino USD, CA, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Ever had sexual intercourse						
Race/Ethnicity						
White†	—‡	—	—	—	17.7	6.1
Black†	—	—	—	—	24.1	8.8
Hispanic	19.5	6.1	11.3	3.5	15.4	3.3
Other	—	—	—	—	17.1	7.2
Grade						
6	23.0	9.0	7.9	7.0	15.2	7.1
7	19.6	7.5	12.9	5.6	16.3	4.2
8	28.2	10.5	13.4	4.5	20.6	5.5
Total	23.6	5.4	12.0	3.5	17.7	3.4
Had first sexual intercourse before age 11 years						
Race/Ethnicity						
White	—	—	—	—	5.8	3.5
Black	—	—	—	—	8.6	4.7
Hispanic	6.9	3.0	3.7	1.9	5.3	1.7
Other	—	—	—	—	4.0	3.6
Grade						
6	12.2	4.8	7.2	6.6	9.6	5.2
7	8.6	3.7	3.0	2.1	5.8	1.9
8	5.3	4.3	3.0	2.2	4.1	2.6
Total	8.2	2.5	4.0	2.1	6.0	1.8
Had sexual intercourse with ≥ 3 persons during lifetime						
Race/Ethnicity						
White	—	—	—	—	4.2	3.4
Black	—	—	—	—	4.4	3.8
Hispanic	8.0	3.7	2.0	1.5	5.0	1.9
Other	—	—	—	—	1.6	2.3
Grade						
6	7.9	6.4	1.9	3.4	4.8	3.7
7	4.5	3.1	3.1	2.4	3.8	2.0
8	8.2	4.8	2.3	2.1	5.1	2.3
Total	6.7	2.8	2.6	1.5	4.6	1.5

*95% confidence interval.
†Non-Hispanic.
‡Not available.

Table 13I. Percentage of middle school students who used a condom during last sexual intercourse* and were ever taught about acquired immunodeficiency syndrome (AIDS) or human immunodeficiency virus (HIV) infection in school, by sex, race/ethnicity, and grade—San Bernardino USD, CA, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI† (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Condom use during last sexual intercourse						
Race/Ethnicity						
White‡	—§	—	—	—	—	—
Black‡	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade	—	—	—	—	—	—
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	—	—	—	—	—	—
Total	—	—	—	—	63.1	7.9
Taught about AIDS or HIV infection in school						
Race/Ethnicity						
White	—	—	—	—	63.0	12.2
Black	—	—	—	—	68.2	10.0
Hispanic	57.8	9.4	60.5	8.7	59.0	8.4
Other	—	—	—	—	67.9	11.4
Grade						
6	35.1	12.2	35.8	11.3	35.4	11.4
7	67.6	12.9	76.3	6.9	72.0	9.0
8	77.6	7.5	59.4	7.4	68.7	6.8
Total	63.9	8.2	59.7	6.6	61.7	6.7

*Among the 17.7% of students who ever had sexual intercourse.
†95% confidence interval.
‡Non-Hispanic.
§Not available.

Table 14I. Percentage of middle school students who were at risk for becoming* or were overweight,† by sex, race/ethnicity, and grade—San Bernardino USD, CA, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI‡ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
At risk for becoming overweight						
Race/Ethnicity						
White§	—‖	—	—	—	—	—
Black§	—	—	—	—	21.5	7.4
Hispanic	15.6	4.2	21.2	5.2	18.2	3.4
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	21.5	7.2
7	20.0	6.0	20.5	7.0	20.3	4.0
8	14.4	5.5	13.9	5.2	14.2	4.2
Total	18.1	3.9	17.8	4.2	18.0	2.9
Overweight						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	—	—	—	—	18.6	7.3
Hispanic	30.1	6.4	20.2	4.3	25.4	3.6
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	24.8	7.1
7	21.8	6.7	22.5	9.1	22.2	5.5
8	24.7	8.0	16.0	5.9	20.6	4.8
Total	25.4	4.9	18.6	4.1	22.1	2.7

*Students who were ≥ 85th percentile but < 95th percentile for body mass index, by age and sex, based on reference data.
†Students who were ≥ 95th percentile for body mass index, by age and sex, based on reference data.
‡95% confidence interval.
§Non-Hispanic.
‖Not available.

Table 15I. Percentage of middle school students who described themselves as slightly or very overweight and who were trying to lose weight, by sex, race/ethnicity, and grade—San Bernardino USD, CA, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Described themselves as overweight						
Race/Ethnicity						
White†	—‡	—	—	—	29.8	9.4
Black†	—	—	—	—	19.8	6.6
Hispanic	28.1	5.2	33.7	6.1	30.8	3.9
Other	—	—	—	—	27.8	8.8
Grade						
6	25.8	7.3	31.3	10.3	28.5	6.3
7	24.5	4.6	34.8	8.9	29.6	4.4
8	24.6	6.3	28.8	5.8	26.7	3.8
Total	24.8	3.5	31.6	4.7	28.2	2.6
Were trying to lose weight						
Race/Ethnicity						
White	—	—	—	—	48.6	9.5
Black	—	—	—	—	43.9	8.6
Hispanic	50.2	5.3	58.0	4.7	54.1	3.6
Other	—	—	—	—	55.0	10.1
Grade						
6	50.3	6.2	54.4	8.6	52.5	5.4
7	46.2	4.9	60.7	5.7	53.4	4.1
8	38.9	7.1	55.6	6.3	47.2	5.1
Total	44.4	4.0	57.7	4.0	51.1	2.8

*95% confidence interval.
†Non-Hispanic.
‡Not available.

Table 16l. Percentage of middle school students who ever engaged in healthy behaviors to lose weight or to keep from gaining weight, by sex, race/ethnicity, and grade—San Bernardino USD, CA, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight						
Race/Ethnicity						
White†	—‡	—	—	—	36.6	7.2
Black†	—	—	—	—	39.2	8.5
Hispanic	41.2	5.5	51.9	5.3	46.5	4.0
Other	—	—	—	—	55.2	6.7
Grade						
6	38.1	7.7	41.2	10.0	39.9	5.4
7	38.8	7.5	50.6	8.2	44.6	5.5
8	33.6	7.7	52.6	6.6	43.0	6.0
Total	36.7	4.6	49.4	4.6	43.1	3.2
Exercised to lose weight or to keep from gaining weight						
Race/Ethnicity						
White	—	—	—	—	71.0	8.5
Black	—	—	—	—	67.6	8.3
Hispanic	67.2	5.4	77.6	5.3	72.4	3.7
Other	—	—	—	—	75.0	7.1
Grade						
6	67.4	8.5	70.7	12.3	69.2	8.1
7	69.4	7.5	76.9	5.7	73.1	5.6
8	62.1	8.3	76.9	7.0	69.4	5.5
Total	66.1	4.8	75.6	4.3	70.9	3.3

*95% confidence interval.
†Non-Hispanic.
‡Not available.

Table 17l. Percentage of middle school students who ever engaged in unhealthy behaviors to lose weight or to keep from gaining weight, by sex, race/ethnicity, and grade—San Bernardino USD, CA, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Went without eating for ≥ 24 hours to lose weight or to keep from gaining weight						
Race/Ethnicity						
White†	—‡	—	—	—	16.2	6.4
Black†	—	—	—	—	19.9	5.5
Hispanic	14.5	4.0	24.0	4.6	19.3	3.4
Other	—	—	—	—	22.1	7.6
Grade						
6	18.0	4.7	25.3	7.1	22.0	3.9
7	12.6	4.8	22.4	6.9	17.4	4.3
8	10.7	6.0	26.2	6.7	18.4	5.8
Total	13.2	3.4	24.6	4.0	19.0	2.9
Took diet pills, powders, or liquids to lose weight or to keep from gaining weight§						
Race/Ethnicity						
White	—	—	—	—	2.7	3.2
Black	—	—	—	—	5.1	4.0
Hispanic	6.6	2.9	7.8	2.9	7.2	2.2
Other	—	—	—	—	5.1	4.1
Grade						
6	6.7	3.2	5.8	4.6	6.2	3.4
7	2.1	1.9	7.0	4.1	4.6	2.6
8	5.9	4.1	7.0	3.6	6.4	3.0
Total	4.6	2.0	6.9	2.1	5.8	1.6
Vomited or took laxatives to lose weight or to keep from gaining weight						
Race/Ethnicity						
White	—	—	—	—	7.2	5.0
Black	—	—	—	—	5.1	3.4
Hispanic	5.0	1.9	7.4	3.0	6.2	1.8
Other	—	—	—	—	7.3	4.4
Grade						
6	6.2	3.6	8.0	4.7	7.1	3.4
7	3.2	1.6	7.9	3.8	5.5	2.3
8	4.9	3.5	7.2	4.0	6.1	2.5
Total	4.6	1.8	7.8	2.5	6.2	1.5

*95% confidence interval.
†Non-Hispanic.
‡Not available.
§Without a doctor's advice.

Table 18I. Percentage of middle school students who participated in sufficient vigorous physical activity,* played on ≥ 1 sports teams,† and who watched ≥ 3 hours per day of television,‡ by sex, race/ethnicity, and grade—San Bernardino USD, CA, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI§ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Participated in sufficient vigorous physical activity						
Race/Ethnicity						
White‖	—¶	—	—	—	73.0	7.7
Black‖	—	—	—	—	70.0	8.2
Hispanic	76.8	4.5	66.1	4.1	71.5	3.2
Other	—	—	—	—	73.1	6.9
Grade						
6	71.9	12.3	63.8	9.2	67.5	9.1
7	74.8	10.1	68.8	8.7	71.8	7.8
8	79.3	7.8	65.1	6.2	72.3	5.7
Total	75.9	5.6	66.2	4.2	71.0	4.0
Played on any sports teams						
Race/Ethnicity						
White	—	—	—	—	47.4	9.8
Black	—	—	—	—	43.8	8.0
Hispanic	47.2	5.5	32.4	6.7	40.0	4.1
Other	—	—	—	—	36.0	12.1
Grade						
6	50.6	9.8	36.1	10.5	43.4	7.8
7	48.2	6.7	28.7	9.3	38.4	6.4
8	50.2	10.2	38.8	8.2	44.5	6.7
Total	49.6	4.8	34.3	5.6	41.9	3.8
Watched ≥ 3 hours per day of TV						
Race/Ethnicity						
White	—	—	—	—	44.8	9.6
Black	—	—	—	—	62.1	8.1
Hispanic	53.0	5.7	52.4	6.2	52.7	4.6
Other	—	—	—	—	50.7	9.6
Grade						
6	50.8	12.8	57.5	10.1	54.0	6.8
7	49.4	6.6	50.6	7.1	50.0	5.4
8	51.7	8.9	58.4	10.7	55.0	7.4
Total	50.5	5.8	55.0	5.6	52.7	4.1

*Exercised or participated in physical activities that made students sweat and breathe hard for ≥ 20 minutes on ≥ 3 of the 7 days preceding the survey (e.g., basketball, soccer, running, swimming laps, fast bicycling, fast dancing, or similar aerobic activities).
†Run by their school or community groups.
‡On an average school day.
§95% confidence interval.
‖Non-Hispanic.
¶Not available.

Table 19I. Percentage of middle school students who attended physical education (PE) classes* and attended PE classes daily,† by sex, race/ethnicity, and grade—San Bernardino USD, CA, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI‡ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Attended PE classes						
Race/Ethnicity						
White§	—‖	—	—	—	90.7	5.7
Black§	—	—	—	—	92.3	3.4
Hispanic	95.8	2.7	94.7	3.2	95.3	2.3
Other	—	—	—	—	93.4	5.3
Grade						
6	94.0	5.3	94.9	4.6	94.5	4.0
7	90.7	2.3	96.6	2.6	93.7	1.8
8	94.9	4.0	92.0	5.0	93.5	3.2
Total	93.1	2.2	94.4	2.4	93.7	1.6
Attended PE class daily						
Race/Ethnicity						
White	—	—	—	—	77.8	9.7
Black	—	—	—	—	77.4	6.9
Hispanic	82.5	5.3	78.7	7.2	80.5	5.2
Other	—	—	—	—	79.7	10.8
Grade						
6	73.5	9.5	72.5	13.6	72.8	10.5
7	78.4	6.8	78.5	8.6	78.5	6.7
8	89.4	4.8	79.6	8.0	84.5	5.2
Total	81.4	4.8	77.3	5.7	79.3	4.5

*On ≥ 1 days in an average week when they were in school.
†5 days in an average week when they were in school.
‡95% confidence interval.
§Non-Hispanic.
‖Not available.

Table 20l. Percentage of middle school students who described their health, in general, as fair or poor, by sex, race/ethnicity, and grade—San Bernardino USD, CA, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI[*] (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Described health as fair or poor						
Race/Ethnicity						
White[†]	—[‡]	—	—	—	7.6	5.2
Black[†]	—	—	—	—	3.8	3.3
Hispanic	10.0	3.3	10.0	3.9	10.0	2.4
Other	—	—	—	—	10.0	4.9
Grade						
6	4.7	3.3	5.1	2.9	4.9	2.3
7	8.1	4.3	12.4	4.6	10.3	3.2
8	9.5	5.5	8.3	3.7	8.9	3.4
Total	7.9	2.7	9.0	2.4	8.4	1.9

[*]95% confidence interval.
[†]Non-Hispanic.
[‡]Not available.

SAN FRANCISCO UNIFIED SCHOOL DISTRICT, CA

2005 MIDDLE SCHOOL YOUTH RISK BEHAVIOR SURVEY

Table 2m. Percentage of middle school students who rarely or never wore a seat belt* and who ever rode in a car driven by someone who had been drinking alcohol, by sex, race/ethnicity, and grade—San Francisco USD, CA, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI† (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Rarely or never wore a seat belt						
Race/Ethnicity						
White‡	—§	—	—	—	3.1	2.1
Black‡	9.3	5.5	9.8	5.9	9.5	3.6
Hispanic	11.0	4.6	8.8	3.5	9.9	3.1
Asian	8.8	2.7	4.0	1.8	6.8	1.9
Other	7.0	4.6	4.4	3.2	6.0	2.9
Grade						
6	6.6	3.3	4.3	2.6	5.7	2.3
7	7.3	3.2	6.1	3.0	6.7	2.3
8	11.3	3.2	7.6	2.5	9.6	2.3
Total	8.7	1.9	6.1	1.6	7.6	1.4
Rode with a driver who had been drinking alcohol						
Race/Ethnicity						
White	—	—	—	—	19.2	5.7
Black	24.4	9.9	28.3	9.3	26.1	6.9
Hispanic	28.8	7.5	28.8	7.8	28.7	5.7
Asian	11.9	3.2	11.0	2.8	11.4	2.1
Other	19.2	8.8	23.8	8.3	21.5	5.6
Grade						
6	10.7	4.1	13.4	4.3	11.9	2.6
7	20.1	4.8	17.7	4.5	18.9	3.5
8	25.5	4.1	26.8	5.9	26.1	3.7
Total	18.8	2.9	19.9	3.1	19.2	2.2

*When riding in a car.
†95% confidence interval.
‡Non-Hispanic.
§Not available.

Table 3m. Percentage of middle school students who rarely or never wore a bicycle helmet[*] and a rollerblade or skateboard helmet,[†] by sex, race/ethnicity, and grade—San Francisco USD, CA, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI[‡] (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Rarely or never wore a bicycle helmet						
Race/Ethnicity						
White[§]	—[‖]	—	—	—	18.5	6.9
Black[§]	—	—	—	—	74.6	5.4
Hispanic	66.8	6.6	52.5	8.0	61.0	6.2
Asian	45.9	6.4	36.3	5.7	41.7	4.9
Other	—	—	48.9	9.6	49.6	7.9
Grade						
6	40.9	7.8	38.3	6.5	39.8	5.7
7	54.6	6.5	51.3	9.0	53.3	6.1
8	66.1	7.3	54.2	9.1	61.2	7.0
Total	54.2	4.0	48.0	4.8	51.6	3.6
Rarely or never wore a rollerblade or skateboard helmet						
Race/Ethnicity						
White	—	—	—	—	25.8	7.7
Black	—	—	—	—	—	—
Hispanic	—	—	53.3	11.1	62.0	6.8
Asian	41.5	6.4	39.2	6.1	40.2	4.4
Other	—	—	—	—	49.8	8.9
Grade						
6	37.4	8.1	34.2	7.3	35.6	5.7
7	55.4	8.7	55.4	9.9	55.2	7.8
8	63.3	8.1	57.5	9.3	60.4	7.6
Total	51.8	4.8	49.4	5.4	50.5	4.3

[*]Among the 70.3% of students who rode bicycles.
[†]Among the 46.2% of students who rollerbladed or rode a skateboard.
[‡]95% confidence interval.
[§]Non-Hispanic.
[‖]Not available.

Table 4m. Percentage of middle school students who ever carried a weapon,* who ever were in a physical fight, and who ever were hurt in a physical fight,† by sex, race/ethnicity, and grade—San Francisco USD, CA, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI‡ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Carried a weapon						
Race/Ethnicity						
White§						
Black§						
Hispanic						
Asian			**Question Not Asked**			
Other						
Grade						
6						
7						
8						
Total						
In a physical fight						
Race/Ethnicity						
White						
Black						
Hispanic			**Question Not Asked**			
Asian						
Other						
Grade						
6						
7						
8						
Total						
Hurt in a physical fight						
Race/Ethnicity						
White	—‖	—	—	—	5.0	3.3
Black	9.8	6.8	—	—	7.4	4.8
Hispanic	5.9	4.0	6.9	3.3	6.4	2.9
Asian	6.8	2.1	4.7	1.7	5.9	1.4
Other	10.3	5.6	4.0	3.1	7.4	2.9
Grade						
6	6.8	3.4	6.3	2.8	6.6	2.3
7	7.1	3.3	6.1	2.4	6.7	2.1
8	7.9	2.6	3.6	1.8	5.9	1.7
Total	7.2	1.8	5.4	1.3	6.4	1.2

*For example, a gun, knife, or club.
†Injuries had to be treated by a doctor or nurse.
‡95% confidence interval.
§Non-Hispanic.
‖Not available.

Table 5m. Percentage of middle school students who ever seriously thought about killing themselves, who ever made a plan about how they would kill themselves, and who ever tried to kill themselves, by sex, race/ethnicity, and grade—San Francisco USD, CA, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Seriously thought about killing themselves						
Race/Ethnicity						
White†	—‡	—	—	—	12.4	5.9
Black†	15.0	6.6	24.7	10.4	19.3	6.7
Hispanic	14.5	4.7	25.6	6.1	20.0	4.3
Asian	14.4	3.8	19.0	4.0	16.4	3.1
Other	23.1	7.8	33.8	8.0	29.0	5.7
Grade						
6	12.5	4.1	18.6	6.0	15.4	3.8
7	15.1	3.2	25.3	5.1	19.9	3.2
8	15.7	4.2	25.7	4.1	20.3	3.3
Total	14.5	2.4	23.5	3.1	18.7	2.2
Made a plan about how they would kill themselves						
Race/Ethnicity						
White	—	—	—	—	6.9	3.6
Black	—	—	—	—	13.6	5.3
Hispanic	7.6	3.2	14.4	5.0	11.0	3.4
Asian	9.6	3.3	13.1	2.9	11.2	2.4
Other	9.0	5.6	17.8	6.5	13.7	4.7
Grade						
6	4.0	2.2	9.8	4.4	6.7	2.6
7	10.9	3.1	13.6	3.9	12.2	2.7
8	11.6	3.7	18.6	3.3	14.9	2.6
Total	9.0	2.0	14.3	2.3	11.4	1.8
Tried to kill themselves						
Race/Ethnicity						
White	—	—	—	—	3.0	2.4
Black	8.5	4.7	10.6	5.2	9.4	3.4
Hispanic	7.4	3.9	10.8	5.1	9.1	3.2
Asian	4.0	1.8	4.3	2.0	4.1	1.5
Other	8.0	5.0	13.5	6.1	10.9	4.0
Grade						
6	2.6	2.4	4.7	2.5	3.6	1.7
7	6.5	3.1	9.4	3.9	7.8	2.4
8	7.2	3.1	9.5	3.2	8.3	2.3
Total	5.6	1.8	8.0	2.0	6.7	1.4

*95% confidence interval.
†Non-Hispanic.
‡Not available.

Table 6m. Percentage of middle school students who ever smoked cigarettes, by sex, race/ethnicity, and grade—San Francisco USD, CA, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Lifetime cigarette use†						
Race/Ethnicity						
White‡	—§	—	—	—	10.0	4.8
Black‡	—	—	—	—	30.8	5.0
Hispanic	32.8	7.4	25.5	6.2	29.1	4.8
Asian	10.4	3.8	9.3	2.6	9.9	2.7
Other	20.8	7.8	25.3	7.6	23.5	5.5
Grade						
6	8.2	5.0	10.4	4.1	9.2	3.9
7	21.9	5.9	20.4	5.0	21.2	4.4
8	26.3	5.4	23.1	5.7	24.8	4.4
Total	19.2	3.3	18.7	3.0	19.0	2.8
Lifetime daily cigarette use‖						
Race/Ethnicity						
White						
Black						
Hispanic						
Asian			**Question Not Asked**			
Other						
Grade						
6						
7						
8						
Total						

*95% confidence interval.
†Ever tried cigarette smoking, even one or two puffs.
‡Non-Hispanic.
§Not available.
‖Ever smoked ≥ 1 cigarettes every day for 30 days.

Table 7m. Percentage of middle school students who currently smoked cigarettes, by sex, race/ethnicity, and grade—San Francisco USD, CA, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Current cigarette use†						
Race/Ethnicity						
White‡	—§	—	—	—	1.8	2.0
Black‡	—	—	—	—	6.7	3.6
Hispanic	11.1	4.4	5.3	3.2	8.1	2.6
Asian	1.5	1.3	1.3	0.9	1.4	0.8
Other	4.3	4.6	6.3	3.8	5.4	2.8
Grade						
6	2.0	1.9	1.7	1.7	1.9	1.4
7	5.2	2.9	4.3	2.3	4.7	1.7
8	6.4	2.3	4.7	2.6	5.6	1.8
Total	4.6	1.4	4.0	1.4	4.3	1.1
Current frequent cigarette use‖						
Race/Ethnicity						
White	—	—	—	—	0.0	0.0
Black	—	—	—	—	2.2	2.1
Hispanic	0.9	1.2	0.2	0.5	0.5	0.8
Asian	0.4	0.6	0.2	0.4	0.3	0.4
Other	2.6	3.1	0.0	0.0	1.2	1.4
Grade						
6	0.3	0.6	0.8	1.2	0.6	0.7
7	1.4	1.7	0.0	0.0	0.7	0.9
8	1.0	1.0	0.2	0.4	0.6	0.6
Total	0.9	0.7	0.5	0.5	0.7	0.5

*95% confidence interval.
†Smoked cigarettes on ≥ 1 of the 30 days preceding the survey.
‡Non-Hispanic.
§Not available.
‖Smoked cigarettes on ≥ 20 of the 30 days preceding the survey.

Table 8m. Percentage of middle school students who used smokeless tobacco,* smoked cigars,† and used any tobacco product‡ by sex, race/ethnicity, and grade—San Francisco USD, CA, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI§ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Current smokeless tobacco use						
Race/Ethnicity						
White‖						
Black‖						
Hispanic						
Asian						
Other			**Question Not Asked**			
Grade						
6						
7						
8						
Total						
Current cigar use						
Race/Ethnicity						
White						
Black						
Hispanic						
Asian						
Other			**Question Not Asked**			
Grade						
6						
7						
8						
Total						
Current tobacco use						
Race/Ethnicity						
White						
Black						
Hispanic						
Asian						
Other			**Question Not Asked**			
Grade						
6						
7						
8						
Total						

*Used chewing tobacco, snuff, or dip on ≥ 1 of the 30 days preceding the survey.
†Smoked cigars, cigarillos, or little cigars on ≥ 1 of the 30 days preceding the survey.
‡Smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on ≥ 1 of the 30 days preceding the survey.
§95% confidence interval.
‖Non-Hispanic.

Table 9m. Percentage of middle school students who ever drank alcohol,* who ever used marijuana, and who ever used cocaine,† by sex, race/ethnicity, and grade—San Francisco USD, CA, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI‡ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Lifetime alcohol use						
Race/Ethnicity						
White§	—‖	—	—	—	24.3	9.2
Black§	—	—	—	—	33.9	7.5
Hispanic	38.6	8.6	35.0	8.4	36.5	6.4
Asian	16.9	4.5	11.6	3.2	14.6	3.3
Other	25.0	9.0	28.6	9.2	26.8	7.2
Grade						
6	12.1	4.3	9.3	4.2	10.8	3.4
7	25.4	7.8	26.8	6.1	26.3	5.5
8	36.8	5.4	33.5	7.4	35.2	5.3
Total	24.8	4.2	23.6	4.1	24.3	3.7
Lifetime marijuana use						
Race/Ethnicity						
White	—	—	—	—	1.6	1.9
Black	—	—	—	—	30.7	6.4
Hispanic	14.5	5.0	9.1	4.4	11.7	3.1
Asian	2.2	1.4	2.2	1.2	2.3	1.1
Other	14.5	7.7	12.7	5.5	13.9	5.2
Grade						
6	1.8	1.8	2.3	2.1	2.1	1.6
7	12.5	5.5	9.3	4.1	11.0	3.4
8	16.7	3.8	11.9	4.8	14.4	3.4
Total	10.5	2.7	8.6	2.3	9.6	2.0
Lifetime cocaine use						
Race/Ethnicity						
White	—	—	—	—	0.7	1.3
Black	—	—	—	—	3.9	2.6
Hispanic	4.8	2.8	4.3	2.9	4.5	1.9
Asian	2.7	1.5	2.2	1.4	2.7	1.1
Other	3.2	3.2	3.8	2.9	3.5	2.2
Grade						
6	2.4	1.9	3.2	1.9	3.0	1.5
7	3.0	1.9	2.9	2.0	2.9	1.4
8	4.2	2.0	2.5	1.8	3.4	1.4
Total	3.2	1.1	3.2	1.2	3.3	0.9

*Ever had ≥ 1 drinks of alcohol, other than a few sips.
†Ever used any form of cocaine (e.g., powder, "crack," or "freebase").
‡95% confidence interval.
§Non-Hispanic.
‖Not available.

Table 10m. Percentage of middle school students who used inhalants,* who used steroids, and who injected illegal drugs,† by sex, race/ethnicity, and grade—San Francisco USD, CA, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI‡ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Lifetime inhalant use						
Race/Ethnicity						
White§	—‖	—	—	—	4.8	3.5
Black§	—	—	—	—	10.0	4.9
Hispanic	10.4	4.8	14.4	8.4	12.3	5.0
Asian	8.7	3.0	6.5	2.1	7.8	1.9
Other	13.5	6.6	8.8	4.5	10.9	4.3
Grade						
6	6.1	3.5	7.9	3.5	6.9	2.8
7	10.0	3.7	11.8	6.0	10.9	3.3
8	11.2	3.1	8.1	3.6	9.7	2.6
Total	9.1	2.1	9.6	2.8	9.3	1.8
Lifetime steroid use						
Race/Ethnicity						
White	—	—	—	—	1.8	1.2
Black	—	—	—	—	3.3	2.2
Hispanic	2.8	2.5	0.5	0.6	1.6	1.3
Asian	1.7	1.1	1.0	1.0	1.4	0.7
Other	3.2	3.2	3.8	3.4	3.5	2.3
Grade						
6	1.7	1.7	1.9	1.7	1.8	1.2
7	3.3	2.5	1.6	1.3	2.5	1.6
8	1.7	1.3	0.9	0.9	1.3	0.9
Total	2.2	1.1	1.6	0.8	1.9	0.8
Lifetime illegal injection drug use						
Race/Ethnicity						
White	—	—	—	—	0.9	1.3
Black	—	—	—	—	4.8	2.4
Hispanic	1.3	1.5	1.7	1.5	1.5	1.0
Asian	0.6	0.7	0.7	0.7	0.8	0.5
Other	3.3	3.3	0.0	0.0	1.5	1.6
Grade						
6	0.3	0.6	1.1	1.3	0.9	0.9
7	2.0	1.7	2.5	1.7	2.3	1.1
8	2.4	1.7	0.5	0.7	1.6	1.0
Total	1.6	0.9	1.6	0.7	1.6	0.6

*Ever sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high.
†Ever used a needle to inject any illegal drug into the body.
‡95% confidence interval.
§Non-Hispanic.
‖Not available.

Table 11m. Percentage of middle school students who used tobacco or drugs for the first time before age 11 years, by sex, race/ethnicity, and grade—San Francisco USD, CA, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Smoked a whole cigarette before age 11 years						
Race/Ethnicity						
White†	—‡	—	—	—	0.7	1.3
Black†	—	—	—	—	6.0	3.4
Hispanic	7.0	3.3	4.0	2.5	5.5	2.0
Asian	3.0	1.4	1.5	1.0	2.6	1.0
Other	6.5	4.6	6.7	4.7	7.0	3.3
Grade						
6	2.0	1.8	2.4	1.9	2.4	1.5
7	4.2	2.5	4.8	2.3	4.6	1.9
8	6.5	2.4	3.1	1.8	4.9	1.5
Total	4.2	1.3	3.8	1.1	4.2	1.0
Drank alcohol before age 11 years§						
Race/Ethnicity						
White	—	—	—	—	10.3	5.6
Black	—	—	—	—	17.1	5.5
Hispanic	23.5	7.3	16.4	4.6	19.6	4.6
Asian	9.5	2.7	7.1	2.4	8.5	2.0
Other	22.6	8.3	12.6	5.7	17.2	4.9
Grade						
6	10.7	3.4	6.8	3.6	8.8	2.8
7	15.4	5.8	15.0	3.7	15.5	3.6
8	18.5	3.7	11.8	3.3	15.3	2.9
Total	14.9	2.7	11.5	2.1	13.3	2.0
Tried marijuana before age 11 years						
Race/Ethnicity						
White	—	—	—	—	1.5	1.8
Black	—	—	—	—	14.0	4.3
Hispanic	5.8	3.1	2.4	1.9	4.0	1.8
Asian	1.7	1.1	1.5	1.0	1.7	0.8
Other	9.0	6.1	2.4	3.5	5.9	3.6
Grade						
6	0.7	1.0	2.3	2.1	1.5	1.1
7	7.3	4.2	3.5	2.1	5.5	2.3
8	7.3	2.8	3.2	1.6	5.4	1.7
Total	5.2	1.8	3.2	1.2	4.3	1.1

*95% confidence interval.
†Non-Hispanic.
‡Not available.
§Other than a few sips.

Table 12m. Percentage of middle school students who engaged in sexual behaviors, by sex, race/ethnicity, and grade—San Francisco USD CA, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Ever had sexual intercourse						
Race/Ethnicity						
White†	—‡	—	—	—	3.2	2.6
Black†	—	—	—	—	25.5	7.0
Hispanic	16.1	6.6	8.8	3.7	12.4	4.1
Asian	3.5	1.7	1.6	1.2	2.6	1.0
Other	—	—	10.2	5.1	11.2	4.4
Grade						
6	1.4	1.7	1.7	1.7	1.6	1.2
7	13.8	6.2	7.6	3.4	10.7	4.2
8	16.9	4.2	9.0	3.9	13.1	3.5
Total	10.8	2.7	6.4	1.8	8.7	1.9
Had first sexual intercourse before age 11 years						
Race/Ethnicity						
White	—	—	—	—	2.1	2.1
Black	—	—	—	—	9.0	4.3
Hispanic	7.7	5.4	1.6	1.6	4.6	2.8
Asian	1.3	0.9	0.8	0.9	1.1	0.6
Other	—	—	2.0	2.3	4.3	2.4
Grade						
6	1.5	1.8	1.7	1.7	1.6	1.2
7	5.5	4.6	1.8	1.5	3.7	2.4
8	7.3	3.1	1.1	1.1	4.4	1.6
Total	4.7	2.0	1.6	0.8	3.2	1.1
Had sexual intercourse with ≥ 3 persons during lifetime						
Race/Ethnicity						
White	—	—	—	—	1.0	1.4
Black	—	—	—	—	8.8	4.2
Hispanic	7.2	4.0	1.3	1.4	4.2	2.1
Asian	1.5	1.1	0.2	0.4	0.9	0.6
Other	—	—	4.4	3.4	5.8	2.8
Grade						
6	0.8	1.2	0.9	1.3	0.8	0.9
7	6.8	2.9	0.8	0.7	3.8	1.5
8	7.3	3.0	1.3	1.0	4.4	1.8
Total	5.1	1.6	1.1	0.6	3.1	1.0

*95% confidence interval.
†Non-Hispanic.
‡Not available.

Table 13m. Percentage of middle school students who used a condom during last sexual intercourse* and were ever taught about acquired immunodeficiency syndrome (AIDS) or human immunodeficiency virus (HIV) infection in school, by sex, race/ethnicity, and grade—San Francisco USD, CA, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI† (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Condom use during last sexual intercourse						
Race/Ethnicity						
White‡	—§	—	—	—	—	—
Black‡	—	—	—	—	—	—
Hispanic	—	—	—	—	—	—
Asian	—	—	—	—	—	—
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	—	—	—	—	—	—
Total	—	—	—	—	75.5	7.3
Taught about AIDS or HIV infection in school						
Race/Ethnicity						
White	—	—	—	—	72.9	8.4
Black	—	—	—	—	76.4	6.5
Hispanic	67.5	5.9	76.8	5.3	72.1	4.2
Asian	70.6	4.1	71.2	6.1	70.6	4.3
Other	82.6	6.6	76.7	8.0	79.6	5.3
Grade						
6	68.1	6.9	67.0	6.3	67.3	5.9
7	72.1	6.8	74.7	6.1	73.3	5.4
8	75.9	5.3	78.3	6.1	77.0	4.6
Total	72.1	3.3	73.5	3.7	72.7	2.8

*Among the 8.7% of students who ever had sexual intercourse.
†95% confidence interval.
‡Non-Hispanic.
§Not available.

Table 14m. Percentage of middle school students who were at risk for becoming* or were overweight,† by sex, race/ethnicity, and grade—San Francisco USD, CA, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI‡ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
At risk for becoming overweight						
Race/Ethnicity						
White§	—‖	—	—	—	13.2	5.7
Black§	—	—	—	—	20.7	6.0
Hispanic	22.2	5.8	18.6	6.5	20.5	4.8
Asian	15.4	3.9	9.6	2.6	12.8	2.5
Other	—	—	15.7	5.5	15.5	4.0
Grade						
6	17.6	5.6	11.0	5.6	14.6	3.7
7	17.9	5.7	16.2	4.7	17.1	3.8
8	18.0	4.0	15.8	3.9	17.0	3.1
Total	17.7	2.8	14.6	2.7	16.2	1.9
Overweight						
Race/Ethnicity						
White	—	—	—	—	4.5	3.7
Black	—	—	—	—	17.0	4.9
Hispanic	20.0	6.0	14.6	5.5	17.4	4.4
Asian	10.3	3.2	3.4	1.9	7.1	1.8
Other	—	—	12.3	5.1	12.5	4.5
Grade						
6	16.7	5.8	9.9	4.8	13.6	3.6
7	10.7	4.6	10.3	3.7	10.5	3.0
8	11.0	3.4	9.0	3.5	10.0	2.7
Total	12.8	2.8	9.7	2.0	11.3	1.7

*Students who were ≥ 85th percentile but < 95th percentile for body mass index, by age and sex, based on reference data.
†Students who were ≥ 95th percentile for body mass index, by age and sex, based on reference data.
‡95% confidence interval.
§Non-Hispanic.
‖Not available.

Table 15m. Percentage of middle school students who described themselves as slightly or very overweight and who were trying to lose weight, by sex, race/ethnicity, and grade—San Francisco USD, CA, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Described themselves as overweight						
Race/Ethnicity						
White†	—‡	—	—	—	20.8	6.1
Black†	—	—	—	—	26.4	6.7
Hispanic	25.2	7.1	29.5	7.3	27.3	4.3
Asian	25.8	4.3	25.1	4.3	25.4	3.0
Other	25.3	8.3	27.3	7.7	26.6	5.7
Grade						
6	24.5	6.7	30.1	7.3	27.1	4.5
7	20.3	5.8	25.4	4.4	22.7	3.6
8	24.5	3.4	30.0	4.3	27.1	3.1
Total	23.3	3.1	28.6	3.1	25.8	2.2
Were trying to lose weight						
Race/Ethnicity						
White	—	—	—	—	29.2	8.1
Black	—	—	—	—	39.6	8.1
Hispanic	49.3	8.2	49.6	6.2	49.3	4.9
Asian	35.1	4.6	37.2	4.1	36.0	3.2
Other	28.4	9.9	54.5	9.6	41.9	7.1
Grade						
6	39.3	6.8	43.0	6.2	40.9	4.7
7	37.6	6.8	42.5	4.9	39.8	4.2
8	33.4	4.0	46.0	4.7	39.3	3.2
Total	36.9	3.1	43.7	3.3	40.0	2.2

*95% confidence interval.
†Non-Hispanic.
‡Not available.

Table 16m. Percentage of middle school students who ever engaged in healthy behaviors to lose weight or to keep from gaining weight, by sex, race/ethnicity, and grade—San Francisco USD, CA, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight						
Race/Ethnicity						
White†	—‡	—	—	—	33.4	7.8
Black†	—	—	—	—	35.9	6.3
Hispanic	42.3	8.5	44.4	6.6	43.4	5.4
Asian	31.0	4.7	38.7	4.4	34.6	3.3
Other	37.1	9.1	46.6	8.1	42.1	6.5
Grade						
6	31.6	7.3	31.0	4.8	31.4	4.5
7	37.5	5.5	42.9	4.4	40.1	3.3
8	33.6	4.9	48.5	4.7	40.6	3.3
Total	34.4	3.2	41.1	3.2	37.6	2.4
Exercised to lose weight or to keep from gaining weight						
Race/Ethnicity						
White	—	—	—	—	51.4	7.8
Black	—	—	—	—	64.3	7.0
Hispanic	66.8	8.5	67.6	6.9	67.3	5.6
Asian	59.2	4.1	59.7	4.0	59.4	2.9
Other	53.0	10.8	66.7	9.5	60.6	7.6
Grade						
6	59.3	6.5	54.8	5.7	57.3	4.1
7	64.4	6.0	64.9	5.3	64.4	4.3
8	58.0	4.8	68.4	4.0	62.9	3.4
Total	60.5	3.4	63.0	3.4	61.6	2.4

*95% confidence interval.
†Non-Hispanic.
‡Not available.

Table 17m. Percentage of middle school students who ever engaged in unhealthy behaviors to lose weight or to keep from gaining weight, by sex, race/ethnicity, and grade—San Francisco USD, CA, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Went without eating for ≥ 24 hours to lose weight or to keep from gaining weight						
Race/Ethnicity						
White†	—‡	—	—	—	9.2	6.1
Black†	—	—	—	—	15.7	6.2
Hispanic	13.2	5.0	13.6	5.1	13.4	3.5
Asian	8.8	2.4	4.5	1.5	6.8	1.5
Other	6.0	3.7	17.8	6.1	12.6	3.9
Grade						
6	7.8	3.4	8.2	5.2	8.0	3.4
7	13.4	3.7	9.9	4.0	11.6	3.0
8	10.2	2.6	13.2	4.1	11.6	2.4
Total	10.3	1.9	10.4	2.5	10.4	1.7
Took diet pills, powders, or liquids to lose weight or to keep from gaining weight§						
Race/Ethnicity						
White	—	—	—	—	0.5	1.0
Black	—	—	—	—	5.6	3.3
Hispanic	4.3	3.8	5.1	2.9	4.7	2.4
Asian	1.7	1.2	0.5	0.5	1.1	0.7
Other	6.1	4.6	2.8	2.8	4.3	2.5
Grade						
6	1.9	1.6	0.4	0.9	1.2	1.0
7	4.3	2.0	4.9	2.4	4.5	1.3
8	2.9	2.1	2.6	1.6	2.7	1.5
Total	3.0	1.1	2.6	1.0	2.8	0.7
Vomited or took laxatives to lose weight or to keep from gaining weight						
Race/Ethnicity						
White	—	—	—	—	3.4	3.1
Black	—	—	—	—	7.9	3.9
Hispanic	6.5	3.5	4.3	2.5	5.4	2.0
Asian	2.1	1.2	2.0	1.3	2.2	0.9
Other	4.9	4.3	6.1	4.1	5.5	3.1
Grade						
6	1.9	1.7	3.1	1.8	2.7	1.2
7	6.4	3.0	4.4	2.6	5.4	2.3
8	3.9	1.7	4.8	2.1	4.3	1.3
Total	4.0	1.3	4.1	1.2	4.1	0.9

*95% confidence interval.
†Non-Hispanic.
‡Not available.
§Without a doctor's advice.

Table 18m. Percentage of middle school students who participated in sufficient vigorous physical activity,* played on ≥ 1 sports teams,† and who watched ≥ 3 hours per day of television,‡ by sex, race/ethnicity, and grade—San Francisco USD, CA, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI§ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Participated in sufficient vigorous physical activity						
Race/Ethnicity						
White‖	—¶	—	—	—	81.0	6.4
Black‖	—	—	—	—	63.9	7.6
Hispanic	69.3	9.4	65.8	6.0	67.3	6.4
Asian	69.0	4.6	69.9	5.3	69.3	3.5
Other	75.4	9.3	73.8	7.8	74.2	6.1
Grade						
6	73.2	7.5	69.3	7.2	71.0	5.7
7	72.2	6.0	66.6	6.2	69.6	4.9
8	67.5	4.9	67.4	5.6	67.4	4.2
Total	70.9	3.1	67.5	3.8	69.2	2.7
Played on any sports teams						
Race/Ethnicity						
White	—	—	—	—	64.3	7.9
Black	—	—	—	—	54.5	8.2
Hispanic	52.0	10.1	38.4	8.8	44.7	6.9
Asian	31.5	4.2	27.8	4.1	29.8	3.1
Other	—	—	49.4	8.7	52.8	7.4
Grade						
6	41.5	9.6	33.7	7.8	37.8	7.0
7	48.6	6.8	37.5	5.5	43.2	5.0
8	43.4	6.1	38.7	7.0	41.2	5.4
Total	44.3	3.8	36.7	3.5	40.7	2.7
Watched ≥ 3 hours per day of TV						
Race/Ethnicity						
White	—	—	—	—	17.6	7.7
Black	—	—	—	—	58.8	8.1
Hispanic	47.0	6.8	45.6	7.1	46.3	4.7
Asian	38.4	4.9	36.3	4.3	37.3	3.6
Other	42.1	10.1	42.0	9.3	42.2	6.8
Grade						
6	33.7	8.0	31.1	7.4	32.3	6.2
7	38.0	7.7	40.6	7.5	39.4	5.6
8	51.1	4.1	51.1	6.2	51.1	4.0
Total	41.3	3.8	41.4	4.3	41.3	3.1

*Exercised or participated in physical activities that made students sweat and breathe hard for ≥ 20 minutes on ≥ 3 of the 7 days preceding the survey (e.g., basketball, soccer, running, swimming laps, fast bicycling, fast dancing, or similar aerobic activities).
†Run by their school or community groups.
‡On an average school day.
§95% confidence interval.
‖Non-Hispanic.
¶Not available.

Table 19m. Percentage of middle school students who attended physical education (PE) classes* and attended PE classes daily,† by sex, race/ethnicity, and grade—San Francisco USD, CA, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI‡ (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Attended PE classes						
Race/Ethnicity						
White§	—‖	—	—	—	96.0	3.5
Black§	—	—	—	—	93.9	3.5
Hispanic	95.4	2.9	96.2	2.5	95.8	1.8
Asian	96.1	1.8	96.6	1.8	96.2	1.4
Other	92.2	5.0	96.8	3.7	94.7	3.0
Grade						
6	96.0	2.3	94.5	3.6	95.0	1.9
7	94.6	3.1	96.3	2.6	95.5	2.3
8	96.6	1.7	96.6	1.7	96.6	1.1
Total	95.4	1.5	95.7	1.5	95.4	1.1
Attended PE class daily						
Race/Ethnicity						
White	—	—	—	—	83.3	9.4
Black	—	—	—	—	79.9	6.1
Hispanic	80.7	7.0	86.1	4.6	83.5	4.2
Asian	84.0	4.2	87.3	4.2	85.4	3.4
Other	75.5	9.3	78.5	8.7	77.3	7.1
Grade						
6	86.4	6.1	82.2	7.4	84.2	5.3
7	76.1	9.1	83.9	8.0	79.7	8.3
8	85.2	4.1	88.0	4.0	86.5	2.8
Total	82.1	3.9	84.6	3.3	83.1	3.1

*On ≥ 1 days in an average week when they were in school.
†5 days in an average week when they were in school.
‡95% confidence interval.
§Non-Hispanic.
‖Not available.

Table 20m. Percentage of middle school students who described their health, in general, as fair or poor, by sex, race/ethnicity, and grade—San Francisco USD, CA, Middle School Youth Risk Behavior Survey, 2005

	Male		Female		Total	
Question	**%**	**CI* (±)**	**%**	**CI (±)**	**%**	**CI (±)**
Described health as fair or poor						
Race/Ethnicity						
White†						
Black†						
Hispanic						
Asian						
Other						
Grade						
6						
7						
8						
Total						

Question Not Asked

*95% confidence interval.
†Non-Hispanic.

APPENDIX

2005 MIDDLE SCHOOL YOUTH RISK BEHAVIOR SURVEY

2005 MIDDLE SCHOOL YOUTH RISK BEHAVIOR SURVEY QUESTIONNAIRE

This survey is about health behavior. It has been developed so you can tell us what you do that may affect your health. The information you give will be used to develop better health education for young people like yourself.

DO NOT write your name on this survey. The answers you give will be kept private. No one will know what you write. Answer the questions based on what you really do.

Completing the survey is voluntary. Whether or not you answer the questions will not affect your grade in this class. If you are not comfortable answering a question, just leave it blank.

The questions that ask about your background will be used only to describe the types of students completing this survey. The information will not be used to find out your name. No names will ever be reported.

Make sure to read every question. Fill in the ovals completely. When you are finished, follow the instructions of the person giving you the survey.

Thank you very much for your help.

DIRECTIONS

- Use a #2 pencil only.
- Make dark marks.
- Fill in a response like this: Ⓐ Ⓑ Ⓒ Ⓓ.
- To change your answer, erase completely.

1. How old are you?
   A. 10 years old or younger
   B. 11 years old
   C. 12 years old
   D. 13 years old
   E. 14 years old
   F. 15 years old
   G. 16 years old or older

2. What is your sex?
   A. Female
   B. Male

3. In what grade are you?
   A. 6th grade
   B. 7th grade
   C. 8th grade
   D. Other

4. How do you describe yourself? **(Select one or more responses.)**
   A. American Indian or Alaska Native
   B. Asian
   C. Black or African American
   D. Hispanic or Latino
   E. Native Hawaiian or Other Pacific Islander
   F. White

5. How do you describe your health in general?
   A. Excellent
   B. Very good
   C. Good
   D. Fair
   E. Poor

6. How tall are you without your shoes on?

   Directions: Write your height in the shaded blank boxes on your answer sheet. Fill in the matching oval below each number.

   Example

Height	
Feet	**Inches**
5	7
③	⓪
④	①
⑤	②
⑥	③
⑦	④
	⑤
	⑥
	⑦
	⑧
	⑨
	⑩
	⑪

7. How much do you weigh without your shoes on?

   Directions: Write your weight in the shaded blank boxes on your answer sheet. Fill in the matching oval below each number.

Example

Weight		
Pounds		
0	0	0
1	1	1
2	2	2
3	3	3
	4	4
	5	5
	6	6
	7	7
	8	8
	9	9

The next 7 questions ask about personal safety and violence-related behaviors.

8. How often do you wear a seat belt when riding in a car?
   A. Never
   B. Rarely
   C. Sometimes
   D. Most of the time
   E. Always

9. When you ride a bicycle, how often do you wear a helmet?
   A. I do not ride a bicycle
   B. Never wear a helmet
   C. Rarely wear a helmet
   D. Sometimes wear a helmet
   E. Most of the time wear a helmet
   F. Always wear a helmet

10. When you rollerblade or ride a skateboard, how often do you wear a helmet?
    A. I do not rollerblade or ride a skateboard
    B. Never wear a helmet
    C. Rarely wear a helmet
    D. Sometimes wear a helmet
    E. Most of the time wear a helmet
    F. Always wear a helmet

11. Have you ever ridden in a car driven by someone who had been drinking alcohol?
    A. Yes
    B. No
    C. Not sure

12. Have you ever carried a weapon, such as a gun, knife, or club?
    A. Yes
    B. No

13. Have you ever been in a physical fight?
    A. Yes
    B. No

14. Have you ever been in a physical fight in which you were hurt and had to be treated by a doctor or nurse?
    A. Yes
    B. No

The next 3 questions ask about attempted suicide. Sometimes people feel so depressed about the future that they may consider attempting suicide or killing themselves.

15. Have you ever **seriously** thought about killing yourself?
    A. Yes
    B. No

16. Have you ever made a **plan** about how you would kill yourself?
    A. Yes
    B. No

17. Have you ever **tried** to kill yourself?
    A. Yes
    B. No

The next 8 questions ask about tobacco use.

18. Have you ever tried cigarette smoking, even one or two puffs?
    A. Yes
    B. No

19. How old were you when you smoked a whole cigarette for the first time?
    A. I have never smoked a whole cigarette
    B. 8 years old or younger
    C. 9 years old
    D. 10 years old
    E. 11 years old
    F. 12 years old
    G. 13 years old
    H. 14 years old or older

20. **During the past 30 days,** on how many days did you smoke cigarettes?
    A. 0 days
    B. 1 or 2 days
    C. 3 to 5 days
    D. 6 to 9 days
    E. 10 to 19 days
    F. 20 to 29 days
    G. All 30 days

21. **During the past 30 days,** on the days you smoked, how many cigarettes did you smoke **per day?**
    A. I did not smoke cigarettes during the past 30 days
    B. Less than 1 cigarette per day
    C. 1 cigarette per day
    D. 2 to 5 cigarettes per day
    E. 6 to 10 cigarettes per day
    F. 11 to 20 cigarettes per day
    G. More than 20 cigarettes per day

22. **During the past 30 days,** how did you **usually** get your own cigarettes? (Select only **one** response.)
    A. I did not smoke cigarettes during the past 30 days
    B. I bought them in a store such as a convenience store, supermarket, discount store, or gas station
    C. I bought them from a vending machine
    D. I gave someone else money to buy them for me
    E. I borrowed (or bummed) them from someone else
    F. A person 18 years old or older gave them to me
    G. I took them from a store or family member
    H. I got them some other way

23. Have you ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days?
    A. Yes
    B. No

24. **During the past 30 days,** on how many days did you use **chewing tobacco, snuff, or dip,** such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen?
    A. 0 days
    B. 1 or 2 days
    C. 3 to 5 days
    D. 6 to 9 days
    E. 10 to 19 days
    F. 20 to 29 days
    G. All 30 days

25. **During the past 30 days,** on how many days did you smoke **cigars, cigarillos, or little cigars?**
    A. 0 days
    B. 1 or 2 days
    C. 3 to 5 days
    D. 6 to 9 days
    E. 10 to 19 days
    F. 20 to 29 days
    G. All 30 days

The next 2 questions ask about drinking alcohol. This includes drinking beer, wine, wine coolers, and liquor such as rum, gin, vodka, or whiskey. For these questions, drinking alcohol does <u>not</u> include drinking a few sips of wine for religious purposes.

26. Have you ever had a drink of alcohol, other than a few sips?
    A. Yes
    B. No

27. How old were you when you had your first drink of alcohol other than a few sips?
    A. I have never had a drink of alcohol other than a few sips
    B. 8 years old or younger
    C. 9 years old
    D. 10 years old
    E. 11 years old
    F. 12 years old
    G. 13 years old
    H. 14 years old or older

The next 2 questions ask about marijuana use. Marijuana also is called grass or pot.

28. Have you ever used marijuana?
    A. Yes
    B. No

29. How old were you when you tried marijuana for the first time?
    A. I have never tried marijuana
    B. 8 years old or younger
    C. 9 years old
    D. 10 years old
    E. 11 years old
    F. 12 years old
    G. 13 years old
    H. 14 years old or older

The next 4 questions ask about other drug use.

30. Have you ever used **any** form of cocaine, including powder, crack, or freebase?
    A. Yes
    B. No

31. Have you ever sniffed glue, or breathed the contents of spray cans, or inhaled any paints or sprays to get high?
    A. Yes
    B. No

32. Have you ever used **steroids**?
    A. Yes
    B. No

33. Have you ever used a needle to inject any **illegal** drug into your body?
    A. Yes
    B. No

The next 4 questions ask about sexual intercourse.

34. Have you ever had sexual intercourse?
    A. Yes
    B. No

35. How old were you when you had sexual intercourse for the first time?
    A. I have never had sexual intercourse
    B. 8 years old or younger
    C. 9 years old
    D. 10 years old
    E. 11 years old
    F. 12 years old
    G. 13 years old
    H. 14 years old or older

36. With how many people have you ever had sexual intercourse?
    A. I have never had sexual intercourse
    B. 1 person
    C. 2 people
    D. 3 people
    E. 4 or more people

37. The **last time** you had sexual intercourse, did you or your partner use a condom?
    A. I have never had sexual intercourse
    B. Yes
    C. No

The next 7 questions ask about body weight.

38. How do **you** describe your weight?
    A. Very underweight
    B. Slightly underweight
    C. About the right weight
    D. Slightly overweight
    E. Very overweight

39. Which of the following are you trying to do about your weight?
    A. **Lose** weight
    B. **Gain** weight
    C. **Stay** the same weight
    D. I am **not trying to do anything** about my weight

40. Have you ever **exercised** to lose weight or to keep from gaining weight?
    A. Yes
    B. No

41. Have you ever **eaten less food, fewer calories, or foods low in fat** to lose weight or to keep from gaining weight?
    A. Yes
    B. No

42. Have you ever **gone without eating for 24 hours or more** (also called fasting) to lose weight or to keep from gaining weight?
    A. Yes
    B. No

43. Have you ever **taken any diet pills, powders, or liquids** without a doctor's advice to lose weight or to keep from gaining weight? (Do **not** include meal replacement products such as Slim Fast.)
    A. Yes
    B. No

44. Have you ever **vomited or taken laxatives** to lose weight or to keep from gaining weight?
    A. Yes
    B. No

The next 4 questions ask about physical activity.

45. **On how many of the past 7 days** did you exercise or participate in physical activity for **at least 20 minutes that made you sweat and breathe hard,** such as basketball, soccer, running, swimming laps, fast bicycling, fast dancing, or similar aerobic activities?
    A. 0 days
    B. 1 day
    C. 2 days
    D. 3 days
    E. 4 days
    F. 5 days
    G. 6 days
    H. 7 days

46. **On an average school day,** how many hours do you watch TV?
    A. I do not watch TV on an average school day
    B. Less than 1 hour per day
    C. 1 hour per day
    D. 2 hours per day
    E. 3 hours per day
    F. 4 hours per day
    G. 5 or more hours per day

47. **In an average week** when you are in school, on how many days do you go to physical education (PE) classes?
    A. 0 days
    B. 1 day
    C. 2 days
    D. 3 days
    E. 4 days
    F. 5 days

48. Do you play on any sports teams? (Include any teams run by your school or community groups.)
    A. Yes
    B. No

The next question asks about AIDS education.

49. Have you ever been taught about AIDS or HIV infection in school?
    A. Yes
    B. No
    C. Not sure

This is the end of the survey.

Thank you very much for your help.